

The Housewife With a Small Family Is Helped Today by Mrs. Wilson's Talk

Some Recipes That Can Be Used for One or Two Persons—A Convenient Way to Cook Different Vegetables Together

By MRS. M. A. WILSON
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THE woman who is cooking for the small family of two or three often has a somewhat limited menu, and also the dishes she can cook. This is a serious mistake; a little skillful management will easily solve the problem of sufficient variety to afford ample nutrition.

The cooking for the small family can be made more interesting and have a pleasant variety if the housewife will but remember that she can cut or dice the recipe as given for the average family. The greatest trouble will be in the cooking of two or more vegetables, and if the problem is solved in the following manner the cost of the meal is the only item that really need worry the housewife who is catering to two or three.

When two or more vegetables are to be cooked in the housewife will make up about six small bags of cheese-cakes then she can cook two or more vegetables in the same pot, thus reducing the cost of the fuel needed to cook the meal.

Before placing the vegetables in the bags, prepare in the usual manner and have the water in the saucepan boiling. Then just drop in the bags containing the vegetable.

The other method is to place a number of small saucepans containing the vegetables, roast the meat, bake a pie, or cake. It is necessary to cover the saucepans and to add less water when cooking in the oven.

Orange Sauce
Juice of one orange.
One-half cup of cold water.
Three tablespoons of sugar.
Two tablespoons of cornstarch.
Stir to dissolve and bring to a boil. Cook for five minutes. Cool and then add:
One-half teaspoon of orange extract.
One-half cup of whipped cream and beat hard to blend well. Serve the mocha cream in shallow glasses with the orange sauce.

Biscuits for Two
Place in the mixing bowl:
One and three-quarter cups of flour.
One-half teaspoon of salt.
Five level teaspoons of baking powder.
Sift to blend, then rub in to the flour
Three tablespoons of shortening and use one-half cup of milk to form a dough. Turn on slightly floured board and roll out about one-half inch thick. Cut, place on baking sheet and bake in a hot oven.
This biscuit dough can be used for a short cake, by adding:
Three tablespoons of sugar
Two additional tablespoons of shortening.
Cut and bake as for the biscuits.

Layer Cake for Two
This cake will require three small layer cake pans:
Place in mixing bowl:
Three-quarters cup of sugar.
Four tablespoons of shortening.
Yolk of two eggs.
Cream well and then add:
One and one-half cups of flour.
Two teaspoons of baking powder.
Two-thirds cup of milk.
One teaspoon of flavoring.
Beat hard to blend and then cut and fold in the stiff beaten white of one egg. Turn in the three small layer cake pans, spreading the dough just a little higher on the sides than in the center, and bake in a hot oven for seventeen minutes. Then cool, remove from the pans, and put the layers together with jelly and use the white of the egg for making Caledonian cream.

Potato Sticks
Pare and cook three medium-size potatoes until tender, season with salt, pepper, milk.
Two tablespoons of butter.
One teaspoon of grated onion.
Two teaspoons of finely minced parsley.
Dust flour on the pastry board and place a tablespoon of the prepared potatoes on the board. Now roll and form into sticks about one-half inch thick. Have some fat smoking hot in the skillet and drop in the sticks, cook a golden brown, lift carefully and serve on hot plate covered with a napkin. Take care not to add too much milk, for if the potatoes are over-soft they will soak up the grease.

Creamed Eggs and Rice Curry
Boil three eggs hard, then cover with cold water, and when cold remove the shells, cut in quarters.
Place in saucepan:
One and one-quarter cups of milk.
Five tablespoons of flour.
Stir to dissolve and bring to a boil. Cook for five minutes. Now add:
One teaspoon of salt.
One-half teaspoon of paprika.
Two teaspoons of grated onion.
Two tablespoons of finely chopped parsley.
Three-quarters teaspoon of curry powder.
The prepared eggs.
and heat slowly until scalding hot. Then turn over.
One-half cup of well-cooked and seasoned rice.
To cook the rice, wash one-half cup of rice well, then rub the bottom of the saucepan well with good shortening, and add the rice; cover with two and one-half cups of boiling water, cook slowly until the rice is tender and the water absorbed, season and turn on hot dish.

Mocha Cream
Place in saucepan:
One-half cup of strong black coffee.
One-half cup of heavy cream.
Four tablespoons of sugar.
Three tablespoons of cornstarch.

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APRIL 15, 1932 WANAMAKER'S DOWN STAIRS STORE WANAMAKER'S

Hundreds of Frocks, Full of Springtime Loveliness, \$10 to \$38.50—Wanamaker's Down Stairs Store
A Great Many of These Frocks Are Very Specially Priced



Fine Sample Dresses \$32.50, \$37.50 and \$38.50
Exquisite frocks will be found in this very moderately priced group. Mostly sample dresses and one-of-a-kind dresses taken from our own stock and lowered in price.
Most of these are handsome afternoon and dinner gowns of the most beautiful materials of the Spring season. In color there is everything from black or white to brilliant tiger lily or poppy. Some are direct copies of French models.

