



MISS ABBIE PEPPER.

She Does All the Work on Her Own Fifty Acre Farm.

Miss Abbie Pepper, educated for the world and society and for eight seasons a teacher in the public schools, has for the past ten years conducted a fifty acre farm three miles southwest of Mishawaka, Ind. She is a woman of refinement and culture, but has taken up agricultural pursuits because she does not want to see the old homestead pass into the hands of strangers and because male farm hands are unreliable, indolent and worthless when under the supervision of a frail woman. Her fruit and vegetables are famous in that section of Indiana, and her work is really marvelous. Miss Pepper is a niece of ex-Senator W. A. Pepper of Kansas, and she combines a re-



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markable determination with industry and a thorough knowledge of agricultural pursuits.

The farm which she cultivates is one of the finest in the locality. It produces corn, wheat, potatoes, the finest strawberries and apples. In addition, the woman sells butter, raises poultry and hogs, cares for two horses and two cows summer and winter and has as a charge an invalid mother eighty-five years of age. All the produce is marketed by herself. Miss Pepper is a misogynist, and in twelve years no man has moved a plow, a reaper or a hoe on the Pepper land. She is a very remarkable woman, who takes great pride in that which few other women could ever carry out. All the work in the fields, in the garden, orchard and stables is done by her own hands. -Cincinnati Commercial Tribune.

The Secret of Youth.

A scientific contemporary has been discussing why women as they advance in years grow plainer than men and why marriage so frequently destroys their good looks, says the Lady's Pictorial. With this very question Max O'Rell also deals in his latest book, and it encourages the hope that a woman may retain her youthful appearance longer and thus gain an other point giving her further equality with man to find that both the scientific and the philosophic writers agree on the point that careful attention to the personal appearance and the temper may do much to preserve youth and beauty. Max O'Rell bluntly says that discreet and judicious coquetry will keep a woman absolutely beautiful and young till fifty. After that we must mercifully draw the veil. Our scientific mentor soberly advises plenty of open air exercise, careful attention to the toilet and diet and the cultivation of amiability. A sense of humor largely helps the retention of youth and might have saved Faust a lot of trouble had he possessed it. But, unhappily, amiability and a sense of humor are alike difficult to cultivate; indeed, they are wholly beyond the reach of a large majority. On the whole, therefore, it is safer to rely on attention to personal appearance. Nowadays it is made so easy for women to make themselves attractive that there is no excuse for looking older than, if as old as, one's age. The astute French philosopher counsels woman to be careful about her hair. Our grave scientific contemporary suggests that a lady's toilet should never be hurried. And to this sage advice may be added a third counsel, which is to cultivate a distinct style of dress.

The Ideal Drawing Room.

An ideal drawing room is coming, having no rugs, no upholstered furniture, no portieres, no window shades, no sharp corners, no hanging pictures and even no elaborate carvings on furniture, wainscoting or mantel. Mahogany will be the one material for finish and furniture. Wide windows will let in light and air from all sides, and to relieve the semibarrenness of such a room there will be banks of plants and flowers, and especially will plants of the India rubber and eucalyptus families be kept for their bacteria destroying qualities. In the bedroom the same simplicity as to flooring and walls should be maintained, and, as to beds, there should be no pillows. The mattress should be on plain springs, stretched eighteen inches above the floor, and it should slope three or four inches from the head to the foot. This allows the blood to leave the brain in just sufficient quantity to induce sleep, and it allows of none of the discomforts and distortions of the pillow. In the bathroom mats should be discarded. Enameled zinc makes a good wall covering for the room-better, indeed, than tiling. In the pantry everything should be

built with regard to cleanliness, with the least expenditure of labor, and in the preservation of meats a cloth suspended over them, containing a shallow vessel filled with some antiseptic, is an admirable device. The real "health home" is coming. It will be here almost before you know it, and when it does come it will stay. -Chicago Tribune.

Don't Be Flat Chested.

