Self-Torture Is Needless and Wrong, Says Winnifred Harper Cooley

Her husband left her, and took their

HERE is a young wife and mother NOW, such criminality would be too burning horribly and blinding herself cussing our woman's problems, were it permanently, to atone for a sin!

And the yellow many a person's mind!

some heroic way.
It tries to appeal
to sentimental readers as if there were some lovely and marvelous thing in such an discovery the sound in past centuries, many persons did these mad acts.
In this age of enlightenment, there is no excuse. The public should understand that common sense and mental health forbid such criminality. To inflict pain, either bodily or mental, and the sound to any human below. never did any good to any human being. attractive in manner than attractive in If one has erred, and repents, she looks, the girls would keep their dates little child. We should think he should stop short, of course. Then, a would! Such an act is not romantic or line of conduct that is active may be praiseworthy, but degenerate and wholly beneficial, not in undoing the wrong inexcusable. One can and should for- but in adding to the sum total of hu

by a married man. She was sentimental and unbalanced. She carried on
a secret intrigue for several years. At
last, threatened with exposure, she began a systematic scheme of casting the

Mrs. Wilson Illustrates the

By MRS. M. A. WILSON
Copyright, 1923, by Mrs. M. A. Wilson. All form a soft dough. Have the peach mixture boiling and drop over the dump-

THE State of Delaware has always ling mixture in spoonfuls, and then dust are justly famous for their cooking. Here you will find the housewife anxious for new recipes, gladly giving you some of those she has found worth while. and experimenting in her own humble way with the recipes of long ago.

Mrs. Harry Cuthbert, a scion of one of the old Maryland families, has an

cookbook which was printed in 1818. and she prizes the recipes in this book much that while she is willing to the book go out of her possession. Among the recipes gathered from fingers. this book are several dishes made with seaches, and as the peach season is ere and the Delaware peach particuluscious. I feel sure you will en-

oy them.
In this home during the peach seabig ripe peaches are first cut in the stone removed, then pared. with garnished

as a condiment.

Peach Butter

Out peaches in small pieces and place thirty minutes, basting every ten minin the preserving kettle without paring. utes with the following: three quarts of peaches. Cook slowly until the peaches are very soft, then cool, rub through sieve to remove the skins and stones. Measure this pulp and return to the preserving kettle, and

Tico-thirds cup of broten sugar for

cery cup of peach pulp.
One-half traspoon of ginger.
One-half traspoon of cinnamon.
One-quarter teaspoon of nutmeg. One-eighth teaspoon of allspice. Three tablespoons of eider vinegar.

took slowly until very thick, like apple butter, then fill into jars or crocks, and when cold fit a piece of heavy wax paper over the butter and then cover with a half-inch layer of melted paraffin; store in cool, dry place

Peach Dimple

Pare soft peaches and cut in slices; measure one quart of the prepared in shallow saucepan penches: pince olding about three quarts.

One cup of boiling teater. One and one-half cups of sugar. Cook until the peaches are soft; then place in mixing bowl Two cups of flour,

One teaspoon of sait, . Four level teaspoons of baking pow

Four tablespoons of sugar.

One-half tenspoon of nutmeg. Sift twice and then rub into the flour meringue, either by placing in the two tablespoons of butter, until the flour is fine and mealy; now place in small bowl minutes, or by bolding a red-bot shovel over it; cool and serve.

Two-thirds cup of milk.

WHAT'S WHAT By Helen Decie



Every young man should learn to ance if he has not acquired the en-syable and joy-giving accomplishment childhood. Some boys have the false on that a man who dances well does

dea that a man who dances well does not hat a man who dances well does not be said to meet at Geneva. Switzerland, early in September for their first international convention.

While a man who does not dance is note or less of a fifth wheel at any dancing party, he does not advertise his want of proficiency unless he "stands around" gazing at the dancers, as the man pletured is doing. The non-dancing man should take a seat where he can talk to other non-dancers, men or wonter, while the dances are in progress, international convention.

