HAS DIETETIC VALUE. Honey Is the Most Easily Digested Article of Food Known.

Probably most people consider honey as the equal in value for food of any sweet sauce-no better, no worse. All should know that it possesses one great superiority—ease of digestion. The nectar of flowers is almost wholly cane sugar. The secretions added by the bees change this to grape sugar, and assimilation without any effort on the | ter. part of the stomach; in fact, Prof. A. J. Cook once styled honey "digested nectar." It will be readily seen that honey is a very desirable food for those with weakened digestive powers. If a person is very tired, "too exhausted to eat," it is astonishing how a few tastes of honey will act almost like magic. Almost no effort is required to make it ready for assimilation. Persons suffering from some forms of kidney trouble will find that honey is a much more beneficial food for them than is cane sugar.

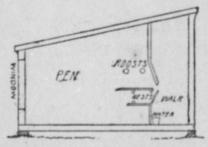
In eating comb honey many strive to reject every particle of wax, fearing that, as wax is indigestible, nightmare and other troublesome consequences will follow an indulgence in warm biscuit and honey. It is true that bread is more easily digested than warm biscuit, as the latter is inclined to "pack" in chewing, but it may surprise some to know that comb honey is really an aid to the digestion of hot bread or biscuit. The philosophy of the matter is that the flakes of wax prevent the "packing," while the honey readily dissolves out, leaving passages for the gastric juice to enter the mass of food. The flakes of wax are indigestible, that is true, but when warmed are perfectly smooth and soft and will not injure the most delicate membrane; in fact, they act as a gentle stimulant, and are beneficial in some forms of alimentary diffi-

The unpleasant symptoms which some suffer after eating honey may often be removed by drinking a little milk .- W. Z. Hutchinson, in Country Gentleman.

CHEAP BUT PRACTICAL.

One of the Best Economical Poultry Houses That Can Be Bullt.

The diagram herewith shows one of the best cheap poultry houses that can be constructed, the inside arrangement being especially excellent because of its labor-saving character. The sketch shows a cross section, from which it young lady who opened the door he will be seen that, contrary to the usual plan, the higher side has the walk, the pens being under the lower part of the roof. If one can stand erect at the center of the pen, this is sufficient height for all purposes, as most of the work of caring for the fowls is done from the walk. The roosts are at the front, with a platform below that projects out into



EECTION OF A MODEL POULTRY HOUSE,

the walk for several inches. Raising the hinged door, one can thus scrape off all the droppings from the walk into a box or basket. The nests below the platform are also reached from the walk, while below the nests is an opening in the partition, through which the fewls drink from a dish in the walk, no water being spilled or made filthy by this plan. The windows are on the lower side of the house, a great sufficiency of light being secured in this way. This construction permits a much lower, and consequently warmer, house than is the case where the walk is on the lower side. Such a house may be built of rough boards and covered with heavy roofing papers, then battened, when it should be warm and last for years. When the covering does begin to give out, shingle or clapboard right over the tarred felt or paper .- Orange paper." Judd Farmer.

How to Treat Overfed Hens.

When a flock of bens will not range over the fields in fair days, but sit under trees or bushes, making no effort to exercise or seek food, it indicates that they are overfed and too fat and will not produce eggs. The best treatment is to give no food for a week, so as to compel them to exercise and reduce their flesh. It is useless to attempt to secure many eggs from very fat for laying.—Rochester Post Express.

Charcoal Is Good for Poultry. Charcoal is one of the most essential articles of food to successful poultry farming. The best way to secure this is to place an ear of corn in the fire until it is entirely charred and then shell off to your fowls. You see an eagerness developed and a healthy condition brought about. All pale combs will become bright red, and the busy song which precedes laying will be heard, and the average yield of eggs greatly increased.