The flat chested girl, or worse yet, hollow chested girl ought to be ashamed of herself. She stoops or she does not breathe properly. To straighten herself is her first duty to her health and to society, and it is the simplest thing in the world as well as one of the most important to fill out the hollows in a sunken chest and to develop the lungs and thus do away with most of the coughs and colds that sap so much of the strength of many women even at this time of the year. To "transform" a hollow chest: Stand in a doorway, placing the flattened palms of your hands on the castings just at the height of your shoulders. Then, without removing your hands, walk through the door. Do this forty times night and morning. You will be amazed to see how your chest will rise. You'll look like a grand opera singer in a few months. Any exercise that sends the shoulders back and brings the chest muscles into play is helpful and good. When you begin treatment, measure yourself just under the arms. In six weeks' time measure again. You'll have a surprise party.

Children and Singing.

If the family purse can possibly afford it, every child should have the benefit of singing lessons, not for the sake of an accomplishment that gives pleasure, though that is reason enough to warrant the expense, but for the physical benefit of singing. The girl with a competent singing teacher will blossom into an attractive woman if she is ordinarily careful of herself. As such a teacher insists upon an erect, easy position of the body grace is cultivated, and the deep, full breaths required to carry and sustain tones expand the chest and carry large quantities of oxygen to the blood. A good skin and fine color are the results, and a buoyancy of movement cannot be avoided. All the singers I can call to mind have not been particularly for beauty, but they certainly were wholesome, free and graceful in movement and possessors of pleasing speaking voices.

Dainty Candle Shade.

A dainty candle shade that only calls for a moderate degree of skill in drawing and coloring is made in this way: Cut from stiff water color paper a circular strip about five inches deep and ten inches long for a small sized shade. Decorate in conventional pattern with tulips and leaves. Sketch one tulip with upright stem and leaf on either side in the center of the strip, and sketch in the other two blossoms and foliage so that when the ends of the shade are joined no break will occur in the design. Outline all the flower petals and leaves in black. The tips of the tulips and leaves should be so sketched in that they project at the top of the paper, which has to be cut out around them. This gives a pretty and natural effect of the flowers rising above the candlelight.

A Novel Laundry Bag.

The newest laundry bag is a handy receptacle and decidedly practical. In addition to the familiar drawing strings at the top, which allow the bag to be opened to its full width or drawn tightly together, there is a deep flap straight across the bottom, which is fastened with buttons and button holes. When it is desired to empty the bag, the flap is unbuttoned and the articles drop out, thus avoiding the necessity of dragging them through the opening at the top. One bag of this type seen recently was of broad check pattern in heavy linen, green and gray in tone.

Homemade Windows.

Beautiful homemade glass windows can be made with comparatively little expense if one has patience and good taste. Small pieces of glass in plain colors, mottled or clouded, can be bought cheaply and put together on one side of the ordinary clear window glass with putty. Small cut pieces, called gems, can be worked in with good effect. One woman who has made several of these windows has one of various shades of yellow or colors that harmonize with it for her yellow room, similar schemes for her blue room and for her pink one.

Cultivating Grace.

The three elements of grace are gravity, flexibility and force. Physical culture should educate each muscle of the body, and when the body is under the complete control of the will, if the mind have high ideals and ennobling thoughts, the individual will be graceful. From this flows the wonderful quality of personal magnetism.—Milwaukee Sentinel.

A fancy in which some hostesses indulge is to have different sets of glass to match their different sets of china, and some exceedingly artistic color effects are achieved by this combination.

To remove finger marks on doors rub the marks with a piece of flannel dipped in paraffin, and they will disappear as if by magic.

The best homemade fire extinguisher is four ounces of pearl ash dissolved in hot water and added to a pail of cold water.

Never hang a mirror where the sun's rays will fall upon it. It acts on the mercury and clouds the glass.

DON'TS FOR GIRLS.

Don't take liberties with verity. Men especially shun girls who exaggerate. Don't stare. Girls do too often, then unjustly resent return stares from strangers.

Don't boast. If you are one of the gods' favorites, it will be manifested. Boasting is vulgar.

Don't swing your arms while walking. The habit is common. It looks coarse. Girls think it looks athletic.

Don't wear jewels in the morning. The nobodies do, and if you glitter in daylight you will be taken for a nobody.

Don't use superlatives. Reposeful girls who are used to the things of life that are desirable admire, but never gush.

Don't borrow money or jewels from your chums. The first you may find difficult to pay, and the last if lost must be replaced.

