

**Mrs. Wilson Talks About Care of Face**

This is the fourth of a series of interesting articles on vital subjects taken from Mrs. Wilson's book, "Health and Diet."

By MRS. M. A. WILSON  
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**CARE for the skin** correctly one must know that the covering of the human body is made up as follows: First, the epidermis, or cuticle, scarf skin; second, the cutis, or true skin; third, subcutaneous cellular tissue; fourth, hair and hair follicles, sweat glands, sebaceous glands and nails.

The work done upon the scarf skin must be sufficiently vigorous, without being harmful, to reach the true skin and its connective tissues.

If your skin is delicate and tender, use the following mixture to replace soap:

One-half pound of bran  
One-half pound of oatmeal  
One-half pound of almond meal  
Two ounces of castile soap, grated fine

Mix and then tie into small squares of cheesecloth and use to wash the face in the morning. Pat the face dry and then gently massage for three minutes. The care of the face will be our first lesson.

Warm water and my special cleansing preparation, cleanses the face and neck, using the tips of the fingers to work in the cleansing mixture. When the face is completely covered, work or massage so that every portion of the face and neck receives active manipulation. Now rinse in warm water and use the wash cloth, lay the warm water over the face and neck.

Rinse the face in clear water and then pat gently dry with a soft cloth. When dry anoint the face with cleansing cream and work it into the face and neck with a massaging movement of the fingertips. Work from the chin to a spot near the center of the ear. Allow the cream to stay on the face about ten minutes and then remove with a soft cloth, wiping well.

**The Cleansing Emulsion:**  
Place in a saucupan:  
One ounce of castile soap, shaved fine  
One cup of cold water  
One-half cup of oatmeal, put through the food chopper

Heat slowly until the soap is dissolved and then remove from the fire and when cold add:  
One tablespoon of glycerin  
One teaspoon of boracic acid

Pour into pint jars and use in place of soap to remove the soil from the face at the close of the day.

**Cleansing Creams**  
This cream is free from animal fats and will not cause hair to grow on the face. Place in a double boiler having hot water in the under compartment:

One cup of oil—a good salad or olive oil  
Two ounces of coco butter  
One ounce of white wax, shaved fine  
One ounce of spermaceti, shaved fine

One teaspoon of boracic acid powder.  
Heat slowly until the waxes are melted. Remove from the fire and cool for five minutes. Then add ten drops of oil of neroli.  
Five drops of oil of rose.  
Two tablespoons of glycerin.

Beat with a small Dover egg beater until creamy and white. Remove beater and beat into the cream. It is best to keep the utensils for making creams separate from those used for culinary purposes.

**Sallow, Greasy Complexion**  
To cover this skin over with a thick application of powder is truly a mistake. This hampers the skin and hides the greasiness for a few minutes only.

Rather let us prepare the face as follows: Rub cream into the face very lightly and take care to cover every part of the face. Now spread the face liberally with the cleansing emulsion and cover face with cloths which have been wrung from scalding hot water. Make a space for the nose and mouth and then cover the head with a Turkish towel to keep the heat in.

Now proceed in the usual manner as given for the nightly care of the face. Now bathe the face with the following lotion:

Place in a large bottle or jar:  
One pint of distilled water.  
One ounce of spirits of camphor.  
Three tablespoons of glycerin.  
One tablespoon of tincture of benzoin.

One teaspoon of boracic acid.  
Shake well.  
Drink every night and morning one-half cup of hot water and the juice of one-half lemon. Do not add sugar. Sip very slowly.

**The Daily Bath**  
Perhaps the evening is the most appropriate time for many of us to attend to this part of our toilet. So, with a pot of soap jelly with which to lather the body, and a bath bag for a wash cloth, proceed to bathe.

Have the water warm and rinse the body with cool water and rub vigorously with a coarse bath towel. Now proceed to care for the face as directed.

**Bath Jelly**  
Grate one-half pound of white borax soap in a saucupan and add four ounces of oatmeal.  
One quart of water.  
Simmer slowly until the soap is dissolved and then add one teaspoon of boracic acid, and then cool and pour into jars.

