

SARAH D. LOWRIE'S SATURDAY EVENING TALK

Why the Physician Has a Better Chance of Being Believed and Obeyed Than Even a Clergyman

I WAS talking to a doctor yesterday about the present-day power of the clergy in the matter of giving ethical advice which has some chance of being taken by the parents of this generation, and the youth. Two things that are said of clergymen—not always for rally—cannot be said of doctors. One is, "He doesn't know!" and the other is, "He is obliged to know."

I ASKED him why, professionally, I was not made of those laws as combining an ethical as well as a physical value; why, in other words, it was left generally to the clergy to dwell on the ethical value of the law, and that the ethics would come with an immense force from the physicians who know the physical side.

I STILL remain of the opinion, however, that a physician has ten times as much power to reach the people ethically. For nowadays if the doctor only arrives when the man is sick, the clergyman only comes when he is dead. In Christian sects where the belief in the efficacy of confession, absolution and the Holy Communion just before life is extinct is fundamental, the priest arrives for a deathbed scene, but the doctor comes to see a living man.

TAKEN not for not through any day of the week a physician's daily life much more nearly resembles the daily life of a great prototype of Christianity than the lives of most priests. For, of course, Christ was not a priest and he was a physician. But by some curious twist of fate, the lives of the consecrated ministers of religion nowadays are patterned far more on the life of the son of David. That is, they minister at an altar, they preach in a cathedral, they read the Scriptures aloud, they make prayers for the people, they are consulted as oracles, they are authorities on the affairs of the congregations, they are the leaders in fast days and fast days, they expound the books of the spiritual law—all of which things the Levites did before them. Whereas the Founder of Christianity ministered at an altar, he preached in a synagogue, he read the Scriptures in private, he was a physician, he was a physician who taught the people the spiritual law along with his physical ministering.

I WAS reading today a historical review sent to me by the dean of the Philadelphia Theological Seminary, and the Rev. Charles H. Wall, who is an essay on pharmaceutical ethics, and by way of preface he cites three codes of ethics that were used by the medical profession in the past.

The first is the Mosaic code found in the Book of Leviticus, chiefly, and derived supposedly from the Egyptian code with certain Hebrew changes in the direction of a higher plane of thought and idealism.

The second is the famous Hippocratic Oath, in existence among the Greeks 500 years before Christ.

The third is the Oath and Prayer of Maimonides, dating from the twelfth century A. D., and attributed to the Spanish Jew of that name, who practiced his great profession in Cordova, having learned his art of healing from the Arabs, by whom he was much revered.

These, of course all relate to the practice of medicine. Dean La Wall's essay, with these as an introduction, follows the physician's codes by the ones used by pharmacists from the earliest extant code in the history of medicine, Queen Anne Boleyn, and therefore of Queen Elizabeth, down to the revision latest adopted by our own Philadelphia College of Pharmacy. It is a very enlightening bit of reading, enlightening as to the high ideals of the pharmacists of today and of yesterday, and also enlightening as to the ramifications of business and of science in their human and ancient profession of herb gathering, lotion compounding and medicine distilling.

Please Tell Me What to Do

Dear Cynthia—Your issue of April 30 contained an extremely amusing letter written by "Puppy," and might I be allowed to point out that the young writer is quite correct in choosing her pen name? There can be no doubt that "Puppy" is making the most of her puppy-age.

"Puppy" seems to want your readers to become immediately shocked and write and tell her just what kind of a child she really is. She very childishly points out the foolishness and then seeks the approving pat and the honeyed comment, which, to her, is nothing more than a reward.

Our canine little friend should be soundly spanked. HISPID.

Says Letters Only Written for Show Dear Cynthia—Will you mind if I express myself in the following manner? Why in the world do you allow such vulgar letters in your column, which are sure to be more useful, if they were deleted, than the columns of reading those letters, which are only written to see themselves in print.

Dear Cynthia—I am an eighteen and fairly good-looking. I am going with a boy who is also eighteen and who is not very rich. I have been told he loves me many times. I was in great doubt about it. I was persuaded by my friends to go with him. I know, would not care, if they found out. But now so many girls are going out with boys who are not worth anything. I think they are just trying to get a little more money. I would like to know what you would do in my place. I am sure you would not care if they found out. I am sure you would not care if they found out. I am sure you would not care if they found out.

