

Mrs. Wilson Tells of Clever Young Cook

Only Twelve, She Prepares Tasty Meals and Does Marketing Herself, Even to Planning What to Buy

By MRS. M. A. WILSON

THIS week, I know that I have a very interesting story for you. Recently while on a lecture trip to Kansas City, Mo., I had a dear little miss from the Domestic Science classes of the public schools to assist me, and after the lecture we became quite chummy, and she told me that she was just wildly interested in cooking, and she hoped to make it her own profession.

Little Marion Carol lives with her widowed mother, at 1336 Broadway, and does the housekeeping for the little family, as well as attending school while the busy mother is away at business.

Of course the thing that interested me most in this child, for she is but twelve years old, was this: That she did the cooking for her mother and another little child as well as for her- self and the food prepared was appetizing and nicely cooked, and the places as neat as a pin. Marion does the marketing, selecting that which she does so well, in fact, better than she herself could do, it would be hardly fair to handicap her with instructions or directions.

Naturally I was anxious to have Marion tell me what she liked to prepare for this family of hers to eat, and this is her menu for a day:

- Breakfast: Stewed Prunes, Cereal with Raisins and Milk, Rolls and Cocoa. Luncheon: Reheat of Meat Dish from the day before, Whole Wheat Bread and Butter, Apple Sauce, Cookies. Dinner: Cream of Celery Soup, Savory Patties, Scalloped Cabbage, Sliced Tomatoes, Feather Ginger Bread, Apple Sauce, Tea.

Marion attended the cooking class in her school and is quite an adept at cooking. I was most anxious to have her give me her recipes. This shy little miss, with all the coyness of an old-time belle, began the description of her cooking in this manner: "I always add a thin peeling from an orange, and when nearly done two medium-size apples are pared and sliced very thin. The apples and three tablespoons of brown sugar, a pinch of nutmeg and cook the apples like for a sauce. Then I put them away for breakfast, first taking out the orange peel."

Savory Patties: Have the butcher cut in small pieces, one pound of lean meat without bone. (Marion says she buys the cheapest cuts and takes out the bones herself.) Cover with boiling water and add two onions, cut in half, one small carrot cut in dice, three branches of celery, cut in small pieces. Cover closely and cook for one hour. Now while the meat is cooking, prepare the patties as follows: Place in mixing bowl two cups of flour, one teaspoon of salt, two level tablespoons of baking powder. Sift and rub into this flour one-half cup of good shortening.

And use one-half cup of water to form a dough. Turn on floured pastry board, and roll out one-inch thick. Cut with large cup and then mark out the center with the small biscuit cutter; remove this center with spoon and place this patty shell on inverted baking pan and bake in hot oven for eighteen minutes.

Mix one-half cup of flour, one teaspoon of salt, one-half teaspoon of pepper, one-half teaspoon of poultry seasoning with one and one-half cups of canned tomatoes, stirring to blend in the flour smoothly. Now add to the cooked meat and bring quickly to boiling point; cook for fifteen minutes. To serve, place the patty shell on the plate, first splitting and buttering the patty shells, then lift a large spoonful of the meat mixture, and cover the lower part of the patty; place on the top and pour a spoonful of gravy over all.

Marion's Gingerbread: Place in mixing bowl one-half cup of sirup, one-half cup of sugar, one cup of shortening,

Embroidered Sleeve Bands Feature Many Smart Blouses



By CORINNE LOWE

Few blouses nowadays come into port before they reach the hip line. The fact of it is that this tight band around the hips is still dominating the silhouette, and it is reflected quite as much in blouses as it is in suits, sweaters, long coats and frocks. Today we have a charming model designed for the few suspicious natures which have avoided the three-quarter blouse. This is achieved by blue chiffon with a band of embroidery in silver and mauve across the front, repeated in the bands at the tops of the sleeves. These bands of embroidery of contrasting material or of some other trimming inspiration are one of the notes of interest on many new blouses and suits. The blouse incorporates one of the fashionable yoke effects, traced with a strip of mauve chiffon in the same tone as the embroidery.

