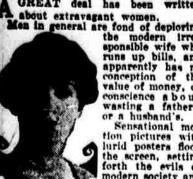
By WINNIFRED HARPER COOLEY



and wine suppers. equipment. upkeep. can "work them," and many men admit this frankly. Usually, they add,

BUT, setting aside our retort along this line, and granting the assertion that many modern girls and women are lured into extravagance through their desire to keep up with some neighbor, and their idle life, and their ignorance of the difficulty in earning money, we insist that hundreds of women still practice the virtue of thrift, and make a dellar go a long way, and search for bargains, and struggle to conomize.

Do men appreciate such women? We

Years ago, before there was so much later, showily strutting about with a woman gorgeously arrayed, and spend-worst me the cost of high living, we studied the matter, and concluded that men were most inconsistent.

## The Woman's Exchange

Gaining

To the Editor of Woman's Page: Dear Madam—I am nineteen years eld, and I weigh only 112 pounds. I am ave feet six inches tall. What I would like to know is if you will please state some things which I should eat or do just to get a little stouter? I would like to weigh about 125 pounds.

to weigh about 125 pounds. H. J.

The average weight for you would be
130 pounds. In reving to attain this.

drink milk a quart a day is the) and
eat plenty of all-fattening foods, such
as butter, eggs and potatoes. Try eating less sweets and more good plain
things. Then exercise as much as you
can by waking and even Johning a gymnasium class. There are not many outdoor sports you could go into just now,
but in the summer got a lot of exercise
with them. And see that you have
enough sleep.

#### A Long Hike To the Editor of Woman's Page

Dear Madam—Would you please tell me the shortest route to follow in hiking from Philadelphia to California? Also, about how long would it take an average walker to make the trip?

I would also be grateful if you would inform me the necessary clothes and other articles to be taken. Is there any pestriction on carrying firearms on such a trip? If so, what?

E. L. D. a trip? If so, what? E. L. D.

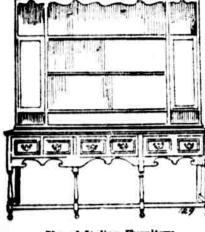
Tou would have to have a map to
follow in taking a hike of this distance,
and I would advise you to write to
Rand & McNally. 23 West Forty-fifth
street, New York vity, for one. They
have maps that are specially marked
for motor trips, and you could use one
of these in case they are not able to
supply you with a map for a walking
trip. When you write, state that it is
to be one of this kind, and that you, of
course, wish to find the shortest route

Averaging fifteen or twenty miles a day, it would take you from five to six months, approximately, to cover the ground. You see, 3000 miles is quite a number. There is no restriction to carrying firearms, provided they are carried in plain sight.

I take it that you want this informa-tion for some future time, or else didn't realize how long it would take you to accomplish your like, because, with winter coming on it would be impossible to start in the fall. You'd run into all kinds of severe weather, and no doubt get "snowed up".

But, figuring on the right seasan, you would need a khaki walking suit, arout shoes, a weather-proof sleening bag, a canteen and whatever cooking utensils you think you'll want, which depends naturally upon whether you intend to cook your own meals or get them in towns slong the way. These are the necessaries. Other equipment you will be able to figure out to suit your indi-vidual needs.

## THE HOME IN GOOD TASTE By Harold Donaldson Eberlein



## Use of Italian Furniture

So many houses nowadays are deeigned in the Italian feeling and call for furniture in a harmonious style. Much of the Italian Renaissance furnt-

however, why they should not be used in the same room, and there are many lovely tapestries and velvets made to-day that would be very suitable for upholstering them. One chair might even covered with chintz.

The words "Italian Renaissance" may make you think of palaces. Don't is prightened. Small villas abounded in those days along with the palaces. This style calls for few, though well-chosen, pieces of furniture, which in these days of high prices is a consideration.



'Just so she does it cleverly !

Conomize.

Do men appreciate such women? We they would enjoy the comfort of a taxi, see the same man, a few evenings thank they do not!

## For Afternoon



Champagne-colored crepe de chine, or perhaps you prefer canton crepe. makes up into a delightful little freck of simplicity and charm. A flower-like rosette of purple ribbon gives contrast in adornment at one side of the water. Shirrings make gathers on both hips at the waist-

### LOVE NOTS BY KAY KEAN

Too often is divorce the perspective

that makes us see that the first wife or first husband was not so bad after all. Lo, when a man is approaching the divorce courts his one interest is to be rid of his wife as expeditiously as possible. Alas, on his way out he is too apt to find sudden and worrisoms inter-

est in the jury's marked sympathy to-ward his ex-wife, also in the fact that her lawyer took her to lunch every day between sessions. For just as a man prefers the woman he cannot understand, his heart warms to his wife if he cannot understand why she has left him. By the same law nore interest attaches to the woman a man is not expected to kiss than to the one who expects him to kiss her.