The Country's Egg Production. The extent of the egg business of the United States is not generally realized. In 1880 the first hen census put the annual egg production at 456,875,080 dozen. Ten years later it had risen to 817,211,146, an increase of 360,336,066 dozen, and there is every reason to be- about 'Greenland's ice-cream mouslieve that the proportionate gain since mina. "-Chicago Record. then has been even greater.

The average farmer will tell you poultry raising does not pay. He forgets that his returns from the despised hen are greater than those he would receive from his crops or his stock if they were neglected in the same fashion as his poultry. Considering their opportunities, the fowls do wonderfully

The victim of the subjoined remark is doubtless still pondering as to whether ignorance or malice prompted it.

The season ticket holder happened to have a peasant seated next to him in the train. Noticing that the conductor took up no ticket from his neighbor, the peasant commented on the fact. "Oh, I travel on my good looks," remarked the other facetiously.

"Then probably you ain't goin' far," so prepare it that it is almost ready for | observed the peasant.-Fliegende Blaet-

Prompt Action.

"John," said his wife, "on our way home from church to-night, Mr. Smith's dog came very near biting mother. As it was he frightened her seriously. I think you ought to do something about

"I will," responded John, promptly, "I'll see Smith the first thing in the morning, and if he doesn't want too much for the dog I'll buy him."-Bay City Chat.

A Losing Game.

He has lost his heart to-night to her For whose dear hand he sues, And yet when he sees her papa come He still has heart to lose. -Detroit Tribune.

EASILY DONE.



"Had I a lock of Celia's hair," Said Fred, "I'd be enchanted."
Good!" cried his friend; "seek the abode
Of her purveyor, Mrne. Mode.

And have your longing granted." —Lippincott's Magazine.

Musical Item. A boy with a package rang the bell of an Ervay street mansion, and to the

"Miss, here is a book for you. It is 'How to Play on the Piano.'

"I never ordered that book." bor did. He said you needed it the worst kind."-Dallas (Tex.) Sifter.

At Lonelywood.

Mrs. Commuter-I don't think much

less you care to.-Judge.

A Considerate Father.

Mr. Chaffie, of Dallas, is a very sensible man. He put his son, Johnnie, at a private school and said to his teacher: "That boy is no good. If he cuts up, just do me the favor to kick the

stuffing out of him. I'll do as much for you some day."-Dallas (Tex.) Sifter.

How Nice That Will Be. larynx has been invented, and persons who lose their voices can have new ones put in at short potice.

soon be reading the sign: "Your voice extracted while you wait."-Judge.

Had Heard It. "Baroness, have you heard already

that-" "Is it a secret, your highness?"

"Yes." "Then I have already heard it."-Fliegende Blaetter.

Always Ready to Tell.

"You'll make a good one," put in Sallie, scornfully; "you're such a tat-tle-tale."—Harper's Round Table.

Not Appropriate. evening to propose to you.

Marie-Why? say: "This is so sudden!" when he has

finished?-N. Y. World. Abreast of the Times. Traveler (in the west)-Those In-

hens, as they are then out of condition clans are more or less civilized, are they

Native-Civilized? Why, the medicine man is treating six cases of appendicitis!-Puck.

Retaliation. "Hurry up, Maud, Mr. Jones has

been waiting an hour already." "Humph! Let him wait. Didn't he keep me waiting three years before he spoke?"-Harper's Bazar.

Cut Out for the Work. "What made Blimmer become a de-

"He wanted to be able to poke his nose into other people's affairs while minding his own business."-Chicago

Felt a Responsive Thrill. songs at Sunday school?" "Yes, mamma, we sung a lovely one.

No Chance to Meet.

cetive wh long?" Why, he rented a room in the same the bita."-Chicago Record.

sort the Other Way.

No. indeed; it widow is going to marry me."-Detr :: Free Press.

LENGTHENING SHORT LOBSTERS.

