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THE CENTRE DEMOCRAT. BELLEFONTE, PA., JANUARY 9, 1902.

Constitution of the providence of the second s		a state of president state of the second state	The restored and the second		
TEMPTING RECIPES.	A CUE FOR THE HOSTESS.	STARVATION	McCalmont & Co	RAILEOAD SCHEDULE. DENNSYLVANIA BAILEOAD AND	THE CENTRAL BAILBOAD OF PENNA Time Table effective Jan. 21, 1900.
WINTER GOOD CHEER IN ORIGINAL	Bright Conversation Waits on Both Appetite and Digestion.	STANVATION	moounnont a ov	In effect on and after Nov. 24, 1901.	READ DOWN READ UP
AND APPETIZING FORM.	Nothing is more depressing than to		Rellefonte Pa	VIA. TYRONE-WESTWARD. Loave Bellefonte 9 53 a.m. arrive at Tyrone	No.1 No.3 No.5 STATIONS. [No.2 No.4 No.6
*	sit at a table where the hostess main- tains a habitual silence.	Dire Distress Relieved by	Dencionic, r a.	5 No n m	a.m. p.m. p.m. Ly. Ar. a.m. p.m. p.m. 17 1012 4016 40 BELLEFONTE 940 5 10 9 15
Creamed Celery-Poached Oysters on the Half Shell-Pork Cake-Sweet	A young lady being compelled to go	Dr. Greene's Nervura,		Leave Bellefonte 1 05 p m: arrive at Tyrone 2 20 p m; at Altoona 3 10 p m; at Pittsburg	17 101+2 4015 40 BELLEFONTE 9 40 5 10 9 15 7 22 2 52 6 52 Nigh 9 27 4 57 9 02 7 28 2 58 6 55 Zion 9 21 4 51 8 58
Potato and Almond Croquettes.	to a town some distance from her	Dyspepsia's Sovereign Cure.			7 99 9 09 7 09 88 001 80 00 0 00 0
Cider Frappe.	home took pains to engage board in a	Dyspepsia's Sovereign Oure.		Leave Beliefonte 4 44 pm; arrive at Tyrope 600; at Altoona at 6 50; at Pittsburg at 30 45 VIA TYBONE-EASTWARD.	7 39 3 09 7 09 Hublersburg 9 10 4 40 8 46 7 43 3 13 7 13 Bnydertown 9 06 4 36 8 41
Three good meals a day never com	private family, and one of reputed re- finement, thinking to find this more	"The sight of food disgusts me. I can't		VIA TYRONE-EASTWARD, Leave Bellefonte 9 55 a m, arrive at Tyrone 11 05; at Harrisburg 2 40 p m; at Philadel-	7 46 3 16 7 16 Nittany 9 03 4 83 8 38 7 48 3 18 7 19 Huston 9 00 4 80 8 26
mend themselves quite so heartily as when they serve us with good cheer in	homelike and cheering than life in a	eat. What shall I do for strength ?" Starvation is the right name for weakness.		Leave Bellefonte 1 05 pm, arrive at Tyrone 2 20 pm; at Harrisburg 6 45 pm; at Phila- delphia 10 20 pm	7 551 3 21 7 22 Lamar 8 577 4 27 8 32 7 553 3 23 7 25 Clintondale 8 545 4 24 8 29 7 577 3 27 7 22 Krider's Sid'g 8 49 4 19 8 25
the midst of grim winter's chill and	boarding house. Not many months elapsed before she	because all strength comes from food. Many	If you are thinking about a	2 20 p m: at Harrisburg 6 45 p m; at Phila delphia 10 20 p m. Leave Beliefonte 4 44 p m, arrive at Tyrone 6 00; at Harrisburg at 9 45 p m.	7 57 3 27 7 23 Krider's Sid'g 8 49 4 19 8 25 8 02 3 32 7 34 Mackeyville 8 43 4 13 8 19
storms. It is the true time to taste epicurean delights to the full. Recog-	became a victim to dyspepsia in one of	people eat great quantities of food and get little benefit from it because their stomachs are disordered. Others cannot		6 00; at Harrisburg at 945 p m.	