One-half cup of water, two teaspoons of cinnamon, one teaspoon of ginger, one-half teaspoon of allspice, four tablespoons of cocoa, blend together and add two cups of flour, five level tablespoons of baking powder. Beat hard to blend. Turn in a well-greased and floured baking pan, spreading just about one inch thick. Bake in slow oven for thirty-five minutes. While Marion's mother washes the dishes.

MRS. WILSON'S ANSWERS

My Dear Mrs. Wilson—Will you kindly give me recipe for febox cake, and also tell me of substitute for port wine to use in cooking cake.

Febox Cake: Line an oblong or square mold with wax paper and place where it will cool. Now place a thin layer of sifted sponge cake in the mold and spread with the chocolate mixture, then second layer of cake; repeat with the fill and cake until the mold is full. Place in febox to chill, turn from the mold and serve, garnished with whipped cream forced through the pastry bag, using the rose-shape tube.

You may add a sprinkling of finely chopped nuts, marshmallows cut in tiny bits, preserved ginger mixed with maraschino cherries for variety in this cake. The candied fruits may be placed over the filling before placing on the second layer of cake. Also, lady fingers may be used in place of the sponge cake if desired.

You may use a tart current jelly in place of the port wine. Just melt the jelly and keep in warm place for twelve hours before using. Grape juice, Logan berry juice and the juice drained from canned cherries and raspberries may be used also.

My dear Mrs. Wilson—Please give recipe for fixing wild ducks. Some folks say that they have fishy taste. How can this be overcome? MRS. J. WILD ducks in many localities feed on the fish near the shore; to overcome this, pick ducks free from feathers, split down the back and draw, then wash well in plenty of cold water. Now place in large kettle and add three-quarters cup of vinegar, two onions, sliced, a lump of acid charcoal. Steam for fifteen minutes after the water reaches boiling point.

If you are intending to keep the ducks a day or two, prepare as directed and place inside the duck two onions sliced and a large lump of charcoal. This is done in same manner as for chicken or tame duck.

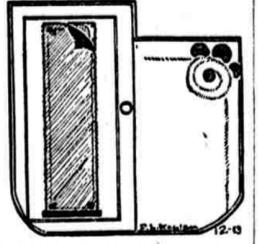
Adventures With a Purse

THIS is by way of being the day of the individualist, and every one has discovered she has a personality, and proclaims herself to be just a bit different. But it is the things done, the actions no matter how small, which really indicate how great an individualist a person may be. All of which means that if you are on the eternal hunt, even at this late day, for Christmas cards which are really different, listen to this. Hand-painted French

"Noel" cards, piquant ladies with a saucy tilt of the head to convey for you the greetings of the season. These are fifteen cents. And then there are Viennese cards, hand-painted too, smart-looking cards decidedly different and only twenty-five cents.

And just by way of variety, I saw some handkerchiefs made of a very fine quality of pongee. Threads had been drawn and replaced by colored ones, which criss-crossed just like the other ones you have seen in store windows. Then, another kind had plain-colored borders, red, blue, pink, green and still others had eye checkered borders with flowers embroidered in the corner of the handkerchief. They are priced at thirty-five and forty cents, and are very nice.

Things You'll Love to Make



A Holder to Keep Your Ironing Board Clean: You will want to make one of these ironing board holders for yourself and perhaps give one or two as Christmas gifts. Cut two strips of cretonne or heavy denim four inches longer than your board and four inches wider. Bind all of the edges of both strips. Join the left-hand edges of both pieces. Overcast all the edges. Decorate the top space, if it is of plain material. Stitch snaps along the open edges. Tack the open edge of the under strip and the bottom edge of both strips to the inner side of your closet door. Then screw a heavy strip of painted wood over the bottom edges. Place your board in the bag (it will rest on the strip of wood), and close the snaps. The holder will keep it handy and clean.

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