Would You Rather Be Dull and Content or Thrilled and Wretched?

BEAUTIFUL young actress tried to commit suicide recently. She drained life's cup of bitterness to the drags. It was mere accident that prevented he r death. They would not let her die.

In many States, one can be tried for crime because he attempts to take his own life. Fortunately, she escaped be in go the rost of the rown into prison and having the rest of her life ruined.

WINNIFRED

WINNIFRED

WINNIFRED

Being so young, the chances are that she will pull herself together and sand some happiness yet. But the horror and the terror and the agony of dialillusionment that caused her to take the momentous step always will leave a teep wound that never can completely

FCOURSE, such theatricals and controls to the male of the carried to the mementous step always will leave a teep wound that never can completely

CF COURSE, such theatricals and

Tresh from a convent at sixteen, as morant as a baby, she married. The sw years that followed included a hectic stage career, a scandalous divorce proceeding, and innumerable buffetings by fate. The notoriety, the terrible newspaper stories about her most private affairs, with all this it is difficult indeed to have her sanity, and it must have aided in driving her to suicide.

Yet she had had many thrills, many excitements, and much adulation. When a young creature awakes to the realistic that she is beautiful; when she is inundated with flattery, and led to believe that every one worships her, it is difficult indeed not to have her head turned. The cool, easy-going folk of the world, those of us not blessed—or cursed—with glorious physical charms, can have no conception of the intoxication.

SUCH a young beauty is beset and besieged. Every man seems to be bent on her ruin, and it does not alter the facts to cynically insist that she velcomed the gayety and dissipation and fattery.

If we want to be truthful—and few of us are, in such matters—we must

By WINNIFRED HARPER COOLEY

Three-quarters cup of milk. One teaspoon of vanilla.

One-half grated rind of an orange.

Little Girls

And little boys like unusual parties,

too, and a variation from the ordinary games and stunts of Halloween

Party," which turns them all into

flowers and vegetables. A self-ad-

dressed, stamped envelope sent to

the editor of the woman's page of

the Evening Public Lenger will

bring these ideas to any mother or

father who wants to entertain some

of This Crepe Frock

If the measure of style is its weight,

here is a costume which should have no

trouble in passing the proper authority.

For the outstanding touch of trimming

on this little cafe au lait crepe Elaine

frock is weights covered with dress ma-

terial. These occur between folds on the

three-quarter sleeves and the wide over-

skirt. This overskirt, by the way, re-

veals a rather tight underskirt. The

children on October 31.

provided for them in "Garden

Mrs. Wilson Changes Menu With Season and Now Is Time for Hot Nourishing Food

Beef Is Served With Special Sauce, and Dessert of Mince "HAVEN'T you any shame? How dersing the Right Blending nothing had happened? What manner such of Fruits and Spices

By MRS. M. A. WILSON Depright, 1988, by Mrs. M. A. Wilson. All

THE daily question of just what shall we eat is very important to the three-quarters cup of finely chopped Mt finicky. No matter how much the coconut. To chop the coconut put the housewife will urge or plead, they will coconut for the coconut through the food copper, using the coarse knife.

The coconut for the top of the cake wondered at her clear-exed regard of may be placed on a pie plate in the bim. Why did she look like that?

meals on Sunday. Breakfast

Baked Winter Pears and Cranberries Cereal and Cream
Bacon Omelet Parsley Garnish

Bronnaise Potatoes Rells and Coffee Dinner Home-Made Relish

Mashed Potatoes Mashed Turnips Buttered Beets Colesiaw Mince Turnovers

Cold Cuts of Boiled Beef

Cranberry Jelly English Mustard Cream Potato Salad Coconut Cake Covered Weights Feature

Tes dled Beef With Horseradish Sauce

Wipe meat with damp cloth and tie in shape with pieces of tape. Place water in large pot and when boiling dd the beef and

One bunch of soup herbs, One carrot.

Two onlons, with a whole clove and slepice stuck in the onion.

Boll for ten minutes. Place where the meat will be just at boiling point for time required to cook, allowing hirty minutes to the pound

About thirty minutes before serving the dinner place in saucepan one cup of milk and two-thirds cup of flour. Stir to dissolve the flour in the milk and then add two and one-half cups of the stock from the botling meat, whip well and bring to boiling point and cook for fifteen minutes. Now add

Two level teaspoons of solt. One teaspoon of white pepper. Three tablespoons of grated horse-

One-half cup of sharp vinegar, One-half cup of finely chopped pare

Bring again to boiling point and it is Mince Turnovers

But through the food chopper One cup of nuts, One cup of seeded raisins, One-quarter pound of citron. large tart apples (do nos peel

Juice of one lemon,
Three-quarters cup of brown sugar.
Two tablespoons of vinegar,
One-half teaspoon of cinnamon,
One-quarter teaspoon each of ginger, Repice and nutmey.

