An Office With a Sense of Humor Is Like the Tortoise in the Fable

It May Not Work So Fast as the Establishment That Is Full of Speed and Nerves, but It Is Steady and Contented

TT TOOK some time to choose the right n.an to be head of Philadel-phila's Sessuit-Centennial.

But he is wise enough to apprexiate the importance of mixing a little lightness with the solemnity of the occa-But when they did find Franklin
D'Olfer he said: "Preserve your sense
of humor and we'll put this thing
across!"

ness with the solemnity of the occasion.

An occasion or a position gets so terribly solemn and grave and depressing
if it is allowed to. across!

And a crisis or emergency in business.

If he goes at it in that state of mind, it won't be his fault if the fair doesn't get put over.

And a crisis or emergency in business gets so intricately tied up in a knot if there is nothing to combat the effect of taut nerves.

DATIENCE belos in accomplishing the business world.

Hard work and determination are just the hare.

Business transactions often stick and stall and finally step a tegerater, cought in a deadlock—just bounds the printipals in the case have no sense of coughts you to stop and laugh and then coughts you so so to stop and laugh and then

COLONEL D'OLIFR didn't mean breaks.

"Take this thing as a joke and breaks breakshown or involves or a grouch then except a sense of homer.

Nothing will save you from a nervous breakshown or involves or a grouch then except a sense of homer.

Dear Cynthia—I sure do wish I could

the pleasant, ministra, gentlet side of the task and the people you work with. work together with them and then we'll then and the brombe that goes with it:

FAVORITE RECIPES OF FAMOUS WOMEN

By ELLA McCALEB Dean of Vassir Colleges

Maple Cream

One-half pint of cream. One cur of mapie sirute. One-half tenspoonful of golatin.

Dissolve the gelatin in a little rold water, heat the maple sitting stir in the gelatin, and when cold add the cream, which has been theroughly whipped. Mix carefully, pour in sherbet glasses and place in a cool spot for several hours.

Tomorrow-Corn Bread, by Mrs. E. M.

Can You Tell? By R. J. and A. W. Bodmer .

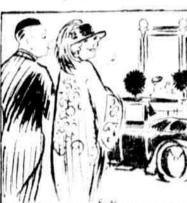
Why a Horseshoe Is Supposed to Bring

Good Luck The luck in a horseshee comes from two things, each of which has niways, and what is considered the lack element

-the horse and from The idea of this originated with the Greeks, whose sen god was Poseidon. The horses of this sen god were shered. The Greeks believed that Poseidon sacred, and that they meant good for-

hoof prints, springs of pure water would develop. This was considered a large place to live, there being an assurance of water. When horses came to be shod with iron shoes, another element of his is was added, since iron itself was constantly lucky, for it gave protection. From this belief in the lines of the historical constant. it became the principle among horsement to fisten it sie ever the subjection to ward off the witches. These were believed to come at night and ride the

WHAT'S WHAT By Helen Decie



humor.

They take trifles so seriously that house and the milliant forgets to bring should not be allowed to go home alone. They take tritles so seriously that house and the millionian largers to bring should not be allowed to go nome agone something like the wrong color on a the extra engine for breakfast, the week is the agone and the extra engine for breakfast, the week is twittened agone with you that subject in some one class office can put subject to five the waking with a girl in the street. She waking with a girl in the street.

HANG on to it always, don't let yourself and your life Remember Franklin O'Olice's Injunc-

Tres to your sense of humor and That . part of being efficient.

A Knotty Solution

Come in no dreams and smile again of the Suit Problem

Come with the loving look of old.

This looken heart is happy then,
And flutters free from sorrow's hold.
Come in my dreams and same again,
The dear old fondness to renew.
I wake to find you false, but when
I dream, oh then so fend and true.

Please Tell Me

What to Do

er on one side of the paper only must be styped with the writer' r and address. The name will no ublished if the writer does not wis

Concerning Good Manners

1. As hostess you should see that

Dear Cynthia-I sure do wish I could t "Just a Dreamer of Dreams" read

t, and then maybe from time to time i will send different ones to Cynthia to sublish for the renders. If Cynthia and Just a Dynamer of Dreams' will

let me know what they think about it it will be appreciated.