Don't rob your old father of comforts in order to be stylish. The wage earner should be given his rights before fashion has her privileges.

Don't go out with men unless you are well acquainted with their habits, station in life and even financial position in a degree, for you may be taking from another needed expenditure.

Don't go into debt. It is remorseless, it robs one of sleep, it turns day into night, and it harasses the brain and body. Better a few things paid for than many with debts.—Exchange.

Self Conscious Children.

Parents make a great mistake when they tell a child his fault in order to cure him of it. He ought to be cured of it without knowing that he has it. In continually chiding your child for his faults you develop one of the most serious of faults—that of self-consciousness. Has he a slouching gait? Do not tell him so; do not bid him stand up straight. Give him a military drill or start him in athletics. Is he slovenly and does he come to dinner with uncombed hair? Dress for dinner yourself, and buy him a handsome necktie—that appeals to his fancy—not to yours. Is he selfish? Do not let him guess that he is so. Contrive a Christmas celebration for the happiness of others, and take him into your confidence in preparing for it. Then, when he does what he knows to be wrong, your rebuke will be more significant, and your punishment, if punishment is needed, as it sometimes is, will be more effectual. Punishments always, rebukes generally, should be reserved for the sins of which the sinner is conscious. Faults of which he is not conscious should be concealed if possible without his being conscious of either the fault or the correction. Overcome evil with good. That requires skill. Any fool can point out a fault; only a wise man can correct it.—Outlook.

For the Dressing Table. A toilet tidy is a most useful article on a dressing table, and it is not so difficult to make as might be supposed. A board of about eight inches square is covered with pink or blue art linen, and a flap of material is cut large enough to cover the whole and edged with flourishing stitch in white silk. A little square pincushion is next fixed on the board, with a reel of black and white cotton on either side. A white cord is passed through the reel and a fancy knot made at either side, fastened down to the board by two drawing pins. A needlebook in the shape of an ivy leaf is placed at the lowest corner, and a small pair of scissors and a thimble are placed opposite, held down by loops of white elastic, nailed down by drawing pins. A box for glove buttons makes a good addition to the center. The outer flap is much improved if it is embroidered with an initial, but some people prefer to work an instructive motto, such as "A stitch in time saves nine."

The First Bluestocking. About one hundred and thirty years ago a Mrs. Montague who lived in London introduced the fashion of "conversation parties," which were very enjoyable compared with the other parties given then. Among the men who attended these parties was a Benjamin Stillingfleet, who wore blue stockings. Some of the men thus nicknamed the parties "bluestocking clubs." Soon the papers were full of talk about the clubs, and many believed that the ladies who came wore bluestockings. After awhile all studious ladies were called "bluestockings," and today people often speak of some learned woman as a "bluestocking." A man was really the original "bluestocking," so the term ought really to be applied to learned men and not to women.

The Chest.

The following simple exercise will assist greatly in rounding out the chest: Lift the hands, palms outward, until the fingers touch at the tips. The hands should meet just over the head and the fingers lightly kiss each other. The elbows should be held out sharply, so as to give the arms full play and open the lungs. Lift the arms, with elbows protruding, as many times as possible without actual fatigue. Touch the finger tips over the head as often as the hands meet. In mild weather practice this near an open window or in a spacious room with windows wide open, if possible, so as to be sure of good, pure air.

Putting Down Matting.

A housekeeper who has made the experiment discovers that matting may be sewed like carpet and put down better and easier than in the usual way with matting tacks. Undoubtedly this method would increase the wear of the matting if it were necessary to take it up often. One or two liftings of matting are apt to tear it unless the greatest care is used.

ALL WALKS IN LIFE.

A Comfort to the Aged, to the Young and Middle Aged, a Cure, a Nerve Medicine Never Equaled.

Mr. William Holliday, of No. 29 5th Ave., Altoona, Pa., says: "I can recommend Dr. A. W. Chase's Nerve Pills to those who like myself have passed the meridian of life and need a nerve tonic to steady the nerves and stop the oncoming shakiness of nerves that age brings. I got a box and they did all I could ask or expect—gave me strength and steadiness hence my willingness to recommend them." Dr. A. W. Chase's Nerve Pills are sold at 50c a box or Dr. A. W. Chase Medicine Co., Buffalo, N. Y. See that portrait and signature of A. W. Chase, M. D. are on every package. For sale at Krummrich's Drug Store.