Blend well and stand in the refrigerator over night. In the morning roll ent plain pastry about one-quarter fuch thick, cut in five-inch squares, plain pastry about one-quarter place a spoonful of the mince on the square of pastry and fold over, making three-cornered fold, pinching the ges tightly together; place on sheet and bake eighteen minutes in modcrate oven. Serve with vanilla sauce.

English Mustard Cream Place in saucer

Two teasphons of mustard. One-half teaspoon of salt, One-quarter traspoon of white pep-

Four tablespoons of thick creum. of a season when we take back with one Blend well and add slowly, heating so that the mixture will thicken like adding at the same time three tea-The overskirt is gathered at the sides, and narrow bands of self-fabric stop-ping at the sides encircle the back of the frock. vinegar. When nice and

teaspoon of sugar.

Coconut Cake Mace in mixing bowl rec-quarters cup of sugar,



Becoming Fur

We cannot all wear fur hats, for they make some of us look topheavy. But anybody could wear this charming hat of suede, with soft, haphazardly falling crown and narrow beim, on which a small bit of fur fills in the space at the base of the crown and adds to the gracefulness of the outline. The fur matches the deep collar into which the wearer of the suede cloak snuggles her chin so warmly.

The Superior Sex By HAZEL DEYO BATCHELOR

John Steele marries Anna Temple morcing that she has a secret in her past which she refuses to divulge. He knows, too, that she does not love him, but he is determined to win her love, and on their honeymoon, they are swept irresistibly together. But having won her love, Steele begins to wonder about her secret, and the more so because after their return home, she at times disappears mysteriously and refuses to say where she has been. spite of his terrific need of her. Steele is not happy, and a friendship levelops between him and Katherine Cleveland, a girl his mother has al-ways wanted him to marry. Then, one day. Steele returns to the apart-ment with all the love that he has felt for Anne suddenly turned to hate,

The Accusation

His fingers closed ruthlessly about her

Her eyes met his unashamed even while a scarlet flush crept up into her cheeks, but she did not answer him. Beat to fine, smooth batter and add him to go on with what he had to say "This secret of yours," his mouth bousewife who is vitally interested in floured loaf-shape pan and bake in molerate oven for thirty-five minutes, is particularly true when one or two members of the family are apt to be a cover the top thickly with finely chopped were highing. But you won't have any one of the family are apt to be a cover the top thickly with finely chopped were highing. But you won't have any one of the lines from me after this wonder you wouldn't talk about it; no cause to hide things from me after this.

The menu today will feature three oven for a few minutes and browned He wanted her groveling at his fest; a delicate color. Care must be taken that was where she belonged. He wanted that was where she belonged. He wanted not to overcolor or the coconut will her begging for mercy, completely in the first my accommission ment where the shadow appears. At night, lose its flavor as well as appearance. his power, and instead she was as she gentlemen—naturally, I would insist upon however, the rays from the street lamp had always been, mysterious, clusive, and worst of all, superior.

Through all the week that had passed Through all the week that had passed to any one with my limited mentality), because the source of light is not so intense. Therefore there is no reflected from the moment when he had yielded though diet of them is terribly boring. Therefore there is no reflected to the temptation to have Anne watched to like baying only the dessert—with shadow appears.

Light is only one of the forms of vent on her mysterious errands he had for the first time in his life felt shame, and he had argued flereely with himself he effort to banish this ignoble emo-

He had tried to boister up his courage with the thought that he had a right o know, that she was asking too much rom him in demanding that he trust her. And when he had finally learned the ruth, triumph in the thought that he had been right all along had for a time taken the place of the shame he had experienced through spying on her.

But now, in spite of his righteous inger, there was something about her was still undaunted, superior that was the word-and at that moment he was more aware of the sick depression that had settled around his heart than of the and contrite, stripped of her pride and

at his mercy. He become aware of the fact that she was trying to disengage her arm from the clasp of his fingers, and his hand tightened cruelly.

'You hurt me," came from her white lips in a whisper, and quite suddenly he flung her away from him and they stood facing each other.

