






 ThrT after a baby girl in Bellefonte
gets through playing with her toes she















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DER PEDISULJARIER YOUR NERVOUS CHILD.

the oldest Odd Fellow in attendance at
the convention at Shamokin early last
week with the single exception of a man
week with the single exxectition of a man
from Sunbury. Mr. McGhee is 86 year


## Count the Cream

You would all eat Mapl-Flake if it cost 10 cents
per package. You would all want our maple flaver per package. You would all want our maple flavor
-our perfect cooking-were it not for that five-cent difference.

But what if Mapl-Flake is 15 cents?
Figure the whole cost-the food and the cream together. Cream costs as much on poor food as on good food. See how little you save.
You want Mapl-Flake because
But that is of least importance. The vital fact is that Mapl-Flake is cooked best.
Our process requires 96 hours.

Our process requires 96 hours.
That is four times as long as
That is four times as long as it need take-four
times as long as it does take some others. There is
where our extra cost comes in.
But all of the wheat is thus made digestible. By
a shorter process it is not.
Starch, to be digestible, must be made soluble. The particles must be separated for the digestive juices. That requires proper cooking,
So our wheat is steam-cooked for cured, then flaked, then toasted 30 minutes at 400 $\frac{\text { degrees. }}{\text { The }}$
else we would not employ it. For without it we
could give you Mapl-Flake at 10 cents.



## At Your Service

especially
in Springtime
when the daily "Bill of Fare" is a matter of much concern What shall I get for dinner ! is the perplexing guestio as the market is limited and country prodnce is scarce Come to our store and look over our shelves and fron pickled, preserved, or freshly imported - you can make new Remember we pride our store for being the beet n

PURE FOODS AT REASONABLE PRICES. Sechler \& Co


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## Seeds, Seeds, Seeds

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The Potter-Hoy Hardware Company