NIAGARA FALLS EXCURSIONS.

The Pennsylvania Railroad Company has selected the following dates for its popular ten-day excursions to Niagara Falls from Washington and Baltimore: August 7th and 21st, September 4th and 18th, and October 2 and 16. On these dates the special train will leave Washington at 8:00 a. m., Baltimore 9:05 a. m., York 10:45 a. m., Harrisburg 11:40 a. m., Millersburg 12:20 p. m., Sunbury 12:58 p. m., Williamsport 2:30 p. m., Lock Haven 3:08 p. m., Renovo 3:55 p. m., Emporium Junction 5:05 p. m., arriving at Niagara Falls at 9:35 p. m. Excursion tickets, good for return passage on any regular train, exclusive of limited express trains, regular train, exclusive of limited express trains with ten days, will be sold at \$10.00 from Washington and Baltimore; \$9.35 from York; \$10.00 from Littlestown; \$10.00 from Oxford, Pa.; \$9.35 from Columbia; \$8.50 from Harrisburg; \$10.00 from Winchester, Va.; \$7.80 from Altoona; \$7.40 from Tyrone; \$6.45 from Bellefonte; \$5.10 from Ridgway; \$6.90 from Sunbury and Wilkesbarre; \$5.75 from Williamsport; and at proportionate rates from principal points. A stop over will be allowed at Buffalo within limit of ticket returning. The special trains of Pullman parlor cars and day coaches will be run with each excursion running through to Niagara Falls. An extra charge will be made for parlor-car seats. An experienced tourist agent and chaperon will accompany each excursion. For descriptive pamphlet, time of connecting trains, and further information apply to nearest ticket agent, or address Geo. W. Boyd, Assistant General Passenger Agent, Broad Street Station, Philadelphia.

REDUCED RATES TO SEA SHORE.

The Pennsylvania railroad company has arranged for four low-rate ten-day excursions for the present season from North Bend, Troy, Bellefonte, Williamsport, Moccasin, Sunbury, Sheshego, Dauphin and principal intermediate stations (including stations on branch roads), to Atlantic City, Cape May, Ocean City, Sea Isle City, Avalon, Anglesea, Wildwood or Holly Beach, on Thursdays, August 14th and 28th, 1902. Excursion tickets, good to return by regular trains within ten days, will be sold at very low rates. Tickets to Atlantic City will be sold via the Delaware River Bridge Route, the only all-rail line, or via Market street Wharf, Philadelphia. Stop over can be had at Philadelphia, either going or returning, within limit of ticket. For information in regard to special rates and time of trains consult handbills, or apply to agents, or E. S. Harrar.

PROFESSIONAL CARDS.

THOS. J. SEXTON, Attorney-at-Law—Office on second floor of Eagle Block, Allegheny street. Money to loan; houses for rent and for sale. Collections and all other legal business given careful and prompt attention.

FORTNEY & WALKER, (D. F. Fortney and W. Harrison Walker) Attorneys-at-law—Office in the First building, opposite court house. Prompt attention to all legal business.

H. S. TAYLOR, Attorney-at-law—Office in Temple Court. Tax collector of Bellefonte borough. Collections promptly attended to.

J. K. JOHNSTON, Attorney-at-law—Office 4th floor, Temple Court. Practices in all the courts.

B. D. GETTIG, Attorney-at-law—in Pruner Building, English and German. Legal business promptly attended to.

WILLIAM G. HUNKLE, Attorney-at-law—in Crider's Exchange, English and German. Legal business promptly attended to.

J. A. B. MILLER, Attorney-at-law—Practices in all the courts. Special attention given to collections. Office with Reeder & Quigley.

KLING WOODRING, Attorney-at-law—Office with "Fortney & Walker." Prepared for all branches of legal service. Surveying and engineering.

N. B. SPANGLER, Attorney-at-law—Office on 2nd floor Crider Exchange. District attorney.

W. C. HEINLE, Attorney-at-law—in Crider's Exchange, 2nd floor. Consultation in German and English.

JOHN M. KEICHLIN, Attorney-at-law and Justice of the Peace—in opera house block, opposite Court house.

