

# PNEUMONIA

## Its Symptoms—Care of the Patient—Prevention

By EDITH MAC BRIDE DEXTER, M. D.  
Secretary of Health

Pneumonia accounted for 9,084 deaths in Pennsylvania during 1936 and stood fourth on the list of the causes of death in the State. It was estimated there were about 25,000 cases in Pennsylvania last year. Pneumonia together with influenza, took a death toll in the United States of approximately 600,000 persons during a single year.

The mortality rate of the disease is greater among men than women and available statistics reveal 70 per cent of pneumonia deaths occur under the age of 65 years.

The need for promptly obtaining the services of a physician when pneumonia is suspected, cannot be too emphatically stressed.

There are two recognized types of pneumonia—lobar pneumonia and bronchopneumonia.

When a person is suspected of having pneumonia, he nearly always has symptoms.

The symptoms are easily recognized—severe chills, followed by rapidly rising temperature, pains in the side and sharp hacking cough with bloody expectoration.

It is important to realize the germs which produce this serious illness are usually so weak that the resistance of an individual in vigorous health.

Those who succumb to pneumonia either have been suffering from the effects of some earlier illness which has reduced their resistance or have had their ability to withstand the invasion of the germ reduced by over-exposure, lack of rest, under-nutrition or a prolonged physical and emotional stress and strain.

In as much as pneumonia frequently has its beginning in the common "cold" it is well to devote some space here to the subject of Colds and Pneumonia.

Ordinary colds are contagious and the cold germ is easily transmitted from one person to another. Colds of long duration may so weaken the body that the way is paved for pneumonia and therefore it is important to rid oneself of a cold as quickly as possible.

There are a number of ways in which you may become infected with a cold and subsequently with pneumonia—you may breathe the germs into the nose or throat passages from the air or near a person who is talking, coughing or sneezing, you may become infected by using an unwashed glass, spoon or fork which has been used or handled by someone with a cold. You may have touched something else handled by a person with a cold.

A few colds would develop into pneumonia or other serious illness if the infected person were wise enough to at once obtain medical advice or resort to some other means to break the infection.

Go to bed or at least rest at home. Take a laxative. Drink plenty of cold water and eat lightly of a simple but wholesome diet.

Take a hot bath before retiring for the night. Rub your body vigorously with warm water and then get into a bed with plenty of warm bed clothing. A hot drink may help to break the cold.

Never use drugs or other preparations promoted as cold remedies without consulting a physician.

It is far too often the case that with the tissues weakened by a cold, pneumonia follows.

However there are many ways in which pneumonia may have its start. It may be brought on by irritation from gases, dust and chemical fumes, severe injuries, operations performed with ether or chloroform, overwork, lack of sleep and exercise, exposure to wet and cold.

With the first symptom of the disease the patient should be put to bed and made to stay there until he has fully recovered.

One of the most dangerous features of pneumonia is that it places a great strain on the heart and lungs. Even the slightest exertion may cause death.

In considering the causes of pneumonia it is desirable to distinguish between the general and the immediate causes.

Among the general causes is that of age. Susceptibility and incidentally the mortality rate increases as the age advances.

The greater prevalence of the disease among males than females is probably accounted for by the greater opportunity for infection in occupations among males.

Subjects of chronic alcoholism are inclined to more readily become infected with the pneumonia germ.

Pneumonia infection is greatly influenced by the seasons of the year and therefore in this State we find a large majority of the cases occurring during the months from November to June.

Another condition which is often a contributing factor to pneumonia infection is the tendency to live under less satisfactory sanitary and hygienic conditions. Crowded, poorly ventilated rooms for instance, are ready breeding places for the pneumonia germ.

There is a greater prevalence of pneumonia in the city than in the country which seems to bear out the fact that overcrowding is a factor of importance.

Close contact within doors with affected persons, increases the opportunity for transmission of the germ. It is frequently received in that invisible spray from the mouths of infected persons, talking, coughing, sneezing, in houses, theatres, halls and street cars and contamination by fingers soiled with saliva or sputum.