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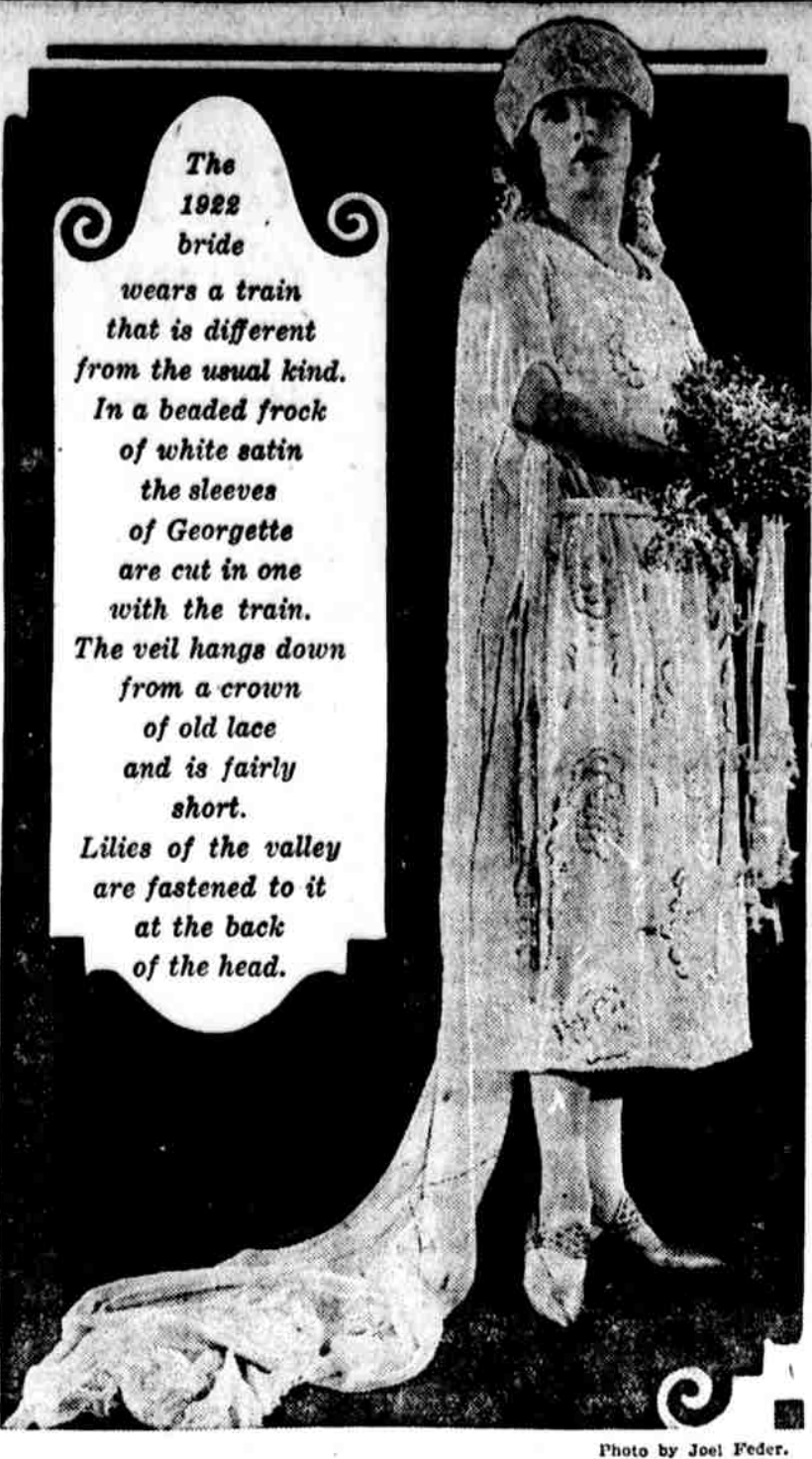
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The 1922 bride wears a train that is different from the usual kind. In a beaded frock of white satin the sleeves of Georgette are cut in one with the train. The veil hangs down from a crown of old lace and is fairly short. Lilies of the valley are fastened to it at the back of the head.

Paul and Virginia

By HELENA HOYT GRANT

She frowned ever so slightly. "Oh, Paul—do let me rest." "Rest? Three o'clock in the afternoon! Goodness, darling, what's the use of my having a half-holiday Saturday if you just want to rest?" She shrugged, but it gave him a little smile. "I'm a wfully sleepy."

He stared out of the living room windows. The sunshine glittered warmly upon the trees whose limbs were already garbed in delicate foliage; the warm breeze rustled the curtains and— He was conscious of her weight in his arms.

