# Be Yourself and Leave the Rest to Fate in Order to Marry Well

By WINNIFRED HARPER COOLEY

BERE is a new note, a modern want to deceive, especially in the most vital relationship of life; but she has been trained to suppose that he must been trained to suppose that he must tention to the fact type.

cooler in the effort to at-

girl, and we think adapt hersef to man's standard brand it very helpful. of woman, and she is afraid to show She calls our at- the least variation from conventional

that it is a bit o'd-fashioned for NOW, our correspondent asks why women to agonize Ngirls have not the courage to be women to agonize over trying to more themselves and leave the rest to fate? Why not have faith that the right man will recognize you as the right girl? Of course, a number of commonplace, unthinking ones may pass you by. They may feel vaguely that you are "different," and gropingly say to themselves that they don't want a wife who salves that they don't want a wife who thinks for herself, and has individually and the courage to be themselves and leave the rest to fate?

Cynthia cannot do as you may feel vaguely that you are "different," and gropingly say to themselves that they don't want a wife who thinks for herself, and has individually by and the courage to stand up for May I say a few words to

good cooks and neat, modest, obscure little mice, because it was firmly belittle mice, because it was firmly believed that such was the model for a perfect wife, and that men would seleet such a girl at once, while the more eccentric and unusual kind would more eccentric and unusual kind would self. You don't want to have to apolethe more eccentric and unusual kind would self. You don't want to have to apolethe first all, you don't have to are not tall enough? If I like a girl I like her for herself, not her height.

If I could meet you I'd tell you how much of a chance you have. But that

with aluminum fox and closing at the

side with a clasp of filigree silver.

The heavy pile fabrics continue in favor for coats. Velvet is also much used for the more claborate models and

even more striking are the quilted fab-ries and the silk cloky, the last often embreddered in metal. Black, by the

embroidered in metal. Diaga, as an way, is still exceedingly fashionable in although, of

this province of clothes, although, of course, the brown tones are far from

Can You Tell?

By R. J. and A. W. Badmer

Why We Should Not Pick Wild Flowers

In the spring and summer it is a common sight to see automobile after auto-mobile returning from the country inden with blossoms. limbs and some-times whole plants of our wild flowering

shrubs and trees, all more or les-withered and absolutely useless for home

rondsides and others are likely to

When you tear branches of dogwood

We have been unable to locate any one who would teach fancy whisting. Perhaps some of our readers will be able to help us out in this matter.

About Rag and Jazz Lessons To the Editor of Woman's Page:

Dear Madam—I have taken lessons on the plane for the last three years and I am going to give it up, because I can not play raginue. I would appreciate very much if you could give the name of a teacher who teaches raginue or the name of any such school. Please do not publish my name. I thank you in advance for you sure are going to make me happy.

ANNIOUS.

If you will look in the classifled sec tion of the telephone directory under the heading "Music Schools and Instruction you will find a long lat of schools that teach popular music. You can either write to them or phone them about their prices and hours.

## About Her Hair

To the Editor of Woman's Page:

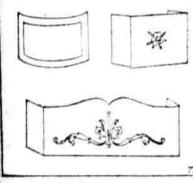
Dear Madam—Do you knew of anything that will make my hair a little coarser? It is very thin and slidy and I can do nothing with the I also have dandruff and I though by bobbing my hair and brushing it in the morating and at bedtime I would be graying the following my hair and brushing it in the morating and at bedtime I would be graying my hair does not help to rid it of dandruff, but gives it an excessive smooth of it. This previous it from being fluffy, I wash my hair every two weeks and give it an exg smanpoo Still I see no improvement. I would be very grateful if you would help no little matter. I stive my hair the proper care but I cannot get rid of dandruff this matter. I stive my hair the proper care but I cannot get rid of dandruff thing but the kitchen stove? are over Rindiy tell me if there is anything else that I can do.

