WOMAN'S WORLD

MRS. W. D. MURPHY.

Her Painting of President McKinley Hangs In the White House.

The official portrait of President McKinley which hangs in the White House is the work of an American woman. Among the portraits of all the presidents thus displayed it is the first to have been executed by a woman, nor is it by any means the least interesting or meritorious. The appropriation of $2,500 by congress for a portrait of the late president naturally excited unusual interest among artists. Many well known artistic names were numbered among the contestants. The portrait finally chosen among many after careful artistic consideration was that by Mrs. W. D. Murphy of New York city.

Mrs. Murphy has spent the last eighteen years continuously in New York. In her art education and experience and in her sympathies—in everything, in short, but her birth—she is an American. She was born in England, coming to America when a mere child. Her home was at first in Canada, whence she was sent to New York to further her artistic education. Her talent was evident very early, attracting considerable attention. Mrs. Murphy cannot remember, she says, when she began to draw. As a child she was always drawing, so that her talent seems to antedate her earliest recollections.

MRS. W. D. MURPHY.

Her artistic training and experience were had in New York. In addition to attending the schools she had the advantage of private instructors, among them Professor Lawrence of Munich. She has never returned to Europe since leaving England. The art galleries and exhibitions in New York, she says, have been her chief sources of instruction and inspiration. She attends them all regularly, sitting for hours before the canvases to study their secrets. It is of course particularly remarkable that, thus handicapped, Mrs. Murphy's portrait of President McKinley should have been chosen from among the contributions of many of wider opportunity. The portrait was painted from photographs. Not only had Mrs. Murphy no sitting, but she had never seen President McKinley.

When $2,500 was appropriated by congress for the purchase of a portrait of the late president Mrs. Murphy, among others, submitted her work. The judges were selected as the most competent men in the country to judge of the merits of the portraits. The competitors were somewhat taken aback when the announcement was made that the work of a woman had won in spite of the ancient tradition that a woman must always stay in the background of art when in competition with men. When they saw the accepted portrait their doubts were silenced, and they expressed the utmost satisfaction in the selection.—New York Herald.

Babies Have Nerves.

When the tired mother finds her nerves strained by excitement or pain the only relief is rest. "Just let me have quiet and peace," she says, "and when I have had a good rest I shall be perfectly well." She is quite right in her treatment of herself, but why does she not accord the same treatment to her little one, who, when worn out by the pain of its aching gums or from some other cause, it wails over its little sorrows? In the nursery it is considered rank heresy to say, "Let baby cry a little; it will do him good." And so the poor little scrap of humanity is shaken and jogged, shouted at and sung to, made to look at the bright fire or lamplight, and treated in a manner to drive a nerve racked adult to distraction. Of course there is a difference between a grown person and a baby, but nerves are common to both and those of an infant surely demand the greater gentleness. Instead of trying to amuse the hapless infant, let him enjoy the luxury of wailing a little. Probably a good cry is as much a relief to him as it is to his overwrought mother. To be sure, crying always means something amiss and it is the duty of the mother to discover the cause. If it is the fretful cry of weariness, then the kindest and best course is to let the little tot rest in a quiet place with a subdued light, where it has a chance of getting sleep, that sovereign remedy for so many of the troubles of suffering, nerve racked humanity.

Recent Changes In Table Manners.

Custom has wrought many changes in table manners within a few years, with which the fork has come into greater use. Nearly all vegetables are eaten with a fork. So, too, are croquettes, puddings not too soft, ice cream and the numerous made dishes. A steel knife should never touch fish. The latter should be eaten with a fork, assisted by a bit of bread held in the left hand, unless a silver knife has been provided. Little silver "pushers," to take the place of the bread fork, are now sold for the use of children. It is now well understood in this country that English people eat a boiled egg out of the shell and consider it barbarous to take it out into a cup. If one prefers the latter process one must perform it with an egg or tea spoon, never with a knife. Neither should the latter be dipped in the salt and tapped with a fork in such a way as to scatter the condiment over the food. This is thought to be bad form, as is all wholesale preparation of the food on one's plate, such as cutting up all one's meat at once or mixing butter and salt through the entire potato. Salt should be taken on the side of one's plate, and each mouthful should be flavored separately.—Household.