"I want to hurt you," he stormed bardly aware of what he was saying I never dreamed that a woman could teceive a man as you have me. I might have known when you admitted that ou married me for money how little actually counted in your life, but that you with your innocent eyes could have made such a fool of me, that you could have taken everything I had to offer and laughed behind my back, that is the thing that has driven me nearly

She made no effort to speak. She simply stood there before him while he blundered on, carried away by the knowledge of the evidence he had against

Who is he?" Steele demanded sud-Who is this man that you love and whose child you are supporting with my money? Ah, that hares! Did you think I hadn't the proof? Did you think yourself so secure that no onwould ever discover your secret? With knowledge I have, almost everything is clear to me. There's just one thing I don't quite understand. Why you think it necessary to pretend that you loved me? You had what you wanted without that. Why? Why?"

Tomorrow-The Acid Test

LOVE NOTS

By KAY KEAN

Think you to capture the male species the cold shoulder of indifference? For his heart is entered only through the susceptibilities of his vanity. Truly,

combination of the two has been much stressed, and it is certainly indicative Though he pursue the coquette with enthusiasm, he would grow tired of the hase were it not for the beckening

hand all the width we have offered finger.

Yet flattery for man must be like

Yet flattery for man must be like unto a bottle of tabasco sauce. A light sprinkling tickles the painte. But he-ware the overdose. Pampered vanity in one's husband is a consummate fire. The only touch of color is contributed by millinery leaves of brilliant autumn twice in the same place, so does conred, which occur at either side. Anent celt of a man flit from one woman to

red, which occur at either side. Anent ceit of this touch, it will be remembered that another. this touch, it will be remembered that this year the dress designer is borrowing constantly from the milliner for trimming devices. The collar is of tucked bisedit-colored net inset with real filet. This costume would be charming for the collect rink.

The heart of man is like unto the susceptibility of his stomach. Be not unformed in the collect with the head less the grow weary of the flavor. Safiety and indifference are the milestones about the neck of love.

Please Tell Me What to Do

Ahl So Severe

Dear Cynthia—Don't you feel sorry for Le Penseur? Why not give him the go by and the world would be better off? I can imagine him coming home to mother darling not knowing the gutter from the house. And, poor soul, to think we are a little more advanced than the caveman stage. How much more superior he is than mere woman! Such as he make women and girls as they are today. Why should not a woman he better and higher than she was years ago? I'll bet when he is on a trolley car he buries his head so deeply in his paper he doesn't see the old ladles and old men get on. Or at least he pretends not to anyway. Yet any lady who has any kind of feelings will get up for an older person. But he is so highly educated he can't see that. Deliver us from such a dumbbell as that one.

A LIVELY BUNCH WHO LOVE THE LADIES.

"Seulement Une Fille" Writes Again Dear Cynthia—Please, may I come into your nice "letter family" again and answer S'll Vous Plait's letter? Thank

Heally, your letter was such an over-whelming and wholly delightful sur-prise. I don't know where or how to begin my reply. You know, this is a funny world. Here we are, complete strangers, never saw each other, cor-responding through a newspaper column (shades of horrified Mrs. Grundy), and conversing on subjects that we would conversing on subjects that we would never consider discussing except with

conversing on subjects that we would never consider discussing except with intimate friends.

I'm going to answer your question first. Of course, I wouldn't fuck the little old ideals away if I met you Goodness! Wasn't the fact that you answered my letter proof of my theory? And, as you say, if we were to neet, wouldn't that be further conclusive and convincing proof? Then, too, you were so understanding, that I'm sure my intuition, or whatever that little supersense is termed, wouldn't let me make a mistake. Haven't you noticed there are some people you have been acquainted with for years, and yet you don't really know them? And then there are people whom you have just recently met, and you converse with them freely, and tell them all your hopes and plans and ideals, and talk about things really worth while. Why? Because they unworth while. Why? Because they un-derstand, of course.

You say I was unselfish. Now, after a flattering remark as that my sma' voice clamors for attention tells me to be a sport and fess up. slim srm, but although she winced with For, you see, it was a wholly selfish the pain of it, she still did not turn motive that made me answer that letter. was so disappointed and so disgusted, or the one person whom I had thought eatly understood had proved unworthy and the hurt of the disappointment was the hurt of the disappointment was seen that (if I may take the liberty quote you) 'I had to say something some one, something I really meant.' I hadn't I'd have been a lit subject that interesting little institution at ty-fourth and Market streets. Then, from your letter I magined that have many of the qualities that my all man must possess, and that, peel with your understanding, made write and thank you. As I said one, it brought my old ideals back onger than ever, for I realized that

stronger than ever, for I realized that (although it has never been my good fortune, so far, to meet one) there was one man who, so far as I could jurge, "measured up," Don't think by that,