Such resistance reducing conditions, as hunger, fatigue, exposure to wet and cold, the later stages of heart disease with congestion of the lungs and other diseases are also to be regarded as factors influencing pneumonia infection.

The ordinary cold has been cited as the possible beginning of pneumonia—measles, influenza and

# Centre County Hospital Notes

**Monday of Last Week**  
Admitted: LaVerne Poorman, of Millersburg, R. D.; Mrs. Roy H. Hoy, of Wingate; Mrs. C. Nevin Stamm, Bellefonte. Discharged: Mrs. Edwin K. Anderson, State College. Mrs. Lorraine Yates, of Bellefonte, was admitted Monday and was discharged Tuesday. Mrs. John Shilling, of Blanchard, was admitted Monday and was discharged Wednesday. Mrs. Arthur Barr, of Bellefonte, was admitted Monday and was discharged Thursday.

**Tuesday of Last Week**  
Admitted: Lester M. Amann, Centre Hall, R. D. 1; William T. McGovern, Bellefonte; Mrs. John L. Holmes, State College. Discharged: Mrs. Harold R. Glenn, Pennsylvania Furnace; Mrs. Albert I. Smith, Centre Hall. Expired: Mrs. Margaret McAllister, Bellefonte.

**Wednesday of Last Week**  
Discharged: Mrs. Fred E. Stewart, and infant daughter, Bellefonte; Mrs. Agnes Kelleher, Bellefonte; Mrs. M. J. Cunningham, Bellefonte; Theima Irvin, Bellefonte, R. D. 1, was admitted Wednesday and was discharged Sunday.

**Thursday of Last Week**  
Admitted: Francis T. Jodon, Bellefonte; Miss Mary E. Breen, Bellefonte, R. D. 2; John R. Schaffer, of Centre Hall. Discharged: Mrs. E. W. Vais, Bellefonte; Mrs. Clarence Hill, and infant daughter, Fort Matilda, R. D. 2; Mrs. J. H. Miller, of Bellefonte, R. D. 3; D. W. Bradford, Centre Hall. Births: A daughter was born to Mr. and Mrs. Harry Davis, Bellefonte; a daughter was born to Mr. and Mrs. George W. Neuman, of Bellefonte, R. D. 3; A daughter was born to Mr. and Mrs. A. A. Donahoe, State College.

**Friday**  
Admitted: Miss Jodie Gill, Bellefonte, R. D. 2; Harold G. Sower, Bellefonte; Miss Helen Braucher, Spring Mills. Births: A daughter was born to Mr. and Mrs. Charles Stem, State College; a son was born to Mr. and Mrs. Earl R. Bathgate, Bellefonte; a son was born to Mr. and Mrs. Stanford Artz, of State College, R. D. 1.

**Saturday**  
Admitted: Loreta Askey, Howard, R. D. 2; Hugh Williams, State College. Discharged: Mrs. C. Nevin Stamm, Bellefonte; Mrs. John Zepnick, Pleasant Gap; Mrs. William E. Tabert and infant son, Fleming; Mrs. Fred L. Andrews and infant son, of Julian.

**Sunday**  
Admitted: Mrs. John F. Royer, Bellefonte, R. D. 2; Master Raymond Thomas, Bellefonte. Discharged: Mrs. John Muir and infant daughter, Bellefonte. Births: A daughter was born to Mr. and Mrs. William T. Lear, of Pleasant Gap, and a daughter was born to Mr. and Mrs. Guy Boney of Bellefonte, R. D. 2.

**Bankers in Convention Oppose Postal Savings**  
Delegates representing 81 banks in groups six of the Pennsylvania Bankers' association went on record Saturday as favoring abolishment of postal savings.

**Soap in Hash Makes 63**  
Angered because officials would not make him a trustee, a prisoner in the Lincoln Heights jail at Los Angeles, admitted that he placed powdered soap in the breakfast hash of 63 fellow prisoners and all of them became so ill they had to be taken to a hospital.