The Healthful Twin Bedstead.

The increasing popularity of the European twin bedstead in this country is quoted with interest by progressive persons. Doctors point out that a big step in sanitary advance will have been taken when all humanity is sleeping in single beds. The American returning from traveling abroad misses first of all the individual bed and usually contrives in his special household to replace as fast as possible the double bed with single ones. It is in this way undoubtedly that the practice has spread, together with the example set by good hotels everywhere. The dressing of the bed, too, is much more regarded than heretofore. The fact is widely recognized now that bed covers should be light and airy, yet warm—fleecy blankets rather than quilts and comforters—and, most of all, of a character that permits of frequent cleansing with soap, water and air.

A Casserole.

"Have you a casserole of old French ware?" asks Laura A. Hill in What to Eat. "No? Then hie to a shop where kitchen things are sold and get one, for you do not know half life's joys until those cunning dishes of brown sit on your kitchen shelves. Given a casserole or baking dish of this ware, a chafing dish and a coffeepot in which coffee may be made at table, and the Sunday night supper, the cozy luncheon and even the family dinner with an unexpected guest become a delight to the housewife even if the cook is away. No one knows just what the secret is, but the old French cooks knew the delights of game, chicken, soups and other tidbits cooked in the old French clay ware, unglazed and porous."

Soft White Hands.

There is just one way to keep your hands soft and white and lovely, and it is a very simple way. Use only the purest, best soap, like the imported white castile. When bathing the hands rinse them well and dry completely, afterward applying a cosmetic jelly made of thirty grains of gum tragacanth, seven ounces rosewater, an ounce each of alcohol and glycerin. Soak tragacanth in rosewater for three days, strain forcibly through muslin and add the other ingredients. A few drops of oil of rose will give a pleasant aroma. The advantage in using this preparation is that it dries immediately.—Chicago Record-Herald.

The Scrubbing Brush.

One college girl I know goes down on her knees every Saturday during her vacations and wields the scrub brush, ostensibly to make the floor clean, but really to give herself the benefit of what she calls "a good sweat bath," writes Ethelwyn Wetherald in Good Housekeeping. For increasing circulation, clearing the complexion and giving a robust appetite it is superior to tennis and basket ball. No work can be drudgery unless it is drudged at.

Hash and Horse Radish.

Hash is made more appetizing if served with horse radish sauce. The same is true of cold meats and of that humble dish, boiled beef. A thin cream sauce is the foundation, and the horse radish added is the freshly grated kind and not that which has been mixed with vinegar. Allow it to cook for about three minutes and serve hot.

Girls and Ball Throwing.

"Ball throwing I do not advise to any great extent for girls," says Dr. Luther Gulick, physical director of the public schools of New York. "It makes the clavicle prominent and destroys the symmetry of the neck, a fact every girl is likely to regret when she is older and begins to wear evening gowns."

Pillow Covers.

If outside covers are an inch smaller each way than the pillows the result will be nice, plump looking pillows, where if the covers and pillows are the same size the effect would be flat and displeasing.

In walking don't hold the leg stiff, although it must be held straight. In this way one walks with the least physical expense and with the greatest ease, healthfulness and beauty.

The three essentials for a pleasant room are space, the opposite of crowd and clutter; form, the opposite of chaos and confusion, and color, the opposite of black.

It pays to make a study of your hall, for, however elegant your drawing room may be, it is difficult to efface the impression of an unpleasing entrance.

Water absorbs impurities and if allowed to stand in a badly ventilated room becomes positively injurious.

LAUNDRY LINES.

A few drops of ammonia added to the bluing water will whiten the clothes.

Try using soapy water for making starch. It is said that the linen will be given a gloss by this means and that the irons will not stick.

It is said that a tablespoonful of black pepper put in the water in which colored cambrics are washed will keep the colors from running.

In ironing handkerchiefs it is a good plan to smooth the center first. If the edges are ironed first the center will be found baggy and will fold in creases.

Stains of iodine may be entirely removed from white calico or linen by rubbing damp carbonate of soda into the marks and washing in cold water till they are removed.

