

MRS. F. E. BRITTEN.

President of the Boston Woman's Christian Temperance Union.

Mrs. F. E. Britten, president of the Boston Woman's Christian Temperance union, has a charming personality and seems to be a born leader. She possesses great force of character and generally succeeds with whatever she undertakes.

Mrs. Britten was born Sept. 2, 1865, at Ann Arbor, Mich. She was educated at Manistee High school and took a classical course at the University of Michigan. She was married April 29, 1886, to Rev. Fred E. Britten, then pastor of the First Baptist church, Faribault, Minn. She is the mother of three sons, Clarence D., aged sixteen; Rollo H., fourteen, and Merle D., twelve. Mrs. Britten and all her family are members of the Tremont Temple



MRS. FRED E. BRITTEN.

Baptist church, and she is a licensed preacher in the Baptist denomination. In addition to being president of the Boston W. C. T. U. she has been general secretary of the Gospel Prohibition Association of Greater Boston from its beginning in 1903 and state superintendent of the department | Considering the attitudes which chilof Christian citizenship.

in the art, Greek and Latin depart- cramps the chest and limbs is detriments of the Central university of mental to free breathing and growth. Iowa. She has preached in mission A tight collar band is especially harmwork in Nebraska and as pastor of two ful and, in fact, dangerous. It should churches in Michigan. She has been a be remembered also that there is national lecturer of the Prohibition greater warmth from loose than from party and was office manager of that tight clothing. party in Michigan for about four years, 1898-1901.-Boston Globe.

When the Baby Cries.

ing to some young mothers, especially same price you can get pretty German to a nervous one, becomes less dis- or Chinese ware, having the additional tressing if she stops to think that the | merit of being so well glazed they are lungs, never having been used, need ex- impervious to grease, yet strong enough ercise in order to make them strong. to stand the "beating" of various mix-For the first three months the infant is tures? Why not have attractive ware too weak, even with a fair amount of for the common, everyday service, and crying, to develop the lungs more than not starve your love of the aesthetic by one-third their normal capacity, and using ugly utensils, especially when that these organs cannot be considered | pretty ones cost no more? perfect until they are inflated to their utmost is enough to make her tolerant of a fair allowance of crying. A year of simple breathing would not accomplish as much toward developing the instill in the housemaid. By taking lungs as a moderate amount of crying care not to use the broom intended for each day for a month. It is the deep inhalation, such as accompanies a good cry, which alone can make the lungs strong. Healthy infants cry normally, preserved. Put a screw hook in the and they should be allowed to do so a portion of each day. When the cry is whining or continuous, it is usually caused by overindulgence of some kind or by mistakes such as handling the it be replaced after using. baby when he is more comfortable left alone. Too much entertaining causes nervousness and cold extremities, which make necessary too many wraps | most useful in the kitchen. It should or too hot a room; this results in dis- be hung up in some special place, and comfort and weakness and lack of all pieces of string that come tied fresh air. Sleeping in a bed with older around parcels should be put in it. persons is bad for a baby; it draws String is constantly required, and it is upon the vitality. Indigestion is never far better to know exactly where to natural; it is caused by overfeeding or find a piece than to be obliged to hunt improper feeding.-Marianna Wheeler about and waste time in searching for in Harper's Bazar.

Pretty Bedspread.

An extremely pretty bedspread is made by taking a new linen sheet and with a dinner plate and small dessert plate or saucer making intersected circles with a hard lead pencil at regular intervals over the spread. When this apartment this is possible by watching is done the foundation lines are made for a pretty design of wreaths, on which it is easy to draw flowers or especially milk and butter and unleaves. One wreath of wild roses on another of daisies has a good effect. The smaller circle of green leaves and the larger of any simple flower is a good idea. When the flowers have been sketched, stain them the color desired with a fast dye. There are several dyes that will stand careful washing-violet ink or red ink, for instance. After the designs have been stained outline them with single zephyr worsted, which washes admirably. Wash silk is pretty and dainty, but it is not so effective and takes more time. The easiest outline stitch is to sew around the design with simple running stitch and then, going over it again, catch each stitch in over and over fashion. This gives a rope effect which looks well.

Hollandaise Sauce.