**Bath Bag**  
One pound of bran.  
Four ounces of grated soap.  
Mix and then place in six bags.

Next Friday, Mrs. Wilson will give some suggestions on "Dietetics During Fevers."

**THE Easter rush will soon be upon us, and to insure prompt delivery of your clothes Place Your Easter Orders Now!**

**Gottlieb Tailored Suits to order \$40**

DEVELOPED in Tweed, Herringbone and Sport Mixtures. Suits with knickers and capes are priced around \$65.

**J. Gottlieb**  
Fuller Dressmaker Furrier  
122 South 13th St.

March 31, 1922

WANAMAKER'S

DOWN STAIRS STORE

WANAMAKER'S

WEATHER  
Rain

# Easter Fashion Sale of Women's New Spring Coats, Capes, Suits and Dresses—Wanamaker's Down Stairs Store

Qualities Are Soundly Good and Prices Honestly Low



\$16.50 \$16.50 \$20 \$15 \$25 \$20

## 7 Styles in New Tweed Suits Special at \$16.50 (Saving About a Third)

Pekin, Copenhagen, orchid, tan, rust, brown and rose are the fashionable colorings in these pretty suits. They are simple and tailored of line, with pleats, embroidered crowsfeet or buckles for the only trimming. Each jacket is silk lined.

### 4 New Styles at \$20

Yes, tweeds, in rose, Copenhagen, tan, Pekin, orchid and one-of-a-kind in delicate half-shades. One well-cut style has a straight long coat. Another has a shoulder yoke and vertical pleats. Jackets are silk lined.

Scores of other interesting tweed suits at \$23.50, \$25 to \$37.50.

### Navy Blue Suits, \$25 to \$55

Excellent twills and tricotine showing short butterfly jackets and wide sleeves, embroidered and beaded, or straight long jackets severely plain and beautifully tailored. Two distinct types and both delightful.

Special at \$15: New blue serge suits, braid trimmed, with silk-lined jackets.

## Beaded Georgette, Canton Crepe and Lace Dresses at \$20

Lovely dresses, little priced. Georgette dresses are in brown, navy, cream, Pekin and Copenhagen beaded in bronze, sphinx or crystal beads, very soft and lovely.

Canton crepe dresses are also beaded and have contrasting linings in the loose panels on the skirts. In navy, rust, henna and black. Softest of all are the radium lace dresses, some with entire overskirts of lace, others with lace side panels. In gray, black, henna, cream and white.

### Charming Silk Dresses \$23.50 and \$25

Beaded fringe used in diamond figures on the skirt is the feature of the young woman's dress in navy and black. \$25.

Another of Canton crepe has flowing sleeves of jade green or cream Canton crepe beaded in colorful patterns. \$25.

For large women there are frocks of Canton crepe with pleated panels extending from a shoulder yoke and ending in heavy fringed ornaments. In navy, turquoise, periwinkle and fuchsia. \$25.

Russian crepes and interesting combinations are in sports styles at \$23.50.

## Topcoats of Herringbone Tweed \$15, \$18.75 and \$22.50

Jaunty, Springlike and youthful, they're of soft grays and tans with patch pockets, muff pockets, interesting buttons and belts. All are severely tailored, like men's overcoats, and have raglan shoulders. Half lined or full lined with silk.

### Tweed Coats, \$16.50

Double-breasted light-weight coats in tan mixtures, silk lined.

### Tweed Capes, \$16.50 to \$37.50

Nearly every kind one can think of! Soft of color and texture. These are quite the nicest wraps that young women have worn in many a day.

### Velour Capes, \$20

Of dull blue with side panels of reindeer strapped with blue—also in the reverse colorings, tan with blue. Silk lined throughout. (Sketched.)

### Fine Things at \$37.50 to \$85

Handsome silk capes with fur collars, silk Bolivia wraps, fine tricotine, trimmed with gros-grain ribbon. All are beautifully lined with brocade, moire or plain silk.

