

Wilson Makes School Lunches

Simple List of Menus Contains Enough Nourishment and at the Same Time Remains Simple Ones

By MRS. M. A. WILSON

My mother is frequently pumded as to just what to prepare for the school child, and she leaves the selection to him, he is apt to select a dish that will appeal to his palate, regard- less of his actual needs. The school child should have a warm, nourishing meal at noon, if he is to keep himself at his school work. If the child is allowed to select unsuitable dishes, the school period is broken up by a spell of minor ills that could have been entirely avoided. So with this idea in mind I will suggest the following menus for the noon luncheon:

- No. 1 Potato Cream Soup Mined Egg Sandwiches Celery Salad Fruit Jelly Cocoa
No. 2 Potato Omelet Tomatoes au Gratin Jacket, With Home-Made Cookies Cocoa
No. 3 Creamed Eggs on Toast Macaroni Celery and Beet Salad Baked Apple and Cookies Cambric Tea
No. 4 Cream of Tomato Nut Loaf With Hollandaise Sauce Shredded Lettuce Little Angel Cakes Cocoa
No. 5 Baked Macaroni With Cheese Celery Salad Cup Custards, With Apple Sauce Cocoa

Potato Cream Soup Pare and grate four potatoes, place in saucepan and add one and one-half cups of water. Place on the stove and bring to boiling point, and add three tablespoons of grated onion. Cook for fifteen minutes. Now place in saucepan. One and one-half cups of milk, one-half cup of flour. Stir to dissolve, and heat to boiling point. Add at once the potato mixture, and stir hard. Two tablespoons of finely minced parsley. One teaspoon of salt. One-quarter teaspoon of white pepper. One-half teaspoon of salt. One-quarter teaspoon of pepper. Blend well and bring to boiling point and cook for five minutes. Serve with tiny blocks of toast floating in the soup.

Mined Egg Sandwich Hard boil three eggs, remove the shells and rub at once through a fine sieve into a small bowl and add one-half teaspoon of salt. Three tablespoons of mayonnaise or equal salad dressing. Two tablespoons of finely minced parsley. Mix well. Spread overlet smoothly, and then stir very lightly the prepared potatoes. One omelet in moderate oven for ten minutes. Then turn on hot platter, and serve at once.

Tomatoes au Gratin Drain can of tomatoes and add to the thick pulp. Three-quarters cup of bread crumbs. Four tablespoons of butter. One grated onion. One teaspoon of salt. One-quarter teaspoon of pepper. Blend and place in baking dish. Spread top with bread crumbs and tablespoons of grated cheese. Bake in moderate oven for twenty minutes.

Little Angel Cakes Whip the whites of three eggs until dry snow, adding seven level tablespoons of sugar. One-quarter teaspoon of cream of tartar. Now fold in five level tablespoons of flour, and turn in a greased muffin pan. Bake in slow oven for eighteen minutes. Take from oven and turn pan upside down to cool. Remove the

cakes with knife from the pan and spread with chocolate water icing. All the above recipes are for three children and the mother. For the small family, just cut the recipes in half or make up the full recipe and then repeat the next day. Lettuce is beginning to advance in price, yet it should be part of each child's diet. A vitamin and mineral salts are necessary to keep the blood stream clear and pure. A liberal amount of lettuce, celery and apples and oranges in the child's menu will prevent the frequent spells of stomach disorders from an over-abundant starchy diet.

MRS. WILSON'S ANSWERS

My dear Mrs. Wilson—Will you kindly answer the following questions: One. Good recipe for grape juice. Two. Have number of porcelain stoppers that were formerly used for root beer. Will these be suitable for bottling the grape juice?

