lecipes Written a Whole Century Ago Are Taken From Diary by Mrs. Wilson

A Cream Sauce Makes Bacon and Eggs Unusual, While the **Old-Time Dixie Plum Cake Is Temptingly Spiced**

ODAY, March the 31st, is a balmy

By MRS. M. A. WILSON and 1971. by Mrs. M. A. Wilson. An slice of the prepared apple in the bis-cuit. Place another slice on top and

spring day, the robins are singing and winter bath turned his tail and fied. No the opportune time is at hand for the making of the kitchen garden. Sister Martha will fetch home the seeds from the market and methinks also a goodly narketing this day. Whilst she l I have made a wonderful spice cake from Mrs. Leach's new recipe that came from her sister, who lives on a Virginia plantation." The above note and the recipes used

today are taken from an old diary of Rachel Howard, who lived in Philadel-phia in the early eighteenth century. BREAKFAST

Southern Strawberries Cereal and Cream

Bacon and Eggs with Cream Gravy Fried Potatoes Colonial Rolls Coffee

DINNER Radishes Pickled Beets Braised Shoulder of Lamb, Dutch Style Mashed Potatoes Cabbage Salad Peas Cream Apple Shortcake Coffee

SUPPER

Radishes Pickled Beets Cold Cuts of Meat Potato Salad

Bacon and Eggs With Cream Sauce Brown thin slices of bacon, and then cook one egg for each person in the bacon fat, keeping the egg white while cooking: this is casily done by not having the fat very hot. Lift the egg, when cooked, to a small slice of toast, and then drain a portion of the fat from blend and add the pan, add six tablespoons of flour, blend and add

One and one-half cups of milk. blend and bring to a boil, cook for five minutes, season well.

Braised Shoulder of Lamb, Dutch Style Have the butcher bone and roll the shoulder. Now place in a wooden chopping bowl

Two leeks. Three onions. Three branches of parsley. One teaspoon of thyme.

Chop very fine and pack into the meat where it is tied. Put a little shortening in deep saucepan and when smoking hot add the meat. Turn until nicely browned and then cover the pan closely and let cook very slowly, allowing full thirty-five minutes to the pound. Add to the meat while cooking

One-quarter cup of vinegar. Eight small onions. Two carrots, cut in small pieces. One cup of water. Six tablespoons of flour. Dissolve the flour in the water before

adding to the ment, season with salt and pepper and add One-half cup of finely chopped pars-

ley, One cup of thick sour cream. Blend well and serve.

Colonial Boiled Dressing Place in a saucepan One caspoon of mustard, One teaspoon of white pepper, Four tablespoons of flour. Now dissolve the spices in the milk, before starting to cook, and just as soon as the mixture begins to thicken add slowly two-thirds of a cup of vinegar, balf eru of butter and heres to bulk. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar, balf eru of butter and here to beally even. Sowly two-thirds of a cup of vinegar. Sowly two-thirds

serve with thin custard sauce. Spiced Cake Place in mixing bowl One cup of molasses, Three-quarters cup of brown sugar. Two-thirds cup of sausage drippings, One teaspoon of ginger, One teaspoon of cinnamon, One teaspoon of allspice. One egg. Blend well, add Three cups of flour. Two tablespoons of baking powder,

One cup of seeded raisins. One cup of chopped nuts. One-half cup of citron, chopped fine. Three-quarters cup of black coffee. Beat to mix and then turn in a wellgreased baking pan, spreading the batter evenly and about one inch thick. Bake in moderate oven thirty-five minutes

Please Tell Me What to Do By CYNTHIA

Perfectly Proper Dear Cynthla-My mother died in May last year and I am still in mourn-ing And as I am to be married next month, would it be proper or bad luck for me to be married from the home of a relative instead of where I am now living, with my brother? BESSIE Dear child these there is the star

Finds Him Repulsive Dear Cynthia—I am an attractive young girl of eighteen and have been keeping company with a young man who is very much in love with me. This young fellow is minus two fingers on his left hand, which makes him very repulsive to me. He is a very nice boy and thinks that I like him. This defect is very noticeable, and I know that I could never go out with him again. So please. Cynthia dear, tell me how I can be rid of him without hurting his feel-ings, as he is a very sensitive boy. It is my mother's wish that I go with him. ANXIOUS.