Being married, like going to college, does not always teach you everything. But, alas, divorce is the post-graduate Copyright, 1929, by Public Ledger Company

## Flower Vases

Much of the Italian Renaissance furniture is too heavy for modern houses, but an Italian cabinet. like the one depicted above, may be used effectively in a room even with modern furniture is made upon the same simple lines as the cabinet.

This cabinet would allow of our displaying several pieces of lovely colered pottery, which would heighten the interesting effect of the room and lift it cut of the drab.

In the days when such a cabinet was made people did not have comfortable chairs and davenports, such as we are accustomed to. There is no reason, however, why they should not be used in the same room, and there are many burch.

Sometimes salad dressings or jellies chem in very pretty glass jars. You think, "Wouldn't that be pretty for just a few flowers?" but you wish it had more color to it. That's easily remedied. Wash the jar thoroughly, dry it and give it a coat of shellac on the outside. When this dries, paint it with oil paint, in any color that you like, making it a solid color with a trace of shelding here and there as the paint happens to deepen or fade while you work. Dainty flowers may be added in garland design, made by combining white paint with the light blue or pink that you use, and applied after the background is dry. When finished the jar looks like a piece of pottery and is just right for a small bunch. Sometimes salad dressings or jellies

## That Loose Glove

That Loose Glove

That clasp that won't stay fastened, servered with chintz.

The words "Italian Renaissance" and every time I come across a special isn't it maddening? You pull it server with the greatest difficulty, map it shut, and five seconds those days along with the palaces. This style calls for few, though well-hose all, don't spoil your room with a map trifles. This style calls for map trifles. This style calls for the well are the well on it just for a second. This will make the peg wider, so that the peg wider, so the peg wider with the peg wider, so the peg wider with the peg wider w



Perhaps you need something yourself to freshen up last year's frock or give a distinctive touch to a new one. Or, Christmas is coming, and these collars and vests make most acceptable gifts

middle front of the pattern and cut the right shape at the neck. The vestee comes below the waist. The back comes just to the waistline; it is cut of lining net or lawn and seamed to the fronts at the shoulders. At the waist line in back the shoulders. At the waist line in back the shoulder seams are finished lay the rostee out first on the shoulder seams are finished lay the rostee out first on the shoulder seams are finished lay the rostee out first on the shoulder seams are finished lay the rostee out first on the shoulder seams are finished lay the rostee out first on the shoulder seams are finished lay the rostee out first on the shoulder seams are finished lay the rostee out first on the shoulder seams are finished.

The pattern could be cut of one front, and then lace laid on and sewed together to form a desired design. The fronts lap and are fastened by rather fronts lap and are fasten

which stops at the under arm seams,
After the shoulder seams are finished lay the vestee out flat on a piece of paper, with a fold down both front and vest—cut to a depth of six or seven inch wide Valenciennes edging are set lay the vestee out flat on a piece of Figure is used for the back of the inches in depth. Three rows of half-paper, with a fold down both front and vest—cut to a depth of six or seven inch wide Valenciennes edging are set back, and mark with a sharp pencil inches—just enough to have shoulder on around the bottom, one row at the around the neck for a short way down seems and something to sew the collar edge and the others leaving an inch-wide front and back. Remove vestee and to, that in the same way as the linen space between. The bottom row of lace cut collar pattern, measuring down vest, using a plain shirtwalst pattern, runs up the back and a narrow band from the neck line mark on the paper. The edge may be picoted or finished with further four inches all around, then curve it in narrow linen lace, front like the picture. In cutting the Perhaps the lace one sketched is too but fine net looks quite all right if

linen lay the middle back of the collar claborate and expensive for any but a slightly fulled at the neck, the main pattern on a straight fold of the magift to a bride. A fine net foundation point being to have it wide enough terial.

A BEAUTIFUL piece of white linen is used for one of these collars. It is cut by using a plain shirtwaist pattern. Lay a fold of the material on the middle front of the pattern and cut the middle front of the pattern and cut the middle front of the pattern and cut the small flat bow finishes it smartly at the middle front of the pattern and cut the small flat bow finishes it smartly at the middle front of the pattern and cut the small flat bow finishes it smartly at the middle front of the pattern and cut the small flat bow finishes it smartly at the front, and then lace laid on and sewed known as "my wedding dress," and was always worn with a certain amount

## Please Tell Me The Reckless Age By HAZEL DEVO BATCHELOR

Aline Makes Up Her Mind

Divorce and its Dangers

Be you careful lest, after sending hack the wedding presents to be credited, you learn too late that you wish to keep them:

Too often is divorce the perspective.