A Maine Yankee's Scheme of Providing Them With Iron Jib Booms. There is a down east fisherman who recently evolved a brainy scheme for making lobsters grow rapidly, and to

will have to tip his hat in future. Captain J. R. McDonald of the schooner Morning Light arrived at this port Sunday night with 5,800 lobsters. During the recent trip of the schooner the captain put into the little fishing hamlet of South Addison to see if any of the inhabitants had any lobsters to dispose of. He found a man named Crowley, who had several hundred for sale, and a trade was immediately agreed upon. Captain McDonald laid his schooner alongside of Crowley's lobster cars, and the transfer of lobsters began. The purchaser noticed that the lobsters were not any too large, so he thought it might be a good plan to measure one.

Possibly many of The Argus readers are not familiar with the methods employed in measuring lobsters, so a few words of explanation on this point may not be amiss. At one end of a lobster's body is a little pointed projection which the fishermen call a "jibboom." In measuring a lobster the distance is taken from the end of the "jibboom" to the tip of his tail. If it is 101/2 inches or over, the lobster is O. K. If it is even a sixteenth of an inch less than this, the lobster is all wrong-in the state of Maine-and it is apt to prove very expensive for any man being found with many of them in his possession.

Captain McDonald picked up one of the wriggling crutaceans and applied his measuring stick, when, greatly to his surprise, the lobster's "jibboom" began to disappear inside of his shell. On making a closer examination Captain McDonald found this particular lobster's jibboom was made of metal. On pulling it from the shell he discovered that it consisted of a piece of a rusty iron nail filed down to a point, and as the lobsters were green the deception would only be discovered by a close scratiny. Of course the object of the trick was at once apparent, being simply to make the lobster 101/2 inches long.

On examining 40 of the lobsters which had been placed on board the schooner, Captain McDonald found ten of them with "iron constitutions," so to speak, and he promptly threw them overboard.

A man with ingenuity enough to make such an alteration on a lobster, as just related, should never waste his time in a little down east fishing hamlet. He ought to go to Chicago, where "No, miss, but your next-door neighthe could find a broader field for his talents.-Eastern Argus.

A Georgia Answer.

Quite funny are some of the experiof those new neighbors of ours, Ferdi- ences narrated by persons returning from the Atlanta exposition. A local Mr. Commuter-Well, my dear, it newspaper man, who got back from the isn't necessary for you to be on more south on Monday, tells this one on himthan borrowing terms with them un- self. Upon arriving at Atlanta he chartered a back, and with that fine scorn of pecuniary considerations characteristic of his profession ordered the driver to convey him to the "best hotel in town." Entering the really gorgeous caravansary, he dropped his grip before the desk, held a pen poised above the register and inquired, "What kind of a room can you give me and how much?" The clerk, a typical southerner, with sallow complexion, drooping mustache Cawker (reading) - An artificial and long goatee, replied in an indifferent sort of tone, "Well, suh, Ah ken give y' a fo'th flo' room foh fo' dollahs a day, suh." "Fo'th flo', fo' dollahs," Cumso-Then I suppose we shall repeated the visitor, facetiously mimicking the soft southern accent, "then I presume you can give me a first floor room for \$1, eh?" "N-o-o, suh," drawled the haughty Georgian, "Ah kain't give yo' a fust flo' room foh one dollah, suh, but Ah ken give yo' a room without any flo' at all fo' nothin, suh. Jest go down thah to the bahn and inqui' fo' the mewl apahtments." The Philadelphian made no further attempts to have fun with the natives during his "When I grow up," observed Walter, stay in Atlanta.—Philadelphia Record.

The World's Merchant Navy.