ANXIOUS. My dear little girl, while there is no

My dear little girl, while there is no need of your loving the young man, you should not allow his misfortune to turn you against him. How can you be sure you may not meet with a like accident or a worse one in your life? Would you want every one to turn from you because of your infirmity? Be kind to the young man and do not look at his hands. It's not a bit necessary.

Writes to "Bill"

Writes to "Bill" Dear Cynthia—Allow me to say a-few words to "Bill." I must admit that your letter gave me a very glad surprise. It seems so strange to hear any one who speaks so nicely that doesn't knock all the so-called flappers. I have often heard that "brains and beauty are an un-usual combination," and I believe it's true. A girl who is a raving beauty spends all her time convincing herself of the fact, whereas a girl who is homely, not ugly, but just plain, generally ac-cepts the situation and puts herself to the task of developing her mind, since the task of developing her mind, since is passe. It is bad enough for the girls to be conceited, but when the men suart talking about looks it's time to turn over another page.

of your dreams. Even the flapper, she'll-stick by you.

Querion of Etiquette

Dear Cynthia—Two couples went to a hotel for an evening's entertainment where dancing was included in the pro-gram. During the course of the eve-ning the young ladies left the table for a few minutes, and while away one of

"BABE

EVENING PUBLIC LEDGER E FOR MORE SETTLED WEATHER

+,+

In these days of first hot and then cold, a parasol and a summer hat do

look out of place. But while you are shivering from shop to shop in

your furs, don't overlook the fact that in two months more you'll be wanting protection from the sun, and you might just as well arrange

to get it in a becoming way. The large hat with its fringed ribbon top

has huge roses as a trimming, and more roses and their petals are caught in the tulle veiling which falls charmingly over one shoulder.

The parasol is covered with the same rows of fringed ribbons and more

roses nestle confidingly in its midst

CAC IN THE REAL

Woman's Life

and Love

By WINIFRED HARPER COOLEY

Two Million Wifeless Men

GIRLS and spinsters, take heart. In America all the time there are no

less than two million bachelors in ex-

do not see women very often, but need

"Go west, young man, and grow with the country," admonished

Horace Greeley years ago: but even

when he so advised he was enjoying the

NOWADAYS the opportunities for making fortunes are not so great

WINIFRED HARPER COOLEY

Deluded Wives

Photo by Central News

The Woman's Exchange

The Study of Languages

To the Editor of Woman's Page:

By HAZEL DETO BATCHELOR Judith Carlyle is a deluded wife because when Rand, her husband, sells his business and comes to New York to be an artist, she refuses to adapt hereif to the new life. She thinks it enough to keep the house clean and to cook Rand's meals, and when she takes no interest in his work they clase to have anything is common. Rand meets Carlotts Young, a writer, and a serve clever young.

a writer, and a very clever voman. He is caper to paint her portrail and invites her to the studio for tea, which makes Judy furious.

Tea for Three

MOISER STAR STAR

TUDY sat rigidly on the edge of her chair. With every breath she drew she hated Carlotta Young a little more. She hated her for the intangible charm she possessed, for her case of manner and, most of all, for the way she and Rand chatted together as if they were oldtime friends.

As for Carlotta, she never forgot the little sense of shock she had had when Rand first introduced her to Judy. She had made no picture of Rand's wife in her mind, but at least she expected her to be colorful.' This drab little country girl with her hair screwed into a

tight knot, and her face expressionless. had startled Carlotta and filled her with an indignant pity for Rand. Over and over in her thoughts ran the question, "Why did he marry her: what did he ever see in her?" For Judy was not even charming : she was a non-entity, a woman incapable of seeing the beauty in Rand's soul, Carlotta had tried desperately to draw Judy into the conversation and found it impossible.

found it impossible. When faced with a direct question, like "How do you like New York, Mrs. Carlyle?" Judy had responded with some show of feeling. "I hate it*" she had said fervently, but a moment later she had relapsed into silence.