MRS. NEWLY WED. To make grape juice, place two and one-half cups of water to every quart of stemmed and washed grapes; place in the preserving kettle, and heat slowly, mashing well with the potato masher; bring to boiling point, and cook until the grape pulp is very soft; turn in jelly bag, and let juice drip through until pressing. Add one cup of sugar to every three cups of juice; bring to boiling point; cook for five minutes; bottle in sterilized bottles that can be sealed air tight or can in fruit jars. The bottles you mention will not keep the grape juice airtight. It is best to use new corks, and then dip the tops of the sealed bottles in melted paraffin.

Many Girdles The popular entertainment among designers of this autumn is the girde shower. They are apt to endow you with two or three on the same gown. On a Chereit evening model we find a flame color metal cloth, first presented with a twisted accessory of self fabric and then with a silver and crystal band fastening at the right with turquoise ornaments. Turquoise is reported on the one shoulder strap. The under bodice is of silver cloth.

Anti-Freeze Radiator Compound is good to your radiator. It keeps your radiator from freezing. It is made of alcohol, glycerine, and water. Keep a Can in Your Car.

MIFFLIN ALKOHOL MASSAGE Relieves tired muscles

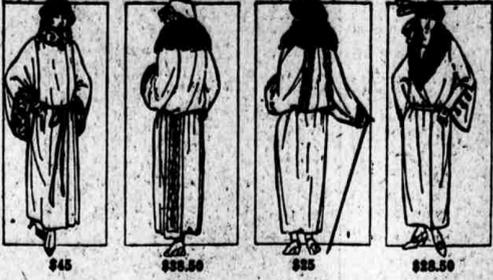
Comfort Baby's Skin With Cuticura Soap And Fragrant Talcum

NOW ON DISPLAY at Our Showrooms, 16 N. 9th St. CHRISTMAS NEW YEAR THANKSGIVING GREETING CARDS BOOKLETS AND POST CARDS Gift-cards, seals, calendars, etc. Wholesale and Retail Mail-Order on Request PHILADELPHIA ART CO.

HOMES WIRED INCLUDING FIXTURES UP TO 15 MONTHS TO PAY WHALEN-CROSBY 140 N. 11th St. Open Friday Evening & Sat. Afternoon

DIAMOND JEWELRY Purchased on my Confidential Credit Plan Nathan Simon 1531 CHESTNUT ST. Opp. 5th. Evng. 138 S. 52d St. Open Every Evening

Wanamaker's Down Stairs Store Is All Agog With News of Recently Arrived Winter Coats and Dresses Priced a Third Less



Prices for blouse-back velour coats: \$45, \$38.50, \$25, \$28.50



Prices for blouse-back bolivia coats: \$25, \$18.50, \$16.50, \$12



Prices for loose-back coats: \$25, \$18.50, \$16.50, \$12

Delightfully Inexpensive Frocks

The Poiret Twill Dress Pictured Is \$12 Showing the new double waistline predicted by leading fashion artists, and with narrow strap panels reaching from blouse to below the hem.

Special Silk Dresses, \$7.85 Canton crepe, crepes de chine, brocaded wool crepe. Black, navy, brown.

The Cloth Frock With Girdle Ornaments Pictured Is \$13.50 A delightfully simple model of Poiret twill with wide silk braid outlining neck and sleeves, and girdle ornaments to accentuate the lowered waistline.

Other Models at \$13.50 in Cloth and Silk show braiding, embroidery, draperies and various clever panel treatments.

The Braided Poiret Twill Frock Pictured Is \$16.50 An excellent model, most unusual in a frock as inexpensive as this. Long straight lines accented by braid trimmings and tuxedo collar. In sizes up to 44.

Other Models at \$16.50 in Both Cloth and Silk Some showing the new "repeated" waistline, the new embroidered gumpie treatments, elaborate draperies, ornaments and trimmings.

The Velveteen Frock Pictured Is \$25 Distinguished with elaborate silk embroidery and the new pointed skirt faced with bright contrasting color.

Other Frocks of Velveteen at \$25 show beading and flying panels. Also Canton crepe, crepe-back satin and charmeuse frocks at this very popular price.