Recent statistics of the mercantile navy of the world give the total number of sailing vessels now affoat measuring over 50 tons as 25,570, with an aggre-Maud-I hate a man that takes all gate tonnage of 9,323,995 tons. Of this number Great Britain comes first with 8,793 ships of 3,333,507 tons. The Unit-Maud-Why? How are you going to ed States is second with 3,824 vessels and 1,362,317 tons. Norway is third, with nearly 1,000 less vessels than the United States, but nearly the same amount of tonnage. France occupies only the eighth rank, between Sweden

In regard to the steamers, England counts 5,771 vessels, with nearly 10,-000,000 tons. Germany, which comes second, has 826 steamers of 1,306,771 tons; France third, with 501 steamers and 864,598 tons, while the United States holds fourth place, with 447

steamers and 703,399 tons. These figures relate only to ocean and | \$8.00, \$10.00, \$11.50' \$13.00 and \$17.00. seagoing vessels and do not include coasting craft or those employed in lake and inland navigation .- Architecture and Building.

A Whittier Memorial.

"We are informed," says the Boston Transcript, "that the heirs of the poet | Five-eights size Napkins, Whittier, who are his niece and consina, would not be backward in doing their "Darling, did you sing any pretty share toward the securing of a permanent mercorial in his honor. The Amesbury News makes the admirable suggestion that now that the Whittier homestend is to be vacated it is a good time to make a move to secure it as a me-How did that criminal evade the morial to be kept in its present condition. It is the house where most of Whittier's poetry was written. The house at Oak Knoll where he lived with his consins during his latest years is more picturesque in location and its simple architecture than the one at Amesbury, but that was his own, his voting residence, and the chief haunt of his gentle freedom loving muse."

LEGAL NOTICE

EXECUTOR'S NOTICE.

Estate of Susan Vonada, late of Haines township, deceased

Notice is hereby given that letters testamentary on the estate of Susan Vonada. late of Woodward, Haines township, have been granted to the undersigned. All persons indebted to said estate are requested to make immediate payment, and those having claims to present them duity authenticated for settlement to this man the "almond eyed Celestial"

R. F. VONADA, Coburn, Pa. JAMES VONADA, Woodward, Pa.

A DMINISTRATOR'S NOTICE-Letters of A administration c. t. a., on the estate of Sarah Watson, late of Snow Shoe township, deceased, having been granted to the undersigned, he hereby gives notice to all persons knowing themseives indebted to said estate to make immediate payment, and those having claims are requested to present the same duly proven for settlement.

JAMES WATSON, Administrator, c. t. a.

A DMINISTRATOR'S NOTICE. Estate of Catharine Dinges, late of Mill-heim, Pa., deceased. Letters of administration on said estate hav-Letters of administration on sanctures in given granted to the undersigned, all persons indebted thereto are requested to make immediate payment, and those having claims or demands against the same will present them without delay for settlement, to the undersigned.

Adm'r Adm'r Coburn, Pa., 4-30

APPLICATION FOR CHARTER-Notice is A PPLICATION FOR CHARTER—Notice is hereby given that an application will be made to the Governor of Pennsylvania, on Monday, the 25th day of May, A. D., 1896, by William E. Jenkins, James T. Armstrong, Frank S. Chapin, J. Howard Lingle, A. J. Destrick and William E. Jenkins, under the the act of Assembly of the Commonwealth of Pennsylvania, entitled, "an act to provide for the incorporation and regulation of certain corporations, approved April 29th, 1874" and supplements thereto, for a charter of an intended corporation to be called "Jenkins Iron and Tool Company," the character and object whereof is the manufacture of picks, rakes, etc., and other articles in metal and wood, or both, and for this purpose to have, possess and enjoy all the rights, benefits and priviledges of said act of Assembly and its supplements. SPANGLER & HEWES.

GARMAN HOUSE,
High Street, opposite the Court House.
Entirely new. New Furniture, Steam Heat,
Electric Light, and all the modern improvements
A. S. & C. M. GARMAN

BUILDING LOTS-About 150 desirable buildbing lots located in and adjoining Belle-fonte boro, on the north east, being a portion of the Armor farm. Will be sold from \$150 to \$700 according to location. For further infor-mation call upon or address. MONROE ARMOR, Bellefonte, Pa.

