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VOMAN'S WORLD

# MRS. SARAH D. WINANS.

One of the Earnest Workers of the Woman's Relief Corps,

Mrs. Sarah D. Winans of Toledo, expresident of the National Woman's Relief corps, is the daughter of the Rev. nature where she has been chary. John Darst, a German Baptist minisof Miami county, O. The wife of a galwho was wounded in the defense of the been sincere and loyal.

When the nation's great fratricidal Traveler. combat broke out Mrs. Winans was among the first to organize an aid society under the Christian sanitary com-



MRS. SARAH D. WINANS.

mission. They sent no end of needful things to the field hospitals, and they also secured liberal donations to the great sanitary fair at Cincinnati.

It is said that since the organization of the Woman's Relief corps Mrs. Winans has never missed a department or national convention.

Mrs. Winans is thus described: "A woman in the prime of life, who served her way up through the various of. you will surely have the other. fices of succession, from subordinate corps to the head of the department, and on committees of state and national importance, she is thoroughly versed in every phase of relief corps work. She is thorough, systematic, thoughtful and kind, and among all the grand women who have conducted department affairs none has administered them more wisely or well or wielded the gavand slow to speak, she is always ready for duty and equal to the occasion. whatever it may be."-Boston Traveler.

#### Taking the Initiative.

\* Are the new century women beginning to take the initiative in their in

#### "any old thing" and be admired, but the woman who is passable must be carefully dressed and "groomed," as the saying is, and the good looking woman must be equally careful of her

looks lest she lose them. Brains are a factor, but the clever woman must give some time to her apnearance lest she fail to inspire the reshows. It is within every woman's power nowadays to foster what good looks nature has given her and to aid Science has made it possible to deter, who was among the earlier settlers | velop good figures from very poor material and by the amount of care given lant soldier. Colonel J. Cory Winans, to the health of the body to develop good looks where but a small share exflag, her interest in the W. R. C. has ists. This can be done by fresh air, careful diet and bathing. - Boston

### The Walking Skirt.

well cut, smart short skirt.

#### Rest For the Mother.

afternoon, says Woman's Life. It will hand, the edge being slightly rolled. often be hard to get away, but make a duty of it, and you will accomplish it. If you were ill the children would have to get on without you. Let them Do Not Let Marriage Blot It Out of do it while you are keeping well for their sakes. Think over the things that can best be undone and leave some of as a savory without salt. Yet when them while you sleep. Rest is much people marry they usually "settle cheaper and more agreeable than a doc- down," which means they endeavor to tor's bill, and if you do not have one look at everything from the common.

#### Homemade Extracts.

Homemade extracts are easily made. the fresh lemon or orange peeling very older? thin and putting it into alcohol. Allow outside yellow rind of the lemon or orceptacle .-- National Magazine.

## Knowledge of Cooking.

## SEWING RAW EDGES.

The French Method, Which Is a Time and Labor Saver.

All lovers of hand "needling" will do well to persevere until they become as expert as our French sisters in the sewing together of raw edges, asserts Good Housekeeping. Insertions, beadspect of those with whom she comes in ings, edgings and ruffles can be joined contact, by the care her appearance to each other or to plain material in this way with infinitely less expenditure of time and labor than is usually consumed, can be made just as durable and far more dainty in appearance. Raw edge needlework does away almost entirely with the narrow hem. It is necessary to use a proportionately large needle and coarse thread so that the latter may be bily drawn with no danger of breaking. The two edges to be united should be held together and then overhanded, the tendency of the cloth to roll under being encouraged by the fingers and thumb of the When all is said and done, America left hand and the needle being inserted is the home of the walking skirt. In each time deep enough into the cloth to London the short skir; is relegated to secure a firm hold. In the case of sewsports and business. For all social oc- ing one finished edge, like lace, on to a casions trailing skirts are still the go. raw edge the latter must be held so In Hyde park on a Sunday in the fa- that it projects a little beyond the othmous church parade one sees only long, er or of course they will pull apart. trailing gowns, held up in defiance of Practice makes perfect. Work done in that law of good dressing which de. this way has the same general effect as mands for every garment the right to that obtained by that ultimate accomhang in its natural folds. Frenchwo- plishment of our grandmothers, the men leave short skirts to shopgirls and whipped seam, but it is not so exquiall kinds of "hands." Berlin leaders of site, as indeed why should it be for society are only just awakening to the most of our apparel? Very fine wash dangers inherent in the long skirt, but materials are especially adapted to the they all wear trains just the same. method described, the edges curling Abroad the American girl can be pick- down-out of sight in quite a magical ed out wherever she goes by her trim, manner when once one "gets the hang of it." Beyond these few directions it has to be learned by doing, but once

