

## GERMAN NURSES BEST.

**MORE NATURAL METHODS EMPLOYED THAN BY AMERICANS.**

**Early Months of a German Baby's Life are Very Quiet and Simple.—Fancy Baby Clothes Tabooed.**

The mother of a large family of American children chanced to be living abroad when the last baby was born, and she has since often times said that she wished all of her children had been born in Germany.

The last little girl, during its first three months of existence, in charge of a native German nurse, was not only more comfortable, but better cared for in every way than the other children who were born in America. The little girl was brought up by the native German method, and this means, in the first place, that the German baby is treated scientifically. Nor does this signify by the rules of a recently acquired experimental science, the result of attending a series of mothers' congresses, but a science which is the inheritance of the race.

### Plain Clothing; No Frills.

In the wardrobe of a German baby there are no dainty little dresses with frills and laces and blue ribbed petticoats and ruffles and furbelows. It has, in place of these, an ample supply of little chemises, merino undershirts, and diapers, while for a dress, a two-yard square of white flannel serves.

A case is recounted of one proud American mother who exhibited with maternal delight the dainty things she had brought over for the expected baby. She was much shocked and hurt to see them all brushed ruthlessly aside—all but the shirts—and further to see all the lovely baby coats, with their fine embroidery, heartlessly ripped from the waists. The other things, she was advised, would not be needed for three months.

### The Dressing Table.

For the German baby's bath his little tub is filled with tepid water and he lies entirely immersed, only his little face above the surface, his back and head supported on the nurse's arm. Then he is rolled and patted dry in his towels in the usual way, after which he is dressed, not on the nurse's knee, but on the "Wickeltisch," or swaddling table, a conveniently high commode with top slightly slanting, before which the nurse stands. If this is not available, an ordinary table is always used.

First, the batiste chemise is put on, and then the merino shirt, both fastened in the back by strings. Then comes the diaper, and then from under the arms the baby is snugly swaddled in his blanket, which is turned up at the bottom and pinned together like a meal sack.

If the youngster inclines to curl his legs or to lie with his knees curved, they are tightly bandaged with a broad linen band. Cruel, you say? It seems so, perhaps, but the babies do not appear to mind. Your German nurse never uses talcum powder unless it is absolutely necessary.

### The Lung Development.

Having dressed the baby, he is now

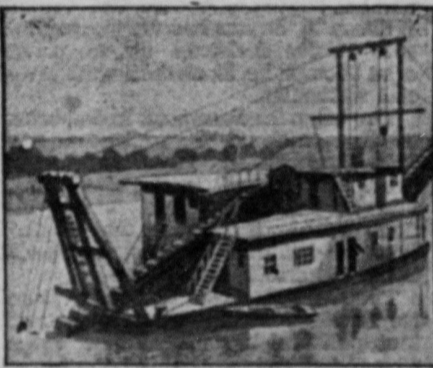
ready for his bottle, followed by a nap. This he takes in his carriage or in his crib, and these are never, never joggled or rocked. He is placed flat on his back for his bottle, and must not be moved for one hour after. He is not expected to be a soundless baby. In fact, he is, as it were, if necessary, made to cry for a portion of the twenty-four hours. The German nurse makes him entirely comfortable and then leaves him entirely alone. In a short time he shows signs of impatience and sets up a lusty wail, thus giving his lungs the needed exercise. There is little difference between the American German method of feeding bottle babies, sterilized milk being used.

### Quietude for Three Months.

The first three months of the German baby's life is very quiet. He is allowed to grow and is handled as little as possible. After this, if he is strong enough, he is dressed, and his treatment then depends upon the family into which he is fortunate enough, or possibly unfortunate enough, to have been born.

### A New Gold Digger.

The present yield of gold is double what it was ten years ago, now amounting to a million dollars a day. Within the next ten years it bids fair to double again. This advance in the last decade is largely due to the invention of the cyanide process. Outside of new discoveries the gold output for the future will be largely increased by what Alexander Delmar calls a gold ship, a dredge that moves over the land and extracts every particle of gold out of long neglected placers. This Eldorado ship is now beginning to clean up the abandoned places of California and will soon be



THE GOLD DREDGE.

doing the same in Brazil, Siberia, Mexico and Peru.

What is this wonderful gold ship which extracts every scintilla of yellow metal. It is, according to the New York Engineering Magazine, simply a dredge that floats on a pond of its own making—a pond which accompanies it wherever it chooses to go and enables it to move over the land in any direction. It scoops up the gravel, subjects it on its decks to the desired chemical action, and then casting it behind, keeps on advancing until the field before it is sifted and treated from surface to bed rock.

