BURNING SAFE METHOD FOR REMOVING STUMPS

Dead tree stumps near buildings or other places where damage might an excellent slogan for Pennsylresult from the use of dynamite or vania homemakers to adopt. black powder may be removed by The task of canning meat which

ing a brace and a one-inch bit, explains County Agent R. C. Blaney. The number of holes drilled will de- next summer. pend entirely upon the diameter of directly toward the center at a 45degree angle. Another series of holes may be made at alternate intervals

a few inches below the first row. The next step is to thoroughly pack one to two ounces of saltpetre into each hole. A broom handle is excellent for packing. After the packing has been completed, add water to dissolve the saltpetre. Then close the holes tightly.

After three months, remove the plugs and pour one to three tablespoons of kerosene into each hole Also pour kerosene over the top of the stump. To avoid injury in lighting, wrap a few soaked rags on a long pole, ignite them, and use this to light each of the openings in the

Under ordinary conditions, the stump will burn rapidly at first. Then it may smoulder for several more days. Eventually it will be burned to the level or below the level of the ground.

In the case of live stumps, it may be advisable to sprinkle lye over the portions of the roots which remain in the ground after the stump has been burned. This will kill any life remaining in the lateral roots.

INDIAN POTTERY SPECIMEN FOUND IN CENTRE COUNTY

The most perfect specimen of Indian pottery found in central Pennsylvania is being preserved in the museum of the school of mineral industries at the Pennsylvania State College.

The object is a small pot with a capacity of about two gallons which was found in a rock crevice in the Tussey mountains by Melvin Ellenberger of Pine Grove Mills, Centre county, while he was hunting foxes

C. W. Robinson, associate professor of geology and curator of the mineral industries museum at the college, believes the pot was made by member of the tribe of Delaware Indians of Lenapes.

"The pot was probably used as a cooking utensil." Professor Robinson said. "As it does not show evi- within a week at Tylersville. Jean dence of having been placed on a Nicholas fractured her arm between fire, the cooking was probably done the wrist and elbow last Friday, Wilby the introduction of heated stones son Burnell broke his arm at the to produce boiling."

Bucknell Gets Diesel Engine

cal engineering department at Bucknell University was announced this week by Arnaud C. Marts. The engine is the gift of John M. Wilson, of Pittsburgh, a trustee of the unias possible in tical ginning of the second semester.

GMC PRICES

STILL CROWDING

GMC introduces completely new

trucks and engines for 1939. Now,

GMC gives valve-in-head engine

performance (much more power

and greatly increased economy)

even in the new light-duty models!

Bishop & Wilson Sts.

THE LOWEST

CAN MEAT FOR VARIETY IN SUMMER MENUS

"Preserve surplus fresh meat"

is not sold or which will not be This can be accomplished by used fresh falls on the homemaker. drilling 8 to 12-inch diagonal holes In return for her efforts she has 8 to 10 inches apart in a stump us- the satisfaction of seeing her product stored safely in the cellar and knows it will be ready in a "jiffy"

Miss Helen S. Butler, home econthe stump. Bore the holes 3 to 4 omics extension representative of inches from the top of the stump Centre county, recommends the hot pack method for canning meat. By this method, the meat is pre-cooked according to the method best suited to the particular cut or kind of meat. For example, the tender cuts are cut in uniform pieces of about one pound each, placed in a large pan and cocked in a moderate oven (350 degrees F.) until the red or appeared.

The less tender cuts may be precooked by placing uniform pieces of about one pound each into boiling Who knows but that our own might ed method of administration. It is water and simmering 12 to 20 minutes in a partly covered kettle until the color of the raw meat has

Miss Butler gives a few canning tips which were brought out by the judges at the State Farm Show at Harrisburg. Avoid canning meat which has too much fat on it as this makes it difficult for the heat to penetrate during processing. If you use the hot water bath for pro cessing meat, the water should be hot when the hot jars are placed in it. If not hot, much time is required to heat the water and jars boiling and during this period blood is drawn from the meat and gives it a pink color. This is especially true of poultry and meat which has been precooked in water.

