WOMEN OF TODAY NO LONGER MOLLYCODDLES IN THE WORLD OF SPORTS, EXPERTS DECLARE

Eleanor Uhl, Catherine Kelly, and Bettie Schenkel Are Some of Present Shining Lights, Who Have Brought Fame to Their Sex and Nation.

WOMAN is no longer the mollycoddle of sports.

Lost in the history of the nineteenth century is the triumphant hour of that pale, shrinking flower of maidenhood who succumbed to mere mention of physical exercise more strenuous than knitting. "From croquet and an etiolated variety of ping pong to foot races,

high jumping and football" tells the story of woman's amazing evolution in the field of competitive sports. Experts who really know insist that the day of the woman in athletics

is here, and that the day is near when she will compete successfully against men in any department of physical activity requiring courage, endurance

These experts believe that if women are allowed a childhood physically as active as a boy's, and of a young womanhood as carefully trained as an athlete's, they are destined to smash world's records with the same gay, grim, heart-tearing determination of men.

The Amateur Athletic Union is sanguine over this prospect. It enthusiastically encourages recreation centers all over the country to train girls as well as boys in competitive swinging their arms. Instead of the games, in various forms of track activities, in swimming.

More extensively than ever before

winging their arms. Instead of the vertical or chopping stroke when they vertical or chopping stroke when they activities, in swimming.

That is the natural feminine way and it is an obstacle to sprinting.

are girls introduced to the delights of physical contests. It all began with potato races and bean bags, but it The correction of these difficulties potato races and bean bags, but it potato races and bean bags, but it is fast spreading into the higher and more rigorous realms of sportdom, so that even boxing is no longer taboo.

The correction of these difficulties and a great deal of practice are changing Miss Kilkenny into one of the likest sprinters in Philadelphia. With an engaging modesty, which one must, though with misgiving, term "girlish," she, however, is reluctant to believe she will run as fast as the famous trackmen of sport history.

Physical Directors See

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Great Hope for Future

And physical directors throughout the country look to the future with a great deal of hope. They tell us that in the golden days of Greece there were many examples of the golden days of Greece there were many examples of the golden days of Greece there were many examples of the golden days of Greece the gold women as physically powerful as in the annual Shanahan C. C. games in Philadelphia. She stumbled in the final heat, and was unable to recover contested with men in public games, her loss.

The biggest surprise in this seventy-five-yard dash was the victory by Miss and that more intangible quality of sheer sportsmanship.

Nee-yard dash was the victory by shees Margaret Herr, who ran for the Meadowbrook Club. Dorothy Baugh, of Meadowbrook, was favored to win.

And these experts ask: "Why And these experts ask: "Why isn't it possible that this merry old earth will again witness a crop of the continuous Atalantas who is a station of the Lansdowne Girls' High School. She gives all the credit twentieth century Atalantas, who for her victory to her brother, Johnny will bring the blush of impotent Herr, member of the University of envy to the cheeks of even that fair daughter of old mythology who lost the Oxford and Cambridge team. her best-known race only because her masculine opponent stooped to the wiles of the serpent of Eden and used an apple-nay! he had to use three apples, Atalanta was so

Miss Herr Won Race

in Middy and Bloomers

Miss Herr ran her race wearing the

But Dorothy Baugh wore a man's

track suit at the Shanaban meet, and she just flew! Dorothy went by me

like wind! She came in second, you

letters to each other? Do they visit one another in their homes? Not by a

long shot! It sounds perhaps petty and insignificant. But don't you believe it.

more at that Institution.

regulation gymnasium middy and

swift-and golden ones at that." Women athletes are not only going to win races like men, but they are going to wear clothes like men in which to win the races,

bloomers.

"But that's the last time," she promises, "unless I feel queer in a man's track suit. And if I feel queer in it I guess I won't wear it.

"My brother John, who has been helping me learn the little tricks about hich to win the races.
"Modern civilzation forces women to running, how to carry myself and all that, always tells me that when I am actually running I should really for-get all he ever told me, and then just be more artificial than men; forces them into the indoor habit of life,"
says Harry J. McGrath, who directs the track and field athletics of the Curtis Country Club. "And with that limitation, it's ridiculous further to hurden the young femining aspirants." run to beat everything. He says, if the good fips he gave me actually sank in the first place, I won't forget them anyway, and they'll do me more good if I don't try to remember them. That is the way I mean to do with the man's track with I I are the way I mean to do with the man's track with I way the labeliance. burden the young feminine aspirants with bloomers and middy blouses. Women need track trunks and jerseys, and soon they will all be wearing track suit. If I can't help thinking about how queer it is, then I will wear my bloomers and middy again.