Her head nodded and presently drooped gently on his shoulder. He smiled himself snugly in the arms of the sofa and through half-closed lids contemplated the soft, warm flush on her smooth cheeks.

And presently, in the silence of the room, he—dozed! No, nothing serious. Only spring!

Monday—Another Story

Read Your Character By Digby Phillips Selling the Closed "a"

You have before you a letter from a prospective purchaser of something you have to sell. You have noted that in his writing his "a" and his "o" are closed at the top, or perhaps are closed by a looping stroke of the pen.

Now before you successfully present your argument to this man you know you have to find out more about his affairs or perhaps the uses to which he is going to put what you have to sell him. In short, it is necessary for you to learn something of his private business.

The obvious course in such a case is to ask the prospect about these things. Will you ask this prospect?

Of course, it depends largely upon the nature of your proposition and how deeply you are going to dig into his private affairs. The chances are against his responding frankly to a simple question, however. This is the indication of the closed "a" and "o," particularly the indication of the loop in the formation of these letters. You may get the information you want from him, but you'll have to really sell him in telling you in many cases you'll have to dig up the information yourself, and when you have got it use it quietly, but don't parade it before your prospect, for since he is the type of man who "does not" tell everything, he knows and who "keeps his own counsel," he's more likely to be displeased than pleased by the knowledge that you have defeated his habitual practice.

Monday—Selling the Down-Stroke "b"

The Woman's Exchange For the Trip To the Editor of Woman's Page: Dear Madam—Our class expects to go to Washington some time in May for a three days' stay. Will you please tell me what would be the best clothes to carry and what to wear traveling there? We expect to visit many of the buildings.

Monday—What Is Memory? WHAT would you do if you gave your heart to a man who made love to you, and then found that he really hated and despised you? That was the situation in which Cleo Ridgfield.

Monday—The Unconscious Sinner When it comes to suits and three-piece costumes in general, there is no sign of discrediting crepe. This is here in various weaves and novelties and distinguished by all manner of new touches.

Monday—Selling Her Work To the Editor of Woman's Page: Dear Madam—Could you please tell me the names of novelty shops that are willing to take orders for novelties which I make? Thank you. A CHRISTIANITE. 114 South Seventeenth Street. They will pass upon your work and, if it is approved, they will place it on sale for you, reserving a small commission for themselves. You will also have to pay a nominal initiation fee. You can find the names of art needlework shops, which you could try to interest in the things you have to sell, in the business section of the telephone directory. As a matter of fact, inquire of any place that you think would carry these things. You'll come across a lot of shops if you look around.

Mrs. Wilson Gives Everybody Is Out In the Garden Now for May Day Comes on Monday

The Five Meals That He Should Have Each Day Are Thoughtfully Planned for Him

THE first week in the month of May is baby week. This is an unusually good time for the mother to give some thought to the thought of suitable foods for the young child during the next six months.

The cross, irritable child is not well, and this trouble can usually be traced to unwise or unsuitable diet, and when changes are made the child usually recovers and is happy and contented.

Flies, and bacteria, created by changes due to the season, are also a source of the intestinal disturbances that make the small child ill; so mother must take every precaution to keep foods for the child away from flies and store in proper manner so they will not cause these disturbances.

Exercise and play is necessary for the growing child, and if he lacks sufficient energy to accomplish this then the whole body suffers and is out of tune. The mother should note that a gain in weight is not the sign of a healthy child who remains stationary and does not gain in weight needs close attention given to his diet.

The baby and small child need five meals daily. These meals should be planned and cooked separately from those provided for the family. The small child really has no place at the adult table and should be fed alone.

Suggestive Menus for the Small Child Breakfast, about 7:30 A. M.—Baked apple pulp, prune pulp, well-cooked cereal and milk. 11 A. M.—Slice of whole-wheat bread and butter, glass of milk. 1:30 P. M.—Cup of cream soup, well-cooked string beans or spinach, soft chopped fruit, finely chopped lettuce, cup custard. 4:30—Small saucer of stewed prunes or orange juice, small slice of bread and butter. 6:30 P. M.—Small dish of either cereal and milk or dish of milk toast.