nizing this fact, our authorities in cu-	its most painful forms. Being a teach- er, her friends cried, "Overwork!" But			VIA LOCK HAVEN-EASTWARD. Leave Bellefonte, 9.32 a.m. arrive at Lock Haven. 10.30, leave Williamsport, 12.40 p.m	a.m p.m. p.m. Ar. Lv. a.m. p.m. p.m.
linary affairs spread abroad recipes for	the young lady herself told her physi-	eat. How frequently		nbia at 6 220 m	11 45 8 15 (BEECH CREEK R. R.) 7 55 3 25
	cian that she believed the course whol-	you hear them say.	• • • • • • • • • • • • • • • • • • • •	Leave Bellefonte 105 p m. arrive at Lock Haven 210 p m; at Williamsport 2 48 p m.	12 20 8 45 Arr Wmsport 5 Lve 17 25 12 59 12 34 *11 39 Lve 1 Wmsport 7 Arr *6 55 2 30
and a second	ly due to eating her meals in silence. "Why do you, then, not break the si-	The very thought of	SLED,	and Buffalo 7 40 p.m.	8 29 7 (6) PHILA & Reading ry) 811 26 16 25
Constanting of the second	lence?" inquired the physician.	food nause ates me!"		Leave Bellefonte, 8.16 p. m., arrive at Lock Haven, 9.15 p. m., leave Williamsport, 1.35 a.	8 29 7 (9
	"Break it!" she cried. "It is adaman- tine! I have tried my best to start	Regulate your stom-	SLEIGH,	m., arrive Harrisburg, 4.15 a. m., arrive at Philadelphia at,7.22 a. m.	p. m. a. m. Arr Lve. p. m. a. m.
	conversation, but any subject I may	ach at once with Dr.	DODDO	VIA LEWISBURG. Leave Bellefonte at 6.40 a.m., arrive at Lewis- burg at 9.65 a.m. Harrisburg, 11 arrive at Lewis-	* Daily. † Week Days. § 6:00 p. m. Sunday \$ 10:55 a. m. Sunday.
Charles Sold (suggest falls like a clod. I have even tried to joke, but beyond an occasional	Greene's Nervura blood and perve re-	ROBES,	burg at 9.05 a. m., Harrisburg, 11.30 a. m. Philadelphia, 3.17 p. m. Leave Bellefonte 2.15 p. m. arrive at Lowie	Philadelphia algoring for attached to sont
	ghost of a smile I must do all the	medy. Get the benefit of your food.	DIANUETO	Leave Bellefonte, 2.15 p. m., arrive at Lewis burg, 4.42, at Harrisburg, 6.50 p. m., Phila- delphia at 10.20 p. m.	bound train from Williamsport at 11:30 p.m., and west bound from Philadelphia at 11:38 p.m., J. W. GEPHART,
	laughing myself. Mrs. A. sits stately	Get the appetite for it. Get the strength	BLANKETS.	BALD BAGLE VALLEY.	General Supt
	and frigid throughout the meal, rarely speaking beyond necessity. I have	you are entitled to. Get it by natural, honest, healthy means.	HORSE BLANKETS.	WEBTWARD. EASTWARD.	BELLEFONTE CENTRAL RAILBOAD To take effect Apr. 3, 1899.
	given up and now just sit and swallow	MR. C. J. BENTLEY, Architect, 292 2d St., Memphis, Tenn., says:	HORSE BLANKE 15,	BALP	WESTWARD. EASTWARD.
AREA	my food feeling like one in a night- mare all the while.	"I suffered from nervous prostration,	SLEIGH BELLS,		5 3 1 STATIONS 2 4 6
	"She kills all the life and spontanel-	brought on by overwork and study in my profession.	SELIGIT BELLS,	* 55 + 53 + 51 * 50 + 52 + 54	PM AM AM LV. AT. AM PM PM. 4 15 10 30 6 30 Bellefonce 8 50 2 40 6 40
avista a	ty out of every one at the table with	"I was attacked with nervous trembling of my hands, loss of appetite and loss of sleep,	HARNESS,	P M P M A M Arr Lv A M P M P M 6 00 2 20 11 05 Tyrone. 8 10 12 25 7 60	4 221 10 37 6 35Coleville 8 40 2 25 6 30 4 25 10 42 6 38Morris 8 37 2 22 6 27
