



MRS. ELLEN W. PALMER.

Her Work For the Breaker Boys of Pennsylvania Coal Mines.

The modest effort of a woman, Mrs. Ellen W. Palmer of Wilkesbarre, who several years ago started a movement to improve the mental and moral conditions of the breaker boys of the Pennsylvania coal mines, has come to splendid fruition in the Boys' Industrial Association Home in Wilkesbarre.

The building is of brick, with stone trimmings, and has a very imposing appearance. It is fifty feet front by seventy feet deep and four stories high, with basement. It was erected at a cost of \$10,000, which was raised by subscriptions.

Mrs. Palmer inaugurated the work. On the 9th of March, 1891, she succeeded in getting nearly 100 slate pick-



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ers and others variously employed about the coal works into a vacant storeroom in Wilkesbarre. Although greeted by a noticeably mischievous and unruly gathering, she made a favorable impression, the result being that at the next meeting a much larger number was in attendance. Those present included American, English, Irish, Welsh, Polish, Hungarian and Hebrew boys.

Shortly after this a series of Saturday evening entertainments was inaugurated. The character of these entertainments was so widely different from what the boys had been in the habit of enjoying that they were deeply impressed, and soon the number of attendants became so great that it was found necessary to secure larger quarters.

In the meantime classes in various branches of study had been organized, and within a comparatively short time it was observed from the brightened countenances of Mrs. Palmer's proteges that something new had come into their lives, for when they appeared at their modest schoolroom each evening they were dressed in better taste, their hands and faces were cleaner and their hair more neatly combed than formerly. The little fellows, urged on by their kindly faced teacher, plunged into their reading, writing and arithmetic with real earnestness.

The first year 150 names were placed on the roll, the second 300, the third 450 the fourth about 600, and at the present time there are nearly 750, and the rush for admittance to the "grand" entertainment on Saturday evenings is so great that it is necessary to close the doors of the auditorium promptly at 7:30 o'clock to prevent overcrowding.

Broaden Your Mind.

You can make up for the lack of a college education by the books you read, says Margaret White in the American Queen. Reading should form a considerable element in a young woman's recreation, for not only is it a pleasure while one is at it, but there is nothing that will educate one so quickly. One or two hours a day is none too much to spend with substantial literature—essays, history, poetry, political economy or historical romance—and the reading habit once formed is a joy forever. Possessing it, one need never know a lonesome, lonely hour. One's books become one's friends, and from the hour or two spent in reading one unconsciously acquires a studious disposition.

Reading an essay, for instance, you come across a name or a word that is either entirely unfamiliar or is remembered dimly. The name or word perhaps appears frequently, and you naturally wish to read understandingly. Your only course to acquire your end is to spend a few moments with the encyclopedia or the dictionary. In that few moments the searcher is certainly richer in knowledge by more than the information she started out to find. Such reading cannot help but be educational, and a self search for information is a dozen times more beneficial than knowledge sought and gained without personal effort.

Women Who Laugh.

The women who laugh usually have good digestion, admiring husbands and children and enjoy wonderful social popularity. Of course the laugh must be timely, for a woman wanting in sympathy is most unlovable. But it is generally true that a blithe sense of humor coincides with a quick sympathy with grief. Kate Matherson says: "The women of the future will laugh and be all the better for it. Girls have never been allowed to cultivate a humorous sense as they grew up until within quite recent years, when intelligence is gaining such victories in the nursery. Bolsterous conduct or loud laughter had always been reproved in little girls, while in a boy such exuberance was regarded as a natural and healthy sex attribute. This is one of the reasons that the humorous sense which in chil-

dren is usually evidenced in a love of frolic was killed in the feminine nature. To laugh was rude. That constituted the law for the woman child in whose brain cells mischievous fun was beginning to bubble. The result of all that is that few women know how to laugh. The laugh of the child is repressed, and it develops into the giggle of the girl. Then the giggle is criticised, and many women continue in their efforts to be polite to gurgle and gasp into their handkerchiefs until the end of the chapter."

Menus For All Sorts of Occasions.

High Tea, Six o'clock.—Cup bouillon; chicken croquettes, mayonnaise of celery; rolls, coffee; sliced oranges, lady-fingers.