The average middy blouse weighs three and a half pounds, bloomers weigh four pounds. In addition, heavy weigh four pounds. In addition, nearly stockings, gradually growing into distockings, gradually growing into distockings, gradually growing and the stocking sports, are bound and young women in sports, are bound

"And along with the heavy band that holds up the old-fashioned bloomters, where is there are the control of t ers, where is there any freedom of movement?" asks Director McGrath.

some folks demand bloomers and the screening rest of these intolerable inconveniences! exceptions—and there are exceptions while properties of these intolerable inconveniences! exceptions—and there are exceptions while properties of these intolerable inconveniences! exceptions—and there are exceptions while properties of these intolerable inconveniences! exceptions—and there are exceptions while properties of these intolerable inconveniences! exceptions—and there are exceptions while properties of these intolerable inconveniences. I while properties of these intolerable inconveniences in exceptions—and there are exceptions while properties of these intolerable inconveniences. I while properties of these intolerable inconveniences in exceptions—and there are exceptions are properties of these intolerable inconveniences. I while properties of these intolerable inconveniences in exceptions—and there are exceptions are exceptions—and there are exceptions—and th And they want them for girls, only because they haven't been used to girls who is able to win a race, or jump wearing anything else. Certainly there is nothing immoral about track trunks and jerseys. As a matter of fact, we are already accustomed to one-piece swimming suits, and there isn't a woman's tank meet without them. Fact of the matter is, I suspect that an objection to the more or less regulation track suit for women is an insult to the native fineness in most folks' minds and hearts.

**Type seen women high jumpers, after they themselves had 'died' at a certain height, root for the competitors who were jumping higher. As a matter of fact, girls develop a camaraderie and friendship in sports entirely absent among men. After men competitors have met and won or lost, do they write letters to each other? Do they visit

"Whiz of a Sprinter" Is Miss Margaret Kilkenny

Mr. McGrath has developed what might be termed, in the sports vernacular, a "whiz" of a sprinter in Miss Margaret Kilkenny, who represents the Curtis Country Club. This eighteenyear-old marvel is a slim, dainty creations out of them."

This educator has very pronounced views on the effect of athletics on mothers. eye. She is a little—and justly—proud of her ability, and trains with the senthusiasm of an Okumpian.

"I am confident that the training of an Okumpian.

"I am confident that the training of the athletic field will better prepare her for mothers. Do ture with a merry twinkle in her erhood. "I am confident that the training

From Croquet, Knitting and Ping Pong
They Have Leaped to Football, Baseball, Trackand Other Strenuous Athletics; Coaches and Trainers See Day
When They Will Be Equal to Men.

BELIEVE MERRY OLD EARTH
WILL AGAIN WITNESS CROP
OF 20th CENTURY ATALANTAS

Molla, Janet Snow, Gertrude Artelt,
Fleanor Uhl. Catherine Kelly, and

Fair sculler-Marie Gaus is seen here stroking a double on the Schuylkill

Philadelphia star, was unofficially se-lected from among 2000 others girls as the "Modern Venus" of most perfect athletic form. The girls met in Chicago, coming from all parts of the United States, to take part in the zations are true to a degree. And if tournament of the American Gymnastic the "settled down" woman of a day that is gradually possing wasn't fat at the gradually possing wasn't fat at Miss Artelt began to achieve success forty she was lean and got leaner each as a swimmer when she was fourteen decade.
years old. She received most of her The athletic woman, however, is girlish at thirty, at forty her charm is but little impaired, and at fifty she is still magnetic and attractive. This is

This is Betty Schenkel, captain of the P. R. R. unbeaten basketball team. She challenges any girl to compete in ten or more

save that men no longer go to women's meets solely out of curiosity. "They go to see a real athlete run, jump, hurdle, row, swim, pole vault her doggonedest, and that's a rich sight for any man to see. Men, witnessing the spectacle of women developed in physical prowess, will be inspired to enter the lists themselves. In the end this new interest will do away, perhaps altogether, with that puny, pale, stay-at-home man, who doesn't make the best kind of father, as any one knows, nor the best type of citizen. We see this chain of influence working around in a

no generalization, as doctors and physi-cal directors will admit. By the "ath-

letic woman" is not meant the woman who is "athletic" with a vengeance.