**Legal Notices**  
In the matter of the estate of Mrs. Anna Beizer Berthelm, late of Bellefonte, Pa., deceased. Letters testamentary in the above estate having been granted to the undersigned, all persons indebted to the said estate are requested to make payment, and those having claims to present the same, with proper vouchers, to EDWARD T. BEILTRAM, executor, 4617 Northminister street, N. E. Pittsburgh, Pa. 28

**Excitor's Notice**  
In the matter of the estate of Birdie E. Krupp, late of Gregg Township, deceased. Letters testamentary in the above estate having been granted to the undersigned, all persons indebted to the said estate are requested to make payment, and those having claims to present the same, with proper vouchers, to H. F. BRIDLEY, DELAWARE COUNTY, executor, 4617 Northminister street, N. E. Pittsburgh, Pa. 28

**Excitor's Notice**  
In the matter of the estate of Mrs. Elizabeth Seawey, late of Spring Township, deceased. Letters testamentary in the above estate having been granted to the undersigned, all persons indebted to the said estate are requested to make payment, and those having claims to present the same, with proper vouchers, to J. E. JOHNSTON, executor, Bellefonte, Pa., JOHNSTON & JOHNSTON, attorneys, Altoona, Pa. 28

**Administrators' Notice**  
In the matter of the estate of Mrs. Elizabeth Seawey, late of Spring Township, deceased. Letters of administration on said estate having been granted to the undersigned, all persons indebted to the said estate are requested to make payment, and those having claims to present the same, with proper vouchers, to TONER & SPOTTS, Central Hall, Pa., ROY C. SPOTTS, Fleming, Pa., administrators, Johnston & Johnston, attorneys, Altoona, Pa. 28

**Registers' Notices**  
The following accounts have been examined and passed and filed for record in the Register's Office for the month of January, 1938, and are hereby published, and all others in any way interested and will be presented to the Probate Court of Centre County, Pa., for the confirmation of said accounts, on Wednesday, March 2, 1938.

1. ATREPTION. The first and final account of Harry B. Atrepton, executor of the estate of David Johnston, late of Philadelphia Borough, deceased.  
2. BURGER. The first and final account of Charles F. Burger, administrator of the estate of David Johnston, late of Philadelphia Borough, deceased.  
3. CRAWFORD. The first and final account of Frank M. Crawford, executor of the estate of David Johnston, late of Philadelphia Borough, deceased.  
4. DONOVAN. The first and final account of Mary Donovan and Frank M. Donovan, late of Spring Township, deceased.  
5. DILLON. The first and final account of Frank W. Dillon, administrator of the estate of David Johnston, late of Philadelphia Borough, deceased.

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—INSIST ON—  
COLE'S COLD-BREAKERS

# BABY THAT NEVER LIVED MAY HELP BLIND

(Continued from page one)  
proved method. And, with many surgeons watching he performed the delicate grafting operation.  
Lions Club Helped Him  
Morrison's chance is due to the Lions Club of Southeast Delaware county and Arthur W. Worthington, its president. They sold "certificates" at \$4 each to raise the money to pay for the operation. They are still about \$30 short, but Morrison is not at all discouraged.  
Morrison, in later days, worked in the explosive laboratory in Pittsburgh, according to his brother, Harry, of Media.

**Got \$15,000 Compensation**  
Forteen other chemists were involved with him in a munitions explosion; he received \$15,000 compensation from the firm and the Government. He spent it on many operations in the intervening years. His burned eyes were rebuilt, and though he can see light, at last, thanks to surgeons at the "Willis Eye Hospital," he never regained real vision.

For years he has lived in a home he built himself out of an old trailer on land his family owns near Media. He has a small income, ekeed out by tapping around the countryside as a peddler. Kautzke knows him, and are wanting somebody for the answer to that question 10 days hence: "What do you see?"

# DEATH SENTENCE FOR WIDOW SLAYER

(Continued from page one)  
Women caught in the jam could be treated.  
Bowers frightened.  
"I've got my chin up," he said defiantly, "I can take it."  
State policeman restored order. Bowers was hurried back to the Montgomery county jail where he has tumbled a Bible and read dime magazines, since his return from Louisville, Ky. He was captured there a week after the crime.