Cutting your hair will help to make the coarser and heavier. Do not out it too much, but just seems the dogs. Another very good remedy is to guilty your hair tach across the top of your head and to cut off the little hairs that sprout up. If it is hard to do your across that out your much but its sease the top of your head and to cut off the little hairs that sprout up. If it is hard to do your across with some valuable to might come across with some valuable to the little and that indicate the following my hair tach. He little hairs that sprout up. If it is hard to do your across with some valuable to the little hairs that sprout up. If it is hard to do your across with and remembered the proper than a smart much aluminum embreidery and a smart much will be proved the coarse of the coarse and heavier. The same to do your man in the despar of solitude in the little hairs that sprout up. If it is hard to do your much be proved the proving the proving the proving the prov To the Editor of Woman's Page:

A good hair tente is excellent for den-druff. Rub it well into the roots of the much aluminum embreidery and a smart with employment of disks tonic at any drug store or hair-dressing establishment Littler will be glad to recommend one to you. If this does not help you had better consult a hair, dresser.

The hat worn today is a small toque of gray embroidered in aluminum, and with it goes a stunning coat of black dresser. hair, gently massaging the scalp with the tips of the fingers. You can buy a

### THE HOME IN GOOD TASTE By Harald Danaldson Eberlein



# deceration. Rigid laws could prevent all persons from picking these flowers which are so beautiful in their natural settings, because already many of our wild flowers have disappeared com-pletely from our fields, forests and Shades and Screen for Fixed Lighting a Fixtures

The lights in all sconces or brackets arranged on the wall require same sort wild of screen to make them tolerable to the pletely

This becomes a problem in rooms done | follow. in severe period fashion, for in the old days, when candles were used, the light flowers growing along the road, you was so soft as to need no screen—only sometimes a glass globe to protect the flame from druft. So we find no prece- a distinct purpose aside from being a distinct purpose aside from being beautiful. Their purpose is to develop

# Please Tell Me What to Do

Letters to Cynthia's column must be teriffen on one side of the paper only and must be signed with the writer's name and address. The name will not be published if the writer does not wish it. Unsigned letters and letters writen on both sides of the paper will not be dissured. Writers who wish personal answered. Writers who wish personal answered.

Cynthia cannot do as you ask. This

"Dotted Swiss." He's Only Sixteen

ty and the courage to stand up for many I say a few words in answer?

principles which she is sure are the Dear "Dotted Swiss," may I ask y 

perfect wife, and that men would select such a girl at once, while these qualities which make you yourself the scrapheap.

We must confess that there was some truth in the assertion that the print conventional miss that conformed to the prevailing fashion in maticulated did marry young, and the kind who sought an education, for instance, was looked at askance, and not rought promptly, if st all.

But is it not hypertical deliberately is not your deposit self. Will not the husband soon that you out and be disappointed? Should we perend to taste that we may not have, just because we know a certain character if it is not your deposit self. Will not the husband soon that you out and not prought appointed? Should we perend to taste that we may not have, just because we know a certain man admirable these? Is not it dishonest and unfair? In doing this we not planing off on an analyspectial person something which is not what it evens to be on the surface.

One knows of many cases where girls and likely relatives the and some the surface.

One who decides definitely on her ideals and requirements, and then likes up to the former and exacts the latter of the man. Such girls wait many lonely evening, even for years, because they remained the product of the control of the product of the product of the control of the product of the product of the control of the control of the control of the product of the control of the product of the control of the control of the product of the control of the control of the product of the control of the product of the control of the control of the product of the control of the control of the product of the product of the product of the product of the

The form of the proposition they might make a search and the proposition and the proposition and the search and the proposition and the propo

### FAVORITE RECIPES OF FAMOUS WOMEN

By MRS, THOMAS G. WINTER (President of the General Federation of Women's Clubs and head of the four women delegates to the Disarm-ament Conference)

# Chiffonade Dressing

This is extremely good to serve on lettuce, romaine or any green salad. Into a ginss jar put one hard-bolled egg, finely chopped, one teaspoon finely chives, one tablespoon salt, onequarter tenspoon paprika and eighth teaspoon pepper, one-half cup Si olive oil, three tablespoons vinegar and tion one teaspoon tarragon vinegar. Allow it to become very cold, and just before serving it shake the contents of the jar

Tomorrow-Appetizer, by Bebe Daniels

# WHAT'S WHAT



liame from draft. So we find no precedent for our servens.

Electric light, between to too powerful to melecular the propose is to developed the same and early proposed in a room which when planted, will promote the same and early proposed in a room when the silver of the same material, either one of the distriction of the same material, either one of the same





Cloth dresses

are always simple in design but this one has a peplum that turns into a panel on the sides, and an added decoration in a motif of beads carried out in harmonizing

colors. In duvetyn this dress is practical and good looking.