mastered it literally removes miles of You cannot serve your family better sewing from a woman's vista. One than by resting yourself. An overtired should become proficient in the simmother cannot make sunshine in the pler methods before attempting to sew home. Try to take even half an hour a raw edged ruffle into another raw of complete rest some time during the edge. Ruffles should be gathered over-

## RETAIN SENTIMENT.

# Your Life,

Life without sentiment is as insipld sense point of view and forswear all the delightful nonsense which they indulged in when they were sweethearts. Is it that rent, taxes, butcher, baker and are much stronger, better and and candlestick maker usurp the place cheaper than those we buy. Lemon or given to romance, or is it that people orange extract may be made by slicing always grow stalder as they grow

Is it possible that the wife cares it to stand for a few weeks and strain . less for love than the sweetheart used the contents. If you have no use for to do? Not in her heart of hearts, I el with a better grace. Modest, retiring alcohol even in flavoring, grate off the believe. But once surrounded by it she grows unconscious of it and imange and mix with the same amount of agines it no longer of supreme imporwhite, soft sugar, rub fine, dry away tance, even making the hideous misfrom the fire, and put into a tight re- take of fancying it can be done with, out. Familiarity breeds contempt. and so she lightly prizes love to her Stick fast to the high ideals of courtmake better bread is to that extent ing days. Don't let yourself be perinstead of waiting until the men ask better educated than her mistress, who suaded they are foolish or old fashthem, as was customary in the days of may greatly adorn a literary society. loned. Don't, when love becomes a daily certainty, fancy sentiment can ; "If we did we should have a long by the young woman in college. The be dispensed with, or you will wake up time to wait," laughed a pretty maiden fact that the woman in the parlor has with a start one of these fine days and whose invitation on the telephone to the money wherewith to buy assistance find to your cost that the future which promised to be so fair is stretching blank and desolate before you and that your husband or your wife, as the case





THE CENTRE DEMOCRAT, BELLEFONTE, PA., MARCH 30, 1905.

tercourse with the opposite sex? Do they not ask men to do this and that their mothers and grandmothers?

a young man to come up and take tea does not change the fact that she does with her had been overheard by her grandmother and had prompted the foregoing remarks. "Why, men would never come near you unless you made "appointments with them," she continued, defending her position. "I'm sure I would much rather have Ned Smith call me up on the telephone and ask if he might be allowed to come up and take a cup of tea with me this afternoon, but he wouldn't. He would never think of it. But if I ask him he likes to come. I know that. When he comes I shall inquire if he is going up the river to Carrie M.'s wedding on Saturday. Perhaps then he will ask me to go up in his automobile, but if he does not I shall say I think it is just lovely going up by auto, and then probably he will think of it.

"Do you know," she continued, "it is perfectly true what you said just now? When I come to think of it, girls do always take the initiative nowadays. The nice ones do it so nicely that you hardly see. it, but they do it all the same, and the men just wait for them to suggest everything. Otherwise they would go off by themselves and not remember anything about us."-Philadelphia Inquirer.

Mending an Oriental Rug.