## GOSSIP FROM ABROAD.

**Tales of Diplomatic and Court Intrigue.**

When Edward was simply Prince of Wales, he owed Poole, the London tailor, at times as much as \$100,000, and even suffered the tailor to address him in public places without fear of the Tower. There are several distinguished Pooles in England but none so famous as Tailor Poole. One day at Ascot, Poole, hovering near the Prince's person and seeking to be agreeable, remarked, sweeping his hand over the assemblage: "Your Royal Highness, the crowd to-day appears to be rather mixed." The Prince, who always hated a snob, looked amusedly



KING EDWARD.

at Poole and replied: "Well, Poole, we can't all be tailors."

Poole renders his accounts once a year, just around Christmas. If not paid he waits twelve months and sends a second bill. Such as do not pay on receipt of the second statement are dropped from his books, and never again are they allowed to give an order in his establishment.

Speaking of clothes, the Duke of Norfolk is a man of simple tastes, and yet he is the possessor of the most extravagant costume in England. The uniform which he wears as Earl Marshal represents an outlay of over \$1,500, exclusive of jewels. Seventeen thousand yards of embroidery are worked into the coat in gold lace until little of the original cloth is to be seen. His Grace feels more at home in his old clothes I assure you.

There is nothing in which Lady Minto, wife of the Governor General of Canada, and successor of Lord Curzon, of India, takes more pride than in her own children. Her eldest

daughter, Lady Eileen, was born during their first visit to Canada as Lord and Lady Melgund. Her other daughters are Lady Ruby and Lady Violet Elliott, and both are still in school. The youngest son, the Hon. Esmond Elliott, is a clergy and much admired youngster.

The yearly allowance of the Mikado, which is at the same time that of the whole imperial family, is now \$1,500,000. Besides, he has the yearly incomes of \$500,000 from the interest on the \$10,000,000 which was given to him from the war indemnity received from China ten years ago, or \$250,000 from his private estates, which amount to \$5,000,000 or more; of \$500,000 from the forests, covering an area of 5,124,873 acres and valued at \$512,487,300 at \$100 an acre; in all, \$1,250,000. Thus his yearly net income amounts to \$2,750,000. There are in all sixty members in the imperial family, inclusive of eleven married and four widowed princesses, who are members of the family by marriage, not by birth.

Lord Cassillis pronounces his name "Castles." At a reception one night his hostess failed to recognize him. Quite sharply she demanded his name. He replied "Castles," and he was practically turned out. Next morning he received her card of invitation and a polite explanation of the cause of her mistake.

Vegetarianism is becoming a cult among the British aristocracy, and includes among its followers, Lady Anglesy, Lady Essex, Lady Gwendolen Herbert, Lady Windsor, Baron and Baroness de Meyer, Lord Buechan, Lord Charles Beresford, Lord Lytton and Canon Edward Lytton, now provost of Eton.

Van Calava.

### Japanese Verse.

Eastern writers report the Japanese to be a nation of verse writers, from the Imperial family down to the coolies in the rice fields and the rickshaw man. Occasionally a poem by the Emperor or Empress has appeared in translation in America. Professor Arthur Lloyd of the Imperial University in Tokyo has collected and translated nearly 200 pages of these verses. The following is the translation of an Imperial song of Her Majesty, the Empress:

"Take heed unto thyself; the mighty God  
That is the Soul of Nature, sees the good  
And had that man in his most secret heart  
Thinks by himself, and brings it to the light."

A "Tanka" by the Emperor runs:  
"The foe that strikes thee,  
For thy country's sake  
Strike him with all thy might;  
But while thou strik'st,  
Forget not still to love him."

By the Crown Prince:  
"On fair Arashi's slopes the rooted pine-trees stand;  
So midst the storms and wind, firm rooted, stands Our Land."

## THE LEMON A SPECIFIC.

**Obviates Need of Doctors and Drugs. Should be Used Without Sugar.**

Drink expert Warman recommends the drinking of lemon water. Lemon water, without sugar, he believes, is of great medicinal value. It makes a beverage that will cool the blood, clear the brain, remove biliousness, clear the complexion, and save the expenditure of money for drugs and doctor bills and a few other things—a health drink that can not be discounted.

But do not use sugar with the lemon, it neutralizes the effect that would otherwise be produced. Consider, for a moment, he says, a few of the uses of the lemon.

In the morning, half an hour or more before breakfast, take the juice of half a lemon in a glass of cold water. It will clear the system of humor and bile without any of the effects of calomel, congress water, or any drastic drug. But the benefit is more than doubled by repeating this just before retiring. This is a much safer way to get the better of a bilious condition than resorting to quinine or blue pills.