She is a rather impossible person, or just simply an overly enthusiastic one.

She suffers because she is "extreme,

as the male athlete suffers if he works too hard at his game. He ages soon,

develops an "athletic heart," or con-sumption. But the woman who is mod-

erately athletic-and it is possible to

It seems to be the consensus of the physical experts that this newer type of female competitor will increase pub-

lic interest in athletic contests. He

be moderate and a champion to bootis in the end a finer type of woman than

Women Competed With Men Ages Ago in Greece

great circle.

And this circle is really a picture in little of that greater cycle of develop-ment in health of the entire Caucasian world. Ages ago women competed with men in competitive games. That was in ancient Greece, where everything for a time seemed to be done wisely. But in a later day women, chained to their households, victims of a peculiarly cloistral environment, became more artificial than even their men folks. Pallor was believed to be desirable, a mark of aristocracy. Work was not to be thought of outside the home, for women of means.

Then one day some woman or other became discontented with her lot. She desired elbow room. She was permitted to go horseback-riding on some ornamented avenue, or perhaps play croquet. But she wanted to do more. She saw what a gay time the young men had, and she was stirred by a spirit of envy and rivalry. So she took a long walk in the country. It was a courageous beginning and she returned to her ba-

ronial home quite fatigued.
Her parents were shocked that she exerted herself so. And the neighbors, too, were shocked because she took so much exercise. And it must have been about that

time that William Wordsworth heard of this young woman who so evidently outraged convention. For in 1801 he wrote a poem and he entitled it:

TO A YOUNG LADY

Who Has Reen Reproached for Taking Long Walks in the Country. And the poem read: Dear Child of Nature, let them rall! -There is a nest in a green dale, A harbor and a hold:

Where thou, a Wife and Priend, shall Thy own heart-stirring days, and be A light to young and old.

There, healthy as a shepherd boy. And treading among flowers of joy Which at no season fade, Thou, while thy babes around thee cling Shall show us how divine a thing A Woman may be made.

Thy thoughts and feelings shall not die, Nor leave thee, when gray hairs are

But an old age serene and bright, And lovely as a Lapland night, They | Shall lead thee to thy grave.

This poem undoubtedly turned the place in the finals, she decided to take a chance. Pluckily she swam with the world's best, suffering each moment of the grueling test, and came in fifth. She collapsed at the finish, and had to be dragged out of the water.

In 1921 Gertrude Artelt, another digestion and museular vigor are the chief aids to beauty.

Not many moons ago women, by custom, were compelled to "settle down." They lived their lives after the same poem remains significant today, as it was significant in 1801—a promise of a fuller life for women who are athlessed.



"When the boy is a young man he is strong and vigorous. When a girl is a young woman, she is weak. Unfortunately, she more often envies than emulates the stunning athletic girl with fine carriage, beautiful complexion and enviable health. And you cannot blame her. She hasn't been brought up wisely.

movement?" asks Director McGrath.
"It's like hanging an anchor on an eight-oared shell!
"Heretofore girls have been wearing sneakers instead of spiked running shoes. And they've slipped and slithered as though they were plowing through the mud of 'Wipers.' And yet some folks demand bloomers and the rest of these intolerable inconveniences!
And they want them for girls, only among men—admire heartily the girl unpromising girl-child. But hunters,

trained her to the chase.

And she became fleeter of foot than all the men in the land. And being very swift of foot, she agreed to marry any man who could catch her in a race, but whomever she defeated was to be killed. Then it was, you recall, that Hippomenes asked another woman, Venus, to help him win, and she sug-gested that he drop golden apples on the course, so that Atalanta would stop

Must First Learn That Women Are Equal of Men

eathusiasm of an Olympian.

She has done her 75-yard sprint in 9% seconds on the Country Club track, and Mr. McGrath opines that with last year's championship manually and connect that the training a trainer, we have to learn first of all to believe women are potentially the equals of men physically. They lack only training, proper training.

to imagine that women at this time threaten the superiority of men in sports. But they are hopeful for the women who are the girls of today. The age which can develop such superior female athletes as Suzanne Lenglen and Molla, Janet Snow, the high jumper, Gertrude Artelt and Eleanor Uhl, swimmers, Catherine Kelly, bowler, and Bettie Schenkel, who is superior in ten or more sports, will witness the evolution of a new type of girl-child, interested in the same feats her brother holds so high "Strangely enough, too, we attribute in his estimation. And the little girls will grow, under these new sensations. into fit material for intelligent trainers in colleges and athletic associations to

Today, according to Samuel J. Dal-as, secretary and director of the Meadowbrook Club, women are inferior to the men, largely Because they lack the necessary stamina.