WE MUST HAVE HELP.

We pay men and women \$10 to \$18 per week for easy home work. No books or peddling. Steady employment guaranteed. Send stamp for work and particulars at once. HERNANN & SEYMOUR, 213 South Sixth Street, Philadelphia, Pa. 213—3m

\$150.00 IN GOLD GIVEN

For Selling "Story of Spain and Cuba."

The International News & Book Co.. Baltimore, Md., offer \$150.00 to anyone selling in three months 175 copies of their new book, "Story of Spain and Cuba." Premiums and liberal commission given for any quantity sold. This is one of the greatest selling books out. Many agents make from \$5 to \$10 a day. A graphic account of the present war and the struggle for liberty is given, 100 beautiful illustrations, 160 pages. Freight paid and credit given; 50c outfit free if 10 cents is sent for postage. Write them immediately.

Fine Linens

Every woman knows the superior merit of J. N. Richardson's Sons & Owden's Linens, the finest and best made in Belfast, Ireland, where they've been making Linens for over a hundred years, and have a world-wide reputation for producing choice, honest goods. We bought over Five Thousand Dollars

Fine Table Cloths and Napkins

alone, on such basis as permits our selling them at the maker's price as follows:

Fine Table cloths

2 yards wide and 2 yards long, \$3.25, \$3.75, \$4.00 and \$4.25.

2 yards wide and 21/2 yards long, \$3.50, \$4.50, \$5.00, \$6.50, and \$10.00. 2 yards wide and 3 yards long,

\$5.00, \$6.50, \$8.50 and \$9.50. 2 yards wide and 21/2 yards long,

\$5.50, \$6.50, \$8.50, \$9.50, \$10.00 & \$11.50. 2 yards wide and 4 yards long, \$6.50, \$7.50, and \$9.00.

Please do not confound these with ordinary Linens, as they are quiet different and much better.

21/2 yards wide and 21/2 yards long, \$5.50, \$7.00, \$9.00 and \$12.00. 21/2 yards wide and 3 yards long,

21/2 yards wide and 4 yards long, \$9.00, \$11.00 and \$14.00. The Napkins match most of the Cloths,

but you can get either Cloth or Napkins separately.

\$3.50, \$3.75 and \$4.75 a dozen.

Three-quarter size Napkins,

\$5.50, \$7.00, \$9.50 and \$10.25 a dozen. This is a great opportunity to replenish your Linen Closet, and we hope to receive your Mail order for them.

Send for samples of Dress Goods, Suitings, Silks, Fine Wash Goods.

BOGGS & BUHL ALLEGHENY, PA.

GREETING:

FOR 1896

We wish to remind our friends and the public, generally, that we are well prepared to supply all demands in our line. Almost all kinds of goods are now so low in price that a good American dinner is within reach of all. While giving careful attention to securing a fine stock of fruits and luxuries we have not overlooked the every day

Substantials

We have Pillsbury's "best" Minnesota flour and the leading brands of home manufacture. Bradford Co. pure buckwheat flour, new kiln dried corn meal, extra fine sugar cured hams, breakfast beacon and dried beef, white, fat, new mackeral, rich mild cream cheese, genuine maple syrup, pure-sugar table syr-ups, fine roll dairy and creamery

We have just secured a lot of bright clean New York state beans that we are selling at the low price of 5 cents per quart. The entire lot of 22 bushels will go at that price (no advance) but we can hardly get any more as good as these to sell at same price. Don't miss them, they are fine.

Our Own Make

One of the most satisfactory items of goods we have to offer is our own Mince meat. Every ounce of material in it is sound, clean and of the finest quality, nothing equal to it has ever been obtainable. Price, ten cents per pound.