Special Group of Dresses in Sizes 42½ to 52½
Well-cut and carefully designed dresses of heavy crepe de chine, plain or braided, of taffeta and Canton crepe, as well as several tailored dresses of tricotine. Prices range \$15, \$16.50, \$22.50 and \$25.
(Market)

All kinds of frocks for Springtime — sports frocks, rustling taffetas, soft crepes de chine and quantities of Canton crepes in exquisite colorings. Plenty of tailored frocks of Poirer twill and tricotine and comfortable wool jerseys.
Visitors to Philadelphia will be amazed at the very pretty frocks which can be bought here for small sums.

For \$10
Crepe eponge frocks in sports models.
Tweed cape frocks with a youthful air.
Taffeta and crepe de chine dresses, embroidered or beaded.
Taffeta-and-Georgette combinations.
Wool jersey dresses in shades of brown, navy or tan.

For \$12 and \$15
Straight-line dresses of heavy crepe de chine or tricotine in women's sizes.
Beaded or embroidered Canton crepe dresses.
Taffeta frocks of excellent quality.
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For \$16.50
Lovely light-colored Georgette crepe dresses suitable for dinner wear or for parties.
Crepe eponge frocks, some in interesting sports models.
Crepe de chine dresses embroidered with steel beads.
Beaded or embroidered Canton crepe dresses in navy and colors.
Black lace dinner frocks.

For \$25
About 35 different models suitable for women and young women.
Handsome embroidered Poirer twill dresses.
Embroidered taffetas or taffetas combined with Georgette.
Beaded Georgette crepe over chausse foundations.
Canton crepe dresses plain and draped or beaded in light or dark colored beads.
Cape frocks of wool crepe or Poirer twill with Canton crepe bodices in contrasting colors.
(Market)



Every Woman Needs One Plain-Tailored Top Coats
This season herringbone tweed seems to be the high favorite. It comes in soft misty grays and pretty tans and coats are full or three-quarter length, unlined, half lined or full lined with silk. \$12, \$15, \$18.50 to \$27.50.
If you prefer mixed tweeds they're here in brown and gray as well as black-and-white flecked with color. Silk lined throughout at \$20 and \$25.
Tan and brown polo coats, lined with silk, are soft and comfortable. \$23.50, \$25 to \$37.50.
A Cape Can Be Quite as Tailored
if it is a sports cape of tweeds. Some have contrasting pipings, others have vest fronts. \$15, \$18.50 and \$20.
Navy or black tricotine capes. \$15 to \$38.50.
(Market)

Pretty Spring Silks
Canton crepe, 40 inches wide, in navy, brown, silver, white, tan and black, is \$3 a yard.
Lovely chiffon taffeta, 36 inches wide, in brown, black and navy is \$2.25 a yard.
Natural color Japanese pongee (dust free) in a heavy quality, 32 inches wide, is \$1.50 a yard. 36-inch white habutai, \$1.
Remnants
(a magic word to economical women) left over from busy Eastertide selling are in useful lengths up to four yards. Fancy crepes, taffetas, satin and pretty silk-and-cotton mixtures, all specially priced.
(Central)



Sale of Couch Hammocks, \$10 to \$30
The low prices are secondary to safety! Strength and durability are the keynotes of these hammocks. They were made especially for us and embody many features of safety and comfort that are lacking in most hammocks. They are made on strong angle-iron frames with extra-heavy chains (an extra length of chain, too, for high ceilings).
Note:
All four of the strong chains reach down to the lower frame of the springs, insuring safety. There is no weight on the fabric of the sides, strong though it is.
Many of the hammocks have extra barrel springs up above. All but one model use nationally-known galvanized springs that make them as comfortable as beds for outdoor sleeping.
Bad weather will harm these hammocks little, as they are of eight-ounce duck that is practically weather-proof.
Every one has a real mattress, thick, soft and comfortable, not mere pads.
This Is a Special Sale
and the manufacturer has worked with us to make it possible right at the beginning of the hammock season.
It would be a shame to waste any of the fine days by spending them indoors!