There were a great many points in his favor, but her smile was not sent timental. He looked at life very much as the herself did. He had a fairly good sense of humor, was very good-looking, in a sleek, well-groomed way, was in business with his father, and had consequently splendid business warned him against showing any emotion, and her eyes met his quite frankly around good sport.

around good sport.
"Of course I'm not going to do any decided thing in a hurry." Aline decided shrewdly. "In any case I'd insist upon legaring to rush into things the way Phylits did."

Which all went to prove that although Aline was incredibly wise, she was not in the least in love with Charley Tyne.
Her thoughts were introspective, she Tomorrow—Phyllis Hears the News

Bright Cross Stitch Trims



By CORINNE LOWE

Even Crosspatch cheers up perceptibly at the sight of cross stitch. This type of trimming, long favored for the child's frock, retains this year all of its old authority, and on the simple.

Introducing Aline Foster, some of her friends, and her sister. Phyllis. Aline is a product of the reckless age.

CHAPTER III

Aline Makes Up Her Mind

Was absorbed and fascinated with herself, and although she was sure she knew everything about life, she was in reality very ignorant and very young. Two days after Mahel's dance she had tea with Charley at one of the most fashionable of the downtown hotels. There is something intimate and re-There is something intimate and re-ALINE'S idea of love was typical of mantic about the tea hour in New York.

The crowds seem more carefree at that

A LINE'S idea of love was typical of the gounger set, Love, as set forth in norels, was absurd, it simply didn't exist, and if it did, as in the case of Phyllis, it was nothing to be proud of, it indicated was easily as the set of the was the was the set of the was the was the was the was the was the was the set of the was the set of the was the was the was the was the was the was the point of the was the

her. Men had been interested in her nevertheless stirred by the girl opposite before, but she had never considered him. Sometimes her beauty was breathany one seriously. Now for the first taking, and he admired tremendously time she wondered if perhaps she and her independence and the verve and Charley might not make a go of it. dash she put into everything she did.

There were a great many points in his Aline did not answer, but her smile

"I think we might try it out, Char-ler. As you say, we do get slong rather well together. It was to say the least a very strange proposal, but Aline was quite well sat-isfied, and would not have had it any

Bright Cross Stitch Trims break in front is most effective, especially when combined with the square neck, just now exceedingly favored in juvenile modes.

Adventures With a Purse TO GO with an afternoon frock of I gray canton crepe, a girl I know wanted some gray slippers that were a little bit different from the usual run. While adventuring in the various shops I found a pair of pearl gray suede slippers with heels that were neither too high nor too low. Across the toe and

usual note of smartness. They were priced at \$11. It took me fully fifteen minutes to argue myself out of buying them. I stood before the window looking and looking. But they would make such a lovely gift for some one. Pantalettes made of pale pink georgette with six small frilly ruffles about the edge and a tiny pink rosebud on each ruffle. Dainty, and oh so pretty, so distinctly

across the back slender bands of shiny

black patent leather served as an un-

feminine, for \$8.50.

## What to Do By CYNTHIA

Letters to Cunthia's column must be written on one side of the saper only and must be aigned with the writer's name and address. The name will not be published if the writer does not wish it. Unaigned letters and letters writen on both sides of the pager will not be answered. Writers who wish personal answers that can be often in the column will please look there, as sersonal letters are only written when absolutely necessary.

better Tell Your Father

Better Tell Your Father

Dearest Cynthia.—I have written to you once before and I hope you can help me now too. I went to a certain place by myself once. I had a book with me. Some boys came over to me (they looked to be very nice) and asked me for the book. I told then it was for some other boy that was true), but they did not care and seven to the book. I told then it was for some other boy that was true), but they did not care and seven to the book that yot up and went away. The boy that I gave the book to said. "There are some pretty boys for you." But I said. "It makes no difference to me, because I don't know them." I think he was jealous, but that doesn't worry me. The thing it hat worries me, dear Cynthia, Is this Whenever these boys came up to me and said all kinds of things I did not say a word to them. One of the boys lit a match s and put it up to my face. Suppose I would be walking with my mother, afther or my friends and these boys would say something. What would I have to say? I would be ashamed to look at my friends again. Please, dear tynthia, tell me what to do. Luck to your column. I think it is wonderful.