## 38 Different Styles in Coats and Capes at \$25

Mixed tweed topcoats in light gray are flecked with violet, rust and green—double breasted and finished with leather buttons and silk linings.

Light and dark tan polo coats, silk lined. Wraps of embroidered reindeer velour. Wraps of Bolivia with deep pointed sleeves finished with heavy silk tassels. Tricotine, Bolivia and velour wraps trimmed with tasseled straps. Capes of velour and Bolivia in soft reindeer and covert shades.

### Capes and Topcoats for Little Girls and Big

Herringbones, polo capes and coats lead, with velours, checks and Bolivia not far behind. Mostly in tans, browns and blues. 14 to 16 year sizes, \$6.50, \$7.25, \$12 to \$37.50. 6 to 14 year sizes, \$5, \$7.50 to \$25.

### Tweed Frocks With Capes, \$11.25

In mixed colorings, piped with red or green to match the rims of the buttons. Sizes 8 to 14 years.

### Sample Silk Dresses for Juniors

Canton crepe dresses of very fine quality are made in beautiful and youthful ways. In periwinkle, Copenhagen, flesh, henna, red, white, tan and navy. A few sports frocks of Russian crepe also.

## Wonderfully Fine Eponge, Tricolette and Crepe de Chine Dresses, \$10

(Savings of More Than a Third)

Eponge and knitted silk-and-wool eponge dresses are in delightful sports styles in turquoise, yellowstone, navy, henna and reindeer. You would expect to pay a great deal more than \$10 for them.

Tricolette dresses, in navy and black, have embroidered panels or flowers made of self material. Crepe de chine frocks, navy and black, are trimmed with loops of beads in sapphire, red or rose.

### Wool Jersey Dresses, \$5 and \$10

\$5 dresses are cut on straight lines with a bateau collar and contrasting pipings and buttonholes. In brown with reindeer, henna with reindeer, reindeer with Pekin or brown, navy with Pekin. A two-piece style at \$5 has shirring at the hip.

\$10 dresses are made with pleated skirts and plain bodies with Peter Pan top collars and cuffs of white crepe de chine. In henna and reindeer. Tweed Cape Frocks, \$10 to \$25

Some of the frocks are in sleeveless slip-on style, others have long sleeves and linen collars and cuffs. Others are fringed. In orchid, rose, Copenhagen and tan.



\$5 \$10 \$20 \$20

## 3000 Pair of Women's Extra-Fine Strap-Wrist Chamois-Lisle Gloves—Special at 75c Pair

These are perfect gloves of fine quality in the most wanted colors of the season, and the price is much less than regular.

6-button length in white, gray, walnut, brown and cafe au lait.  
8-button length in white, chamois, beaver, light and dark gray, cafe au lait and covert. All have spearpoint stitched backs.

### Exquisite Kidskin Gloves for Easter Specially Priced

White Kidskin Strapwrist } \$2.65  
White Kidskin 12-Button Length }

Imagine that for Easter gloves of the finest and most flexible kidskin! Strap-wrist gloves have 5/8-inch cuffs, are full pique sewn and have two-tone crochet embroidery on the backs.

12-button-length gloves are overseam sewn, in mousquetaire style, with plain backs.

### Canary Kidskin—Newest of All

12-button length, \$3.75  
16-button length, \$4.50  
The last word in glove fashion marked much less than the price of ordinary gloves. They have the soft golden tone of a tea rose. These are from France and are of fine texture and exquisite tint—in fact, we have never had finer gloves.

## An Easter Bouquet of Women's Colored Handkerchiefs, 50c

Charming little squares of linen in pale green, daffodil, light and dull blue, rose, pink, orchid, orange, etc., with hand-embroidered flowers, dots and cordings.

## Women's Silk Stockings With Pointed Heels, \$1.50

Black, navy, white, polo gray, creamy tan (the shade of new sport shoes), African brown, silver, cordovan and Russian calf are the good colors in these pure thread silk stockings in a fine, even quality, with seamed backs and cotton toes and soles.