The Women's International League for Pence and Freedom has arranged to held a summer session this month at Varese, Italy.

The parliament building in Stockholm is equipped with a special suite of rooms for the convenience of the women members of the Swedish national law-making body.

press runs big headlines stating morbid belief has been held by some that her "sacrifice" is in vain! tiffee folk of today call it by an ugly It speaks as if she name, and explain that abnormal, hys-were at least terical and perverted natures derive an partly noble, and actual pleasure out of inflicting pain upon themselves. In religious ecstasy

Various Uses of the Peach should he do? What things LILLUMS.

claimed kinship with the South, and thickly with brown sugar and cinnathe housewives of the Blue Hen State mon: place in hot oven for twenty-five are justly famous for their cooking. Peach Roll, Colonial Style Pare and slice sufficient peaches to measure three cups when pressed in the cup firmly. Separate sufficient seeded

raisins to measure one cup. One cup of broten sugar. Three tablespoons of flowr. One-half teaspoon of cinnamon.

Three tablespoons of sugar. Sift twice and rub into this flour five the half peach is dipped in flour, and level tablespoons of butter and use three-fried a golden brown in smoking hot fourths cup of milk and one well-beaten nicely yolk of egg to form a dough. Turn on rowned bacon, and served for break-ist. Try it, it is truly delicious. well-floured pastry board and roll out in an oblong sheet one-half inch thick; Mrs. Cuthbert makes a delicious spice spread with the prepared peaches, then reach butter that is delicious on hot with the raisins, now sprinkle the pre-cakes, toast, and to serve with meals pared sugar over all and roll as for

Bring to boiling point, cook until it forms a soft ball when tried in cold water, then pour in a fine stream on the stiffly beaten whites of two eggs; add one cup of thick peach preserve and beat to blend.

Peach Needle Pudding

were king all femates would be flappers (i.e. as I know flappers). When the age of nine and ninety "Peggy." please give me a description of your self. Try as I may, I can't ploture you even from your sobriquet. Are you blonde or brunette, thin or stout, tall or small?

Perhaps some Cynthian will be able to bear Madam—Would you

Peach Noodle Pudding

Cook one package of noodles in boil-ing water for fifteen minutes. Drain, rub in a baking dish well with butter; the cooked noodles and three cups of thick peach preserve; mix in the preserve well with the noodles, dusting over the preserve three-fourths of nutmeg; make smooth on top. Now place in mixing bowl

One cup of milk, Yolks of two eggs, One whole egg.

Three tablespoons of sugar. Beat well to blend and pour over the pudding to form a custard on top; bake n slow oven until the custard is set, hen place meringue on top; brown the

ONE of the better shoe shops is of having a really remarkable sale. Shoes, fancy shoes, all kinds of combinations. Shoes that formerly sold in for \$10 and \$12 are being cleared away at \$4.85, and it would really be worth

For names of shops address Woman's Page Editor or phone Walnut 3000 or Mais 1601 between the hours of 9 and 5

Women Conventions

Medical women from fifteen countries



They Are "Attractive-Looking" Dear Cynthia-We are two fellows in our teens, and we are very attractivelooking, also nifty dressers, but we do not go to dances, as we are very much against it. We make dates with girls. but they do not show up. Please tell us how to win them. Perhaps if you would try more to be attractive in manner than attractive in

praiseworthy, but degenerate and whonly inexcusable. One can and should forgive much. Human nature is frail, and few of us are so sinless as to cast the first stone. Little do we know what temptations assail a foolish and weak person, nor how we ourselves would bear up under certain tests.

Therefore, to forgive is divine.

But not to condone an abnormality.

The young wife became fascinated by a married man. She was senti-Friend Goes to West Point

last, threatened with exposure, she began a systematic scheme of casting the suspicion of the whole state upon other persons. She wrote anonymous letters to herself, threatening death. She threw nets around so many innocent people that some twelve were taken by the police, and caused to suffer!