Slice an onion and place it in a double boiler with a bay leaf, several whole peppers and an ounce of butter. As butter melts stir in a tablespoonful of flour and half a pint of white stock or chicken broth. Mix well until the mixture is creamy. Season with salt, cayenne and a little nutmeg. Beat | boot trees.

the yolk of an egg with a teaspoonfui of lemon juice and pour into the sauce. Add a tablespoonful of butter cut in small pieces, and when these are all incorporated serve. This is the ideal Hollandaise. An easier way to make the sauce is to put the yolk of an egg. a tablespoonful of butter and a teaspoonful of lemon juice in the double boiler or in a small saucepan set in a pan of hot water. Stir until the butter melts, when add half a tablespoonful more of butter. Season with salt, cayenne pepper and a little nutmeg. Stir constantly, and as the sauce thickens add a third installment of butter, about half a tablespoonful. A little broth added when the first butter melts is an addition, as the sauce is liable to be too thick .- New York Evening Post.

Clear Broths. Clear broths are merely aids to digestion, little whips and spurs to sluggish powers. Invaluable in their proper place, it is only when beef tea, mutton broth, chicken and clam broth are mistaken for real food that they become dangerous and a source of positive disaster. Clear animal broth or beef tea means starvation for the sick. The albumen of meats is hardened by hot water and either remains in the meat itself or in the form of scum is skimmed off the top of the infusion. The water takes up the flavoring principle and a small portion of other material, but is devoid of the nutriment commonly supposed to be dissolved by it.-Harper's Bazar.

Rack For a Narrow Hall.

For a small, narrow hall a young matron has designed a coat and hat rack that is perfect in its way. It is simply an enlarged roller towel rack made of heavy wood and long enough to hold several coats snugly. The carpenter has fixed it firmly to the wall, opposite the door and about five feet from the floor, and it is filled with a sufficient number of brass hooks. This arrangement takes up little space and leaves room for pictures and a little mission table, with a middle shelf for those who would rather put their hats down than hang them up-and women's hats will not hang, except on the floor.

Children's Night Clothes,

Many mothers and nurses who are careful to supply the growing children with garments of sufficient size for day wear are careless as to the fit of the night clothes. This is a serious error. dren assume during sleep, it should She has taught in public schools and be clear to all that anything which

Kitchen Bowls.

Why adhere to the common yellow or, worse, brown bowl, when doing The early cry which is painfully try- your own housework, when for the

Brooms. "A broom for every place and every broom in its place" is a good motto to the kitchen floor on the Persian rug or Wilton carpet the natural life and beauty of the floor coverings will be top of each broom handle, and have a peg to hang it on, above which is written the name of the room or hall for which it is to be used, and insist that

Keep a String Bag.

Keep a string bag. It will be found this necessity.

Refrigerator Racks.

If wooden racks are used to hold the ice in your refrigerator, have at least three, so that each in turn may be thoroughly well dried in the sun before being again employed. Even in a tiny the course of the sun. The odors from sodden wood quickly affect the food, cooked meat.

The Window Sent.

A great improvement upon the window seat, as commonly constructed, is to have it built with shelves to be concealed from view by a drop curtain. This method permits one to get directly at the article wanted instead of having to take out the entire contents.

Galvanized iron tubs can be cleaned by scrubbing with hot vinegar and soda, allowing the mixture to remain on for a time; then wash in hot, strong soapsuds and wipe dry.

Save all old zinc, and when chimneys are filled with soot put a quantity on the fire. It will carry all soot out of stovepipes and clean the chimneys.

Alcohol rubbed into a carpet will effectually remove a varnish stain. This should be done after the carpet has been taken up and shaken.

The economical and well groomed girl will cultivate the acquaintance of An Animal Story For Little Folks

THE PIG WHO WOULD BE LITERAL

"Oof, oof!" grunted the literal pig, gazing intently on a page out of 'Mother Goose" which little Bill had dropped into his pen:

Barber, barber, shave a pig. How many hairs will make a wig? Four and twenty; that's enough. Give the poor barber a pinch of snuff.

"What's the use of writing such stuff about what never happened! But, never mind, I shall make this literally true by going through the experience. I believe in being literal-oof, oof!"