Choice Fruits

It has been almost impossible to get satisfactory oranges this season, but we have secured some fine Floridas, also some Mexican fruit that is equally as fine as the Floridas and quite reasonable in price. Our stock of cranberries (at 10c per quart) white Almeria grapes, New York Catawabas 2 baskets for 25c, lemons, bananas, and sweet potatoes have received careful attention. Also raisins, prunes, citron, figs, cleaned currants, California evaporated fruits, etc., but we cannot enumerate further.

Good Investment

We keep a large and well selected stock. It will pay any house-keeper to visit our store once a The first principle of econis not alone in saving, but in making a good investment.

Bush House Block, . - - Bellefonte, Pa.



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DEALER IN ... ANTHRACITE, BITUMINOUS

AND WOODLAND

Grain, Corn Ears, Shelled Corn, Oats, Baled Hay and Straw,

....KINDLING WOOD By the Bunch or Cord, in quanti-

ties to suit Purchasers, Clean Washed Sand. Respectfully solicits the patronage of his friends and the public at his coal yard NEAR P. R. R. STATION.

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ducted 75 cents per week.

Heat, light, washing, furnished room and good board, only \$3 per week. The net cost for tuition, board, heat and furnished room for the fall term of 16 weeks is only \$60; for the winter term of 12 weeks, only \$45, and for the spring term of 14 weeks, only \$52.50. The net cost of the whole Senior year of 42 weeks

is only \$107.40. The Faculty of the Central State Normal School is composed of specialists in their several departments. Five leading colleges are represented.

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thousand dollars, is now finished and occupied. Accommodations first class Electric light in every room, carpets, spring beds, wardrobes, new furniture, fourteen bath rooms. Hot and cold water on every floor. Fan system steam heat. Smead system of ventilation. Everything is new and convenient. Students may enter at any time. Haven is accessible by rail from all di-We shall be glad to correspond with any who are interested. Send for free

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"Gems of Religious Thought."

GREATEST SELLING BOOK PUBLISHED: Talmage needs no introduction to readers in any land. He is leved by the millions whose hearts he has touched by his sympathetic words and stirring sermons and writings, which have been published and scattered broadcast over the entire world. In this volume there are the best things from his best efforts, and these make a book of intense interest and greatest value. Many write: "It is worth its weight in gold." There is not a dry page in it. It is a work which is welcomic

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in every home, and it is worth many times its price. WHAT OUR AGENTS HAVE TO SAY! We give below a few samples of reports showing the great success of our Agents selling this great book. They show that there is a great demand for this book, and every family desires it:

MR. C. L. JOHNSON, N.Y., writes: "My outhave but little trouble in selling this new book
Talmage. Every mother wishes it. Give
ne the entire county. I believe I can sell 400
poples within the next three months."

MR. C. L. JOHNSON, N.Y., writes: "My outfit came on Samrday of last week. I have only
can vassed about one day, and visited 32 families and took 27 orders, and this is my first experionce in canvassing."

MR. C. M. GUY, of Musical and took
MR. C. M. GUY, of Musical and took

MR. C. M. GUY, of Musical and the selling this new book
in the county of the co

MR, JAS, SNYDER, N.Y., writes: "I send another order for 20 books. Please forward at once, as I wish to deliver these to keep up the canvass. You know I have sold within the last menth 75 books. This is pretty good for a start."

Our Agent in S. C. writes: "Have only can vassed not quite three days and taken 25 orders. The only trouble is scarcity of money. Everyone the canvass. You know I have sold within the last menth 75 books. This is pretty good for a start."

whethe entire county. I believe I can sell do copies within the next three months."

Mrs. Anna Johnson: "Enclosed find check for 55 books. Sold these in less than 3 weeks."

Mr. A. G. Billey, Ga., writes: "Your book is just received. Every one who rees it is delighted withit. Have taken this week 15 orders, and this it my territory."

Mr. A. G. Billey, Ga., writes: "Your book is just received. Every one who rees it in delighted withit. Have taken this week 15 orders, and this it my territory."

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