Who bides his time—he tastes the sweet Of honey in the saltest tear;
And though he fares with slowest feet,
Joy runs to meet him drawing near;
The birds are heralds of his cause,
And, like a never ending rhyme,
The roadside blooms in his applause,
Who bi les his time. Who bides his time—he tastes the sweet

Who bides his time, and fevers not
In the hot race that none achieves,
Shall wear coof wreathen laurel, wrought
With crimon berries in the leaves.
And he shall reign a goodly king,
And sway his hand o'er every clime
With peace writ on his signet ring,
Who bides his time.

Stimulants in Arctic Regions. [Medical Record.]

Lieut. Greely remarked that breathing air of such intense coolness had some-thing of the effect produced by breathing pure oxygen. As for pulmonary troubles, he heard no complaint of them while the party was at Fort Conger, in Lady Frank-lin bay, at a latitude of 82.8, where the first two years were spent. Even simple catarrhs were unknown, the only thing from which the men suffered being occasional rheumatisms and stiffness of muscles and joints. The party had ferocious appetites during all the long sojourn in the north, each man eating with relish three meals of animal food and two lunches every day, and craving fat, though not to the extent which some arctic travelers report. Not even when the thermometer registered 60 degrees below zero did these men indulge in crude blubber ar tallow candles, which tradition has designated as the customary food of arctic voyagers; nor was even pemmican regarded as a rare and dainty dish by

Canned meats of which they had an abundance during the first two years, and a steak or ragout from the walrus, seal, or polar bear, were prized as the essential conditions of well-being. As for spirituous liquors, they were used with great moderation, and doled out to the members of the expedition as occasion seemed to demand, and only when some unusual exertion or exposure brought some extraordinary fatigue or prostration. As means to fortify the system against cold or brace it up for forced marches, whisky, rum and other alco-holic stimulants were regarded as of little benefit.

The Fat and the Lean. Boston Budget.

There is a theory abroad that fat men are commonly joliier, and of a happier temperament, than lean ones. We fancy to ourselves that a corpulent habit denotes much presperity, a liberal disposition, an easy, good natured enjoyment of all the good things of life, with the joints well oiled, the angles and the wrinkles smoothed out and the friction reduced to its lowest terms. On the other hand we associate leanness with a sharp, angular disposition, a frigid temperament and a besetting tendency to growl at whatever goes wrong. But these fine theories are oftentimes knocked in the head by facts. Some of the merriest, happiest, sunniest people we ever met have been of the tra-ditionary "thin-faced, lantern-jawed" variety, while we have sometimes encountered persons whose liberal adipose pro portions of body were accompanied with about the smallest specimens of souls we

His Knewledge aved Him.

Hugh Miller in one of the daring adventures of his young boyhood, climbed lofty cli t to take some yo :ng ravens from a nest; but when just stepping on a smooth rock, sloping toward the nest, the sun broke from a cloud and the surface of the rock glist ned. His geological knowl-edge enabled h.m to detect at once a layer of chlorite, slippery as soap grease. He turned back, shuddering at the danger so nearly encountered. A few years later, a skillful cragsman, with no knowledge of geology, made the same venture, and shot straight over the chif to instant death on the rocks below.

In the French Market. [New Orl-ans Letter.]

In the markets of New Orleans every thing is sold by the eye, and there is no standard of measure. Nine tenths of the hundreds who sell in the noted French market of the city do not know what a bushel or a peck is. They buy their vegetables by the lot and place them in little piles on tables. These piles are of differ-ent sizes and prices. The buyer looks at the piles and buys that which he thinks is biggest and best. Sometimes buckets and xes are used to measure, but they are of all kinds and shapes.

> New Books. [St. Louis Whip.]

"Throw It into a Neighbor's Yard," a sequel to "What Will He Do with It?"
"Given the G. B.," by the author of "Called Back."
"The Divorce Lawyer," by the author of "Our Mutual Friend."

"The Poisoned Doughnut," by the author of "anet's Revenge."
"What Was Her Age, "a companion to "Viola's Secret." "Viola's Secret."
"Ice-Cream for a Nickel," by the author of "A Terrible Temptation."

What Worried Him.

"Yes" he said to his confidential friend, "Yes" he said to his confidential friend,
"I am engaged to her, and I suppose I ought to be very happy; but somehow I am worried about a former attachment of hers. There's that Jones, who—"
"Why, bless my soul, you stupid fellow," exclaimed the friend, "she hates him like poison!" "Yes, yes; I know," he said; "that's what troubles me. She hates him too hitterly not to have level. he said; "that's what troubles me. She hates him too bitterly not to have loved him once."

Schools in Costa Rica. [Chicago Heral I.]

Although Costa Rica is burdened with a public debt ef about \$10 per capita of her population, the government suppor a a university and public schools in every city and village. The schools are free, except an enrolling fee of \$2 for each pupil annually, and teachers are paid from \$35 to \$50 per month.

Didn't Just Like Him. (Chicago Ledger.)

"He's a nice man, isn't he?"
"Well, he may be, but I don't just like

him."
"Why?"
"Well, I don't exactly know; but I reckon it's because he says Chewsday, and eats ple with his knife."

Totally Blind. It was a little 5-year-old who, in de-scribing the affliction of a neighbor, said "he is blind from head to foot."

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etc., of Waren P. Lucas, deceased. The undersigne
an audi'or, app inted by the said Court to bear and
determine the exceptions filed to the sec nd and final
account of J. hn P. Lucas, deceased, and report distribution. Will attend to the duties of his appointment
at his office in Bellefonte, on Monday, June 13th, A.
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