Do not irritate the stomach by taking the lemon clear. The powerful acid of the juice, when taken alone, is always most corrosive and invariably produces inflammation, if long continued, but when properly diluted so that it does not harm or draw the throat, it does its medical work, and when the stomach is clear of food it has abundant opportunity to work through the system thoroughly.

Not only is the drink of lemon water an excellent liver corrective, but, if taken in hot water instead of cold, it will prove a very efficacious anti-fat remedy.

It is better than any drug or complexion powder for giving permanent clearness and beauty to the skin.

A teaspoonful of lemon juice in a small cup of black coffee will relieve bilious headache.

Two or three slices of lemon in a cup of strong tea will cure a nervous headache.

Lemon juice has also been used in Germany, with marked effect, in cases of rheumatism, especially articular rheumatism.

### Spain's King a Humorist.

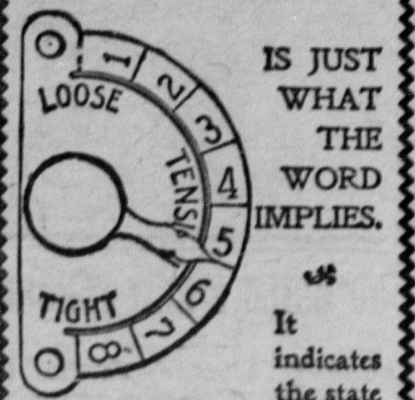
Spain's youthful king is still, it seems, very much of a boy, at least in spirit. He is apparently too closely wedded to his "bubble" to care to consider seriously any other sort of marriage, while authentic report has it that every once in awhile he drops unexpectedly into the unconventional in a way productive of much embarrassment to his entourage.

His latest prank was played in the great cathedral at Leon, to which his majesty paid an unofficial visit recently. He had gone into the organ loft—

for Alfonso's education has made of him an organist of ability as well as a fluent linguist—and had begun to play a chant when, with no warning whatever, he switched off into a sharp military march, at the same time calling out in a loud voice:

"Tention! Quick step! March!"  
Priests and suite were for the instant too surprised to do anything but gasp, and the next minute there were the solemn strains of the chant again, with the hearty laughter of the king heard beneath them.

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## Gleanings in Bee Culture

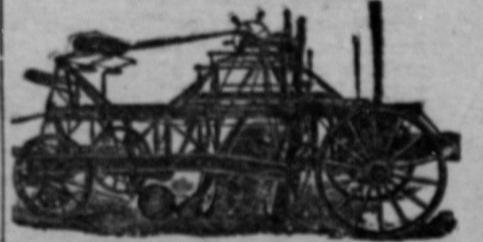
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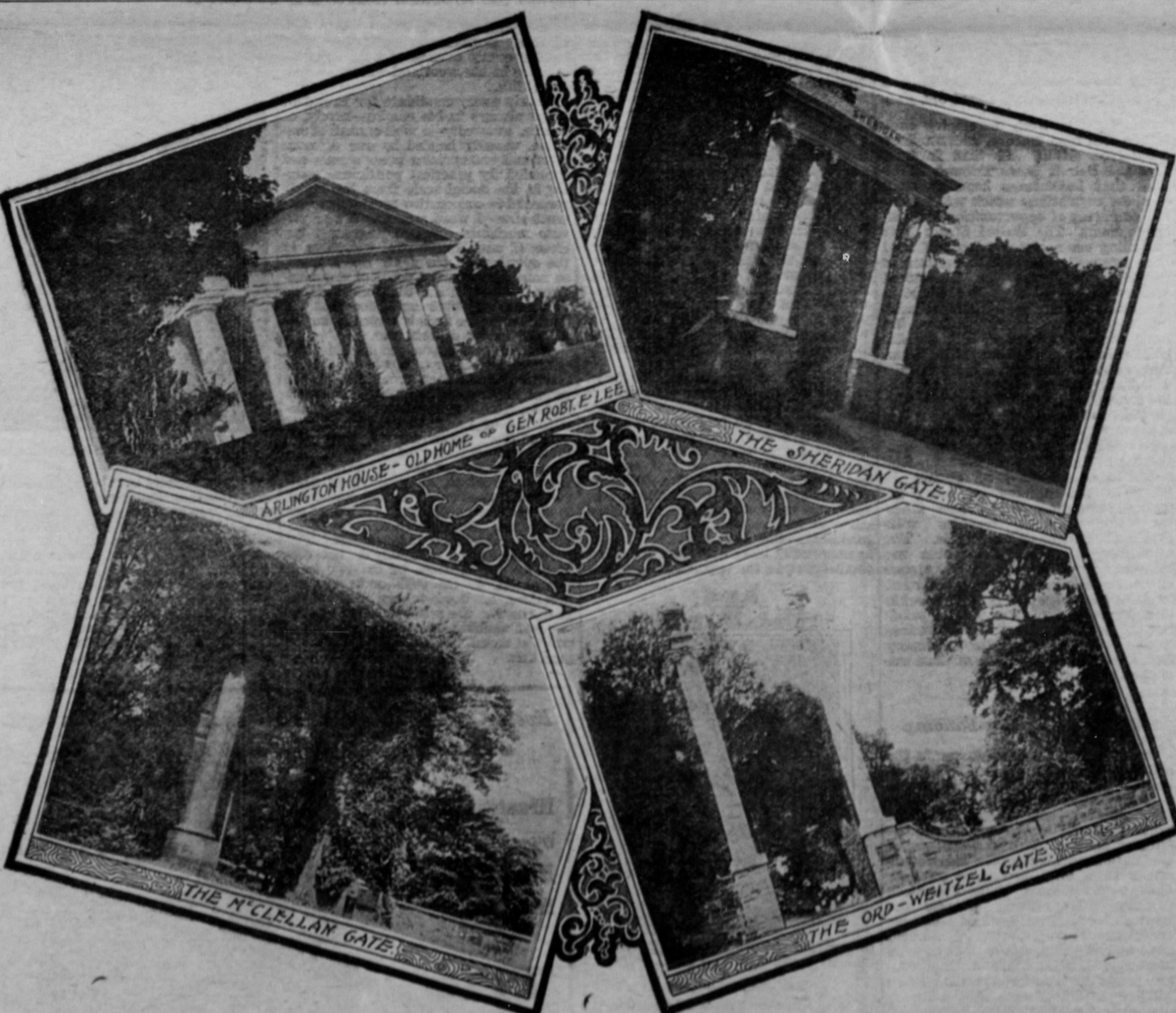
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THE GATES OF ARLINGTON.

