

Mrs. Wilson Gives Virginia Dishes

A Southern Mammy's Ways of Making Her Puddings and Pies Are Among Things Described

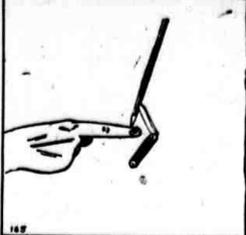
By MRS. M. A. WILSON
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THE housewife of Virginia has always taken great pride in her household, and particularly in the cooking part. Many recipes date back to the early Colonial days, and yet they are just as delicious today. Mrs. Daniel Quimper lives on an old-time plantation in Southern Virginia, and is a delightful old-time housewife and is close to eighty years young. From an old recipe book that has been in the family since before the war I am bringing you Southern mammy's ways of making her puddings and pies. The old-time Southern mammy is slowly but surely dying off, and in her place has come the young woman who has had some of the best of the old-time cooking. This new maid, while she never will be the cook the old mammy was, will nevertheless combine the old with the new in a modern way. This time goodies in a modern way. This is a health standpoint, for, owing to modern ways of living, we can no longer eat and digest the over-rich puddings and pies. Phoebe has long reigned as mistress of the Culpepper kitchen and many a bit of a girl has received her first knowledge of cooking from her, but like all the old-time cooks she is unable to give proportions, and depends entirely upon her judgment both as to consistency and the appearance of the dish she is cooking. Her granddaughter, Lisa Jane, who is a graduate of Tuskegee Institute, has worked out many of mammy's recipes to level measurements, and they are eagerly sought after in the community. Especially those that mammy calls her wartime dishes. Mammy means the Civil War, of course, and not the late war.

Fig Pudding
Place in mixing bowl
One and one-half cups of bread crumbs.
One-half cup of brown sugar.
One cup of chopped figs.
Two-thirds cup of finely chopped nut.
One-half cup of flour.
One tablespoon of baking powder.
One well beaten egg.
Two-thirds cup of black coffee.
One-half teaspoon of nutmeg.
One-half teaspoon of ginger.
Mix well and turn in well-greased and floured mold, and steam for one and one-half hours. Then serve with Chantilly sauce.

Chantilly Sauce
Place in saucepan
One-half cup of sugar,
One cup of scater,
Two tablespoons of cornstarch.
Stir to dissolve the sugar and starch,

After-Dinner Tricks



No. 165—The Balancing Pencil
The most experienced juggler would find difficulty in balancing a pencil on the tip of his forefinger, and when the performer announces he can accomplish the feat, the spectators will probably "want to see it done."
The trick is accomplished with the aid of a penknife. The blade of the knife is opened half way, and the point is pushed into the pencil at an angle, the handle of the knife hanging below the pencil point. This forms a counter-balance which enables the feat to be performed without great difficulty.

then bring to boil, cook for five minutes.
Two tablespoons of butter,
One teaspoon of vanilla,
One-quarter teaspoon of nutmeg,
Yolk of one egg.
Beat well to blend, and then place whites of two eggs in separate bowl and beat until very stiff; then beat in four tablespoons of sugar; whip until this meringue will hold its shape; then whip it into the prepared sauce; chill and serve.

Spice Pie
Place in saucepan
One cup of sirup,
One and one-quarter cups of water,
Seven tablespoons of flour,
One teaspoon of cinnamon,
One teaspoon of ginger,
One-half teaspoon of allspice,
One-quarter teaspoon of cloves,
Stir to dissolve the flour and spices, and bring to a boil, cook for five minutes, then add
Three tablespoons of butter and the yolk of one egg.
Whip up hard and cool, then turn into a pie plate that has been lined with

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plain pastry, and bake in slow oven for twenty-five minutes. When pie is baked place the white of the egg in bowl and add one-half glass of apple jelly and whip with the dover style egg-beater until the mixture will hold its shape; pile on the pie and serve.