COME IN MY DREAMS

Come in my dreams when slumber brings Forgetfulness of all my woes; sweet dreams when fond love

The swallow flights of long ago, and from its home within the heart Still cleaves the clouds that lie And you shall never more depart. And I shall never more despond.

Come in my waking hours no more. Unless it he with tearful eyes,
For close to sorrow's troubled shore
Love in a hapless circle flies
And know it neer can build again
The broken nest whence it flew.
I wake to find you false, but when
I dream, cho then so fend and true. "MARY MAC."

Glad to print this. "Mary Mac." but in the column.

Dear Cynthes—I have never written before, but have read the interesting letters that find their way to your column and have been much impressed by the kind way in which you reply.

Lone Wolf's proposition interested me. I am thirty-three years old. You'll probably think me rather old to be interested I am holding a good position and receive about \$57 a week. I keep my home and my mother and younger sister and find time for theatre once or twice a winter, movies once or twice a winter. There masses of fat and debris almost nothing.

These are masses of fat and debris of the skin which have solidified in the glands. These masses act as foreign bodies, irritate the skin and become infected and then inflamed.

Conditions of the general health influence the development of this frought for the account of the coll hands and feet, and not uncommonly with dyspepsia or ing each blemish and open but one or large and their way to your columns and freely a factorized to almost nothing.

These are masses of fat and debris of the skin which have solidified in the glands. These masses act as foreign bodies, irritate the skin and become infected and then inflamed.

Conditions of the glands. If pimples have developed, open them with a needle sterilized by dipping in alcohol or peroxide. With a needle sterilized by dipping in alcohol or peroxide, with fresh absorbent cotton which has been dipped in the alcohol. Dip needle in the peroxide or alcohol before opening each blemish and open but one or instead and find time for these once or twice a week and a vacation in summer when I was eighteen and twenty my mother taiked against marriage and so I did not bether with hoys. As I grew to be a beginning and embroidered helped with the houswork in the evenings, studied the houswork in the evenings, studied the houswork in the evenings and embroidered helped with there and are easily choked with dust there and are easily choked with dust and grime, which add to the disfigurement.

With normally healthy people, then, it is a matter of local eare almost exposed part of the body and because swent glands are abundant there and are easily choked with dust there and are easily choked with dust there and so the water for perhaps ten years, because a fix-class worker and so the very went by. I can cook and sew. I have been in home I have hunsered for love and in home I have hunsered for love and in pair the resistance.

The face is most exposed part of the body and because swent glands are abundant there and are easily choked with dust there and a so the water for the first week, using a good eleansing cream to remove the dirt, then apply the cream with a light massing cream to remove the dirt, then apply the cream of the current face with alcohol to prevent the spread of infection.

The following cream is excellent. In such cases it is advisable to forgo the ones it is advisable to forgo the cases it is advisable

the Second the practice amount for season to fisher in show over the stable where to the fisher in show over the stable where to the stable where the practice of the stable. These were the fisher in show over the stable, so that when the expectation of state over the fisher in show over the stable, so that when the expectation of the stable and their steady overage with the stable. The stable where the stable where the stable without shorts, the stable and the without shorts, the stable and the s

of the second regimed fabric functing the part of the insteaded colors where are given. The mass of the market of them many of the second test holds of the market of them many of the second test holds of the second test and the second test of the market of the marke

SLIGHTLY CLOUDY; CLEARING TOMORROW-

By ANTOINETTE DONNELLY

which causes more actual unhappiness and mental torture than a blemished complexion. Almost any one can laugh and be fat; be fearfully skinny and laugh with her tormentors; lose a few handfuls of hairs and be terribated by a warm water and soap, followed by a warm water rinse to remove ail field, yet still able to extract a smile soap and grease, a rinse in cold water

Dear Cynthia-Others have received misery.

There are some fortunate persons the same consideration. My I am a young girl in my early teens Few, however, may lay claim to a spotand have several boy and girl friends of the same age which my parents allow me to entertain quite frequently. We just sing and dance and have a nice time together. There are two of my girl friends who are very nice girls, but good their departure.