Fresh New Bed Sets
Lighter bedcoverings are all ready for the warmer weather. Each set consists of a spread with a bolster roll to match.
Crimpled white sets, fresh and summery, are in three sizes: 72x90 inches, \$4; 80x90 inches, \$4.50; 90x100 inches, \$5.
White crimped sets in pink or blue stripes, 81x90 inches \$6.
72x90 inches at \$7.50; 90x90 inches at \$9, \$10 and \$11.
Unbleached crimped dimity sets, stenciled in pink or blue, are in size 72x90 inches at \$7.50; 90x96 inches at \$9.
Unbleached muslin sets, stenciled in pink, blue or yellow, size 72x96 inches, \$4; 81x96 inches, \$4.50.
White satin-finish bed sets 80x90 inches are \$6.50; 88x96 inches, \$7.50; 90x100 inches, \$12.
Colored satin-finish bed sets, 72x90 inches, \$10; 80x90 inches, \$10; 90x100 inches, \$12.
(Central)



Charming Aprons and House Frocks at Low Prices
Even aprons know that it is Springtime and put on their prettiest colors to make the housewife look her youngest and best!
Gingham House Frocks at \$1.50
The model is sketched and the good gingham is in brown, lavender, pink, blue or black club checks.
A Studio Frock at \$2
is of brown or lavender cotton rami material with patch pockets, vestee and cuffs of white.
Cool Apron-Frocks at \$1
They have sashes arranged in a convenient way, for the front is stitched and the back may be tied to fit. Of percale and gingham in checks—blue, tan, lavender, black and two-tone small plaids. A dark blue check is trimmed with braid in which there is a touch of red.
6 Styles in Studio and House Frocks at \$3
The one that is sketched is of chambray in pink, blue or green, with appliqued flowers and wool stitching. Others are of Japanese crepe in rose, white, orange, red, lemon, Copenhagen and light blue, trimmed in many new, interesting and delightful ways.
Polly Prim Aprons at 75c
Of pink, blue, lavender or black checked gingham of good quality, trimmed with rickrack.
Rubberized House Aprons at 50c
The one that is sketched is of exceptionally pretty cretonne in rose pattern. Others are in blue, pink or lavender checks.
Clean-looking circular aprons are of some of the prettiest percale that we have ever seen—rosebuds, stripes and dots, in lavender, blue, yellow, green and pink. These are not rubberized.
(Central)

Over 25 Styles to Choose From Beginning With Two Kinds at \$10
—one 5 feet long and the other 4.5 feet with box-edged mattresses.
Six-Foot Hammocks Begin at \$11.50
At \$15 they have spiral springs at the top, headrests and box-edged mattresses.
With an Upholstered Back at \$17.50
This is a regular porch hammock for solid comfort in sitting back. It is 4.5 feet.
Cretonne Hammocks With Upholstered Backs, \$18.75
A third less! Good, thick upholstery, button-tufted by hand, with deep box-edged mattresses, pretty to look at as well as entirely satisfying to rest in! They have four spiral springs and each hammock has a magazine pocket. In brown, rose-and-green, and purple-and-rose patterns.
With headrests, they are \$20.
(Thirteenth Street Aisle)

A Set of Undersilks for the April Bride
Radium of beautiful quality, gleaming, white and bride-like is made into all the things that every bride loves to have.
The underwear is trimmed with fine insertion and is very dainty.
Canisoles are \$2; envelope chemises are \$1.50; bloomers are \$4.50; petticoats, with a double-panel front, are \$7.50; nightgowns are \$8.50.
(Central)

SPECIAL FOR MEN
A Little Group of All-Wool Suits, \$17.50
Not many—just 80 in the group.
Of all-wool chevrons in gray and brown mixtures, cut on semi-conservative lines. Two and three button single-breasted coats.
Good business suits, every one.
That you may know exactly what to expect we give the quantity in each size.
Size 34 35 36 37 38 39 40 42 44 46
Quantity 8 5 15 11 9 9 12 4 3 4
(Gallery, Market)

Men's Sports Oxfords Special at \$5.25
Of smoked leather in the desirable creamy tan tints with dark brown waistbands of grained leather. They have rubber-like soles and heels with extra pads for light stepping.
(Gallery, Market)

French Ratine for Sports Skirts and Frocks
Blocks of color, stripes or checks—unusual and smart designs in lovely colors (also black-and-white) for the sports skirts or frocks. 50 inches wide, \$1.50 a yard.
(Central)

Lovely Sheer Tissues for Summer Frocks 50c a Yard
Delicate, delectable colors (they really do look good enough to eat—cool and smooth and delicious!) Checks, plaids and stripes, some with gleaming mercerized threads. 36 inches wide.
(Central Aisle)

Live Turtles From Louisiana
have just arrived, and are looking for boys and girls who want them for pets. Offered at half the standard price at 15c each.
(Thirteenth Street, Central)

A New Pump at \$4.75
Added to 3 Other Specials for Women
The style is sketched and it is entirely of tan leather with a welted leather sole and a low heel.
Another style somewhat like it has a fiber sole and flat heel.
Oxfords are of black calfskin or of tan grained leather. Both have low heels.

Women's Low Shoes in a Wonderful Assortment at \$5 to \$9.90
Scores of styles—flat heels, low heels, medium heels and baby French heels—pumps for dancing, oxfords for sports and low shoes for street wear.
Mary Janes of patent leather and in two-tone combinations are very fashionable.
Just about everything in the way of women's low shoes!
Patent Leather Mary Jane Pumps for Children, \$1.50
Sizes 4 to 8 in one-strap pumps with good soles.
(Cheesnut)