Governor George H. Earle will fix the date for the execution at Rockview Penitentiary, where Pennsylvania's condemned die in the electric chair.  
Bowers' only hope lies with the State Board of Pardons. Bowers' counsel, Elwood Menges, said he would appeal to the Board at once.

Prosecutor B. Smilie, prosecuting attorney who told the Court he personally "abhors" capital punishment, commented: "It isn't a case of punishment—just elimination. I know it's a horrible way to die, but it's the only way that society could be guaranteed against Bowers ever being free again."

Bowers, the state, seemed eager to give the details of his actions the night Mrs. Griffin was shot down and Miss Griffin stripped of her clothing and bound on a bed, fought off assault.

**Tomatoes are Fooled by Artificial Lighting**  
Electricity which encourages chickens to lay eggs also will stimulate tomato plants to grow larger and better tomatoes, according to L. C. Hoffman, assistant horticulturist at Ohio Experimental Station at Wooster, O.

Scientists turned the artificial illumination on greenhouse tomato plants in the winter months in the early morning and late afternoon when it was dark outside. Hoffman said the experiments yielded an increase of nearly 3,000 baskets of tomatoes per acre.

**Washington Crossing Park is Touring Goal**  
(Continued from page one)  
Gowers are being planted throughout the 500-acre site, and picnic grounds with outdoor fireplaces and tables have been established for public convenience.

A plan was recently announced to link Washington Crossing and Valley Forge by a 50-mile line of flowering dogwood trees along connecting roads.

**Loves His Home**  
John Hayden McGuire, 92, has spent his entire life in an area five miles from Cresco. He steadfastly refused to enter an automobile.

Correct this sentence: "The president of the corporation explained that the meeting was called in order to reduce prices and thus save the buyers' money."  
Truth is a great thing if you can make your enemies believe it.

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—INSIST ON—  
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istrator of etc., of Rhoda C. Dillon, late of State College Borough, deceased.  
7. ECKENROTH. The first and final account of Wm. H. Noll, Jr., executor, of etc., of May M. Eckenroth, late of Spring Township, deceased.  
8. EICHELBERGER. The first and final account of LeRoy Eichelberger, executor, of etc., of Charles Eichelberger, late of Spring Township, deceased.  
9. EVERSON. The first and final account of E. Earl Hobbs and John N. Rocky Evanson, late of Rush Township, deceased.  
10. FOGLEMAN. The first and final account of Margaret G. Fogleman, admr., of etc., of Anna Miss Fogleman, deceased.  
11. GILPATRICK. The first and final account of Philip Gilpatrick, executor, of etc., of H. N. Gilpatrick, late of Philadelphia Borough, deceased.  
12. GORMAN. The first and final account of Michael J. Gorman, admr., of etc., of Anthony A. Gorman, late of Philadelphia Borough, deceased.  
13. GRIFFITZ. The first and final account of Alfred M. Griffith, late of Philadelphia Borough, deceased.  
14. HAUGH. The first and final account of G. B. Hook, and N. E. Havel, admrs., of etc., of Harvey Haugh, late of Haines Township, deceased.  
15. HAZEL. The first and final account of Elizabeth N. Hazel, admr., of etc., of Thomas S. Hazel, late of Philadelphia Borough, deceased.  
16. HOUSER. The first and final account of the First National Bank of State College, guardian of etc., of Emanuel M. Houser, C. L. Houser, executor, of etc., of Edward T. Jamison, late of Gregg Township, deceased.  
17. JAMISON. The first and final account of Guy I. Jamison, admr., of etc., of Edward T. Jamison, late of Gregg Township, deceased.  
18. KORMAN. The first and final account of Elizabeth K. Korman, admr., of etc., of Elizabeth K. Korman, late of Millersburg Borough, deceased.  
19. KREPS. The first and final account of Arno Young, admr., of etc., of Mahala C. Kreps, late of Philadelphia Borough, deceased.  
20. KRUPP. The first and final account of Birdie E. Krupp, admr., of etc., of Birdie E. Krupp, late of Gregg Township, deceased.  
21. LONG. The first and final account of C. Austin Long, Mabel M. Musser, Eleanor Shook, Miriam Ohl, admrs., of etc., of Charles F. Long, late of Gregg Township, deceased.  
22. LUCAS. The first and final account of Wilbur B. Lucas and William B. Lucas, admrs., of etc., of Florence V. Lucas, late of Potter Township, deceased.  
23. MASSEY. The first and final account of Lulu B. Massey, admr., of etc., of Joseph Massey, late of Bellefonte Borough, deceased.  
24. MILLER. The first and final account of H. O. Miller, admr., of etc., of Hannah Miller, late of Boxes Township, deceased.  
25. MURPHY. The first and final account of the First National Bank of State College, guardian of etc., of Richard T. Musser, a minor.  
26. MATIS. The first and final account of the Bellefonte Trust Co., guardian of Earl Matis, a minor.  
27. MATIS. The first and final account of the Bellefonte Trust Co., guardian of Helen Matis, a minor.