Saying which he set out for the barber shop in the village. The barber



"WHERE'S THE PINCH OF SNUFF I GET?"

was much amused to see a pig come in the shop, but his amusement grew into amazement when the literal pig said in good pig English, "I want a shave." "You?" cried the good man in great

"Yes, I," said the literal pig. When the barber could control himself he set piggy in a chair and began to cut his bristles.

"Hurt you?" asked the barber. "Like fury," said the pig, "but it must be done to be literal. By the way, how many hairs would it take to make a wig?"

"About a thousand," said the barber. "No, no; to be literal it would take four and twenty. That's enough, don't you know?" droned the pig. "Well, to be literal," said the barber,

"where's the pinch of snuff I get?"

"I really forgot it," cried the pig in "Then, to be literal," answered the barber steadly, "I cen't finish the job

for nothing. You get out!" "That's the most literal thing I've

learned," grunted the pig.-Detroit Journal.

> An Animal Story For Little Folks

"Where are you making fur?" said Mrs. Waddles to Mr. Gander as she came upon him one spring morning. "I'm not making fur at all, madam," he replied, smiling; "I'm making feath-

"Oh, excuse me!" she began. "You are so quick at repartee"-"Not at all, madam. You're wrong

again. I was the 'only quack at the party' is what you should have said." "Oh, you bright boy! But what are you going to do with yourself? I see a tablet and pencils in your possession. I suppose you have some great scheme

"Yes, I have just invented a new machine to turn swamp mallows into



"I'M MAKING PEATHERS."

marshmallows, frogs' eggs into shad row, lily pads into writing tablets and pussy willows into tomcats." "But what use is such a machine? No one will buy it."

"Oh, that's no matter. It's all in the invention, you know. I've spent years at it. But what are you up to?" "Oh, I'm lecturing"-

"Lecturing?" interrupted Mr. Gander. "On what?" "On the very useful theme of 'How to Keep House on 5 Mills a Week."

starve!" "Of course they would. But, then, I'd have my name in all the magazines and 'home' papers."

"Five mills a week! Why, they'd all

"Any money in it?" asked Mr. G. "Oh, no; I hadn't thought of that. I suppose they'd pay me. Any money in your machine?"

"Well, really, I hadn't thought of that. I suppose it would sell." "Well, we're a pair!" exclaimed Mrs. Waddles.

"We ought to make one anyway. Let's marry." And they did, which was the proper thing for two silly geese.-Atlanta Con-

stitution.

CHOOSING A LOVER.

She Is a Wise Maiden Who Waits Until She Is Twenty.

It is rather a difficult matter to say exactly at what age a girl should have a lover. Circumstances alter cases, and an age which might be applicable to one girl would be unadvisable in the case of another. One is fairly safe in saying, however, that in the great majority of love affairs the happiest are those which are never thought about until a girl has passed her twentieth birthday. By that time a girl may be said to have reached the age of discretion. She has probably had opportunities of meeting various types of men, gained a clear insight into their characteristics and acquired that knowledge of men and their ways which prevents her fixing her thoughts and affections on the first man who attracts her particular attention.

She has got past the schoolgirl age, when a maiden is apt so vote every member of the opposite sex charming and lovable if able to talk and flirt in a fascinating manner. The sensible girl who is well past her teens, however, probes deeper beneath the surface, so to speak, and does not judge a man when he is on his best behavior at a ball or a party. It is quite possible, of course, for her to make a mistake and bestow her affections on one who is unworthy of them, but the girl of twenty or twenty-one makes fewer mistakes in estimating a man's character than sweet sixteen or seventeen, and consequently saves herself much unhappiness by choosing at the right time no lover but "Mr. Right."-American Queen.

THE LOVELOCK.

How to Use It Artistically to Hide a Large or Poor Ear.

Ears that are large can be made much prettier by artistic aids, and one of these is the little natural curl. This is called the artist's curl, and it is always found over the ear of the artist's model. Theoretically this little lock, which is called the lovelock, should fall over the ear in its own graceful little curl. But really few for assistance. people have the natural ear curl. Such curl as they have is produced with the aid of art.