Of all the ills the flesh is heir to or scrubbing with warm water, good soap acquires by unhygienic ways of living, and a rough washcloth or flesh brush—preferably the latter, with moderately stiff bristles.

fied, yet still able to extract a smile soap and grease, a rinse in cold water over the remaining ones. But for a and finally an alcohol sponge, which young person whose skin is marred and completes the cleansing process; or give roughened there is nothing but abject an ice rub to the pores and tone the skin.

There are some fortunate persons This washing process gets rid of ex-with that quality of skin so fine grained traneous dirt and at the same time rethat this trouble escapes them entirely. moves micro-organisms and prevents the infection that produces acre lesions. less reputation so far as blackheads are Hot water and soap reduce the excessive concerned. At one time or another they amount of fat in the glands and scrub-



The weather predictions mean nothing to the young girl, but the same terms applied to her complexion mean everything

inflammation.

dones, which usually begin to make with moderate pressure, let it alone their appearance on the face at the most until the next day. After removing, self-conscious age, the hamiliation and wipe the face with alcohol or a solu-Wishes for Love and Companionship mental distress would be reduced to tion of hydrogen peroxide.

not uncommonly with dyspepsia or ing each blemish and open but one or

comedon being the root of the evil of for this purpose, but you may use the affianimation.

If the skin is kept free from Come-chief. If the mass does not come out

companionship ever since I have been twenty and it seems farther and farther away. I never did go to dance halls, though I have danced. I never fifted, though I would speak to a stranger in seasoner resert if he speak respectfully to rise. But respectable strangers don't dare to speak to young women whom they do not know. Most of the whom they do not know are not are looking for girls of from reventeen to twenty-five—and little danger of scrubbing too vigor.



so, now? I would like to submit designs of gowns and hats, but do not Norman was at last convinced, and it use it. know how to go about it. Please print a good home remedy for ingrewn teenails. I have been to dectors, but they don't seem to give me any relief. M.

The seeman was at last convinced, and the was then that I took him in hand."

Edith went on to tell him she had heaped him with contempt on the long drive to the farmhouse where I had been brightly polished silver are to be had taken. She told him to his face that for the table. Many of as cannot after the contempt of the cont don't seem to give me any relief M.

If it is possible at all to dye a glazed slipper, you had better let a professional dyer do it for you. That surface would be extremely difficult to color, as it does not absorb early.

drive to the farmhouse where I had been brightly poissed suver are to be made taken. She told him to his face that she had been purposely flirting with him to teach him a lesson and she had ended by saying that if he were in any sense a sport he would take the blame for what I had done entirely on him
The state of the table. Many of as cannot afford sterling and cutglass, but we can all have the same clean service as those who live in mansions.

Don't become lax and say, "Oh, well, anything will do; the family solf.

the second find and the se

The Wife Cheater By HAZEL DEYO BATCHELOR

Joan Stockbridge marries Norman Wayne, who all his life has trifled with other women. She marries him in preference to Herbert Livingston, who loves her, but lacks Norman's who loves her, but lacks Norman's charm. Joan is confident of being able to hold Norman, but after their marriage, he makes her miserable through his attentions to other women. When Edith, Joan's younger sister, comes to visit them, Norman carries on a flirtation with her, ignoring Joan, who in desperation, turns to Herbert Livingston. Herbert still loves her, and feeling that he still has a chance, asks her to go away with him. Joan consents, but changes her mind after they have started. An accident occurs, and started. An accident occurs, and when the truth comes out, Joan is amazed because Norman takes the blame for everything on himself. Edith's attitude too seems to have changed, and when she tells Joan that her flirtation with Norman was deliberately planned in order to teach him a lesson, Joan can hardly believe

Unpleasant Recollections LISTENED breathlessly to what

Edith had to tell me, even though it hurt me to go back and live over that terrible night.