## Women's Easter Oxfords and Pumps—\$5, \$6.50, \$7.25

The Down Stairs Shoe Store is known as "The Place to Buy Good Low-Priced Shoes," and Philadelphians have learned to expect both style and quality. And, they get them, especially in these three pre-Easter groups.

### Children's Tan Shoes Specially Priced

New tan lace shoes for Easter are made of durable leather, on healthful wide-toe shapes with good soles. Sizes 6 to 11, \$3; 11 1/2 to 2, \$3.50; girls' sizes 2 1/2 to 6, \$4.50.

### Boys' Shoes at \$2.90

Shoes for regular hard wear! Of tan leather in blucher and straight-lace and of black leather in blucher style. Sizes 10 to 13 1/2.

### Men's Oxfords and Shoes at \$5

Any number of styles! Sports oxfords, conservative oxfords and shoes, some with wing tips, others with straight tips! Some have inlaid fiber strips the length of the soles and some have rubber heels. Oxfords are mostly mahogany and shoes are black or tan.

### Women's Oxfords at \$5

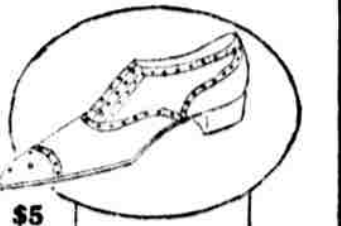
Oxfords of black calfskin, light and dark tan leather have medium, low or high heels. Patent leather oxfords have the fashionable plain vamps and low heels. All have welted soles.

### Almost a Dozen Styles at \$6.50

Patent leather Mary Jane pumps with one strap are in the forefront of fashion. Many styles of oxfords are of tan calfskin, black calfskin, brown kidskin, mahogany calfskin and black kidskin. Some have full wing tips and low heels and others have medium or low heels.

### Sports Oxfords and Dress Pumps at \$7.25

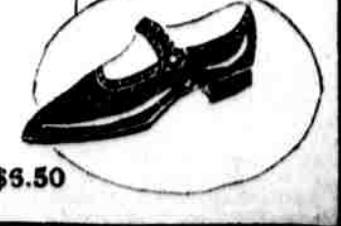
All the way from gray-and-patent leather Mary Jane pumps to sports oxfords of smoked elkskin trimmed with tan and finished with soft fiber soles! That is a long way, and it takes street oxfords to bridge the gulf. They are of tan or black calfskin with plain vamps or straight tips and low heels.



\$5



\$5



\$5.50

## First Showing in Philadelphia Beautiful American-Made Pearl Necklaces—Specially Priced, \$5

A string of these pearls will be shown which we ourselves placed in cold water and allowed to boil; this did no harm to their lovely color and luster; indeed it is difficult to tell the "boiled pearls" from the others.

This is the first time in pearl history, so far as we know, that a maker has guaranteed indestructible pearls so thoroughly. Also, this clever American artist-maker has succeeded in producing pearls marvelously like those that grow in Oriental seas—they have a misty moonlight color and luster which makes one think of Easter wedding gowns.

All have 10-karat gold clasps, are carefully graduated and have the substantial weight of the better qualities.  
24, 27 and 30 inch strings

## Easter Opportunities Central Aisle

### Negligee Corsets and Girdles, \$1 to \$2

Some combined with wide insets of elastic, some slightly boned. Sizes 24 to 32.

### 500 Silk Petticoats and Knickers Are \$2.85

Knickers of jersey silk—good long ones! Petticoats of jersey,

taffeta or jersey with messaline flounces in all the wanted rich colors. Also double paneled white or pink satin petticoats.

### Women's Ribbed Cotton Underwear, 25c to 60c

Regular, extra and "double-extra" size vests—very good "seconds" at 25c. 50c for regular and 60c for extra size combination suits—all first quality.

Next Friday, Mrs. Wilson will give some suggestions on "Dietetics During Fevers."