When lemon juice or other acid has made a white spot on a colored fabric try applying ammonia to neutralize the same. Rub with a little chloroform, after which the original color should return as bright as ever.

For very yellow or very dirty clothes make an emulsion of kerosene, clear limewater and turpentine in equal parts. Shake together until creamy, then add a cupful to every boilerful of clothes and boil for half an hour.

Sweet and Strengthening Baths.

A lemon bath is wonderfully soothing and refreshing after a wearisome day's shopping in town or after a strenuous country day with tennis and golf and walking on the programme. Squeeze the juice of three or four lemons into a tub of hot water. Throw the lemons, too, into the tub and allow them to remain for half an hour. When the bath is tepid or nearly cold and the water has been thoroughly permeated by the lemon juice it is ready for the bather.

A lavender bath is another exhilarating dip. To make the lavender lotion, which softens and perfumes the skin, mix four ounces of alcohol, one-half ounce of ammonia, one dram of oil of lavender.

A good bathing powder—to be used afterward, of course—is made like this: Seven and one-half ounces of starch, one-half ounce of powdered orris root, one-half ounce of powdered talcum. Perfume with one-quarter dram each of oil of lemon and oil of bergamot, seven drops of oil of neroli and two drops each of oil of bitter almonds and verbena.

A Beauty Recipe.

A Roman nose and a Grecian knot do not make a raging beauty or a gentlewoman. Something more than good features and perfect lines are needed to build up a temple of human loveliness. Sweetness of mind, gentleness of heart, manners that aren't of the Sunday order and a capacity for making other mortals comfortable—all these are actual necessities. A brain that has developed through reading and study and a tongue that knows how to run right without slipping into gossip clogs are helpers. Freckles are disfiguring, but one mildewed thought has greater power for destroying beauty. If you will use orange flower skin food and grow a little fine cheerfulness the wrinkles will whisk away from your furrowed brow. The skin food builds up the tissue, while the massage stimulates glands and blood vessels. Before applying bathe the face well with warm water, pure imported castile soap and a complexion brush.—Chicago Record-Herald.

As to College Women.

Over 37 per cent of the woman graduates of the University of Michigan now living are teachers. About 28 per cent are believed to be keeping house; about 1 per cent are practicing medicine. The occupations in which the largest numbers are engaged and the figures for such occupations, as compiled from the recently published general catalogue, are as follows: Teaching, 646; housekeeping, 485; practicing medicine, 289; missionary, religious and philanthropic work, 34; dentistry, 25; law, 23; pharmacy, 19. The figures given for those engaged in housekeeping are obtained by including all married women who did not report some other occupation. Other pursuits in which Michigan alumnæ are engaged are engineering, clerical work, lecturing, stenography, art, business, etc.

The Nervous Baby.

People who try to make baby "notice" and who exhaust themselves trying to entertain him might read with profit the following, clipped from an English magazine:

"What does the nervous mother ask herself in moments when nerves are strained by pain or overexcitement of any kind? 'Rest!' she chiefly demands. 'Leave me! Let me have quiet, darkness, freedom from all effort.' We accord the nervous baby exactly opposite treatment. We answer as if entreated: 'Rock me! Toss me! Shake rattles at me! Sing to me! Shout, jump at me! Show me a light—anything to keep me awake and excited!'"

A White and Yellow Dining Room.

A white and yellow dining room is decidedly something of a novelty. It is difficult for decorators and home makers to get away from the idea that a dining room should be treated in a markedly dignified if not a somewhat subdued and heavy style. Yellow and white is not necessarily flippant, and when the room to be treated is in the country and has a green and shaded outlook the effect is really charming.

A Hint Regarding Big Dinners.

When a woman is giving a big dinner party she seldom thinks of getting some of the dishes cooked and ready the day before and so lightening the work. Soups, gravies and sweets are usually better if made the day before. The wise mistress will give her cook the bill of fare a day or two ahead.

THE PUZZLER

No. 217.—Beheading.

Take a word of seven letters and use it to make sense in the following blanks by twice beheading it: If a man should —— his —— he would be no —— than a villain.