Finer Dresses, \$25 to \$38.50 In the leading fashionable silk and cloth fabrics, and in literally no end of models, many copies of much more expensive gowns. New full "balloon" sleeves; new draped and embroidered sleeves. New bright-color trimmings on frocks suitable for afternoon functions.

Girls' Coats and Frocks

The Velveteen Dress Pictured Is \$15 An especially attractive model of fine black twill velveteen. Skirt and bodice show effective wool trimmings in cross-stitch designs. Moire ribbon sash. Sizes 10 to 16 years.

The Fur-Collared Coat Pictured Is \$18.50 Soft tan polo coat with collar of beaver-dyed coney. Silk stitching, strappings and buttons. Muff and flap pockets. Sizes 15 and 17 years.

Other Girls' News is of serge frocks in 8 to 12 year sizes, trimmed with wool embroidery, at \$5.75. And chevrot top coats in 8 to 14 year sizes, lined throughout, in blue and brown at \$7.75.

Women's Extra-Size Silk Jersey Petticoats, \$4.50

Delightfully soft jersey petticoats which take up an amazingly small space. Plenty full, with elastic waistband and deep placket. Accordion pleated founce. Navy, jade, taupe, purple, henna, brown and black.

Dainty Bandeaux and Boudoir Caps, 50c Fluffy lace and ribbon affairs in a dozen dainty shapes and colors. Caps have an elastic to hold them snugly. Bandeaux tie jauntily with ribbon streamers.

Women's Extra-Size Flannellet Sacques, 85c and \$1 Decidedly comfortable to slip into early in the morning, or when one's tired after a day's work. Flat-collar style with all round belt to hold in the fullness. Light and dark flowered patterns.

Women's Exceptional All-Silk Umbrellas With Cases, \$5 One doesn't often find umbrellas of such aristocratic style and material at this low price. Only an expert would recognize the tiny imperfections that make them "seconds." They have white bakelite or leather handles which fashion insists upon, and either white bakelite or amber-colored tips and ferrules. Satin-bordered taffeta covers roll snugly to slip inside silk cases. Navy, green, purple, brown, scarlet and black.

The Blouse-Back Velour Coat Pictured Is \$25

Back and sleeves are richly embroidered and it has a big Manchurian wolf-dog collar. Novelty silk-striped lining. Blue or brown. Also with beaver-dyed coney collar.

Other \$25 Coats Have Flaring, Tassel-Weighted Sleeves, Embroidered Sleeves and Manchurian wolf-dog or beaver-dyed coney collars. Blues and browns.

The Velour Coat Pictured With Strapped Sleeves Is \$28.50 Shawl collar of brown-dyed opossum and novelty silk-striped lining. The sleeves are quite flaring and cleverly strapped with their own material. Navy or brown. Others of the same model have astrakhan collars.

The Blouse-Back Bolivia Coat Pictured Is \$38.50 Luxurious with large collar and deep cuffs of Manchurian wolf-dog. Bloused in back, with heavily embroidered panels falling loose from waist to hem. Silk lining. Black and Sorrento blue.

Other Coats at \$38.50 Of diagonal bolivia with beaver-dyed coney collars and cuffs of wolf collars. Blouse-back models in black, brown and blue.

The Loose-Back Coat Pictured Is \$45 Fine Sorrento blue bolivia with caracul collar and cuffs. Flaring back trimmed with stitchery.

Other Coats at \$45 to \$65 Are Embroidered and Stitched Some with large caracul collars, unique sleeves, beautiful silk linings. Black, brown and blue.

Women's Unusually Good Suits

The New Jaquette Suit Pictured Is \$45 Of very fine grade velour in soft fawn color, trimmed with nutria pockets and with a large nutria collar. The coat is newly, smartly short and beautifully silk lined.

Other \$42.50 and \$45 Suits of Excellent Velour show trimmings of wolf or nutria; plain or embroidered, and all silk lined.

The Fur-Collared Suit Pictured Is \$25 An unusually pretty suit of soft brown velour, with a collar of brown-dyed squirrel. The coat is elaborately braided, rather long and belted.