Do not allow the child to eat pie-meal or eat candy between the meals. Serve small portions and insist that the child eat all. You will find the best reason for small afternoon tea-cup the right size to use. Use a fruit saucer for serving cereals, soups and milk toast. Try this method of preparing fruit for the small child. Wash fruit and place in earthen dish or casserole and add one-half cup of water for apples. Cover closely and bake in moderate oven for serving cereals, soups and milk toast. Wash produce and cook with warm water and stand away overnight. In morning turn in baking dish and bake slowly in slow oven for one and one-half hours. Do not add sugar, and use only just enough water to barely cover the prunes when placing them to soak.

For variety for the noon meal a soft-boiled egg with a baked potato, poached egg on toast, or poached egg with warm water and stand away overnight. In morning turn in baking dish and bake slowly in slow oven for one and one-half hours. Do not add sugar, and use only just enough water to barely cover the prunes when placing them to soak.

Well-baked whole-wheat bread, about one day old, toasted and cut in inch blocks, gives the child the necessary mineral salts for physical upkeep.

A baked or boiled potato cooked in the skin can be used to furnish variety, while natural rice when well cooked and served with a little part of cream and milk is also good.

Cook all cereals in a double boiler, and for three hours at least, and if the child is a small and finicky eater use milk instead of water for cooking cereal. Milk may also be used for various vegetables, such as spinach, string beans, peas, boiled and mashed potatoes, carrots, either mashed and carrots or preparing them for creamed corn.

Bread, rice, tapioca and cornstarch puddings will also add variety.

Rice Custard Wash one tablespoon of rice in plenty of water. Place in saucepan and add one-half cup of water. Cook until the rice is soft and water absorbed. Now add one cup of custard and turn in custard cups. Place in small bowl. Three-quarters cup of milk. One egg. One tablespoon of sugar. Pinch of nutmeg.

Beat well with Dover egg beater and divide into two portions. Pour over the rice in the custard cups and bake in slow oven for twenty-five minutes.

To prepare bread puddings. Spread slice of bread with butter, then cut in tiny dice, placing in two custard cups and pour over a custard made as follows: Place in small bowl. One cup of milk. One tablespoon of sugar. One well-beaten egg. Small pinch of nutmeg.

Whip with Dover egg beater and pour over the prepared bread in the custard cups and bake in slow oven for twenty-five minutes.

The custard cups are buttered and then dusted very lightly with sugar the puddings can be removed from the cups when cold.

Cook rice, tapioca and cornstarch puddings in double boiler, stirring frequently and cook slowly until done. Remember busy cooking not only partially cooks the starch cells, but will also produce serious intestinal disturbances as well.

Then, with a desperate movement, she had torn herself away, and again they were two strangers, staring at each other across a chasm, the chasm of the past.

It was Judy who spoke first; her hand on her heart, as though to still the wildness of its beating. She forced a smile, but it was a grimace, a forced smile, as she said quickly:

"I think you forgot yourself, Mr. Rand Carlyle; don't you owe me an apology for staring at me uncomprehendingly. A moment ago he had held her in his arms, crushed against his breast, and she had yielded to him. He could have kissed her now, and she would have held him at arms' length with words. For the first time the possibility that his wife no longer cared for him struck her like a blow, and now that she was no longer his for the taking, she had become suddenly desirable.

He tried to reason with himself. Was it Carolla that he loved, or had Carolla cried for him that he loved toward which he had always struggled? At that moment as he stood there staring at his wife, Carolla seemed like a beautiful dream, while Judy, pulsing with life, was the glad reality.

Words came rushing to his lips and, although he felt they were futile, he could not keep them back.

"Judy, I love you! I have lost your love, God knows I deserve it, but I love you, and I could have sworn a moment ago when I held you in my arms that you loved me. Do you love me, Judy?"

"I don't know. Haven't the last few weeks meant anything to you?" She had turned away from him so that he could not see her face, and her response came to him a moment in a whisper.

"Then I'll win you back," he exclaimed.

Advertisement for Envelope Pin-Cushion. An ENVELOPE PIN-CUSHION is both compact and out of the ordinary. Make an envelope cover out of stiff paper covered with silk or cretonne. For this cover use a strip four inches wide by nine inches long. Cut the top into a pointed flap. Sew the edge of ribbon to the point and one to the center of the folded edge as shown. For the folded parts that hold the pins use heavy colored paper, or paper covered with plain silk or cotton material. Cut a strip of the material one-half inch narrower than the cover. Each fold is one-half inch shorter than the front piece of the cover. Make as many folds as you desire. Stitch or glue tie front of the first fold and the back of the last fold to the envelope cover. Stick the pins into the edge of the folded ENVELOPE PIN-CUSHION making a dainty gift for a friend who travels.

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