

A Girl Who Is Crazy About Clothes Is Not Always Without Character

In the Big Things of Life She Can Show Her Pluck and Ability as Well as Any One—She Just Enjoys Good Clothes

THE moral of the film was "French heels or no French heels, she's good timber." Translated out of the lumberman's slang this means, "Even if she is a woman in a modern dress, she has character."

A USE FOR HAIR THAT'S BOBBED



Instead of using your shorn tresses as a switch to make a knot at the back of your head, you may twist them into a band of trimming for your hat.

What a Writer Has to Say About Making Yourself Charming

CHRIS ANTOINETTE DONNELLY
Light one's fancy for the fair one. The modulation of the voice and a clear enunciation contribute a great deal toward earning the descriptive "charming."

THE HOME IN GOOD TASTE
By Harold Donaldson Fleisher
Lacquer
Since Louis Le Grand received the reputation from Paris of being the lacquerer in France, they have again been imported to America by the French.



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Please Tell Me What to Do

By CYNTHIA
Letters to Cynthia's column must be written on the right-hand side of the page and must be accompanied by a return address. If the writer does not wish to be published in the column, the envelope should be marked "no publication" and the name should not be given.

To John J. N.
Your letter has been referred to the advertising department. Cynthia knows nothing of the business and of the paper.

Respect Now—Respect Always
Dear Cynthia—Just a few lines to you about the matter of your column. Some of them say when a girl bobs her hair she loses her manners, etc. But, dear Cynthia, I have been thinking of a girl who has manners, etc. before she bobs her hair, she has them afterward, too.

She's Surprised at Cynthia
Dear Cynthia—This is purposely for you. I hope you have nothing to do but write foolish, silly letters to Cynthia. I would advise you to look at yourself, not at Cynthia, in which to spend your time.

Sentimental Tommy Finds 'Ideal'
Dear Cynthia—A cavalier comes to pay you homage. To me I see the word "sentimental" is just a fancy word. I hope that you have discovered the "open sesame" to your admirer. Behold my "sentimental" admirer, to your majestic feet do with it what you wish.

For Little Hallowneers
There's a "garden party" that is such lots of fun that the flowers and vegetables who are invited to it will hate to go home when it's all over.

POMPEIAN OLIVE OIL
Sold Everywhere
Taste It!
Louella Butter
The finest butter in America!
54c lb
In all our stores
AMERICAN BUTTER CO.

Mrs. Wilson Tells Interesting Facts About Various Cuts From Cow and Steer

Different Pieces Should Be Cooked in Entirely Different Ways, Some With Dry Heat, Others Moist

By MRS. M. A. WILSON
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UNDER this heading, we have the meat from the different animals, classified as follows: Beef, from the cow and bullock; lamb and mutton, from the young and old sheep; pork, from the swine; venison, from the deer, and in the extreme West occasionally buffalo meat.

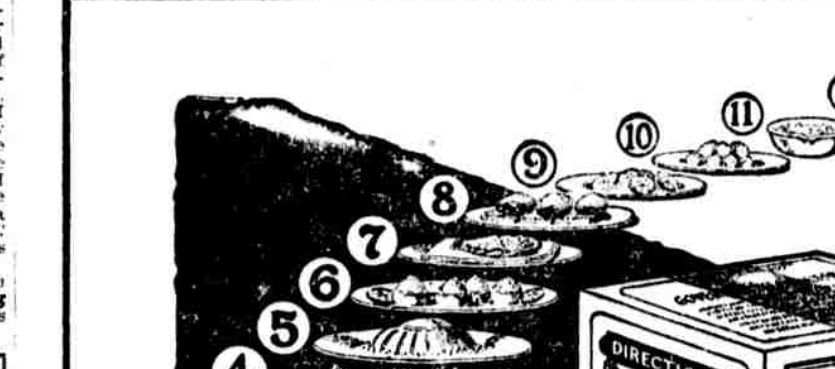
Beef
Good beef is of a good red color, firm to touch and smells fresh. Under the present market conditions, it is almost impossible for the housewife to distinguish the different animals used for beef.

The carcass of beef is divided into fore and hind quarters. The fore quarter contains the ribs, chuck, shoulder, plate, neck and shin.

Water Fat Protein
Fore quarter lean 5.45 19.97 19.94
Fore quarter streaky 32.49 56.11 10.87
(The stray part meaning well streaked with fat.)

Lights Tell the Secret
No articles of furnishing make for quality and distinction as a good installation of electric wiring and fixtures.

Have "SALADA" TEA
The Full, rich flavor is Appetizing and the mild stimulation Aids Digestion.



A Pleasing Variety
You never get tired of Beardsley's Shredded Codfish. There are so many different ways in which it can be prepared.

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The protein in beef is soluble in cold water, and quickly coagulates in boiling or hot water.
Meats placed to cook in cold water lose much of their protein content, due to the fact that while the water is slowly dissolving in the water, and will escape during the process of cooking in part of the steam.



"Fresh Every Hour"
The unusually fine assortment of Huyler's delicious hard candies packed in attractive sealed tins—just the thing to keep in the house.

Happy is the Child who's Mother keeps a supply of COCONUT TASTYKAKE on the pantry shelf.



FOR YOUR NEXT MEAL—
Have "SALADA" TEA
The Full, rich flavor is Appetizing and the mild stimulation Aids Digestion.



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