Tall your father at once of the whole twill be good.

A "CYNTHIA LOVER."

Tell your father at once of the whole A "CYNTHIA LOVER"

Tell your father at once of the whole matter. He can soon stop them.

Things You'll Love to Make



An Interesting Girdle, Chic and Easy to Make

# Peggy Keeps Telling Everybody "We" Will Be Married Next Week

Children Make the Church Their Playground During the Service and Mother Will Be Relieved if Peggy Keeps Out of the Ceremony Itself

It's a wonderful experience.

T'S no wonder that Peggy talks about

ASH to Horlick's

. ORIGINAL

The "Food Drink" for All Ages.

Quick Lunch at Home, Office and Fountains. Ask for HORLICK'S.

Avoid Imitations & Substitutes

Malled Milk

WE" are going to be married next, "Hello!" to the cousins right back of

"We" have been going about to all why, it doesn't seem to be the right the shops buying lovely things and thing to do at all! lately packages have been arriving for us almost every day.

"We" always open them in the pres-ence of the whole family, and then they all exclaim over beautiful silver, or handsome china, or "another mayon-naise bowl!"

"We" are Peggy and her older sis-ter, Deborah. father and the rest of the family during that time is not quite so wonderful or delightful. Theirs is the responsibility of preventing Peggy and Bobby and the little

Theirs is the responsibility of pre"We" are Peggy and her older size
ter, Deborah.

Deborah is doing all the buying, and
Deborah receives and opens all the
gifts, and it is Deborah who will actually do the marrying, but to Peggy it
is entirely "our" wedding.

She has seen all the lovely things,
and is always on hand or under for
or sonewhere in the way when the presents arrive and are opened.

Whenever she talks about the wedding, which is most of the time, for she
is wildly excited about it all, it is alis wildly excited about it all, it is alis wildly excited about it all, it is alis wildly excited about the welbridesmaids' dresses or to buy goingaway shoes.

There is the responsibility of prewenting Peggy and Bobby and the little
dences over the back of the pew.
Theirs is the duty of keeping Peggy.
There is the ceremony—that white ribbon would
and is always on hand or under for and so on inthe ceremony—that white ribbon would
and is always on hand or under for and so on inlier of the model of Bayard and S.
Louis, the Crusader-King, whose is the cursal peggy.
Louis, the Crusader-King wence of the under it, and so on inlier of the model of Bayard and S.
Louis, the Crusader each individual ple that goes to make up the grand and glorious whole af-

I remember one seven-year-old who was quite as much thrilled over her brother's wedding as Peggy is over Her dress, a momentous affair, with

thing.

Everybody stares at you as you trail up the familiar sisle, grown unfamiliar with flowers and white ribbons and And then you sit down way there right in the midst of things.

TT ISN'T quite like church because I people are talking and there's no But when you turn around and say

Can You Tell? By R. J. and A. W. Bodmer

Why Soap-Bubbles Are Round

When a pipe is dipped into scapy water a film of soap is formed over the bowl of the pipe. By breathing into the pipe, the elastic soap film is stretched and forms the bubble. Scap-bubbles are perfectly round because the atmosphere presses equaly upon all parts of their



at the football game, or after it, nothing tastes so good as Huyler's bonbons and chocolates.



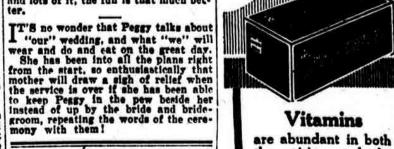
1889 Chestnut Street

Special this rucek: Assorted Buttercups



WHAT'S WHAT

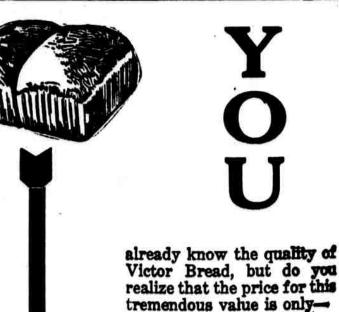
In good literature there are me examples of that considerate type a



the raisins and the cake from which Raisin TASTYKAKE is made.

# Makes good TEA a certainty

Warm your teapotuse teaspoonful of Tetley's Orange Pekoe for every two cupsbe sure water is freshly boiling-steep five minutes. Then you have a real cup of tea.





## Victor Bread

is sold only in our stores. The price will remain 5c for the balance of the week.

Where Quality Counts and Your Money Goes the Farthest