Again that feeling of utter panic bert's face stern and relentless bent over

feetly safe. He'd be shocked at your suspicions, he's so strait-laced, and as for Joan, she isn't that kind of a woman.' "

Edith went on to tell about the night she and Norman had returned and myself gone. When 10 o'clock pink cheeks, etc. came and we hadn't returned, Norman began at last to get restless. Even then he had tried to explain this by saying that something might have happened to us.
"And all the while." Edith went on,
"I kept smiling nastily as though to

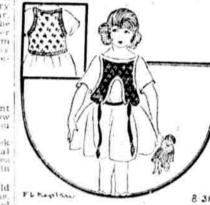
A TEMPESTUOUS night in the city, a rain-drenched girl asleep in the corner of a taxi, love at first sight on the port of a cynical man for the girl with the elfin appeal in her eyes—and the mysterious, im-passable barrier of Anne Temple's

"The Superior Sex" Hazel Deyo Batchelor

secret. All this is found in

A fascinating story dealing with the depths as well as the surface of life, which will appear in serial form on this page every day, be-

Edith said was perfectly true, I could not bear to listen to it. I loved Norman and even his faults were part of him. I could not discuss them with



Mrs. Wilson Advises a Worried Mother to Make Her Children Help With Work

By Making a Play of the Aid They Give She Can Teach Them Many Things That Will Interest Them

By MRS. M. A. WILSON opyright, 1922 by Mrs. M. A. Wilson. At

HAVE two children, stx and ten I years of age, and I am at a loss just how to interest them in the home, particularly when I do not care to have them run the streets after school hours. could you suggest something in the home that will keep them busy?" This ppeal has come to me from a mother. ho is also complaining that the chiliren are developing bad habits, partic-

The mother who is always telling the child to run away and play, or not to bother her when she is employed about her household duties, surely makes a real mistake. Children are active and full of energy, and have a constant desire to do something. This energy may be turned to good account in the home if the mother is wise and can form a plan that will be part play and part

The six-year-old child can bring many things to mother that will save swept over me. I could feel the rush her many steps, particularly while she of wind in my face, I could see Her- is preparing the meals, if she will but bort's face stern and relentless bent over form the habit of sending this child to the steering wheel, and I felt again as a make-believe market to purchase the the steering wheel, and I felt again as I had felt then, that I must tell him to turn back, that I couldn't go on with it. Then came my impulsive grasp of his arm, the sudden swerve of the car, and blackness. It made me faint to remember it.

According to Edith, Norman had never once dreamed that my friendship for Herbert might lead me into anything desperate.

"I tried to make him jealous hundreds of times, and he would only a make-believe market to purchase the needed articles, as for example: If the potatoes are in the cellar or pantry, send Johnnie to the cellar market to buy you ten or more potatoes as needed, then set the older child to scraping these potatoes, and the little fellow can drop the potatoes in a pan of water as they are ready.

I have found that when an oilcloth apron is provided to prevent wetting the clothing, even the small fingers of the six-year-old child can be taught to wash the lettuce nicely. Tiny fingers can string beans and shell peas, as well as wash beets and other vegetables, and gives the ten a peculiar taste.

"I tried to make him jenious and dreds of times, and he would only dreds of times, and he would only as wash beets and other vegetables, and little cooked cereal in the aluminum kettle cooked cereal in the ice. No harm can be come to the cereal, nor is it possible for the cereal in the cooked cereal in the aluminum kettle cooked cereal in the cooked cer would say, 'Don't get ideas into your mother must cut the butter in small head about Herbert, Edith, he's per-blocks and prepare the paddles, but feetly sufe. He'd be shocked at your laddle then finishes the job in real workman-like manner. Separating raisins or picking the nut meats from the cracked nuts, is also work for small fingers.

Mother may group the foods and arrange them to form a story, telling the child that such and such a food is the from the football game to find Herbert one food that will help make nice teeth,

For bone and muscle we find that in Group No. 1 we have the protein foods, milk, cheese, eggs, fish, poultry, meats, dried peas and beans, lentils, cowpeas, In Group No. 2 we have our energy

foods, that will give the child the ambition to play and romp, as well as work and study, and keep the little body warm-cereals and grains. flours, dipping; pack in the sterilized jars, crackers, whole-wheat breads, maca-adjusting the rubber and lid. Parroni, potatoes, rice, hominy and other tially tighten and place in a baking starchy feeds, cakes, cookies and pud- pan to facilitate handling, and place