Afternoon Tea.—Fig sandwiches; cocoa, whipped cream; mixed nuts, cream bonbons; or lettuce sandwiches, tea, mint sherbet, sand tarts, salted almonds, bonbons.

Informal Evening Party.—Served on small tables: Chicken molded in tomato aspic, sauce bernaise; brown and white bread and butter sandwiches, olives, lemon fruit jelly, whipped cream, coffee; or creamed chicken, bread and butter sandwiches, olives, coffee.

Formal Evening Party.—Creamed oysters served in the deep shell, crackers; chicken croquettes, celery salad, bread and butter sandwiches, olives, almonds, leas, creams, fancy small cakes, coffee; or bouillon, wafers; chicken in jelly, mayonnaise of celery; brown and white bread sandwiches, orange soufflé in orange shells, coffee.—Ladies' Home Journal.

Working Women.

A lively controversy has been going on as to the propriety of women earning their own livings. The question always seems hardly worth arguing about. As a matter of fact, the large majority of women are earning their livings already. The drones of the human hive (in this case females) are confined to a comparatively small class—the aristocracy and the upper middle class—and even in their ranks there has been a notable inclination of late years to come out into the labor market and compete for a living. Ladies of high birth and breeding set up shop, turn photographer, miniature painter, doctor, nurse and what not; the daughters of professional men turn actress, fiddler, journalist, secretary, typewriter or agent for this, that and t'other. Nobody is ashamed to work today.

Uses For Paper.

The thrifty French people turn paper to a large variety of uses after making it tough and hard.

Now, to make paper tough and hard all you have to do is get unsized paper, plunge it into a solution of chloride of zinc (a very inexpensive liquid) and dry it.

You can then use it for covering floors, rolling boots, covering whip handles and for making buttons, combs and other such articles. It roofs a house admirably.

This paper can be colored and as a floor covering wears forever. Try it in your kitchen.

Table Linen.

Table linen to look its best must be laundered French fashion—that is, washed as white as snow and ironed while very wet with irons not hot enough to scorch. The ironing must be kept up until the linen is perfectly dry, first on the wrong side to bring out the pattern and then on the reverse to acquire a polish. Fine damask should never be starched.

Linenum.

To clean linoleum take equal parts of cottonseed oil and sharp vinegar and rub well with a flannel rag. If the linoleum is very dirty, first wash it with soap and water or water to which a little turpentine has been added. Washing soda should not be used on linoleum because it readily attacks oil and paint, of which this floor covering is chiefly made.

Gems That Blaze Their Way.

Mrs. Cornelius Vanderbilt has an exquisite tiara of diamonds made of large diamond fleurs-de-lis, connected by arched spans of solitaires. Between the emblems of France next her hair large diamonds are arranged in a design somewhat resembling a trefoll and carrying out the lines of the larger ornaments.

For the Dining Room.

For the dining room art serge or linen plush makes exceedingly effective curtains. The material is hung straight from the pole without any attempt at draping or tying back and is edged with ball fringe of the same color.

Muscular development is absolutely necessary to a woman, for health and physique are hereditary, and you cannot have a nation of strong and able men with a race of weak mothers.

When a hair net becomes torn, instead of throwing it away take a piece of fine silk the color of the net and neatly tie the broken parts.

To clean white shoes get a box of ramphorated chalk, mix it, as required, with milk, and apply with a flannel.

English women are said to be the finest walkers in the world.

NURSERY NOTES.

The best place for a baby is its crib. Play, and plenty of it, is necessary to the healthful existence of a child.

Cocoon oil is effective for rubbing on the chest, back and limbs of the baby after its evening sponging.

Culinary utensils used in the preparation of an infant's food should be the baby's own. They should never be pressed into service in any other direction.

A young mother may learn many things by carefully watching what the trained nurse does for the baby before the "catastrophe" of her leaving arrives.

The nursery is the child's own domain, his castle, and in it he should be Lord Paramount. If he choose to shout and riot and romp, let him. His lungs and muscles need developing, and his nerves require strengthening.

The baby should never be forced to sit with back and head unsupported. When in his mother's arms, the correct position is easily secured. When old enough to sit in a small chair or carriage, pillows should always be placed about him.