Too many people, in making the ear furl, fall into the error of making the curl too heavy. It should be extremely light, scarcely more than a wisp of hair, and it should fall directly over the ear, with its end flying loose. There should not be over twenty-four hairs in the little lovelock, which so gently caresses the rim of the ear.

The artistic beauty of the lovelock after a thorough test, to plate any article on lies in the way it is curled. Take the tongs, only moderately warrand turn the little lock until every hair is securely wound in its depths. Now hold

the tongs while you count sixty. Bride them out and you will find a lovely little ringlet, light, fluffy and so fine that it needs only one twirl of the

comb to make it look like fluff. Those who are willing to go to a great deal of trouble will tell you that it is best to divide this little lovelock, small as it is, into three, and then, with scarcely half a dozen hairs in each curl, to wind it through the tongs until a lot of delicious ringlets are made. This is poetic in the extreme, and, what is more, it hides a poor ear.

Rain Water Baths.

Rain water-pure and honest rain water--is Venus' own nectar as a beautifier and preservative of the skin, which it renders clean, soft, smooth, transparent and of a very juvenile loveliness. The rain water bath is best teken tepid at about 70 to 75 degrees F.

Easy Walking.

Little Margie had accompanied her mother on a shopping tour, and when they were about to return home her mother asked, "Shall we walk or take a car, Margie?" "Oh," answered the little miss, "I'd ruzzer walk if 'oo will tarry me."

THEY COST NOTHING.

If They Fail To Cure You, Money Will be Refunded.

This is the proposition that goes with every box of Krine's Kidney Pills, Sidney Krumrine, Druggist; gives his personal guarantee and will cheerfuly pay back your money if you are not satisfied, with the results after using one box of these pills.

Thousands of people are affected with Kidney Trouble and do not even suspect it, for it is one of the most treacherous diseases, and comes stealing into the system gradually and with but little warn-

ing.

If you have pain in the back and loins, scanty or excessive urine the disease is making rapid progress. Headache, irritability, nervousness, muddylooking complexion, are all warning signs that the kidneys are not perform. ing their work properly and are calling

One box, one months treatment of Krine's Kidney Pills, cost you nothing if you are not benefitted; you judge for For sale and guaranteed at Krumrine's Pharmacy.

SILVER PASTE,

a paste that will make your silver look like new. It is easily applied, effect is remarka-ble, and it is lasting. This preparation is CUARANTEED BY US

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Wedding Invitations. Announcements,

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THE CENTRE DEMOCRAT

BELLEFONTE, PA.

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We are going to be more liberal than ever in 1904 to users of Lion Coffee. Not only will the Lion-Heads, cut from the packages, be good, as heretofore, for the valuable premiums we have always given our customers, but

In Addition to the Regular Free Premiums the same Lion-Heads will entitle you to estimates in our \$50,000.00 Grand Prize Contests, which will

make some of our patrons rich men and women. You can send in as many estimates as desired. There will be

TWO CREAT CONTESTS The first contest will be on the July 4th attendance at the St. Louis World's Fair; the second relates to Total

Vote For President to be cast Nov. 8, 1904. \$20,000.00 will be distributed in each of these contests, making \$40,000.00 on the two, and, to make it still more interesting, in addition to this amount, we will give a Grand First Prize of \$5,000.00 to the one who is nearest correct on both contests, and thus your estimates have two opportunities of winning a big cash prize.

Five Lion-Heads cut from Lion Coffee Packages and a 2 cent stamp entitle you (in addition to the regular free premiums) to one vote in either contest:

A prize la arest, etc., etc., as First Prize

1 Second Prize
2 Prizes \$500.00 each
5 Prizes 200.00 "
10 Prizes 100.00 "
20 Prizes 50.00 "
50 Prizes 50.00 "
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2139 PRIZES,



Printed blanks to vote on found in every Lion Coffee Package. The 2 cent stamp covers the expense of our acknowledgment to you that your es-

timate is recorded. PRESIDENTIAL VOTE CONTEST

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Distributed to the Public aggregating \$45,000.00 -in addition to which we shall give \$5,000 to Grocers' Clerks (see particulars in LION COFFEE cases) making a grand total of \$50,000.00.

COMPLETE DETAILED PARTICULARS IN EVERY PACKAGE OF

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