No. 218.—A Bit From Boz.

What character from Dickens does the picture suggest?

No. 219.—A Labyrinth.

E L A C M O R S R E K
S D N N A R E C R A C
G H T S F I R O C K E
I O L O C S N O O L T
L R E D O R S B A L S
D E P R O T S E N I M

Beginning with a certain letter, use each letter but once, and find the names of six different kinds of fireworks by following a line through the labyrinth.

No. 220.—Word Squares.

I.	II.	III.
o o o o o	o o o o o	o o o o o
o o o o o	o o o o o	o o o o o
o o o o o	o o o o o	o o o o o
o o o o o	o o o o o	o o o o o
o o o o o	o o o o o	o o o o o

I.—1. A title. 2. An open space for combats. 3. To condescend. 4. A ministering spirit. 5. Brave.

II.—1. Excessively fat. 2. To commence. 3. The lesser white heron. 4. Act of besetting a fortified place. 5. To embark in.

III.—1. A visitor. 2. Subordinate. 3. To draw out. 4. Religious denominations or schools. 5. A braid, knot or curl of hair.

No. 221.—Transposition.

He —— o'er hill and plain,
Through wet and spongy bogs,
And still ahead he heard
The baying of his dogs.

A fallen —— tree lay
In dense and tangled heap;
His hurry was so great
He made a flying leap.

The best laid plans, they say,
Sometimes are not attained,
And this poor man went home
With ankle badly sprained.

He never since has ——
To hunt the woods for game.
His motto now is "Live;
Let others do the same."

No. 222.—Diamond.

1. A letter. 2. To drink a little. 3. Parsimonious. 4. A precious stone. 5. Arrogant. 6. Ultimate object. 7. A letter.

No. 223.—Arithmograph.

[A well known proverb.]

6, 7, 11, 8, 16, leads often to want.

8, 3, 2, 13, 1, a Roman emperor.

5, 7, 6, 14, seen in a garden and on a church dignitary.

4, 7, 13, 10, 7, a woman's name made famous by the writings of a great Italian poet.

13, 14, 3, 2, 17, to join.

11, 18, 9, 7, 10, a weapon formerly used in war.

12, 3, 4, 5, a small running stream.

6, 7, 4, 8, 16, 12, a man's name.

10, 9, 15, a bright color.

18, 9, 10, 11, 3, 7, a country in the west of Asia.

6, 3, 14, 8, 9, 10, a season.

2, 10, 13, 16, what all our words and actions should be.

No. 224.—Seven Seas.

C and resonant form vapor.
C and a mass form a group.
C and abounding with elevations of land form cold.
C and to cut form to masticate.
C and an insect form hypocrisy.
C and a prayer form a cavern.
C and a tree make ready money.

Little Bits.

The armless wonder plays the piano by ear.

When a fellow loses in a bucket shop, he can't be blamed for coming out a little pale.

The bill collector doesn't believe in putting off till tomorrow what can be dunned today.

Key to the Puzzler.

No. 208.—Riddle: Potentate.

No. 209.—Enigma: Hautboy (hoeboy).

No. 210.—Substitutions: Pine, pink, pint.

No. 211.—Omitted Authors: Emerson, Cooper, Hawthorne, Shelley, Holmes, Browning.

No. 212.—Transpositions: 1. Arbored, boarder, broader. 2. Neighbor, bring hoe, he boring.

No. 213.—Connected Word Squares:

I.	II.	III.
M A T E E R Y	E A R E E K	I C E
A R A B	R A S E	I R O N
T A R O	A S I A	C O M E
E B O N	E E A P	K N E W

No. 214.—Picture Puzzle: Raspberry, Pickle.

No. 215.—Among the Stars: 1. Come-t. 2. S-tar. 3. Plane-t. 4. Meteor. 5. Moo-n. 6. S-un.

No. 216.—Additions: Sea-l. Lea-l. Carve-l. Rave-l.

DRESS HINTS.

It is a wise woman who chooses one good hat rather than four indifferent ones.

If you value your eyes don't wear a veil with black dots or one woven with double threads.