Yet, all the while, she kept seeing her lover, even after his wife had given her face, being ground out.

Finally, in an agony of "remerse," she threw carbolic acid over her face, and told a tale of being bound and mutillated. She rubbed lye into her eyes. Others were arrested for the deed. At last, the truth came out.

All 177-7

them for me.

First Should a girl believe when a fellow tells her good things about her-With Some Delicious Recipes Obtained From the Accomplished Wives of the Blue Hen State, Delaware

By MRS. M. A. WILSON

Beat egg and milk well and use to the should take her to marry him.

By MRS. M. A. Wilson

Beat egg and milk well and use to the should recommon sense and remember that it's possible to have too much of a good thing.

A man should tall the girl that he loves her and ask her to marry him. He shouldn't do any "things" until he is ready to do that.

> You Should Bow First Dear Cynthia—I am a steady reader of your column for a long time, but I have never written to you before. I want you to help me by answering a few questions.
>
> Walking on the street one day with a girl friend of mine I passed a boy I knew did not have a hat on. While talking to these other boys his eye met mine. He did not have as hat on. While talking as if he did not knew or see me. What should he have done? Should he have said "Hello," nodded or what? Should I speak to him about this matter or let it go?
>
> Well also one of my girl friends.

hen he should have bowed in re-No, do not speak of it. this garl know that you are not impressed with her and that you "rectilinear" or straight-lined the this ger know that you are not at all impressed with her and that you consider her silly to put on such airs. Yes, he is trying you.out. Let him see that you consider yourself a lady and, therefore, above such behavior.

The course of wisdom is to consider the sensed in your business or profession the response in me as he had held me? and, therefore, above such behavior.

Perhaps some Cynthian will be able to answer a question which I herewith ask. "Do girls like compliments?" Dear Madam—Would you kindly tell me what would take a water stain lout of a henna crepe de chine dress. A READER. The best and most successful method to resceiver on exaggerated idea of her cwn beauty. I am a joilier, at least all the guls tell me so, but if a girl has nice eyes or beautiful tresses is it against the dictates of culture to tell her so? (She probably knows it, and if she doesn't, ahe should.)

I see that "Buck Private" has returned. "Welcome, Buck." Accept thanks, "Cynthia," from SENTIMENTAL TOMMY.

To the Editor of Woman's Page:

Dear Madam—Would you kindly tell was a temptation even while I shrank from the keenness of her eyes, and the fear that she hight suspect that some-like heading the soft of a henna crepe de chine dress. A READER.

The best and most successful method to remove a water stain from a dress is to dampen a piece of the same material as the dress and lay it on the spot, and the private of lights, so that she might not suspect that I had been sitting up in the dark ness, I went to the door, unlocked it, and threw it open.

Sentimental Tommy.

The best and most successful method to remove a water stain from a dress is to dampen a piece of the same material as the dress and lay it on the spot, and the suspect that she hight suspect that some bedity. This will restore the color to the stain.

The best and most successful method to remove a water stain from a dress is to dampen a piece of the same material as the dress and lay it on the spot, and the suspect that some him dear that she hight suspect that some thing had gone wrong.

However, the desire to get closer to Editive, to understand if possible what was going on in her mind, was too much for me, and snapping on a couple of lights, so that she might suspect that some thing had gone wrong.

The best and most successful method to remove a water stain from a dress.