Perhaps such gifted writers as "The Buck Private," "Cynicus" and "Ion" of the individual person do not agree with some across with some valuable the Japanese proverb very cleverly bring two or three of the lone ones to bring two or three of the lone ones to be aid of the "Outdoor Boy"—and "Jock" to the aid of "Lone Wolf." There is no end of possibilities.

Well, Lone Wolf. I didn't intend to saw this much when I started, but if I saw enabled you to realize that you're have enabled you to realize that you're by no means alone in this proposition.

The educated, refined person makes the meal time a time of happiness, have enabled you to realize that you're by no means alone in this proposition.

Thus assisting nature by prevention of Thus assisting nature by prevention of the individual person do not agree with one and not not agree with one, is certainly very foolish, and the Japanese proverb very cleverly bis time a pleasant time for milk who set about your board.

Nerve tension tightens up the secretions in the proposition the discomfort experienced has a more direct effect than telling of the harmful effect. The new physiology today studies hygiene, diets and personal habits of the luman race while striving for perfect manhood and womanhood. Thus assisting nature by prevention of the daily blessings and the power to satisfy the appetite. rection and cure of ill health. So that we may realize that if we obey nature's invitation, as it may be expressed b through difficulties akin to your invitation, as it may be expressed by Whether the League for Strangers, the normal appetite, we may be sure of good health and splendid strength. And how are we to fathom nature's demands and appease these demands with natural foods and normal appetite? you ask. mem. Well, let us for just a few moments go Good into the process of the human body

### from a digestive standpoint. Gulding Posts

The digestive tract has certain automatic functions entirely independent of cur will power and when these func-tions are disturbed through the ad-mission to the digestive tract of certain materials, then we have a distinct disturbance that is called indigestion. Before we can really attempt any relief, we must first study the guiding factors that lead us to take this food.

e appetite. Sight is helpful in the proper selection of our food as to condition and quality, while appetite brings the invitation to partake of the prepared food. Touch, smell and taste are the discriminators, who act as guide posts to the normal functioning of the body. All sense functions are most inportance and absolutely necessary to the proper functioning of the body for health. Each sense when functioning properly telegraphs its impression to the mind, and here a decision is made that determines the physical condition.

appetite should be natural and controlled by the mind of each individual, with a wise caution to know the requirements of food, needed by the individual and control of the appetite to this need. The sense of taste is very closely correlated to the process of nutrition; hence any impairment in the sense of taste is evidence of disturbed nutrition. Taste is also dependent upon supply of the amount of saliva in

the mouth. The taste is excited or stimulated by the food dissolving in the mouth during the process of mastication, and while it insts, increases the flew of not only the juices in the mouth and throat, but also

### Adventures With a Purse DERNICE came out to see me, and

it was the first time she had been there since I had started the tortoise-dressing set, and, honestly, she made me glad all over again that I had done without some other things to get it. I without some other things to get it. I had added the last piece, a large clothing brush, backed with the tortoise, long, brisk bristles, which made the brush useful as well as ornamental, and it cost \$5. And every time I sit down to comb my hair or fix my nails I want to actually purr, I am so pleased with the set. with the set.

quaintance does not like to sleep in the room when it is completely darkened, and yet her night lamp must be suffi-The five senses are sight, hearing, touch, taste and smell, and I might touch, taste and appetite. The sight, touch, taste and appetite should be very helpful in the proper selection of the foods necessary for our physical upkeep and well-being, while the taste, smell and hearing all help to stimulate

For names of shops address Woman's Page Editor or phone Walnut 3000 or Main 1601 between the hours of 9 and 5.

Things You'll Love to Make



A Band of Chiffon Makes a Charming Turkish Headdress

### The Superior Sex By HAZEL DEYO BATCHELOR

John Steele enters his taxi, which he has left during a furious rainstorm, and finds a mysterious and beautiful girl asleep there. She awakens and demands to be set down immediately, but faints on the sidewalk when she has gone only a short distance. Steele takes her home with him, and there ensues a terrific fight for her life. Steele, by the sheer force of his will, holds death away from her, and Marcia Steele, his mother, fears the girl's power. During her convalescence the girl gives her name as Anne Temple and refuses to tell anything more about her past.