28. McGUIRE. The first and final account of Fred E. Emerson, admr., of etc., of Annie L. McGuire, late of Philadelphia Borough, deceased.  
29. McCLOSKEY. The first and final account of Hewitt Baird McCloskey, execr., of etc., of Henrietta Hewitt McCloskey, late of Philadelphia Borough, deceased.  
30. NEIDICH. The first and final account of Daniel S. Neidich, execr., of etc., of Daniel M. Neidich, late of State College Borough, deceased.  
31. OSMAN. The first and final account of Catherine Osman, late of State College Borough, deceased.  
32. PLETCHER. The first and final account of Ruth Long, admr., of etc., of William B. Pletcher, late of Howard Township, deceased.  
33. ROWLAND. The first and final account of The Union Trust Company, of Pittsburgh, trustee under will of Annie C. Rowland, late of Philadelphia Borough, deceased.  
34. ROCKEY. The second and final account of Harvey and Henry Rockey, execr., of etc., of John B. Rockey, late of State College Borough, deceased.  
35. SIMLER. The first and final account of William A. Simler, execr., of etc., of Ellen Simler, late of Philadelphia Borough, deceased.  
36. SNYDER. The first and final account of Charles A. Snyder, G. C. Snyder, and Charles Snyder, admrs., in partition of etc., of Charles Snyder, late of Ferguson Township, deceased.  
37. TUSSEY. The first and final account of the First National Bank of State College, guardian of etc., of George W. Tussey, a minor.  
38. TUSSEY. The first and final account of the First National Bank of State College, guardian of Katherine Louise Tussey, a minor.  
39. TUSSEY. The first and final account of the First National Bank of State College, guardian of etc., of John W. Tussey, a minor.  
40. TAYLOR. The first and final account of John I. Sholl, admr., of etc., of Florence Taylor, late of Millersburg Borough, deceased.  
41. VONADA. The second and final account of Miles N. Vonada, and Paul A. Vonada, execrs., of W. C. Vonada, late of Walker Township, deceased.  
42. VONADA. The first and final account of the First National Bank of State College, Trustee of the estate of John Vonada, deceased.  
43. WOODS. The first and final account of the First National Bank of State College, admr., C. L. A. of etc., of George H. Woods, late of Ferguson Township, deceased.  
44. WITMER. The second and final account of S. Calvin Witmer, admr., of etc., of Emma A. Witmer, late of Bender Township, deceased.  
45. WAGNER. The second and final account of C. Y. Wagner and George H. Hazel, execrs., of etc., of Adam Y. Wagner, late of Bellefonte Borough, deceased.  
46. ZEBBY. The third and final account of the Clearfield Trust Co., admr., of etc., of the estate of Robert H. Zebby, deceased.  
47. SCOTT. The first and final account of William V. Dennis, guardian of etc., of Frank B. Scott, a minor.  
48. CULVER. The first and final account of W. C. Culver, B. H. McClellan, executors of the estate of George W. Culver, late of Snow Shoe Twp., deceased.

JOHN L. WETZLER,  
Register of Wills & Clerk of the  
Orphans' Court of Centre County,  
PA.

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