If there is a certain, fixed place where soft, medicated cotton, bandages of different widths, absorbent gauze and a bottle of some antiseptic solution may always be found, it will prevent the frantic rushing about when such articles are needed and save to the little sufferer many throbs of pain.

Servants in Paris.

There is much criticism from foreign sources as to American treatment of domestics. Frenchwomen say that Americans spoil their servants. They are careless as to money, too good natured and lavish with holidays, and the French servant who returns from service in the United States is regarded as one that is spoiled. In France, or, rather, in Paris, where the highest wages are paid for general housework, the girls get \$8, \$9 or, at most, \$10 a month, and they are allowed but one afternoon a month out. Then, too, they do a great deal of work never asked of a girl in this country—brushing clothes, household mending, doing of errands and the daily marketing. On the other hand, they do no family washing. All bread, cakes and desserts are got outside of the house, as well as many entrees, meat and fowls, and it is even possible to buy cooked vegetables, so that really there is much less work in the kitchen. Then, too, with hardwood floors and rugs there is less, or at least lighter, work in caring for the apartments, which offsets the household mending, shoe blacking and marketing. The last, however, is not a hardship, for this contributes the girl's daily out-
—Argonaut.

Gentleness With Children.

Be ever gentle with the children God has given you. Watch over them constantly. Reprove them earnestly, but not in anger. In the forcible language of Scripture, "Be not bitter against them." "Yes, they are good boys," I once heard a kind father say. "I talk to them very much, but do not like to beat my children. The world will beat them."

It was a beautiful thought, though not elegantly expressed. Yes, there is not one child in the circle round the table, beautiful and happy as they look now, on whose head, if long enough spared, the storm will not beat.

Adversity may wither them, sickness may fade, a cold world may frown on them, but amid all let memory carry them back to a home where the law of kindness reigned, where the mother's reproving eye was moistened with a tear and the father frowned "more in sorrow than in anger."

Mme. Semblich's Voice.

Mme. Semblich's voice is one of the purest and most beautiful that the world has ever heard. Its compass is from the C below the treble clef to the F above it, two octaves and a half. Her mastery of the art of song is perfect and her execution of all the ornaments of the old Italian school flawless. But above and beyond these accomplishments stand her poetic temperament and her complete musicianship. Her treatment of the expressive powers of music is beyond all praise.

She has a palatial home in Dresden, where she lives when not working with her devoted husband, Wilhelm Stengel, who once taught her piano playing and slapped her hands when she made mistakes. There is not a happier couple in the world than these two, and every one who knows them loves them.—Pilgrim.

Polished Furniture.

Highly polished tables and chairs have a way of developing spots of white, especially where a hot dish has stood or where hot water has been spilled. Equal parts of linseed oil and alcohol rubbed on such a spot will usually make it vanish. Another plan is to cover such a spot with baking soda; then hold a heated flatiron close down over the soda, not near enough, however, to injure the varnish. After a little take the iron away and brush off the soda. In most cases the spot will be gone. Camphor is another good all around agent for restoring varnish and when rubbed over blistered or whitened spots will bring back much of the original luster.

Suet.

To prepare suet for keeping cut it into small cubes, and then set these in a perfectly clean saucepan containing cold water to the depth of an inch. Cook on the stove, stirring constantly until all are dissolved and only little brown pieces of skin are left of the suet. Keep the cover on the pan during the process, and take the greatest care that the fat does not burn or take color. Strain off through muslin into pots or tins and cover with paper until needed.

HOUSEHOLD HINTS.

A candle may be made to fit into any candlestick by dipping it into very hot water.

Soap and candles are best when bought some time before they are used, as they both improve with age.

A rug that is getting old should have a backing of stout canvas sewed to it. This will help to strengthen it and will prevent its curling.

Kerosene stains can be removed with fuller's earth. Cover the stain with a thick layer of hot fuller's earth and let it remain for twenty-four hours, then brush off.

A cotton flannel "silence cloth" not only makes the tablecloth look infinitely handsomer, but preserves the varnished surface from the stains from hot dishes.