### Katherine Cleveland

MARCIA confided her fears concern-ing Anne to Katherine Cleveland. For a long time Marcia had hoped that Katherine would attract John. She was exactly the type of woman that Marcia would have welcomed as a daughter-in-law. Tall and dark and the only daughter of Arthur Vincent Cleveland, of Wall street fame, she would have made an ideal wife for any man, and if the truth be told, Kath-erine herself was not at all averse to the idea. She wanted to marry and settle down. She was tired of living in her father's house, she wanted a home of

her own to manage, and John Steele's reticence with women interested Katherine, who was rather bored with the who attached themselves to her get any. and hung on her every word.

Like most girls who are fairly attractive and possessed of plenty of money, Katherine had been much sought after. She had never had to exert herself in the least where men were concerned, but with John Steele everything had been different.

had been different. In this case it was she who was the aggressor. It was she who had sought him out, who had made a personal friend of his mother, and although for a time it had amused her to do this, she was beginning to be irritated because he remained adamant against her charms

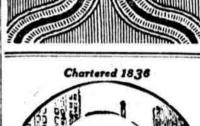
be that he is not a permission of a great passion, she hereif was too cynical where men were concerned to believe them the special girl. They want wider. The relatives mean well are words concerning Lone Wolfs the girl who is not forever on the mark themselves some one, and then the special girl with a special girl. They want words the girl who is not forever on the mark themselves some one, and the special girl who is not forever on the mark themselves some one, and the special girl who is not forever on the mark themselves some one, and the special girl who is not forever on the mark themselves some one, and the special girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark themselves the girl who is not forever on the mark the girl who is not forever on the mark themselves the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the mark the girl who is not forever on the ma

perament. Therefore Marcia's confi-dence had been something of a revelation, and Katherine found herself won-dering if there weren't hidden fire burted deep under John Steele's surface coldness

The idea was interesting because she herself had never been able to rouse the slightest feeling in him.

Tomorrow-Katherine Meets Anne







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# To Freshmen Who Are Trying to Be Popular and Entertaining-Don't

The Only Way to Become Well Liked Is to Be Unconscious of Your Popularity and Eager to Be Friends

lege."
And I replied, "Don't!"
Don't try to be entertaining; there is nothing more tiresome or unattractive than a girl who is always putting herself in the limelight trying to be the center of things.
Other girls who are starting out,

making friends slowly, accustoming themselves to their new surroundings, are bored with a girl of their own class, a newcomer, who is forever attracting their attention to berself.

They don't want to be bothered

A ND don't try to be popular.

Nobody ever got anywhere in that line by trying to. The girl who asks for votes in the class elections doesn't

Popularity cannot possibly grow out of a girl's own efforts in that direction; self conscious of that goal all the time Be yourself, and see to it that that self is as amiable and friendly as pos-

sible.

There may be a hundred or several hundred girls starting out with you; you couldn't possibly make friends with all of them right at the start.

But you can be so willing to make friends, so "darn nice" with all those with whom you come in contact, that mental, nor was she inclined to be at all emotional. Marriage to her did not mean the culmination of a second not mean the

A GIRL who is starting out in college spontaneous and natural it becomes the exact opposite of what it is striv.

A this year wrote to me not long ago for some advice.

And because I know there are lots of other girls starting college this year who have the same attitude that she has I am going to repeat what I said to her.

"Please tell me." she asked, "how to be entertaining and popular at college."

And I replied, "Don't!"

Don't try to be entertaining; there is nothing more tiresome or unattraction in the limelight trying to be hereful in the limelight trying to be the center of things.

The college spirit of friendship and loyalty, that wonderful indescribable thing, cannot be found anywhere else, and if you absorb all you can during your four years it will stay with you and help you always.

THE advice to newcomers always is,
"Go right in and join the crowd,
don't be shy and sensitive." That's
good as far as it goes; the bashful
girl doesn't get along very well in a
crowd of healthy, happy, thoughtless

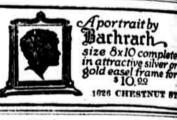
girls.

But use common sense along with this advice. Remember who it is that rushes in, and don't make yourself obnoxious with your efforts to be popular.

If you like the other girls, try to enjoy them, and see that they have a good time; you'll find your efforts reacting upon yourself in a most gratifying way.

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