converse on anything really intering, you're a "high-brow," and, a on the lot." I know, because, I've tried it, and, like you like you. I've tried it, and, like you again it's no good. Any one upon first meeting me would have no horder idea that I ever had a serious thought than that we'd see coal this winter except in Caldwell's windows. That seems to directly contradict my previous gaussed by the meon coming in direct seems to the sun and moon are there is an eclipse of the sun, it is seems to directly contradict my previous gaussed by the meon coming in direct seems to the sun, it is seems to directly contradict my previous gaussed by the meon coming in direct seems to directly contradict my previous gaussed by the meon coming in direct seems to directly contradict my previous gaussed by the meon coming in direct seems to directly contradict my previous gaussed by the meon coming in direct seems to directly contradict my previous gaussed by the meon coming in direct seems to directly contradict my previous gaussed by the meon coming in directly contradicts. en, aa I said before, you under-

hink I've monopolized enough space his evening, and had better cease sing the midnight oil" or, to be sughly modern, electricity, and run my beauty sleep (Henven knows I it) and—oh, speaking of appear-I'm forced to confess by now you The Woman's Exchange

For Dark Skin

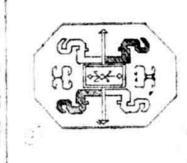
To the Editor of Woman's Page:

Deer Madam—I would like to know if it is possible to bleach naturally dark skin. I have been trying peroxide in about a month, putting it on three times a day, but it has had no effect. Does it take longer that?

A READER.

THE HOME IN GOOD TASTE

By Harold Donaldson Eberlein



Interpretation of Symbols

As so many of the various symbols had different meanings among different peoples it is possible to give here only few of these more generally known: The six or eight pointed star significa divinity.
The bud, birth; the flower in full

from, completeness of age.

The tree of life symbolizes divine power; the lotue, new life; the palm, a blessing or benediction, strength or The circle represents eternity, and

nigzag figures, lightning.
The old Swastika symbol, filustrated above, was a token of good luck and

fortune. The deer signifies honor and success; the serient, darkness.

The lion is an emblem of victory and giory, and wherever seen preying upon serpent or other beast, represents the

ing through various religions.

The study of symbolism is one of the most fuscinating to be found anywhere. So far, history has not succeeded in tracing these symbols back further than the Egyptian, but there is a contract to believe that many of the every reason to believe that many of the geometrical patterns with borders of lotus and other flowers date from the very foundation of Fornation division

foundation of Egyptian civiliza

Glorified!



not the uninteresting kind at all. The waist is really worthy to be included in the blouse type, being of crene de chine on pleasing lines. while the skirt is of pleated serge, the pleats continuing above the line of the belt to make a ruffly finish

Can You Tell? By R. J. and A. W. Bodmer

Why Shadows Are Darker at Night Than in the Daytime

When anything through which rays of light cannot pass intercepts the light rays which are coming from a luminous body, the light rays are turned back in the direction from which they came. The part on the other side of the object which intercepted the light goes into a shade and the standard of the st cepted the light goes into a shade and used to.

a shadow results.

A shadow therefore is produced by cutting off one or more light rays from any luminous body. We can notice shadows when the sun is bright in the any luminous body. We can notice shadows when the sun is bright in the daytime, but at night when we walk along the streets lighted by street The shadows produced by cutting off rays of sunlight as above described are not so dark as those produced by street lights at night, because in sunlight the back by many objects behind and on the sides of us, and some of this re-flected light is east over the place a the continual stream of triv-nuter called a good line and it across," is a strain (at least one with my limited mentality), because the source of light is not so

is only one of the forms of radiant energy which will produce shadows. Scientists now recognize shadows produced by the interception of sound waves.

line between the earth and the sun. When the moon is in eclipse, then it is the earth which has moved into direct between the sun and the moon, causing the shadow produced by the earth to fall on the face of the moon.

Tomorrow-What Makes Rain

A READER.

Don't keep on with the peroxide, because, used steadily as you have been doing it it will hart your skin. Lemon julce, applied once daily, or not as juice, applied once daily, or not as often as this, according to how it agrees with your skin, or a lemon cream will have a tendency to bleach your skin. Use it regularly and try not to be impatient with results. You will notice some difference, but you cannot change the natural color of your skin a great deal.

Celebrating Anniversary To the Editor of Woman's Page:

Dear Madam—Late this month is the anniversary of my wedding, which will be ten years. I would like to give a party, about twenty persons, and would thank you very much if you could advise me what could be dene in the way of some entertainment, refreshments, decorations, invitations, etc. Would like to keep the expenses as low as possible.

