

Mrs. Wilson Tells of Some New Drinks

These Are Different From the Usual Kind and Very Refreshing in the Warm Days

By MRS. M. A. WILSON

iced tea is a universal favorite for a summer beverage and is delicious if properly made. The first requisite is the selection of a good brand of tea, a clean utensil to brew the tea, and sufficient boiling water. Scald the tea pot with boiling water, and then pour out the water and wipe dry; place two level tablespoons of tea in the heated pot, and pour over the tea one quart of boiling water. Cover the teapot closely with a towel and stand aside for ten minutes. Now drain off the tea into a pitcher and cool. Then place in the refrigerator to chill. This will make sufficient iced tea for a family of five for two meals.

To serve, fill a tall glass half full of crushed ice, then fill with the chilled tea, add a dash of lemon, and serve. For variety add one tablespoon of whipped cream or a few mint leaves.

Strawberry Syrup for Strawberry Ade The fruit juices are cooling and thirst-satisfying, and should be served liberally in every home. Place in a bowl one cup of warm water and add berries and one pound of sugar. Crush well, and then cover and let stand for one hour, stirring frequently. Stand bowl in pan of warm water and heat slowly, crushing and stirring the berries often. When hot, the sugar is melted into syrup, strain and pour into fruit jar. Use one cup to every quart of ice water. Stir well, and add few mint leaves chopped fine.

Crushed Pineapple Peel and shred a medium-sized pineapple, add one pound of sugar. One cup of boiling water. Wash and look over carefully three boxes of raspberries, place in saucepan and add one pound of sugar. Crush well, using either a large spoon or the potato masher. Heat slowly to boiling point and cook for five minutes. Now turn into piece of cheesecloth and let drip. When cool, press the pulp of the berries through to remove the seeds. Place syrup in fruit jar and store in the refrigerator. To use, place one and a half cups of the raspberry syrup in pitcher and add.

One quart of ice water. Two cups of crushed ice. One-half cup of whipped cream, or One-half cup of marshmallow whip finished with one-half cup of the raspberry ade.

Whip up and serve.

Blackberry Nectar Wash and sort over carefully two boxes of blackberries, place in saucepan and add one pound of sugar. Crush and heat slowly until the mixture comes to boiling point, and then cook for ten minutes slowly. Now turn in a sieve lined with piece of cheesecloth and when cold press out all the juice. To this juice add.

When you wash your child's hair be careful what you use. Most soaps and prepared shampoo contain too much alkali, which is very injurious, as it dries the scalp and makes the hair brittle.

The best thing to use is Mulsified coconut oil shampoo, for this is pure and entirely greaseless. It is very cheap and beats anything else all to pieces.

Two or three teaspoonfuls of Mulsified in a cup of glass with a little warm water is all that is required. Simply moisten the hair with water, and rub it in. It makes an abundance of suds, creating lather, cleanses thoroughly, and rinses out easily. The hair dries quickly and evenly, and is soft, fresh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff. You can get Mulsified at any drug store, and a few ounces will last every one in the family for months. Be sure your druggist gives you Mulsified.—Adv.

Beat the white of one egg stiff, whipping into the egg two tablespoons of powdered sugar. Now place in bowl.

Beat with egg beater to blend, and then whip in the prepared white of the egg. When well whipped turn at once into tall thin glasses and serve.

Place in bowl. Three-quarters cup of sugar. Yolk of two eggs. Cream eggs and sugar until a light, fluffy texture. Now add.

Whip up to mix, and then whip into this the stiffly beaten whites of the three eggs. Serve at once in tall thin glasses.

Place in small bowl. One teaspoon of ginger. One-half teaspoon of cinnamon. One-half teaspoon of mace. One-quarter teaspoon of allspice. One cup of sugar. Juice of one lemon.

Blend well together, working until the sugar is melted to a sirup. To serve fill tall thin glasses half full with crushed ice, add long thin paring of lemon rind, two tablespoons of the prepared sirup, and then fill the glass with ice-cold ginger ale. Garnish with a few mint leaves and serve at once.

Stretching a Handkerchief The performer borrows a handkerchief, and, holding it by corners diagonally opposite, twists it into a sort of rope. Drawing on the ends, he apparently stretches the handkerchief to about twice its length.

The trick is largely an optical illusion. In twisting the handkerchief, the ends are held bunched up in the hands, as shown in the illustration. The performer pulls hard on each end, and gradually pulls the cloth bit by bit, until the ends are held by the fingers. The handkerchief is "stretched" with short jerks, a little slack being allowed after each tug, and an extra twist being made each time to keep the rope shape. Every jerk seems to stretch the cloth a little more. By holding the right hand near the chest, and extending the left arm and each pull, the illusion is made more perfect.

Yellow Tastykake 13c

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