A rare and very beautiful but ancient oriental rug came in course of time to display a hole about two inches square. The edges also for a space of two inches on either end were unpleasantly frayed and worn. It was a Bokhara of rich, dark reds, with some tan, grayish white and dark blue. At a house where antique rugs were sold and repaired I was asked \$10 for mending it. Upon this I determined to do a little surgery myself. I cut off the frayed edges for a space of two inches on one end and an inch on the other and then, raveling a few threads of the woof, left a half inch of warp by way of a fringe, which is often seen in very old rugs. This gave me a quantity of material for patching. and, taking a square cut to fit the hole, I buttonholed the piece and the cut edge of the rug where it was to go with yarn, using gray, red, tan or blue, as the pattern demanded. I then fitted in the patch exactly and overhanded the edges with strong carpet thread. After dampening and pressing on the wrong side it required a sharp pair of eyes to detect the patched place .-- Table Talk.

#### Good Looks.

good looking woman may wear are very serviceable.

The cook in the kitchen who can This fact is to be borne well in mind not stand on an equality with the cook.

-Rev. W. A. Bartlett,

## Paint Stains.

However old and dry paint may be, York Telegram. it can be removed from carpets or draperies by a liberal use of chloroform. Saturate the spot, keep it closely covered for half an hour, then brush out. The liquid destroys the oil in the paint, leaving only a powder that usually comes out, leaving no stain unless on very delicate fabrics. In obstinate cases the application may need to be repeated several times.

#### Handkerchief Ties.

chief makes an attractive and novel piece of rough pumice or sandpaper, tie. From one corner cut diagonally apply a coat of thin shellac varnish and toward the middle just half the neck then paint of the desired color. measure. Hem the sides just cut. The Fine table linens should be frequentthe back. It is also knotted loosely in may not be necessary in laundering front where the slit ends. The rest them, as frequently the cleaning prochangs in jabot style down the front.

#### For the Complexion.

A soft, clear complexion can be obtained if the following hint is persevered with: Mix some flowers of sulphur with a little new milk, let this stand overnight without disturbing the sulphur, and in the morning, before washing the face, rub the milk gently into the skin with the finger tips.

#### Sickroom Hint.

Few people except trained nurses know that a restless patient is made much more comfortable if the corners of the undersheet are carefully pinned to the underside of the mattress with safety pins. Draw the sheet tight and pin it securely. It will be a relief to you and the suffering patient.

For a good camphor mouth wash take a pint of hot water and dissolve in it two drams of powdered borax. When the water cools add one dram each of spirits of camphor and tincture of myrrh.

A loaf of bread which has become dried can be made nearly as nice as when fresh baked by plunging it into cold water, then placing in a hot oven for a few minutes.

Rub grease on the seams of new tinware, keep in a warm place for a day, and the article will not rust in the seams.

In these days good looks tell. We no longer live in Maud Muller times, when the good looking woman may wear

## HOUSEHOLD HINTS.

may be, bears no resemblance to the

sweetheart of years gone by .-- New

Lavender combined with green makes a most effective as well as unusual bedroom.

Brass and copper will remain bright longer if after polishing with the paste commonly used the pieces are rubbed with whiting or silver polish.

To make paint stick to tinware A hemstitched bordered silk handker- scratch the surface of the tin with a

around the neck, making a knot at ly changed in order that hard rubbing ess is severer than actual wear.

At each ironing fold the table linen a new way if possible, as it wears first in the folds. A good plan is to purchase an extra half yard of the table cloth and after a time cut off the extra length. This brings the creases in a new place.

#### Cooking Utensils.

A discolored enamel saucepan is most unpleasant to look at and to think of in connection with food, yet the utensil soon comes to this state. If taken in time and frequently boiled out in water containing a little chloride of lime a saucepan can be kept clean and bright. Teapots, too, need a special washing every week. Of course they must be well cleaned and dried after each meal, but every week they need to have a strong solution of washing soda poured boiling into them. This keeps a teapot always absolutely fresh and insures delicate flavored tea if the brand is rightly chosen.

#### Coffee.

Coffee is a beverage few people know how to make properly. The following is the best way: Pour boiling water on the coffee in the pot and place on the stove. Just as soon as it comes to a boil take it off, pour out half a teacupful and return the pot to the fire. Within a minute or so pour gently over the top of the coffee one teaspoonful of cold water and let it stand a minute longer. The cold water by means of its greater density sinks and carries the grounds to the bottom .-- London Answers.

Riots in Russia!

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But you can always find harmony in the Wall Papers and Paints sold

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