Women Can't Run Through They Lack Brute Strength "They can't run through, if you understand what I mean," explains Mr. Dallas. "They haven't the brute strength, the flash, the fire, that come

out somehow where the race is hardest. Besides, they don't gather strength as the course, so that Atalanta would stop to pick them up. This he did, and the wonder-girl lost the race. But Hippo forgot to thank Venus—however, that's is 9 3-5 seconds; the women's record is 12 seconds. In the two-twenty men clip it to 20 4-5, women come along at 80 and 8. In the 100 yard two-foot hurdles the women's record is 14 3-5 "Yes, sir," says "Dottie" Baugh's foot hurdle, 120 yards, is 12 2-0.
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"Yes, sir," says "Dottie" Baugh's foot hurdle, 120 yards, is 12 2-0. see, almost the same time, with higher hurdles at that and a greater distance.

'Of course, women labor under tremendous handicaps, many of which in time will be obviated. They fight went saconds on the Country Club track, you know that of the eleven women on and Mr. McGrath opines that with last year's championship women's soccareful instruction in getaway and in running form she will clip the time considerably.

"You see." he says "how furt part all portrages in Bhilledelphia have child."

"You see." he says "how furt part all portrages in Bhilledelphia have child. They have been properly trained to compete with men, and they condition to the properly as well developed as that among men. They have been properly trained to compete with men, and they condition to the properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. Bhilledelphia have child the properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well developed as that among men. They have been properly as well as the properly as the prop

Competitor in international women's athletic meet state dogmatically that it isn't possible for them to outstrip men in contests of endurance and physical skill, but today doubt if they ever wi levelop stamina first and a better qual-

One of the women mentioned above as the superior type is Betty Schenkel, who works in an office. She has challenged any girl in the country to a decathlon of sports for the world's champlengable. decathlon of sports for the world's championship.

She already is a better athlete than most men. She holds all kinds of cups, medals, ribbons, certificates. She can

live on roller skates. She is an accom-plished horsewoman. She has won any number of bicycle races. She is an expert at billiards. She played on a boys' football team at Atlantic City. She captained her soccer team in an Atlantic City public school. She boxes and is an adept at field hockey, volley Atlantic City public school. She boxes and is an adept at field hockey, volley hall, rifle shooting, swimming, fancy diving. She does the 100-yard dash in 13 1-5 seconds, has done 7 feet in the standing broad jump, and 14 feet, 9 inches in the running broad jump. She holds the record for throwing the base-hall 198 feet.

Swimming Association.

In 1919, Miss Uhl captured the 100 1920 and 1921 she won the Middle Atlantic A. A. U. championship for minute and 16 seconds.

In the trials at Antwerp she broke the Olympic record in the 300-meter race. Just before the finals, she was aspire to perfection physically. They hall 198 feet.

running form she will clip the time considerably.

"You see," he says, "boys just naturally learn to run with some form, but girls don't, because they aren't permitted to run much. It is the same with throwing a baseball. The little importance with the knowledge of a physically simple that two of the best-known swimming trained to compete with men, and they coddles in this strenuous age of sport."

It is the general conviction that women would do well at the present forwamen, and hopes to squeeze proposed in this strenuous age of sport."

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It is the general conviction that women would do well at the present fine some of the event for women. The menting with her. Her mother and father are athletically inclined. That means she has had an intelligently dispersion has revealed that the best distance for women is the best distance

She holds the record in the three-mile swim, time 43 minutes and 13 seconds. The former mark of 44 minutes and 15 seconds was made by Miss Etheldra Bleibtrey, of the New York Women's 100 yards, and in 1918 she won the Swimming Association.



English girl athlete throwing javelin

compete under any circumstances. But the ten parts of beauty are health. This poem undoubtedly turned the because she had been depended upon They realize that good circulation, good trick. The championing of this manly In the national championships of the because she had been depended upon the national championships of the because she had been depended upon the national championships of the because she had been depended upon the national championships of the because she had been depended upon the national championships of the because she had been depended upon the national championships of the because she had been depended upon the national championships of the because she had been depended upon the national championships of the because she had been depended upon to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possibly even first digestion and muscular vigor are the order to win second or possible to the po