The best and most successful method to remove a water sta

SENTIMENTAL TOMMY. To the Editor of Woman's Page:

Adventures With a Purse

With some one in the family constantly complaining of headaches, the medicing chest should most certainly never be without a bottle of arcomatic spirits of sammonia. There are so many minor allments it will relieve that it is indispensable about the bouse that his properties of the stores is seiling it in various sized bottles. You can get one as small as twenty-five cents an ounce or \$2.25 a pint.

black butterflies or whatever you may call the first of dejection that hangs over me in a five first of adjection that hangs over me is a five first of adjection that hangs over me is all the first of dejection that hangs over me is all the first of dejection that hangs over me is a five first of adjection that hangs over me is all the hocks that hitherto brought me in the books that hitherto brough

with the old slack-kneed gait devouring the miles, trees singing faint chansons, rivers stealthily, grayly creeping along, even the distinct pleasure of the "by-yourselfness" fail to bring back my never-failing outinism.

I have no reason for my melancholia. I meely ask that you, in your wisdom, send me a reply that may perhaps given me a laugh, for in all our wisdom 'is folly to grow too wise for laughter.

This feeling descends like a pail upon me once in a while, and I think it is the wanderlust. I ve never stayed long in one place. I'm a bird of passage and my cheffy on the wing. I like to hear the waves lapping with greedy little sucking noises outside the portholo, to gaze ever the blue expanse of sea and sity and wytch the grandeur of the storm as the ships scud away before it. I love the East, the quainit streets, the odorous flamboyanit bazaars, the doming cries, the very fifth of the people and the paciah dogs appeal to me. Expl. Cairo, Bagdad, where romance was born and bred.

I suppose this explains my gearning for something intangible, just the call of same one, something beyond my comprehension, yet that I understand. Please, "T. H. P., write to me, for I "am weary unto death."

Writing this helped some, didn't it.

"Cynicus"? Often if you just write it.

Writing this helped some, didn't it.

"Cynicus"? Often if you just write it.

THE HOME IN GOOD TASTE By Harold Donaldson Eberlein

The Woman's Exchange

Water Stains Dress

Things You'll Love to Make

The Wife Cheater By HAZEL DETO BATCHELOR

It's called

garden frock.

probably

because there

are garden

products

pictured

on its

cretonne.

But the panel and bertha

of organdie

decorated with

tiny bows of ribbon

make it

wearable

for afternoon

as well.

Joun Stockbridge marries Norman Wayne in spite of many warnings from her friends. She choses him in preference to Herbert Livingston, who preference to Herbert Livingston, who loves her devotely, but who locks Norman's charm. Joan is confident of being able to hold Norman, arthough he has never been known to care for one woman more than a few weeks at a time, bus when after their marriage, he makes Joan miserable by his attentions to other women and finally ends up by having a Artathon with Joan's sister Edith, who comes to visit them. Joan is desperate. In the meantime, Herbert Livingston has come back into her life, and when one night he tells her he loves her, Joan is tempted to let him think that she too cares.

Edith's Warning

The furniture of the types made in the early part of the eighteenth century I few moments of weakness, for again is called "Queen Anne" or "Queen and again I went over the scene in my

One-half teaspoon of cinnamon.
One-quarter teaspoon of nutmed.
Mix well by rubbing between the ingers.
Place in mixing bowl
Three cups of flowr.
One teaspoon of salt.
Two level tablespoons of baking powers.
Three tablespoons of swar.

I speak to Rim about this matter or name, however, is the term usually applied, and in general covers the furniture styles in vogue till about 1735 or ture styles in vogue called and even the thought of Norman's de-"curvilinear." as opposed to the linquencies falled to comfort me for

in "A" of the illustration, was I fairly writhed at the thought as I

pared sugar over all and roll as for jelly roll; fasten the ends securely and lift to well greased and floured baking han and bake in moderate oven for thirty minutes, basting every ten minutes with the following:

Three-quarters cup of molasses or honey.

Three-quarters cup of boiling ucater.

Three-quarters with cream Honey Sauce

Place in saucepan

Colonial Cream Honey Sauce

Place in saucepan

Bring to boiling point, cock until it is seen supposed.

Bring to boiling point, cock until it is seen supposed.