Potato Rolls
Place in mixing bowl
One cup of washed potatoes,
One cup of flour,
One teaspoon of baking powder,
One-half teaspoon of salt,
Two tablespoons of melted butter,
One large egg.
Work together and form in long thin rolls, similar to a sausage, roll lightly in flour and fry a golden brown in hot bacon drippings.

Virginia Maple Nut Parfait
Place in small saucepan
One cup of maple sugar, and add Yolks of three eggs.
Beat well to blend and cook for five minutes slowly; now pour this sirup in a fine stream on the stiffly beaten whites of the three eggs, and beat until cold; now drop in.
Two teaspoons of vanilla.
One cup of finely chopped nuts,
Two cups of whipping cream, whipped until stiff.
Turn in mold and cover the joining place of the mold with a strip of muslin about one inch wide dipped in melted lard and then press this muslin binding closely to the mold. This is to prevent the salt and water from leaking in and spoiling the parfait. Mold the parfait

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WANAMAKER'S MAY 15, 1922 WANAMAKER'S

Wanamaker's Down Stairs Store



Sale of Women's Oxfords and Strap Pumps—Special at \$3.40

Substantial savings on every pair! Just the kinds women and girls are wearing now and want for vacation!

Dozens of styles of low-heel oxfords, fiber-soled sports pumps, strap pumps with baby French heels, etc. Black, tan and brown among them, including tan grained, patent and black suede-like leathers. Plenty of the always-good plain finish that takes a good shine.

Sizes are broken—almost all sizes in some styles, just a few in others—but choosing is excellent (and decidedly advantageous).

All are our own good Wanamaker shoes, which speaks well for their quality and for the service they will give.



Men's Oxfords Special, \$3.85

Blucher and straight-lace styles, in black, brown and the popular ruddy tan leathers. All have welted soles and many have rubber heels. The Oxfords are well made and have good style and sound durability. It's a combination not often found in shoes as low-priced as these.

All were considerably higher in our regular stock, but sizes are broken in some styles—and, of course, the early man gets the pick of the basket!

(Gallery, Market)

Men's Pajamas, \$1.50

Cool, soft material and cool colorings—in the plain style that men like. In tan, lavender, white and blue, comfortably cut.

Nightshirts, \$1

Plain white nightshirts are made for comfort and durability.

(Gallery, Market)

Lovely Tissues for Summer Frocks, 50c

Four pretty patterns and five colors in each—green, blue, rose, black and orchid, making a choice of twenty! The tissues are in solid blocks, open checks, two-tone checks and single-color plaids—very pretty for frocks, blouses, gumpies and trimmings on plain-color dresses or white blouses. 38 inches wide.

Foulard pattern chiffon voiles, 38 inches wide, 38c yard—All the pretty silk-foulard patterns are shown in these voiles. Grounds are navy, black, gray, tan, Copenhagen, green, rose and brown with white or colored spots, dots and figures.

(Central)

Peg-Top Rompers and Boys' Suits \$1.10

Peg-top rompers are in three styles and each in several colors. Sizes 2 to 4 years—and how cunning chubby kiddies look in them! Materials are sturdy and take well to tubbings. Some have Peter Pan collars and others have square necks. They are in checks and plain colors—blue, red, pink and green—and some have white waists.

Boys' suits are in button-on style, with dark blue trousers and blue collars and cuffs on the white linene waists. Sizes 2 to 6 years.

(Central)

Window Shades at 65c

Water color shades with good springs are 36 inches wide and 6 feet long. In white, terra cotta, two tones of green and two of tan. All necessary hardware is included.

Oil shades are 85c.
Linene for Slip Covers 25c a Yard (Central)

Cross-Bar Marquisette Special, 25c a Yard

Coollest, daintiest, most summery curtains imaginable can be quickly made of this material. It has a wide tape border and needs only a top and bottom hem! 38 inches wide and snowily white.

(Central)

Charming Blouses Trimmed With Real Laces

Frisled blouses are having a great vogue and are delightfully feminine, softening the lines of the face. The new blouse sketched on the left has a wide pleated Irish and a roll collar, which are trimmed with both Irish crochet and filet laces. \$6.75.