J. C. MEYER, Attorney-at-law—in Crider's Exchange, 2d floor, German and English. Prompt attention to all business.

JOHN J. BOWER, Attorney-at-law—Office in Eagle block. Practices in all the courts, English and German.

WILLIAM J. SINGER, Attorney-at-law—in Temple Court building, room No. 21, fourth floor.

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Corner High and Spring Streets. RECEIVE DEPOSITS; DISCOUNT NOTES J. M. SHUGGERT, Cashier.

INFORMATION WANTED.

Certain patrons, through negligence, or for peculiar reasons known to themselves, remove from one locality to another, without notifying this office. We are anxious to locate them so that they may receive their paper regularly and for other reasons, important to us. Any one who can furnish the present address of the following will confer a special favor. We give the former address: FRANK SHEETS, Bellevue, Ohio. OSCAR ORMAN, Tyrone. JOHN G. FACKER, Millersburg. HARVEY McCALLIE, McKeessport, Pa. A. A. ALEXANDER, Meriden, Ill. Mrs. J. C. STOVER, Rosecrants, Pa. A. WALKER, Snow Shoe. WHEEL WALKER, Hawk Run, Pa. EDW. LUCAS, Bellefonte. GEO. E. BUTLER, Philadelphia, Pa. JACOB DEER, Jice, Union Co., Pa. W. B. CONFER, Yarnell, Pa. JOHN M. CONFER, Yarnell, Pa. H. K. WALKER, Yarnell, Pa. J. O. MILLER, Woodland, Pa. R. HALL, Johnston. W. H. COXMAN, Windber, Pa. W. W. DUNKLE, Bradock, Pa. J. L. ROYER, Centre Hall, (now in Millin Co.). JOHN WATSON, Clearfield. A. T. SHUPE, Philipsburg. A. F. MUSHER, Laurelton, Pa. DANIEL SHOFF, Millersburg. ELMER FISHER, Blanchard. A. F. MILLER, Laurelton, Pa. R. M. KEITH, Sandy Ridge, Pa. J. S. BURD, Warren, Pa. GEO. W. BRIGHTOL, Sizerville, Pa. CHAS. DILLIT, Tyrone, Pa. R. O. BRACKET, Lewisburg. Mrs. GEO. FENTZ, DuBois, Pa.

MACHINERY REPAIRS.

Having purchased the L. C. Wetzel machine shops, on Water Street, in Bellefonte, the undersigned will continue the same in repairing bicycles, engines and machinery in general. H. E. GARBRICK.

RAILROAD SCHEDULE.

PENNSYLVANIA RAILROAD AND BRANCHES. In effect on and after Nov. 24, 1901.

Table with columns for Westward and Eastward routes, including stations like Altoona, Tyrone, and Harrisburg, with corresponding times.

BALD EAGLE VALLEY.

Table with columns for Westward and Eastward routes, including stations like Tyrone, Altoona, and Harrisburg, with corresponding times.

LEWISBURG & TYRONE RAILROAD.

Table with columns for Westward and Eastward routes, including stations like Montandon, Fair Ground, and Harrisburg, with corresponding times.

BELLEFONTE & SNOW SHOE BRANCH.

Table with columns for Westward and Eastward routes, including stations like Bellefonte and Snow Shoe, with corresponding times.

THE CENTRAL RAILROAD OF PENNA.

Table with columns for Read Down and Read Up routes, including stations like Altoona, Tyrone, and Harrisburg, with corresponding times.

BELLEFONTE CENTRAL RAILROAD.

Table with columns for Westward and Eastward routes, including stations like Altoona, Tyrone, and Harrisburg, with corresponding times.

TRAINS FROM MONTANDON, LEWISBURG, WILLIAMSPORT, LOCK HAVEN AND TYRONE.

Trains from Montandon, Lewisburg, Williamsport, Lock Haven and Tyrone connect with train Nos. 2 and 3 for State College. Trains from State College connect with Penna. Railroad at Bellefonte for points east and west. F. H. THOMAS, Supt.

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