How to Play Football

Tackle Who Charges Low Usually Most Successful

Lineman Who Plays High Style of Game and Fights With His Hands Must Be Husky and Exceptionally Fast

to the opposite side.

WHEN the offensive side has a kick

interfere, tackle hard and always play good, clean, rough football.

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By LOU LITTLE
Former University of Pennsylvania Tackle and Mentioned for All-American Honors in 1919

THE position of tackle on a football team in this modern era of the sport is one of the most important of all. With the change from the mass formation of the eighties and nineties to its forward passing the open game with and off-tackle plays, the tackle plays, the tackle plays a bigger part in the sport than he formerly did.

The usual im-The usual im-pression the aver-age person former-ly had of a tackle

bulky man weighing more than 200 pounds inclined to LOU LITTLE: pounds inclined to be stocky and heavy. This impression doesn't prevail today because the modern game demands of a tackle that he be not of abnormal weight or strength to plya the position, but that he combine a certain amount of speed along ith aggressiveness.

A college tackle should weigh in the neighborhood of 185 pounds, of bone and muscle and not fat. A high school player should weigh about 165 pounds. player should weigh about 100 pounds. The reason for the difference in weight between the college and high school player is due to the difference in competition, the high school boys meeting players of their own weight, which ap-

proximates 160 pounds.

The tackle is no longer the slowmoving, awkward player that used to be keen. He must now have speed, untiring energy, agility and learn to play hard, rough football. On the interference the tackle plays a most important to the control of the contro portant part, particularly in end-runon the defense he must be able to

get through and assist the end reaking up the interference in additon to his other duties. THERE are two styles of tackle play, one in which the tackle stands up and fights his way with his

hands, and the other schere a tackte plays low and charges across the line of scrimmage with his head and "Buck" Wharton's Method

THE latter method was first intro-I duced by Dr. Charles "Buck" Wharton, of the University of Pennsplvania. When line coaches are spoken about, Dr. Wharton ranks as among the greatest in the history of the game. His system is in vogue in hundreds of colleges all over the coun-

There is a strong reason for the adoption of the plan. A small, active man can play the system and be a good

man can play the system and be a good tackle, which means that a greater number can play the game.

The tackle who plays the high style of game must be big and exceptional in his talents in order to be of any value to his team. A slight man playing high is easy to charge back and carry out of the play unless, as stated, e is an exceptional player.

The low style of play is really the best. It gives a man all his power, enables him to drive hard and mee. the opposition on the defense and to plough holes in the defense of the opposing team when his mates are carrying the ball.

On the offense a player should assume a charging posture. The hand should be kept up and the body down. A right tackle stands with right foot forward and a left tackle with his left foot forward. That is, the tackle always assumes his charging position

with the outside foot forward.

When the ball is passed he should charge low and hard with the purpose in mind of stopping anything coming in his direction. If a back is to carry the ball through the tackle's position he should turn his opponent in, out or back, as he has been directed by

WHEN he is to be a part of the interference he should swing out terference he should swing out of the line and get into the interference with rapidity and get to his opponent and cut him down. To come out of the line with the loss of as little speed and drive as possible the tackle should pivot on his rear foot and swing well back, keeping the bady low with his eyes on his opponent.

Tackle Should Lead Interference ☐IS first swinging pivot step clears

H him of the scrimmage line and makes the second step in the right direction. This should be practiced as much of the time as possible, a good tackle always combining the ability to lead the interference and getting his man.

Offensively a tackle gains recognition what the play is directed by his backfield through the opposite side of the line, and the opposing lineman then gets through and cuts down the defensive backs. By cutting down is meant knocking down or otherwise getting an opponent out of the play.

Defensively a tackle is one of the most feared men on a team. He should be aggressive and should charge across the line.

be aggressive and should charge across the line of scrimmage as soon as the ball is put into play. The tackle should get across the line, help his end to break up interference, hurry the kicker and for

break up interference, hurry the kicker and forward passers, he on the lookout for reverse runs and, of *course, stop any line play directed at him.

The position of the defensive tackle on close fornations is just outside of the offensive and facing the rear man of the formation. He assumes a charging posture. When the ball is passed he charges into the end and carries him back. By doing this he can tell where



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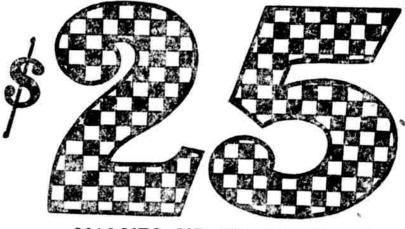
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