The steam pressure cooker is the safest method to use for processing meat since high temperatures. (240-250 degrees F.) are required for effective sterilization of meat. If meat is processed by the hot water method, it should be thoroughly heated or boiled 10 minutes before sing to insure a safe product.

Detailed information as to the preparation of meat for canning is iven in Circular 196 "Steps in Canning Meat and Poultry," published w the Pennsylvania State College. days and wish to keep the house A free copy of this circular may be plant watered while you are gone, secured from Miss Butler in the ag- one successful way is to soak a large ricultural extension office in Belle-

Two Sustain Broken Arms

Three coasters have been injured same place, while Geraldine Kerstetter cut a gash in her head. All three when the steam ceases coming out accidents occurred on the hill back the iron is ready for the batter. Gift of a four-cylinder 75-horse- of the school house when the riders power Diesel engine to the mechani- tried to turn their sleds at the foot of the hill, skidded and were thrown

Lock Haven Man Honored versity and president of the Nation- Aircraft Company of Lock Haven, is al Supply Company. It will be as- a new vice president of the Aeronau- than thread, and for this reason it active tuberculosis must be isolated Using Locally Grown Timber-Chamber of Commerce order that it may be available for America. He was elected by the or- buttons which are subject to extra for the early finding of active cases on a farm. According to Penn State

Only GMC OFFERS

ALL-NEW TRUCKS

ALL-NEW ENGINES

W. P. Piper, president of the Piper laboratory instruction by the be- gamization at a meeting in New York strain, and for tacking seams which of tuberculosis, national in scope, forestry extension specialists, it is Liquid, Tablets,

standard bodies add utility. And

new, easy-shift SYNCRO-MESH

Bellefonte, Pa.

Washing Rice

it comes through clear and free from starch. Rice should always be washed before using.

Scorched Linen

Cleaning Mirrors

Rub the mirror with a ball of soft and increases the death rate. which a little whiting has been sprinkled, and finally polish with clean paper or a wash leather. This treatment will make the glass beautifully bright.

Useful Kitchen Implement A useful and economical kitchen utensil may be made from a large tablespoon pounded out flat. It is

more effective than a spatula or spoon, being firm and flat.

Less Flavor The strong flavor of fowl may be modulated if celery is diced and put

into the dressing. Macaroni and Cheese

Lipstick Application of lipstick to the cor- and Harold Sampsel.

Woolens that Scratch. To prevent woolen garments from game cratching when worn, add a few emperature when washing woolens,

Identifying Mushrooms

Mushrooms may be identified as follows: If a little salt sprinkled on the gills turns them yellow, they are who have they are good to eat.

much of the liquid is wasted in eva-poration, and the best of the flavor

Weed Eradication Costly

Weed eradication costs \$6,000 a thieves loaded cattle into a truck be paid as rapidly as possible. The minute on American farms, it is and hauled them away. disclosed by figures received by the Pennsylvania Department of Agri-

SELECT LINENS TO FIT WITH OTHER FURNISHINGS

or unusual patterns and colors.

harmonize with the silver

the room or in the china.

FARM CALENDAR

Timely Reminders From The Penn-

sylvania State College School

of Agriculture

les from smaller twigs, say extension

REAL ESTATE TRANSFERS.

Sarah C. Sweet, to William N.

Warren F. Stover, et ux, to Rose

Rose Diehl, to Warren F. Stover,

et ux, of Millheim, tract in Penn

Warren F. Stover, et ux, to Rose

Rose Diehl, to Warren F. Stover

Andrew Maurschak, et ux. tx

Isaac Finberg, et ux, to Anne F

Eliza J. Lannen, et bar, to Thomas

Morgan Medler Otto, to W. D.