The complemental Tommy' Writes Again in "A." of the illustration, was a the basis of design. Two cyma curves, placed as in the design of chair-backs, of read my heart beats of the device of the one in which will be design of chair-backs, of the chair beats of the device of the one in which will be device the strongly function. To give words to the the top of my sub-base voice that addective is not addective is not addective in the top of my sub-base voice that addective is not addective in the top of my sub-base voice that addective is not addective. Three-quarters cup of boiling ucater.

To "Pegy" "Pezy" wour compliment of these characteristics at by my window in the darkness with my cheeks on fire and my heart beats of the design of chair-backs, on the design of chair-backs, on the design of chair-backs, on the design of chair my cheeks on fire and my heart beats of the design of chair-backs, of say in the proposite of the design of chair-backs, on the design of the charge that in we heeks on fire and my heart beats of the charge the serious study in the case of the charge the course of the charge the

ment?" her voice was disarmingly is the opposite, make it a point to sweet and I hesitated. After all, it was the first time Euith had come voluntarily to my room. Perhaps if I let her either if occasionally you drive yourself the first time Eaith had come voluntarily to my room. Perhaps if I let her in, it might be the beginning of a closer relationship between us. That thought was a temptation even while I shrank from the keepness of her eyes, and the

SENTIMENTAL TOMMY.
Too many compliments make the girls suspect your sincerity, but an occasional heartfelt one is permissible.

"Cynicus" Has the Blues

Lear Cynthia — Like the proverblal had permy. I'm back again, and still wish to sheak with "T. E. P."

"I'm back again, and still wish to sheak with "T. E. P."

"I'livek Frivate," I have the blues, the black butterflies or whatever you may wall the fit of defection that hangs over me. Nothing interests me. I've read all the brokes that hitterto brought me.

The the Editor of Woman's Page:

Dear Madam—I have a dark blue satin the which is entirely covered with black silk fringe. I would like to make it over into a bathing suit, using the skirt just as it is. Do you think the water would harm the fringe? Kindly give your opinion of such a suit. A READER.

This is a very clever idea and will make a stunning bathing suit, but the fringe will get all tangled up in the water, especially if it is the ocean. And then again the sath may not take it over into a bathing the pages the property of the expression, and I was glad that my own betrayed no hint of tears.

"Norman and I went for a walk."

"Norman and I went for a walk."

This is a very clever idea and will make a stunning bathing suit, but the fringe will get all tangled up in the fringe will get all tangled up in the fringe was studied and deliberate, she might have been a woman of thirty-five from her manner.

"Dear Madam—I have a dark blue satin to which is entirely covered withen the was entirely covered with black silk fringe.

"Norman and I went for a walk."

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This is a very clever idea and will in the was studied and deliberate, she might have been a woman of thirty-five from her manner.

"Dear Madam—I have a dark blue at the wider which is entirely covered with the property of the page will be the orean.

The the Editor of Woman's Page:

"Norman and I went for a walk."

This is a very clever idea and will be a stunning bathing suit, but the firm of the page will be a stunni

kindly to the water, as it sometimes becomes very slinky and clingy. It is better to have your bathing suit perfectly plain and climple.

*Continued.

"Very nice." I returned, settling self among the pillows of my couch "Mr. Livingston did not stay be "Yery nice." I returned, settling my-"Mr. Livingston did not stay long, did he?" She went on. Something about her manner made me feel that she was trying to pump me for information, and although I could understand why she should be terested in what had happened be-tween Herbert and me, I knew in a flash that she had had some particular reason for coming to my room. It certainly hadn't been because she had wanted to be with me without any ulterior motive.

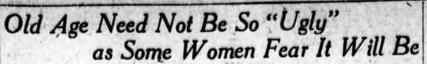
"He didn't stay long after we returned." I said quickly, "But we took a much longer ride than we had expected to take when we started out."

