mas

## BABBITT

By Sinclair Lewis



Crab Meat Salad Now an "all year round,
dish. Fine crab meat
may be had max be had in tins. Vise
plenty of decry and capers and season your
 SAUCE

## SCHOOL

BOOKS
be fond


Lew y's BookStore


Coffee
$29^{c}$



Pain Stops Instantly







## Why some people sleep "Lightly"

THE PRINCIPAL REASON is irritated nerves, and the 1 common cause of nerve-irritation is coffee and tea drinkhalf to three grains of caffeine.

Caffeine has a tendency to agitate the nervous system, when the nerves, normally, should be relaxed. The result is that you fail to get the deep, restful sleep that restores health that you
and vigo

If you have any idea that coffee or tea is injurious to your health, drink delicious Postum, instead. Postum is the pure cereal beverage that helps the nervous system, by permitting you to get sound, revitalizing sleep.

Serve this fragrant, mealtime beverage. You and the family will be surprised and pleased with its delicious, coffeelike flavor. And better health is worth while.

Postum comes in two forms:-Instant Possum (in tins) prepared Postum comes in two forms:- Instant Postum (in tins) prepared packages, for those who prefer to make the drink while the meal is being
prepared) made by boiling fully twenty minutes

Possum
"There's a Reason"

## Look in the © Mirror Congratulate yourself you are using oomynos instead

$\mathbf{S}^{\text {CIENCE }}$ PROPER METHOWN that the PROPER METHOD of removing tooth film is by EMULSIFYYNG it, just as SOAP WASHES GREASE from

Polishes to a Pearly Lustre The scientists who developed Kolynos Dental Cream SPENT YEARS in perfecting this formula which, WITHOUT A TRACE OF GRIT, polishes the teeth to a pearly lustre and puts the WHOLE MOUTH in
that hygienic condition which INSURES their containthat hygienic

Nature's Eloquent Warnings If your teeth are SENSITIVE. if your gums are bility is you have been USING GRIT OR ACIDor both.

We have on file in our New Haven laboratories personal applications from over 47,000 American Dentists and 74,000 American Physicians for Kolynos Dental Cream, to distribute Kolynos Dental Cred
among their patients

Note how even a BRIEF USE of
Kolynos soothes the irritated and in Kolynos soothes the irritated and in-
lamed gums and HOW COMFORTABLE it makes your teeth feel.
RY KOLYNOS DENTAL CREAM FOR A FEW DAYS. Ask your dentist, your physician FOR A FEW gist about it. Discover the meaning of REAL MOUTH
git hAPPINESS.

## Removes Masses of Germs

Kolynos Dental Cream removes great MASSES OF mourn tachiment to the teeth and gums, stimulates the flow of
saliva and places EVERY PAPT STATE OF RESISTANCE which of the mouth in a regrowth of germ life.

No Grit-No Scouring-No Injury ARIT this it accomplishes WITHOUT THE USE OF GRIEN or scouring. If you do not know Kolynos, the Start using it today. After a fey days' one who does. will feel cleaner than it EVER DID BEFORE and this feeling of hygienic cleanliness will be reflected thar this out your body. You will look in the mirror and con-
gratulate yourself.

The Kolynos Company
New Haven Conn
U.S.A.