Lannen, et ux, of Rush Twp. tract in

Clendenin, et ux. of Akron, Ohio.

Wade H. Harpster, Execr., et al. to

W. S. Willard, et ux, to Katye M.

Kayte M. Reese, to W. S. Wieland

et ux, of State College, tract in State

R. E. Livingston, et ux, to Samuel

American Lime and Stone Co., to

PAYMENTS BEING MADE

White Rock Quarries, of Bellefonte,

ed payments in 1938, it is estimated

will reach about 65,000, marking the

tract in Spring Twp.; \$1.

1938 FARM PROGRAM

tract in Marion Twp.; \$1,000.

tract in Haines Twp., \$2,000.

tract in Half Moon Twp.; \$6,000.

Hurwitz, of Philipsburg tract in

Frank Michaels, of Philipsburg, tract

lege, tract in State College; \$1.

in Philipsburg; \$400.

Philipsburg: \$1.

Rush Twp.; \$25.

College; \$1.

Twp.; \$1.

Diehl, of Millheim, tract in Penn

her "hope chest."

QUININE THE ONLY SPECIFIC period of years. The results have FOR MALARIA. shown that the short Quinine treatment for malaria is the best method (Republished by request) Ever since the Aaopheles mos- yet discovered. So superior is it to quito escaped from Pandora's box the old plan of giving Quinine over

Health and Beauty

and began her role of vampire, her a long period of time that it is retrail has been strewn with suffering commended by the United States and dying humanity. Malaria has Public Health Service and the machanged maps and the course of his- laria commission of the League of tory. Today many glorious cities of Nations. the ancient world lie desolate and The short Quinine treatment is as deserted. They are heaps of broken follows: "Twenty grains of quinine and decaying rubbish, a silent testi- sulphate daily for 5 to 7 days, when mon to the deadly effects of ma- all quinine should be stopped. Re-

lapse (or reinfection) are to be treat-H. V. Morton, world traveler and ed exactly as the initial attack. The distinguished author, tells us that daily quinine dosage should be dithe most impressive ruins in Asia vided into three parts, and adminis-Minor are at Ephesus. He says the ered in the morning, at noon, and at pink color of the raw meat has dis- "malaria mosquito has driven away night. every human being, and Ephesus should be given according to their stands dignified and alone in its age and weight." death." Thus malaria has laid low The short Quinine treatment has some mighty civilizations of the past. many advantages over the prolong-

> have perished in the same manner if far cheaper, thus enabling even the Quinine had not been discovered? very poor to take it. It is free from In 1916 the National Committee on the disagreeable symptoms that so Malaria was organized at Washing- often accompany the prolonged ton with 29 charter members. On taking of quinine. Nearly every one the list we find the names of the can take quinine for a few days withgreatest malariologists in the United out suffering any ill effects. States, all of whom had done out- It is the experience of physicians

standing work along this line. A campaign for the study and tients to continue taking quinine aftreatment of the disease was put on ter the disappearance of the chills jointly by the International Health and fever, especially as they feel Board of the Rockefeller Foundation better if they leave it off. and the Mississippi Board of Health. Readers of this column, won't It was carried out intensively in two help to stamp out malaria? Recounties in Mississippi, during the member that 20 grains of quinine for years 1916, 1917, 1918. This was the 5 to 7 days will control the attack. largest directly controlled fight Send for your doctor when memagainst malaria. Over 30,000 cases bers of your family are sick. Keep were diagnosed and treated. The your own premises free from mos-

HOUSEHOLD

SCRAPBOOK

Keeping Plants Watered

Waffle Iron Test

A simple test for determining

Roach Powder

Stronger Than Thread

fresh until you return.

powdered sugar'

results proved that Quinine cures quito breeding nuisances and report to your health officer if you discover malaria. Many methods of administering them elsewhere. It is your duty to Quinine have been tried out over a yourself and to your community.