	her chilly manner, and we all eat in silence, but for the subdued clatter of	and seeing an advertisement in our city paper of Dr. Greene's Nervura blood and nerve		5 54 2 14 10 59 E Tyrone 8 16 12 31 7 65 5 50 2 10 10 55 Vall 8 20 12 25 7 16	4 28 10 47 6 43 Whitmer 5 35 2 17 6 23 4 33 10 51 6 46 Hunters 8 31 2 10 6 24
CREAMED CELERY AND CRANBERRY PIE.	our knives and forks, as if eating were	remedy, I concluded to try it. "I found that the Nervura acted wonderful-	WHIPS,	5 46 2 c6 10 51 Bald Eagle 8 24 12 39 7 14 5 40	4 36 10 56 6 50Fillmore 8 28 2 06 6 11 4 40 11 02 6 55Brialy 8 24 2 06 6 10
dishes of such varied and irresistible	the only thing in life." "Change your boarding place at	ly and gave me relief inside of twenty-four hours.		5 37 10 43 Powler 8 33 12 47 7 23 6 325 1 56 10 41 Hannab 8 35 12 49 7 25	4 43 11 05 7 00 Waddie 8 20 1 55 6 18 4 45 11 08 7 03Lambourne. 8 18 1 52 6 07
attractions that each person may find the thing that pleases him. Not least	once," said the doctor. "No medicine	"I am now no longer nervous, have a good		6 28 1 5010 35 Port Matha 8 42 12 53 7 22 5 21 1 41 10 28 Martha 8 49 01 01 7 32 5 21 1 41 10 28 Martha 8 49 01 01 7 34 5 12 1 26 10 20 Julian 8 58 1 68 7 34	4 55 11 20 7 12 Krumrine 8 07 1 37 5 52 5 00 11 35 7 25 State College 8 00 1 30 5 45
in this array are the suggestions of the	can help you where you are." The young lady followed his advice	appetite, and sleep well. I can truly recom- mend Dr. Greene's Nervura to all sufferers		5 65 1 28 10 11 Unionville 9 07 1 157 87 4 56 1 22 10 04 Snew Shoe Int 9 15 1 22 8 05	5 05 11 24 7 27Struble 7 45 1 34 5 25 5 10 7 81Bloomsdorf. 7 40 5 29
Boston Cooking School Magazine,	and needed no drugs.	from nervous disease." Distaste for food and distress from eating		4 44 1 05 9 53 Bellefonte 9 22 1 05 4 16	Trains from Montandon, Lewisburg, Wil
among which occur the following: Creamed Celery In a Cheese Shell	No woman sitting at the head of a	are due primarily to disturbed nerves. Poor blood and general weakness, inability to sleep,	Or anything along this	4 32 12 55 9 41 Milesburg 9 41 1 24/8 25 4 25 12 48 9 34 Curtin 9 49 1 34/8 36	with train Nos. 2 and 5 for State College
Cut the cleaned celery stalks in pieces	table has a right to be so absorbed in her own thoughts and interests that	kidney and liver trouble all follow quickly when the stomach is out of order.	line we can not only in-	4 20 9 30 Mt Eagle 9 53 1 28 8 49 4 14 12 38 9 24 Howard 9 59 1 4 8 46	Trains from State College connect with Penna Railroad at Bellefonte for points east and west
an inch long and let cook in boiling water to cover until tender. For three	she will neglect her duty to make the	Dr. Greene's Nervura blood and nerve re- medy is the absolute cure for stomach	terest you with our stock,	4 05 12 29 9 15 Eagleville 10 08 1 51 8 56 4 02 12 26 9 12 Beech Creek 10 11 1 54 8 58	F.H. THOMAS Sapt.
cups of pieces make a pint of white	mealtime a time of good cheer for one and all so far as it lies within her	troubles. Thousands on thousands testify to		3 51 12 16 9 01 Mill Hall 10 22 2 04 09 3 45 12 10 8 55 Lock Haven 10 80 2 10 9 16	TOOTET