Dainty women are careful about their neck fixings. Stocks and collars should always be of the latest pattern.

Long kimonos are delightful to wear in one's room, though some content themselves with a short one over the petticoat.

Thread which has been soaked in water overnight, then slowly dried, will be found much better for machine use than thread which is used au naturel. Seams that are stitched with it will neither draw nor stretch.

For a quick "first aid" in removing a grease spot try dry cornstarch. Often it will do the work acceptably and is always safe to experiment with even on the most delicate fabrics. Dust off the first application and repeat once or twice.

A dressmaker's device for preventing skirts of very thin, soft materials from falling in at the back is worth noting. She advises sewing a featherbone tape down the center back seam of the foundation skirt. If this is not sufficient put the featherbone in the side seams also.

Standing Correctly.

The art of standing correctly makes all the difference between a stately and an awkward carriage, and it is such a simple art that every woman should learn it. A certain much admired lady on the shady side of forty was once asked what she did to keep her figure so erect and youthful looking.

"I remember to practice the advice given me by my grandmother when I was young," she replied.

"What was that?"

"Always to keep the knees stiff when standing. The old lady kept this rule herself, and her stately air was the admiration of her friends. I shall never equal her, but her advice has proved very useful to me. Try it for yourself, and you will soon find how your appearance improves."

An erect carriage gives a woman the smart appearance which is so much admired, and it would be worth striving after even at some inconvenience. The old grandmother's method, however, demands nothing but the exercise of memory until correct standing becomes by force of habit second nature.

The Sick Room.

The American Journal of Nursing urges upon the impromptu nurse in the private home, whether city or country, not to shake blankets and clothing that have been in the sick room out of the windows. Moist sheets hung outside of the door of the apartment in which there is a contagious case, says this authority, will do much to prevent the passage of infectious dust to other parts of the house. A weak solution of soda or carbolic acid should be used to keep this barrier wet and should be applied by some one on the "clean side" of the apartments. Soiled linen should be placed under water in the sick room and boiled before being handled by any one outside. Nothing should be taken to the laundry in a dry condition. The patient's silver and dishes should be cleansed in the room and before returning for general use should be thoroughly boiled.

[illegible] woman, who realizes that it is well to consider the best method of retaining both her health and a fine appearance, will plan and obtain at least a short vacation every year. To be in the greatest degree beneficial the change should be as complete as possible. The more secluded and restful the spot the more good will result. Tiny worry lines will disappear under the soothing influence of the ideal retreat, while the free, out of door life will do wonders toward strengthening the muscles and imparting firmness to the skin, thus sending back to her wonted occupations a thoroughly rested and enthusiastic worker, with nerves under complete control and a brain capable of sustaining her through the trying demands of everyday duties.

From Early Spring to Summer Time

The Housewife is in a quandary what to select for the table that is appetizing and inviting. Garden truck is not in market and vegetables have not appeared. In this dilemma come to our store. See the large line of

Canned and Preserved Fruits, Meats---

goods that are the highest grade—fully guaranteed—at prices you pay for inferior qualities.

Tropical Fruits

are always on sale and early vegetables from Southern markets. Remember the place.

Sechler & Co.

BushHouse Block, Bellefonte, Pa.

E. K. RHOADS

At his yard opposite the P R. R. Passenger station, sells only the best qualities

ANTHRACITE and BITUMINOUS

COALS.

Also all kinds of

Wood, Grain, Hay, Straw and Sand.

Superior screenings for lime burning. Builder's and PlastrersSand.

TELEPHONE CALLS:

Central - - - - - - - - - No. 1321
Commercial - - - - - - - No. 68

No matter how much a man can drink he will eventually be laid out on one bier.

FOR $1.00

Yes, Mother,

We have shoes to fit the Boys and Girls for One Dollar. A low price to be sure, but many stores ask $1.50 for no better. You will be surprised to see how well these

One Dollar Shoes

look. They are made in all sizes and widths from good, durable stock. Just the thing for children who are hard on shoes. Try a pair and you will find you have all and more than you will expect in A DOLLAR SHOE.

A. C. MINGLE,

BELLEFONTE, PA.