HEALTH

that it is very difficult to induce pa-

The dosage for children

Tuberculosis has a tendency to Whitewashing Farm Buildings-Nothing improves the appearance of This is most fortunate. Were it not true, the human race unpainted farm buildings more at a would long since have vanished lower cost than a good coat of white-Yet cure is uncertain when the dis- wash, say specialists at the Pennsyl-If you are going away for a few ease is fully developed and cure is vania State College. Adding moimpossible in a fairly fixed percen- lasses is said to make whitewasn tage of cases. It has been proved penetrate better. Addition of disthat early pulmonary tuberculosis, solved bar soap gives a glossier sponge well with water and place it especially in adolescence and early finish for indoors. on the dirt in the pot. The plant adult life, the periods during which. Dampness Weakens Ropeswill absorb enough water to keep it in the majority of cases, the disease Thoroughly drying a rope that has first active, is commonly symptom- become wet and storing it in a dry less and hence frequently undiagnos- place is advised by specialists at

Diagnosis of the disease at the rope to protect it against the weathwhen the waffle iron is hot enough earliest possible stage is highly im- er is of doubtful value as the acid in for the batter is to put a teaspoon portant. During the period of in- the tar tends to weaken the rope. of water in the iron, close it, and ception and the early stage more Dry Basements-If your basement can be accomplished by less treat- has a tendency to be wet, it may be ment than at any time thereafter.

Any campaign against this disease, Penn State extension specialists in A good roach powder that has to be greatly effective, must be one agricultural engineering assert. Lack proved itself very effective is made of aggressive offense as well as stern of drain tile around the foundation to take care of ground water may be of equal parts of plaster of Paris and defense.

We know, positively, that every another cause. case of pulmonary tuberculosis ori- troughs and down spouts in good re-Stronger Than Thread ginates directly or indirectly from pair often helps keep the basement dry. at all possible. A campaign are liable to rip. This makes a and the isolation or control of advisable to stack and air dry for good way to use up short pieces of spreaders of the tuberculosis germ, at least six months lumber to be used the cotton which can not be used for will accomplish more than any for framing, studding, flooring, or Try "Rub-My-Tism" - a Wonderful other, if not all other factors in the shingles. Creosoting increases durprevention and eradication of tu- ability of shingles. berculosis. The disease starts in a Brown Evergreen Needles-Don't place it in a sieve and let the cold water continue to run through until it comes through all the cold of symptoms that the platin is

usually taken quite unawares. When the disease finally is specialists in ornamental horticulbrought to the doctor it is usually ture at Penn State. not in the early stage but is well If the linen is not scorched too developed. To wait for the disease adly, a cut onion rubbed on the to become manifest, is to wait too marks, and then a good soaking in long. Delay compounds difficulties, cold water, will remove the scorches, adds to the uncertainty of treat- Sweet, et ux, of Boalsburg, tract in ment, prolongs disability, increases Harris Twp.; \$1. expense, spreads infections to others

paper slightly dampened with meth- Early suspicion with prompt dia- Twp.; \$1 viated spirits, then with a duster on gnosis is of most importance in pulmonary tuberculosis

DO YOU KNOW That the ancients knew something about focal infection in arthritis is Diehl, of Millheim, tract in Penn indicated in an Assyrian tablet, Twp.; \$1. dated 680 B. C., on which is recorded that Arad Nana, physician to Prince et ux, of Millheim, tract in Penn Ashur-bani-apal, said, "The pain in Twp.; \$1 his head, his sides and his feet has C. Donald Musser, et ux, to Chriscome from his teeth; they must be tian M. Musser, et ux, of State Colextracted."