Arlington National Cemetery has three gateways of rare distinction and architectural beauty, though few of even Washington's residents are acquainted with this fact. Visitors seldom enter or leave the majestic place through these portals. The reason for this is that Arlington has changed front, or that circumstance has changed its front. The great public surges in and out of Arlington through what was the back gate. This is now called the main west gate, and it is a commonplace double gate of ornate iron rods and spurs, glittered over with gold-leaf, and such a gate as may be seen in other national cemeteries or Government reservations.

The beautiful gates of Arlington stand on the east face of the estate. The ancient Georgetown-Alexandria

road, a section of the old post highway stretching from the New England to the Southern colonies skirts the east boundary of Arlington. Though in other days this was a great thoroughfare, it is little traveled now. Other roads and steam and electric transport have deflected traffic.

Arlington House faces east. In the time of George Washington Parke Custis, grandson of Mrs. Martha Dandridge-Custis-Washington, and the ward of George Washington, the main entrance to Arlington was from the east and at the spot where the Sheridan Gate stands. George Washington Parke Custis built Arlington House. At the death of his father, John Parke Custis, aide-de-camp to George Washington, at Yorktown, he went to live at Mount Vernon. His home was there

until the death of Mrs. Washington, in 1802. Then he began the construction of Arlington House on land inherited from his father. He cut a winding drive from the Alexandria-Georgetown road to the crest of the height where Arlington House stands. Robert E. Lee, the husband of George Washington Parke Custis' daughter, while on duty at the War Office, always rode his horse between his home and office and used the east gate.

In the spring of 1861 the Federal Government established military camps on the plateau west of Arlington, and it was from these camps that the army of McDowell set out in July, '61, to the attack of Beauregard, on Bull Run. The buildings on the Arlington estate were converted to hospital uses. The big canvas west of Arlington created

new roads between Georgetown and the camps and these roads passed around to the rear of Arlington. Fort Whipple, one of the cordons of fortification for the defence of Washington, was erected west of Arlington, and the site of this Civil War earthwork is now covered by the important cavalry post, Fort Myer. Villages have come into being in that neighborhood, the highways have been improved, an electric car line built and thus have been cut channels through which nearly everyone passes in and out of Arlington.

The eastern gates are at the foot of a long, steep hill, and there are no graves near the McClellan or Sheridan gates, though the Ord-Weitzel gate leads into a part of the cemetery where five thousand men, mostly colored soldiers, are buried.