sauce, using the water in which the celery was cooked, with cream as the	power to do so.	its marvelously effective work. Dr. Greene examines and advises free at 101 Fifth	but can show you that	(*) Runs every day (†) Week'days only. LEWISBURG & TYRONE RAILEOAD.	LOOKI
liquid. Turn into the shell of an edam	Her remarks need not necessarily be witty or wise, but she can at least	Avenue, New York City. Call or write. Dr. Greene's Laxura Pills cure constipa-	this is the place to buy	In effect Nov. 25. 1900 WESTWARD. EASTWARD	LUUII.
cheese, cover the top with half a cup	show a kindly interest in all who sit	tion quickly and permanently.	owing to the character of	115 103 114 119	Come at once and see our Accident
of cracker crumbs, mixed with two ta- blespoonfuls of melted butter, and let	at her table and desire to make life	GARMAN HOUSE		PMAM AM PM	and Sick Policies. Absolutely a
brown in the oven. Serve a slight	pleasant for them, concludes Table Talk.	High Street, opposite Court	our goods and prices.	1 28 5 46	First-Class Company. Indemnify-
scraping of cheese with each service of celery.		House, Bellefonte, Pa. Entirely	TF	1 53 6 38	ing men against sickness and acci-
Open Cranberry Tartlets Roll puff	Favorite Colffure Arrangements. Hair ornaments include both flowers	New. New Furniture. Steam	We can interest you in	2 05 6 50	dents. We have Policies for Pro-
or plain paste into a thin sheet and cut rounds that will fit over small inverted	combined with an aigret and flat or-	Heat. Electric Light, and all modern improvements.	other goods also.	2 23 7 09	fessional Men and Policies for La-
tins. Press the paste lightly upon the	naments, which have the greater charm of novelty. Single roses are	C. M & C. B. GARMAN, Proprs.		3 02 7 50	boring Men. Before you renew
tins, prick repeatedly, chill and bake.	generally favored, and gorgeous red		When in town call on	3 39 8 18Centre Hall	your Accident Policy don't fail to
Remove from the tins and fill with the following mixture: Place in the center		\$15 00 TO \$18.00 A WEEK		2 42 8 33	800 up.
of each a figure cut from the paste and	6 10	each town. Permanent position. 30 cents per hour for spare time. Manufacturer, Box 78		3 54 8 43Dale Summit6 57 2 34 4 03 8 52Pleasant Gap6 6 8 2 28	GRANT HOOVER.
baked, or bake the paste on a large tin and finish like the tartlets. As a fill-		Philadelphia. x 1		4 10 9 80	Fire, Life and Accident Insurance.
ing for the tartlets or ple mix one-				BELLEFONTE& SNOW SHOE BEANCH. Time Table in effect on and after Nov 20, 1899.	Crider's Stone Building. BELLEFONTE, PA
fourth of a cup of cornstarch with two cups of sugar. Pour over one cup of		DIFS Station Protection		Leave Bellefonte	Cantra Country Backing Co
boiling water and stir until boiling.		and bloeding ; heals miceration ;		4	Centre County Banking Co. Corner High and Spring Streets.
Then add half a cup of molasses, half		o control televise. As drigerienty of Allorno	McCalmont & Co	Leave Snow Shoe	
a teaspoonful of salt and one quart of granberries, chopped fine. Stir and		Zi frey, Addens, Dr. Swayne GUKCU:		For rates, maps, etc., apply to ticket agent or address Thos. E. Watt, P. A. W. D., 36) Sixth Ave. Pittsburg.	RECEIVE DEPOSITS ; DISCOUNT NOTES