JUNIOR SPORTSMEN'S CLUB ORGANIZE AT PLEASANT GAP

At a meeting held in the Pleasant Gap Fire Hall on Friday evening of And GMC's new low prices are for macaroni and cheese: Eight cups ing in age from 10 to 15, years, efastonishingly close to the very lowest! of boiling water, '4-teaspoon salt, 2 fected an organization to be known

New, larger, recoming salt, all cups broken macaroni. New, larger, roomier cabs-all cups broken macaroni. Add salt to as "The Future Sportsmen of Pleas-The organization will be with V-windshields-add comfort water. Add macaroni. Boil for 20 ant Gap." The organization will be minutes. Strain and rinse in hot under the leadership of four members and dashing appearance. Bigger water. Drain and add to the sauce, chosen from the Senior Sportsmen's Juliat S. Gray, of Port Matilda, R. D. Club, who are as follows: Cloyd Sunday, James Biddle, George Magargel Reese, of Worth Twp., tract in State

transmission, plus ball-bearing ners of the mouth actually elongates The purpose of the club is to insteering on the larger models, the line of the mouth. Remember struct the boys in the care and habits places GMC first in comparison with this if you wish to make the mouth of wild life and also to learn the any other truck! Let us prove it. seem smaller or larger than it ac- proper use and care of firearms. On College; \$1. Saturday a group of the boys assisted in the distribution of feed to the J. Clevenstine, et ux, of Spring Twp.,

The next regular meeting of the tablespoons of glycerine to the last rinse when washing them. Always on Monday Delast the Fire Hall on Monday Delast rinse that each rate in the Fire Hall be sure that each water is the same on Monday. February 6, at which temperature when washing woolens, time Dr. G. L. Trembley, Fish Culit is the change from warm to speaker. All interested persons are invited to attend.

Check for money earned by Penn sylvania farmers under the 1938

Cattle Rustlers Busy. Agricultural Conservation Program An attempt by "cattle rustlers," are being forwarded to farmers in been open ting in the the various counties of the States poisonous; if it turns them black, northern end of Montour County and as rapidly as applications are rein adjacent territory, was frustrated ceived in the State office, forward-Praparing Soup.

Be sure never to let soup boil. Allow it to simmer slowly. If it boils, much of the Washington office and bis shotgun in the line there.

Advantage of the Washington office and pass through necessary office routing the line there. Already 14,087 Pennsylvania farmdirection of the building, before investigating. When he found one of ers have received a total of \$776,-his prize cows outside the barn he 849 according to figures available notified State Police. On two pre- as of January 19, the committee vious occasions in the vicinity, the announces, and the remainder will

total number of farmers who earn-100 Weekly Cash Prizes Easy, fascinating contests—an op-portunity to share in 100 weekly cash past three Agricultural Conserva-When a committee decides to awards. For details read the Comic tion Programs. aise a sum of money, there is little Weekly, distributed with the Baltitime lost in preparing the "sucker" more Sunday American. On sale by The glib talkers are the boys who all progressive newsdealers.

TIRED WARDROBE BACK TO WORK WITH NEW LIFE

After the rush of holidays, winter White sales during the winter clothes often seem to need some months may offer an opportunity the bride-to-be to select linens special care. Loose fasteners, sag-Before she spends her time and

Garments that are shiny from early spring. oney for these things, she should decide on the other furnishings she constant wear, may be renewed by S. Butler, home economics extension resentative of Centre county. representative of Centre county. Use If the bride-to-be expects to have early American maple and quaintly one tablespoon of vinegar or am- will wear well, absorb water readily, and skinned her face. Both girls patterned dishes, she probably will monia to one quart of water.