The expense for the tenth wedding The symbol for the tenth wedding anniversary is tin, so in decorating it is nice to use something to carry this out. Now, you cannot use tin, but tinsel is the same color, and so is silver So have several vases of flowers in the fiving room covered with this kind of paper and finished with a row of time around the top. The bowl of flowers in the dining room may be decorated in the same way, and you can have cuming favors of paper mache nut dishes with a band put on around the top with sliver paint. These can be filled with either candy or nuts, and

a small eard may be attached to each one with sliver ribbon to serve as a place card. pleasure of your company on Friday evaling, November 10." R. S. V. P. evaning, November 10." R. S. V. P. and the address are put in the lower left and right corners, respectively. You can do as you like about mentioning that it is to celebrate your anniversary, but it would seem as if it were better not to 4, so, because to the person receiving the invitation it "sounds like"

The lion is an emblem of victory and glory, and wherever seen preying upon serpent or other beast, represents the victory of glory and light over darkness.

Many of these symbols reach back into the very dawn of civilization for their meaning, and some, like the palm and the moon, have had the same meaning through various religions.

In Other Countries Iceland has elected its first woman member of Parliament.

Ony 1 per cent of the women of India can read and write.

China has women's magazines, and women's pages in the newspapers but they are aways called by men.

Women Who Can't Be Bothered With Any Younger Persons at All

Make a Great Mistake in Thinking That the Freedom From Annoyance Gained by This Will Keep Them Young Longer

I DON'T care very much about joy consists in teaching young four-children," said the woman who year-old to observe and talk about the preferred lap dogs. "They are very things that he sees. preferred lap dogs. "They are very They've kept her young. nice if they are just cleanly dressed and their nurses have taught them to keep quiet. Very pretty and all that, but I think it would be dreadful to have them running around the house

have them running around the house It's all because her thoughts and feelings are way back there with her children and grandchildren. She has upsetting everything and getting in the way. They make so much noise, and they get so dirty!"

She is really afraid that the annoyance she might have to suffer would age with theirs. lived with them and for them all her her a little. She has known so many women who It never pays, aside from everything

else, to live entirely to and for your-self; the time comes when you are the have wrinkles and gray hairs at forty, just because they have given so much time and thought to their children. person who is interested about it and more than that, it is entirely up to That may be all very well, now, although we cannot sympathize with the lady or understand very clearly just how personal efforts.

The children and younger people that The children and younger people that

But later on she is going to be sorry that she felt that way.

Later on she will be getting older and showing it because of her ceaseless the elegant lady shunned so would be a great help to her if she only realized

efforts to look young.

She will be losing the hold that she used to have on life.

It will be hard for her to protend any interest in the affairs that she has always taken such an active part in, but she will have to do it in order to keep up with the times. "I use Mineralava SHE won't realize how she had missed her one great chance to stay young regularly and would when she was young.

But we can see it by comparing her not be without it. with another woman who at the age at which the one who disliked children

was keeping away from them as much as possible, had two of her own. This woman has always loved chil-As the years have gone by she has grown up with them, keeping her interest alive in their interests, keeping

her mind young by associating with her children and their friends. Younger people have always been able to consider her their friend. Age hasn't made much of an impras-

she can feel as she does.

Indeed, it is only when her birthdays not longer in her twenties.

A weman like this stays forty in her thoughts and looks younger than the woman who is trying to stay thirty.

OH! these grandchildren, they'll keep us young." said a grand-mother of seventy-five, whose greatest

Will You Have

A little party in your home this Halloween? Well, then, why not vary the usual witch and ghost ideas a bit by giving a "Hall of Fame" This is unusual and yet not teo different from Halloween to be lots of fun. Send a self-addressed, stamped envelope to the editor of the women's page of the EVENING PUBLIC LEDGER, if you want sugetc., for this entertaining party.



The "Food Drink" for All Ages. Quick Lunch at Home, Office and Fountains. Ask for HORLICK'S. Avoid Imitations & Substitutes

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fruit sugar, in practically predigested form-therefore almost immediately effective,

Furnish food-iron also. Get little red box now and

-5c everywhere.

Little Sun-Maids "Between-Meal" Raisins

Had Your Iron Today?

Julia Sanderson says:





Don't Let It Worry You

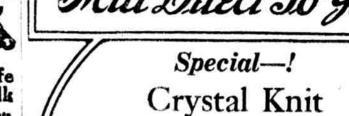
materials, and Bring it to us on us send for it. At the same time send us those draperies and "HIS" suit for a thorough cleaning.

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