Other Suits at \$25 comprise an exceptional group of samples, including brown, blue and tan. Collars of nutria, beaver-dyed coney or plain. Braided or embroidered. Coats silk lined.

Much-Better-Than-Usual \$8 Hats

With seasonal touches of fur combined with richly colorful tinsel brocades.

With glistening touches of metal cloth to contrast delightfully with dull velvets.

With ostrich plumes and fancies deftly placed to soften the lines of the profile.

With trailing trimmings of coque, or smart trimmings of pins, or saucy trimmings of huge ribbon bows, or coquettish trimmings of drooping lace.

The kinds of hats which look well on. Their lines are right. Their brims dip and droop or flare and turn at just the critical angle.

Shapes are small, large, very large and "just medium." They are all fascinating. They are all just \$8.

Women's Fine Gloves Attractively Priced, \$2.65 to \$3.75 Pair

Gloves of fashion and real utility, for the finest of skins and the most expert of workmanship were combined in their making.

French Glace Lambskin Gauntlet Gloves, \$2.65 Full pique sewn with heavy crochet embroidered backs and pearl-closed wrist straps. Some of the gloves have traces of contrasting color, and they all have the excellent English thumb which makes them fit perfectly. Mode, beaver, brown, white and black.

French Suede Gauntlet Gloves, \$3 Full pique sewn, with plain backs and full 5-inch cuffs. Beautifully soft and fine and wonderfully serviceable. Mode, ceru and arabian.

Arabian Mocha Strap-Wrist Gloves, \$3.75 Full pique sewn, with self-embroidered backs. Warm, serviceable, good looking and with long, flaring cuffs. Gray, brown and beaver.

All-Over Tinsel Brocade, \$2.75 Yard

Every dress or hat must have its glint of gold or silver embroidery this season. All-over tinsel brocade furnishes just the right material for clever fingers to transform into lovely things. Gold or silver on a satiny black ground, sometimes combined with blue, henna or jade. 10 inches wide.

Metallic lace in two widths is priced \$1.35 and \$1.65 yard. Fancy trimmings of gold, silver and steel color are 15c to \$1.25 yard, and are from 1/2 to 4 inches wide.

Why Worry About the Coal Shortage?

Good, warm blankets and quilts are surprisingly inexpensive in the Down Stairs Blanket Shop, and once invested in they have the advantage of lasting the whole winter through and even longer without diminution of their powers of radiation.

- 66x90-inch gray wool-mixed blankets... \$5
66x90-inch plaid wool-mixed blankets... \$5
72x82-inch gray wool-mixed blankets... \$6
72x82-inch white wool-mixed blankets... \$7 and \$9
62x78-inch white wool-mixed blankets... \$5
70x90-inch white wool blankets... \$10 and \$12.50
70x90-inch plaid wool blankets... \$9, \$10
72x84-inch plaid wool blankets... \$12.50
Cotton-filled quilts... \$2, \$3, \$3.50
Wool-filled quilts... \$6, \$7, \$10
Down-filled quilts... \$10, \$12.50

Axminster Rugs in an Unusual Range of Sizes

Something to remember! The Down Stairs Rug Store endeavors to maintain at all times a COMPLETE range of sizes in these good, standard quality Axminster rugs. Small sizes, "room" sizes, unusual and extra-large sizes. Well-chosen patterns and colors in all sizes, but the largest assortment, of course, in the standard size rugs.