In Group No. 3 we have also an energy food that is highly concentrated, and should be used carefully-sugar, molasses, sirups, honey, candies, pre-serves, jams, jellies, cakes with teings. Group No. 4 is also related to Groups 2 and 3, and helps provide energy and heat to keep the body nice and warm bifter, eream, fats used for cooking,

saind dressings.
Group No. 5—These foods are the policemen and help to regulate in bodily processes, refining the blood stream and furnishing sufficient mineral material to he blood stream as to form a sort moncrete to make bone and tooth struc-ture, apples, pears, grapes, berries, bananas, oranges, grapefruit, fresh green vegetables, celery, lettuce, cab-bage, pot greens, parsley, watercress, green peas, beans, tomatoes, turnips,

Group No. 6-Water and milk and cores for beverages and with cereal. Teach each child to think of the food as growing and the surface of the s

The Child's Table Manners

The manners of the child at the table quickly reflect that of his elders, and little nice amenities that go to show the Edith nor with any one else for that natural innate relinements of the individual, you can hardly expect the child Edith seemed to understand, for she to be polite. So for this reason inme if I could derken a pair of very went on with the narrative. sist upon nice table manners, and light brown glazed kid slippers and if "When Herbert finally called up at though it may cause you a little more ten-thirty, and said that you'd been out work, place a napkin at each child's

doesn't mind; I always fix up a bit when company comes." Pretty is as a family to have high ideals, nice man ners, and put their best foot forward, if, through lack of initiative or laziness, you throw the evening meal on the table

MRS. WILSON'S ANSWERS

My Dear Mrs. Wilson-I would like to know how to make a Roque-fort cheese dressing, so that it will keep for more than one occasion. Last summer I followed one of your recipes for jeed cocon; it was delicious, but if I wanted it to keep it would sour. Can you give me some specific measurements for preparing the cocoa, and then adding the cold milk and mar-hundlow separately use per glass and still have it rich. tusting as the previous mix?
In making ited beat make strong essence and cool it, and then add the

cold water directly from the faucet, and chopped ice. Is it proper to use the water direct from the faucet without boiling it?

Is it dangerous to health to leave cooked cereal in the aluminum kettle over night? I prepare the cereal over night, while I am preparing the evening meal, then cool it and place the kettle containing the cereal discoult on the ice over night, and see the containing the cereal discoult on the ice over night, and see the cereal discoult on the ice over night, and see the cereal discoult on the ice over night, and see the cereal discoult on the ice over night. rectly on the ice over night, and re-heat in the morning in double boiler.

Does the cereal absorb any of the metallic substances? FANNIE B. H.

The Requefort cheese dressing is made as follows: Work three table. spoons of Roquefort cheese in eight tablespoons of well-sensoned French dressing, and then add four tablespoons of mayonnaise dressing, three tablespoons of thick cream sauce that is

ce cold; blend well. To prepare the chocolate sirup place saucepan

Two cups of sugar, Two cups of cocoa,

One teaspoon of cinnamon.
One and one-half cups of cold water.
Heat slowly to boiling point and cook or ten minutes; then add

Two tablespoons of vanilla extract
One and one-half cups of marshmale

the cereal to absorb any metallic or mineral substance from the kettle. Aluminum is a splendid ware, and it given just the ordinary care will give splendid results for use in the house My Dear Mrs. Wilson—In canning string beans, lima beans, etc., I have followed the cold-pack method with

most excellent results. Now I have a range with temperature regulator.
Could I follow the same rule and sterilize the jars in oven instead of the wash boiler? If so, at what temperature should the regulator be set, and should the jars be stood in a pan of water set on the shelves? Prepare your vegetables in the usual manner, first blanching and then cold

on the bottom shelf. Have the regu-lator set at 250 degrees and process for the same length of time as you would in the hot-water bath. When time limit expires, remove jars from the oven, seal securely and store in the usual manner. Use only the very best grade of rubbers for the jars.

My Dear Mrs. Wilson-I am not allowed to use sugar, and would like to put up some peaches in honey. Could you tell me the proportions

of water and honey. If you are not permitted to a green peas, beans, tomatoes, turnips, potatoes and all the balance of the vegetable and fruit kingdom.

Group No. 6—Water and milk and water, heat to boiling point, cook three

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