The well-dressed woman keeps and launders easily. like to collect interesting but simple homespuns. Or if she wants to be her clothes in repair so "tighten up" more modern, she may select some is a good tip. Sew on loose snaps of the novelty weaves with bold and buttons, restore sagging hems terry weave that makes the fabric -some may need to be rehung, and Yarns should not be too tightly sew up seams that are split. All too twisted for good absorbency. The texture of the cloth should and soon tiny rips and tears become china, Miss Butler points out. With "grown-up," so mend them as soon of long, soft, even loops of yarns colored pottery that is so popular as noticed.

at present, a coarser linen is more

select fine linen or damask. Prob- iron. ably some of both could be used. The next thing the bride-to-be thinks of is the right size of cloth the garments in the bathroom with the weave by pulling the towel befit the table. The cloth may just a few inches of steaming water in tween the thumb and fingers. the table or may hang over the the tub and the door windows Every little loop acts as a sponge. edges. Place mats and a runner may tightly closed. This is also a good When these loops are fluffy, long be used instead of a cloth. Napkins idea to remember when you are and close together, they absorb may be 12 to 15 inches square or traveling and find it convenient to moisture readily. In loosely wover the newer rectangular shape may be press garments that are wrinkled, towels the ground as well as th The steam will remove some of the loops gets wet and the towel dries Where the income will be small, wrinkles.

hand-blocked linens from the hope coats, or skirts wet from rain or catch and pull. thest. Lovely when new, the colors snow. But if we are caught un- In selecting towels, notice the seltend to fade after a few washings awares, we can prevent our gar- vage and hems. A good towel has a and the white backgrounds become ments from becoming "tacky" if we firm selvage on either side and ar shake them as dry as possible and even hem stayed at each end by Heavily embroidered linens are put them on hangers where they extra stitching. hard to launder. Simple designs will not touch anything else. Or if Towels are termed small, medium may be worked out easily when lin- we cannot do this, fold the coat and large. Medium sized ones are ens are purchased by the yard. But carefully and place where no one comfortably large and prove the vhatever color you select, see that will sit on it or lean against it. most economical when laundry is harmonizes with other colors in Hats may be put on a rack or kept paid by the pound. They are easier

on the head if in a public place. Avoid the last minutes of rushing dry. when getting dressed by having Colored and figured bath towels wear.

CHILDREN SURPRISE PARENTS ON ANNIVERSARY

Mr. and Mrs. W. L. Grenoble, of Jersey Shore R. D., celebrated their 48th wedding anniversary Sunday, January 22, when their children came home and surprised them with

Those present included Mr. and Mrs. W. L. Grenoble, Sr., Mr. and William L. Grenoble, Jr. Penn State. Application of tar to a daughter Betty, Leeson Grenoble Lester Grenoble, Mr. and Mrs. D. E. Grenoble, Irene, Elsie, and Doyle Grenoble, Mr. and Mrs. Grey Zinck, Luther Bruce and Warren Zinck, Mr. and Mrs. M. H. Grenobic, Jean the result of improper ventilation, Elaine and Maurice Jr., John Grenoble and son John Jr., of Woolrich.

> Human beings apparently often forget that they are supposed to be

Keeping eaves COLDS Fever And Headaches Salve, Nosedrops

Liniment.

SQUARE DANCE ROLLER SKATE HECLA PARK EVERY

FRIDAY NIGHT

NO ADMISSION CHARGED

C. Y. WAGNER

WAGNER'S

& COMPANY

Quality Flour A Hard Wheat Pat Flour

WAGNER'S Our Best Flour 80-50 Blend

WAGNER'S Very Best Flour Winter Wheat.

Wagner's 32% Dairy Feed Wagner's 20% Dairy Feed Wagner's Horse Feed

Wagner's Pig Meal Wagner's Egg Mash Wagner's Chick Starter

and Grower. Wagner's Turkey Starter and Grower.

Wagner's Scratch Feed Wagner's Medium Scratch Feed. Wagner's Chick Feed

Rydes Cream Calf Meal.

Eshelman's Dog Feed

All kinds of high protein feeds for mixing with your own feed.

Dealers in All Kinds of Grains

BELLEFONTE, PA.