A Peter Pan collar edged with Irish lace and a double band of the same lace down the front are the features of the other blouse sketched. It is of French voile and is unusual at \$5.90.

Special at 65c (Market)



\$6.75 \$5.90

Sale of New Handbags Savings of a Fourth to Half 50c to \$3

Leather bags at 50c, \$1, \$2 and \$3—and such leather bags! All shapes, all leathers, all colors, surely! The newest bags and the most favored of the old reliable bags are both here and everything in between. Large, roomy bags and smart little bags—of calfskin, alligator calf, spider calf, pin seal, rough seal, suede-finished leathers, etc. Interesting catches, pretty linings and nice fittings!

Bags of beautiful silks, with handsome tops and lovely linings, are \$2 and \$3. These are all samples, and in some cases these would be but a fraction of their regular prices.

(Central)

Sale of "Wara" Straw Rugs

27 x 54 inches . . . 75c 6 x 9 feet . . . \$3.50
36 x 72 inches . . . \$1 8 x 10 feet . . . \$5
4.6 x 7.6 feet . . . \$2.50 9 x 12 feet . . . \$6

It's good to have so many people get these fine rugs; there's something about Summer rugs that is cheery and promises good times. These make excellent porch rugs and are equally good for the home—any room in the house and all year round.

These Are Usually Known as Grass Rugs and are our own importation (which partly explains the low prices), and made according to our own specifications—first-quality rice straw, double warps, oil stenciling in various colors and patterns, and bindings all around.

(Central and Chestnut)

A Little Sale of Modart Corsets In Discontinued Models

Many are half price, some are not quite half, but all are marked at a great deal less than the usual prices of these high-grade corsets. Modart front-lace corsets are famous for excellence of line and workmanship, and in this miscellaneous collection are models suitable for slight, medium and heavy figures. Of coutil, broche and satin-finish brocades in pink or white.

Lowered prices range from \$3.50 to \$5. (Central)

COUCH hammocks—the embodiment of comfort—in an excellent assortment at \$10 to \$25.

(Central)

Dainty Summer Boudoir Caps, 50c

Prettily shaped caps of dotted Swiss, checked dimity and other fine white materials as well as colored satin, are trimmed with colored embroideries, fine laces, pretty ribbons and rosebuds.

(Central)

Colored Centers and White Borders

are the features of the new linen handkerchiefs for women, which have just arrived. Flame, sky blue, peach, rose and lavender with half-inch hems of white, 25c each.

(Central)

Girls' Sheer White Frocks for Graduation and Confirmation

Crisp, ruffled organdies with big sash bows for the younger girls, and soft satin girdles for juniors, have just arrived in all their snowy whiteness. They're the freshest, prettiest frocks in years. 6 to 14 year sizes at \$3.75 to \$8.75.

Other Dainty Frocks in soft colorings are of organdies, lawns, dimities and voiles. Charmingly simple in design, they are made in a great variety of ways. \$3.75 to \$10.

New Shirtwaists \$1 and \$1.50
Of white lawn with gingham trimmings or of striped white voiles with wee frills. Mostly with Peter Pan collars and long or short sleeves. 8 to 16 year sizes. Perfect to wear with slip-over dresses of all kinds.

(Market)



Don't travel with the brakes on

STEP away from mealtime with more power, not less. It's easy. Simple, natural food puts zest in muscles, ambition in brain, sends health's order, "Go!" to every faculty. Poorly balanced food says, "Wait," "Slow down," "Doze a while!"

Grape-Nuts is a health and energy food, delicious to taste; soundly and scientifically nourishing.

Made of whole wheat flour and malted barley, skilfully blended and slowly baked for 20 hours, its exceptional nutri-

ment is partially pre-digested and developed for quick and perfect assimilation. Crisp and rich in flavor—a captivating appeal to the appetite.

You'll find breakfasts and lunches more enjoyable, and much more helpful if you leave off heavier, starchy foods for a dish of Grape-Nuts with cream or milk. Children grow sturdy and strong on this splendid food. Ready to serve, right from the package.

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