Poached Oysters on the Half Shell.— Butter as many scallop shells as there are individuals to serve. Put into each shell about six oysters, with their own liquor, and sprinkle with salt, pepper and tomato catchup. Scatter a few, bits of butter here and there on the oysters and set the shells in a hot oven. Serve on doily covered plates as soon as the oysters look plump and the edges curl. Put two or three tonst, points in each shell or serve with brown bread sandwiches.

cook until the mixture becomes thick, ten or fifteen minutes, then add two tablespoonfuls of butter and turn into

the tartlet cases.

Pork Cake.—Chop one pound of fat salt pork very fine and pour over this one cupful of boiling water. Add two cupfuls of sugar, one cupful of molasses, two eggs beaten without separating, five cupfuls of flour sifted with half a teaspoonful of ground cloves, one tenspoonful of ground mace, two teaspoonfuls of ground mace, two teaspoonful of soda. Beat thoroughly, then add one pound of seeded raisins chopped and mixed with two tablespoonfuls of flour.

Sweet Potato and Almond Croquettes. —Bake several sweet potatoes. As soon as they are soft break apart, scrape out the pulp and pass through a squash strainer. To each pint of pulp add one teaspoonful of salt, two tablespoonfuls of butter, one beaten egg, three tablespoonfuls of blanched almonds chopped and pounded in a mortar and hot milk or cream to make of a consistency to handle. Form into the shapes of apples and pears, egg and breadcrumb and fry in deep fat. Finish with stalks of parsley for stems.

Cider Frappe.—Turn sweet cider into the can of a freezer packed as for freezing and freeze as ice cream. Draw off the water, repack with ice and sait, and let stand an hour or more to ripen.



POACHED OYSTERS ON THE HALF SHELL. Serve in small glasses or in the thin red shells of apples from which the pulp has been taken. Only a thin shell of apple should be retained, and the inside should be saturated with lemon juice to keep it white. The cider should be gweet, but not too sweet.

Filling For a Fig Pie.-Cook half a pound of figs chopped fine with half a cupful of water and half a cupful of cider--if boiled cider be at hand, use more water and less cider -- until smooth. Put into a pie tin lined with pastry and when baked cover with a meringue. The pastry may be baked on an inverted tin and, after being put in place, filled with the fig paste, covered with a meringue and set into the öven long enough to cook the meringue. HAIRDRESSING AND ORNAMENTS.

poppies and shaggy chrysanthemums with glistening dewdrops are affected by brunettes of striking style. The twisted velvet Alsatian bow remains a familiar garniture.

An effective ornament shown consists of white tulle leaves spangled with sequins and a fine white osprey, to which is attached a rope of pearls for arranging round the hair. The second arrangement is a flat one in floral shape.

Refreshing Baths.

A bath of limewater is very soothing to overexcited nerves. Some people mix almond paste with their bath; others prefer tincture of benzoin.

Nothing is better for the skin than a bran bath. Put two pounds of bran in a muslin bag and let it soak in a small quantity of water for three hours, then add it to the bath.

For a tonic and refreshing effect upon the skin dissolve in the bath half a pound of crystals of carbonate of soda. two handfuls of powdered starch and a teaspoonful of essence of rosemary. An ammonia bath is excellent when the system is much exhausted and makes the flesh firm and smooth and

purifies the skin. Those who suffer from rheumatism will find relief by adding to the bath 100 grams of soft soap and 100 grams of essence of turpentine, shaken together until the mixture is a lather. The bather should remain in the bath for fifteen minutes and then get in-

Plain Tapioca Pudding.

stantly into bed.

Soak four tablespoonfuls of taploca over night in water to cover. Drain in the morning, add a quart of sweet milk to it and put in the double boiler or a pall set in a kettle of hot water on the stove. Boll until creamy, stirring occasionally. Add a cupful of cream and half a cupful of sugar. Beat the yolks of four eggs and stir in with the flavoring of lemon, orange or vanilla. Turn into a pudding meld or pan and bake three-quarters of an hour. About ten minutes before taking from the oven beat the whites of the eggs to a stiff meringue with four tablespoonfuls of pulverized sugar. - Draw the pudding to the edge of the oven and pile the meringue carefully on top. Set back, leaving the oven door partially opened if too warm, and dry slowly until a thick golden glaze. Serve hot pr cold

There Is No Between-season Dullness Here !

Opposite Penna R.R. Station.

J. B. HUTCHINSON Gen'l. Manager J. R. WOOD. Gen'l. Pass Act

An Important Sale to start business at a rapid rate ;

January Reduction time is here;

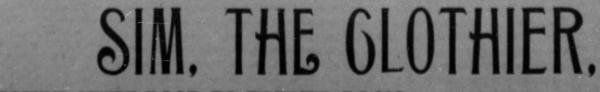
Inventory time is close at hand and Stock all through the Store MUST be cleaned out quickly.

20 PER 6T. REDUGTION ON EVERYTHING

Beginning SATURDAY, JAN. 11th, and lasting for TEN DAYS ONLY.

But no goods sold to dealers. Alterations on clothing charged at cost.

We believe in keeping the dollars moving and beginning each season afresh with new goods. Nothing else would justify such a raid. Come, expecting what you want, and save money.



TEMPLE COURT, NEXT DOOR TO FORMER ROOM.

BELLEFONTE, PA.