Edith was silent a moment and when she finally looked up there was a queer little gleam in her eyes.
Did you ever stop to think. Joan, that you're flying in the face of Hilton conventions when you are seen so much with Herbert Livingston? Of course, it's nothing to me," she went on, in it's nothing to me, she went on, in the face of my growing amazement, "but I hardly think you would give so Worsted is still being used on frocks. much of your time to any man who was

Here is an instance where it gives an not your husband, unless you cared for human touch. Make the belt of the same material as the frock. Join a number of strands of heavy wool and divide the bunch fato three groups.

Tomorrow—Edith Is Roused

"Writing this helped some, didn't it, the freek or is of many harmonizing "Cynicus"? Often if you just write it shades the effect is stunning. FLORA.



Grandmothers Who Have Love Shining Through Their Eyes Are More Charming Than the Young Women of Fashion

OH. I hate so to get old." mourned the woman whose hair was getting gray. "There are so many pleasIt is gray. "There are so many pleasIt isn't age that has made her ugly. ting gray. "There are so many pleasures and advantages that you can't have when you get old, and old age is So often you hear this said, and in

makes invigorating solutions and the second string.

Since there is so much less that can be done there is just that much less to talk about and think of.

And so the mind turns back to the days when it was possible to be up and doing, when every hour was full of interest and activity.

But age is not ugly; that is, it need not be ugly.

F COURSE, it can be ugly. The course in another hiding place.

Ugly? Why, they were the loveliest things in the world!

And they were not impossible characterists.

proverbial "old maid" is a "most unattractive old thing, with a caricature of a face." But she is a soured, bitter, gossiping

Can You Tell? By R. J. and A. W. Bodmer

Why Scratching Relieves Itching Itching is caused by the ends of the nerves of touch which are distributed throughout the skin layer in all parts of the body becoming irritated. Whenever there nerve ends are disturbed in
such a why as to cause itching the sensation felt by the nerves is telegraphed
to the brain, and we become conscious
of the itching to such an extent that of the itching to such an extent that the brain suggests to our fingers that we go ahead and scratch. We find that when we scratch there is at least a tem-porary relief from the discomfort. Scratching relieves itching because the act of scratching produces a counter-irritant. When you apply a counterirritant. When you apply a counter-irritant you merely divert the attention of the brain from an irritation of which you do not know the cause to another

critation in the same place, of which the brain knows the cause.

When you scratch a spot that itches you simply irritate the nerves which lie closest to the surface at the spot where the 4tch is. This has a tendency to draw the blood away from the nerves further under the surface which, on ac-count of their inflamed or congested condition, caused the original itching sen-sation. Thus you relieve the pressure there. This is shown by the fact that if you scratch too hard or too long you soon affect the nerves which itched originally to such an extent that they become in a worse state than before, and then the scratching ceases to relieve

A mustard plaster is one form of counter-irritant. It has the effect on the nervous system of dulling the pain created by the disturbance for which the plaster was supplied as a remedy. the plaster was applied as a remedy.

Tomorrow—"How is Rainfall in Inches Measured?"

Read Your Character By Digby Phillips

Exercise for the Narrow-Head Is your head narrower than normal? You should have bowed and spoken guished by the prevalence of curving was ashamed of what had happened. Is your near that moment as thought is your near that an indication that I never wanted to see him again. I if so, it is not only an indication that was ashamed of what had happened. In some characteristics you have the average mentally over the average lyantage mentally over but also a sign that in some

"rectilinear" or straight-lined types that moment of weakness.

of furniture of earlier and later dates. The 'cyma curve,' shown the response to the response the development of these characteristic

into some form of work or recreation that demands more energy and aggres-siveness, both physically and mentally. than is instinctive with you.

Tomorrow-Brain Discipline for the

When Packing

If you happen to have two bats to take along in your suitease, one of which is soft and the other stiff, fit the soft one over the stiff one and place them in the bottom of the bag. Pinned together with a hatpin and wedged tight with soft garments they will stay in place without getting massed or broken.