BATH TOWELS APPEAR ON WHITE SALE COUNTERS

ging hems, or wrinkles stare you in towels are one of the offerings dur- on the same hand, as a result of a

wants in her home, Miss Helen S. brushing with a stiff brush or buy, is good advice to prospective Castanea, were riding on the same Butler, home economics extension sponging with a warm vinegar or buyers, believes Miss Helen S. But-sled when they ran into another sled representative of Centre county, be- ammonia solution, says Miss Helen ler, home economics extension rep- on which Charles Koch was pulling

> Good wearing quality depends principally on strong yarns and the

The best terry weave shows rows held firmly in place by double rows Baggy skirts need careful press- of both lengthwise and crosswise appropriate. With china, she should ing, using lots of steam and a hot threads. A poor weave is loosely woven with short, irregular loops Steaming also helps to revive vel- between single rows of lengthwise vets, corduroys, and duvetyns. Hang and crosswise yarns. You can test

slowly. The loops should be even i is wiser to eliminate colored or None of us like to get our hats, length. Irregular ones are likely to

to handle, too, in the home laur

your wardrobe ready for anything. are higher in price because of the No "there's a snap loose on this extra work connected with the dye are higher in price because of the dress," or "the hem's out of that ing and the weaving on specia skirt," but know that you can select looms. The deeper colors have any garment and have it ready to tendency to run after several wash ings and the towel is no longer pretty.

Fires 1,000 Job-Holders

In an effort to save the State of Ohio \$3,000,000 in six months, 465 persons were dismissed from th Ohio Highway Department's pay rolls, bringing to more than 1,000 the persons made jobless in the firs week of the new Governor's regime

Loses Finger Tip While Sledding Miss Betty Hanna, 16 daughter of Mr. and Mrs. Alva G. Hanna of Cas-Advertisements attractively dis- tanea, Clinton County, lost the tip of played beckon homemakers to take the third finger on her left hand and advantage of "White Sales." Bath suffered a fractured middle finger ing these sales of late winter and sledding accident. Miss Hanna and Miss Alma Fogleman, 15, daughter Know what to buy before you of Mr. and Mrs. W. W. Fogleman of

a large heating stove. Miss Fogle-A good buy in a towel is one that man suffered injuries to her left arm dry quickly, is convenient in size, suffered from shock.



BEHIND YOUR GOOD SERVICE IS THE 0F BELLTELEPHONE

Weak and Run Down

Men and Women

Take Luebert's Iron Tonic Tablets, Containing Cod Liver Oil Extract

There is no tonic equal to these tablets | They give strength and vigor to mind and for those who are week and run down or recovering from the effects of severe sickness. They assist nature by replacing what has been worn out in the blood and nerves. They are composed of iron, extract of cod liver oil and blood building, tonic medicines, which recover it is extent to its for 10c to cover mailing expenses.

proper tone and make life worth living. A. G. Luebert, P.D., Contesville, Pa-

EVERYBOY'S TRYING FOR



Why Is Soft Wheat Flour The Best All-Purpose Family Flour?

For the Best Answer to the Above Question in Fifty Words or Less We Offer the Following Prizes:



Offered by Clintondale Milling Co. for Best Local Entry

In Addition Prizes Listed Below Offered by Soft Wheat Millers Association

1st Prize 2nd Prize 3rd Prize For the Next Ten Best \$1.00 each

We make this offer of an additional \$25 to the National Contest so That More People Will Try FIRST PRIZE SOFT WHEAT FLOUR-Once Tried - - - Always Used.

This contest is open to all ladies and girls except the employes and families of employes of wheat flour mills and allied concerns. The card enclosed with each sack of First Prize Soft Wheat Flour must be enclosed with your article. Contest closes March 31, 1939. The announcement of prize winners will be made as soon thereafter as possible. The decision of our judges will

Free Entry Blank and Rules of Contest in Each Sack of

DRIZE

B Stendard Stabus in various sizes

L. C. PENROD

Time payments through our own YMAC Plan at lowest available rates