- 12x36-inch rugs, \$2.50
27x54-inch rugs, \$3.95, \$4.50
36x63-inch rugs, \$6.50, \$7.50
4x6.6-ft. rugs, \$16.50, \$19.50
6x9-ft. rugs, \$22.75, \$27.50, \$35
6.9x12-ft. rugs, \$37.50
7.6x9-ft. rugs, \$38.50, \$37.50, \$45
8.8x10.6-ft. rugs, \$36.50, \$42.50, \$55
9x10.6-ft. rugs, \$45
9x12-ft. rugs, \$39, \$45, \$60
9x15-ft. rugs, \$57.50, \$62.50, \$65
9x18-ft. rugs, \$78.50
9x24-ft. rugs, \$85
10.6x13.6-ft. rugs, \$65, \$72.50
11.3x12-ft. rugs, \$57.50, \$65
11.3x15-ft. rugs, \$87.50

New Velour Overdraperies \$3.85 Set

New shipment of warm-toned, thick-pile velour overdraperies, which promise coziness and satisfactory service. They are 2 1/4 yards long and complete with a 12x25-inch valance.

Three shades of mulberry, three of blue, two fawn, gray and gold.

Specially Priced Curtain Nets, 35c Yard

Prettily figured patterns in white, cream and ecru. Curtains of this material look particularly well with overdraperies, and let in plenty of winter sunshine. 36 inches wide.

Window Shades, 65c and 85c

Water-color shades, 65c. Oil-color shades, 85c. Six wanted color tones, two green, two tan, white and terra cotta.

Women's New Elastic Girdles \$1 to \$4

Short elastic-and-coutil hip confiners at \$1 and practically every sort of dainty negligee girde in 10 to 14 inch lengths and various materials on up to \$4.

Girdles for sports wear; for negligee wear; for day in and day out wear. Combining elastic with plain coutil; with cotton broche; with satin-striped poplin; with silk brocade. Girdles long in back and short in front; girdles long in front and long in back; girdles straight all round.

Dainty flesh color ones that are perfectly comfortable, and are really effective in giving the wearer a trim appearance.

Women's Double-Mesh Hair Nets 50c Dozen

Cap and fringe style in light, medium and dark brown, black, blonde and auburn. A real find! This is the lowest price we can recall for this exceptional quality.

Women's Full-Fashioned Silk Stockings, \$1

and others with seamed backs at the same price. The full-fashioned ones are good "seconds"—satisfactory ones with almost imperceptible flaws—which we have been selling as fast as we can get them from the factory. The seamed back stockings are perfect. Both kinds come in 10 among them.

Odds and Ends of Shoes for the Family at Very Much Lowered Prices

Limited lots for Mother, Father, debutante, her young married sister and the children.

Gold and Silver Slippers, \$2.50 Less than half their original prices because they are tarnished. Customers who apply a coat of a certain trademarked polish (cost 50c a bottle) tell us they turn out "almost as good as new." Not all sizes.

Women's Oxfords and Pumps, \$2.50 Patent leather and black and tan leather mostly. Nearly all are less than half the original price. Some show marks of handling. Not all sizes in any one style.

Women's High Lace Shoes, \$1.50 Much less than half the original price for good black shoes with military heels. Lots of women will want them before the winter is over. A very limited number at this price. Broken sizes.

Children's Shoes \$1 for children's tan play oxfords; sizes 5 to 6 1/2; \$2 for infants' black kid-and-patent leather button shoes. Sizes 2 to 5. Only a few pairs. \$2.35 for children's shoes in sizes 5 to 6. Patent leather plain or with gray kid tops, or tan leather with white or brown tops. Button style.

Men's Oxfords, Specially Priced, \$3.40 Substantial tan leather with good strong soles and rubber heels. Only 125 pair. Boys' Shoes, Specially Priced \$3.75 and \$4 Brown and black leather shoes at \$2.75; sizes 10 to 12 1/4. Tan leather shoes of a finer kind at \$4; sizes 8 1/2 to 9 1/2.

VENISON Chop \$1.00 Stew .75c Broiled Hunter Style Oysters—Lobster SATURDAY SPECIALS: Stewed Snapper Newburg with —? Pig Roast Dinner... ROAST TURKEY DINNER SIRLOIN STEAK 3 Vegetables

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Old Budweiser, 1310 ARCH STREET Opposite Elk's Hall CLOSED SUNDAY