Tiers—Busy Tiers Achieve This Wrap



By CORINNE LOWE

The girl who cannot look pretty in a ummer wrap of chiffon had better resign herself to being just intellectual For certainly nothing is more becoming than one of these clouds of material in everal shades.

Today is illustrated a charming many

WILL FOOD EVER REPLACE MEDICINE

Discovery of a vitamine in so small quantify as can be contained on the tip end of a teaspoon is now said to restore vitelity to the tired bedy and inded spirit. Itsaid will R. Hammond's article in next Sunday's PUBLIC LEPORE. "Make it a Habit."—Adv.

because they think with and for the as Some Women Fear It Will Be one sense, their hands may be wrinkled, their figures not according to the latest style.

But the beauty which is in their souls is greater than any physical beauty they may have had in their youth.

Then the Young Women of Fashion

Then the Young Women of Fashion

They have a soft and shining love.

It's her disposition, her character. She always has been unattractive because she never tried to put anything fine into her life or give anything fine

So often you hear this said, and in some 'ways it's very true.

There are pleasures that must be given up as strength fails, joints become less supple, and comfortable chairs

There are pleasures that must be less supple, and comfortable chairs look for her very much.

more welcome.

The vigorous stride of youth gives way to a slower, more feeble step which makes invigorating walks or long trips either impossible to undertake or very tiring.

Since there is so much less that can slower there is just that much less to the cold, hungry Thanksgiving Day the cold, hungry Thanksgiving Day leading the cold.

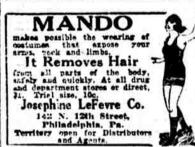
things in the world!

And they were not impossible characters either. You find them now, to-day, in real life.

They are beautiful characters because they have given their lives to being

They keep young, in mind and spirit,





THE PERSON NAMED IN THE PE

Yellow



The "Food Drink" for All Ages.

Quick Lunch at Home, Office and

youth.

They have a soft and shining love.
liness just like the silver of tueir hair.

Oh, age isn't ugly if the youth and maturity that have preceded it have been full of syrtness and unselfish-

ness.

It's the expression of "the inward and spiritual" that counts, not the "outward and visible sign."

Take Drudgery

Out of

Wash

This almple little

appliance, which can be attached to any

faucet, automatically fills and then empties

Drainer, \$2.85

Adapter, when needed, 50c

any receptacle taining water,

FLECK BROS. Co.

NoTrouble

oSloppyFloors

ASK for Horlick's The ORIGINAL

NoLifting

Plumbing and Heating 44 N. 5th St. 506 Arch St.

If you want to keep your child's hair in good condition, be careful what you wash it with. Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the hair brittle, and is very harmful. Mulsi-

much better than anything else you can use for shumpooing, as this can't possibly injure the hair. Simply put two or three tea-spoonfuls of Mulsified in a cup or glass with a little warm water, then moisten the hair with water and rub it in. It will make an aben-dance of rich, creamy lather, and cleanse the hair and scalp thoroughly. The lather rinses out easily, and removes every particle of dust, dist, dandruff and excess oil. The hair dries quickly and evenly, and

fied cocoanut oil shampoo (which is

pure and entirely greaseless), is

hair dries quickly and evenly, and it leaves if fine and silky, bright, fluffy and easy to manage. You can get Mulsified cocoung cil shampoo at any drug store, it is very cheap, and a few ounces is cucugh to last every one in the family for months. Be sure your dengerst gives you Mulsified.—Adv.



NO flies or insects can contaminate Franklin Package Sugars. They are always protected by sturdy cartons and string cotton bags. They are weighed, packed and sealed entirely by machine, never exposed on the way from our refinery to your home.

Ask for Franklin by name. Don't endanger the health of your children by giving them loose sugar that has been exposed to flies and insects.



The Franklin Sugar Refining Company

"A Franklin Cane Sugar for every use" Granulated, Dainty Lumps, Powdered, Confectioners, Brown; Golden Syrup; Cinnamon and Sugar: Sugar-Honey