To clean matting wash it with salt and water, but no soap. Rub the way of the straw, but not across it, and wipe dry. The salt in the water prevents it from turning yellow.

For washing floors that have been shellacked an experienced housewife recommends using clear warm water to which has been added kerosene oil in the proportion of a tablespoonful to a pail of water.

A short lamp wick may be lengthened, so as to last a little longer, by pinning a strip of calico or flannel to it. The material is indifferent, as all that is required is something to connect it with the oil.

Centre Democrat and the New York World \$1.65 per year.

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"I have used your Hair Vigor for five years and am greatly pleased with it. It certainly restores the original color to gray hair. It keeps my hair soft."—Mrs. Helen Kilkenny, New Portland, Me.

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If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

It Pays To Wash Occasionally

And for that purpose you need soap. There's all kinds of soap on the market. Some are made from fat, others from vegetable oils. The best one made is from Olive oil with just sufficient alkali in them to saponify the oil. We carry a fine line of Toilet Soaps and it would be a pleasure to show them to you and tell you which we think is the best—can we have that pleasure? it costs you nothing.

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RAILROAD SCHEDULE.

PENNSYLVANIA RAILROAD AND BRANCHES. In effect on and after Nov. 24, 1901.

VIA TYRONE—WESTWARD. Leave Bellefonte 9:52 a.m., arrive at Tyrone 11:05 a.m.; at Altoona, 1:30 p.m.; at Pitsburg 5:50 p.m. Leave Bellefonte 1:05 p.m., arrive at Tyrone 2:20 p.m.; at Altoona 3:10 p.m.; at Pitsburg 6:55 p.m. Leave Bellefonte 4:44 p.m., arrive at Tyrone 6:00; at Altoona at 6:50; at Pitsburg at 10:45. VIA TYRONE—EASTWARD. Leave Bellefonte 9:55 a.m., arrive at Tyrone 11:05; at Harrisburg 2:40 p.m.; at Philadelphia 5:47 p.m. Leave Bellefonte 1:05 p.m., arrive at Tyrone 2:20 p.m.; at Harrisburg 6:45 p.m.; at Philadelphia 10:30 p.m. Leave Bellefonte 4:44 p.m., arrive at Tyrone 6:00; at Harrisburg at 9:45 p.m. VIA LOCK HAVEN—EASTWARD. Leave Bellefonte, 9:52 a.m., arrive at Lock Haven, 10:30, leave Williamsport, 12:40 p.m., arrive at Harrisburg, 3:15 p.m.; at Philadelphia at 6:23 p.m. Leave Bellefonte 1:05 p.m., arrive at Lock Haven 2:10 p.m.; at Williamsport 2:45 p.m.; Harrisburg, 5:19 p.m.; Philadelphia 7:22 p.m.; and Buffalo 7:40 p.m. Leave Bellefonte, 4:44 p.m., arrive at Lock Haven, 5:15 p.m., leave Williamsport, 1:25 a.m., arrive Harrisburg, 4:15 a.m., arrive at Philadelphia at 7:22 a.m. VIA LEWISBURG. Leave Bellefonte at 6:40 a.m., arrive at Lewisburg at 9:05 a.m., Harrisburg, 11:30 a.m., Philadelphia, 3:17 p.m. Leave Bellefonte, 2:10 p.m., arrive at Lewisburg, 4:42, at Harrisburg, 6:52 p.m., Philadelphia at 10:20 p.m.

BALD EAGLE VALLEY.

Table with columns for WESTWARD and EASTWARD, listing stations and times for various routes.

LEWISBURG & TYRONE RAILROAD

Table with columns for WESTWARD and EASTWARD, listing stations and times for the Lewisburg & Tyrone Railroad.

BELLEFONTE & SNOW SHOE BRANCH.

Table with columns for WESTWARD and EASTWARD, listing stations and times for the Bellefonte & Snow Shoe Branch.

THE CENTRAL RAILROAD OF PENNA.

Table with columns for READ DOWN and READ UP, listing stations and times for the Central Railroad of Pennsylvania.

BELLEFONTE CENTRAL RAILROAD.

Table with columns for WESTWARD and EASTWARD, listing stations and times for the Bellefonte Central Railroad.

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