

HEALTHFUL OLD AGE.

STATISTICS BEARING UPON THE QUESTION OF LONGEVITY.

Some of the Requisites for Long "Life"—Changes Which Normally Occur in Old Age—How the Bones Are Affected—Over-Feeding.

With every year the average duration of life is increased, and we have more old people on our hands. Naturally, the question becomes of increasing interest...

Some curious information regarding this subject, though more especially regarding what may be called "centenarianism," has been published by a gentleman of Syracuse, N. Y. who, we are informed, has collected the histories of 10,000 people that have passed the age of 100 years...

Of more practical and scientific character are the statistics regarding longevity obtained by the British collective investigation committee. These are based upon over 100 returns, and relate to persons who have reached or passed the age of 80.

The first requisite for longevity must be an inherent quality of endurance, a something which is inborn and perhaps inherited. It is noticed in that the physical talent does not necessarily lessen the capacity for longevity...

Professor Humphrey would limit quite sharply the changes which normally occur in old age. They are quantitative rather than qualitative. There is a diminution in material and force...

The rate of the heart beat in old age has been said by some physiologists to be increased. By others to be diminished. The Collective Investigation shows that there is not much change...

Whitehall Times: Every man may have a price, but every other man can't pay it.

SIGHTS IN CHILL.

People Who Shiver All Winter in Unwarmed Houses.

Although the climate of Santiago is about that of Washington or St. Louis, the people have a notion that fires in their houses are unhealthy...

At fashionable rather than dining parties and that sort of thing, I have seen women in full evening dress, with bare arms and shoulders...

Every lady seen on the streets in the morning carries a prayer rug, often hand-somely embroidered, which she kneels upon at mass to protect her limbs from the cold, damp stone floors of the church...

Birds Blown Out to Sea.

Many of our birds fly several thousand miles every autumn, passing not only over Florida, where they might find a seasonal summer, but over the Gulf and far beyond into the great summer land of the Amazon...

Dear Wilde's Son.

There is a certain apostle of higher culture among us who has recently been gladdened by the birth of a son and heir. When the necessary time arrived the infant was taken to be duly registered...

The Butter Milk Boom.

It has been discovered that buttermilk in a remarkable degree satisfies the craving for strong drink, and enables a man to endure fatigue in warm weather better than any other drink he can use...

How to Weigh a Letter.

A silver dollar weighs very nearly an ounce. Hence any letter not heavier than a dollar can go for a single 2-cent stamp.

Before the Flood.

According to the traditions of the Jewish rabbis there was no physical illness among men before the flood.

AN AUTUMN PICTURE.

The mill turns by the waterfall.

The leaves whirled round and round; All day I hear the loom's shrill call. All day I hear the thrasher's hum; And many a shout in many a laugh...

Why Markets are Failures.

"Markets are not the same to-day as they were twenty and thirty years ago," said a veteran marketman, who had retired from business to a reporter.

At fashionable rather than dining parties and that sort of thing, I have seen women in full evening dress, with bare arms and shoulders...

The Drinking Water of Villages.

To secure good pure water for drinking and culinary purposes, cities may have expensive water works, but villages of from 5,000 to 10,000 inhabitants can seldom afford such expense...

The Sutra Library.

The Sutra Library of San Francisco was gathered this year from four sources. It was the collection formerly belonging to the arundel monastery at Arundel...

What Do You Read?

Elliott McCormick gives in 'The Century' the results of his investigations as to fiction reading among boys. He found eighteen boys in one school who had read thirteen hundred books of which twelve hundred were novels...

Edward Straus has many mannerisms.

Edward Straus has many mannerisms when conducting an orchestral concert. According to a London journal he 'twirls his violin in the air, dances to his own music and rushes to and fro; he menaces a musician to the right with his bow...

New portraits of the celebrated Tieberne claimant.

New portraits of the celebrated Tieberne claimant show a man quite unlike the person whose face was so familiar years ago. Now his countenance is seamed, lined, and angular...

Physicians in the Sandwich Islands.

Physicians in the Sandwich Islands have come to the conclusion that the only way to stop the alarming spread of leprosy is to begin vaccinating with leprosy microbes.

Walter W. Bayard, HAS OPENED A DRUG STORE,

Room lately occupied by W. H. Wilkinson on Allegheny street, and will keep constantly on hand a full line of DRUGS, MEDICINES, TOILET ARTICLES &c.

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THE

The Rockford watch purchased Feb. 1879, has performed better than any Watch I ever had. Have carried it every day and at no time has it been irregular, or in the least unreliable.

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S. P. HUBBARD, M. D.

This is to certify that the Rockford Watch bought Feb. 22, 1879, has run very well the past year. Having set it only twice during that time, its only variation being three minutes. It has run very much better than I ever anticipated. It was not adjusted and only cost \$20.

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