Rand showed Carlotta the portrait

LOUC HARPER COOLEY Wifeless Men sters, take heart. In he time there are no ion bachelors in ex-cess of the married pairs! Think of that big aggrega-tion from which to choose. Surely, the most fastidious of just the right one, our ideal mate, if we have the run of the secret. Most of these surplus swains are on the ranches and plan-tations. where they very often, but need and colorless, and there was about her an atmosphere of crisp well grooming that spoke of radiant health and care-

What would it be like to love such a woman, to arouse in her the turbulence that at times seemed to consume him? His eyes rested suddenly on the firm line of scarlet that was her mouth, and

his heart leaped in his breast. At that moment she turned to him and their eyes met. Into her own crept a sudden look of fear, and over the creamy skin surged a flood of crimson. She turned away instantly and Rand found himself suddenly tromblar. He found himself suddenly trembling. He was both angry and glad that she had caught the look in his eyes, angry be-cause it had caused her embarrassment, glad because in that moment of revela-tion they had been suddenly drawn together into an intimate understanding. But if Rand did not analyze his. thoughts, and realize their danger. Car-lotta was acutely aware of her own feel-ings. She had known from the first moment of their meeting that he had the for him, for, unlike Judy, who had always been protected and sheltered, Carlotta had met life and conquered it,

and knew the dangers that lay in the path of the woman who lived alone. She knew quite well what she ought do. Rand Carlyle was married, per-

There's No Denying the Fact That Spring Is Just About Here. and this der

With Crocuses and Song-Sparrows

From one hand she trailed a piece of

other little girl carried another piece of rops. And as they joined forces they got into atep, brought their ropes into posi-tion and went skipping up the street. Jumping ropes and song-sparrows and crocuses—spring !

MUDDY patches in front of new houses usually discourage prospecive tenants.

But not now. Every Sunday afternoon you see peo-ple, nearly always couples, walking along the street where they are build-ing those attractive new houses with fireplaces in the living rooms and porch roofs that were just built for flower

Things You'll Love to Make

Cape

fully-selected clothes. His thoughts wandered curiously.

F.L.Vaplan Capes of every description and for every occasion are the present vogue. Here is a BUTTON-ON-CAPE that Here is a BUTTON-ON-CATE that you will find very convenient for sports or street wear. The cape may be cut circular or with a seam down the shoulder or made on a yoke. The sides of the cape extend a little in front of the shoulder line. The short yoke or collar meets at the front. It has two button-holes in each end which fit over buttons that are seved to the front of the frock. that are sewed to the front of the frock. In this way the BUTTON-ON-CAPE can rendily be removed when not wanted and quickly rebuttoned when some added warmth is needed. FLORA.

For April Fool's Day isn't what

GOLDEN

SYRUP

The Flavor of sweet

sugar cane is the most

popular in the world.

Franklin Syrup brings

the flavor of sweet sugar

cane in its most appeal-

Even Mud Can't Stop Its Signs

THERE'S absolutely no doubt about the now. The now. The second second

and Jumping Ropes and Sunshine chard dittery that the of

ain. Its squirreis have been Its inhabitants bave be

the go, just using it as a high









half cup of butter and bring to boil. Place where it will cook very slowly for five minutes.

This amount of dressing will keep over a week in winter time, and as long in summer if placed near the ice. To use, place about two-thirds cup of this dressing in bowl and add One-half cup of sour cream. Beat to blend and pour over the salad.

Apple Short Cake

Place in large, flat saucepan

One cup of sugar. " One-half cup of scaler, Stir to dissolve the sugar and bring to a boil. Cook for two minutes. Now what I wish to inquire is did this voung man commit a breach of eti-dance, inasmuch as he had no assurance add three apples, pared, and cut each apple in four slices: remove the core. The apples now resemble the slice of pineapple. Place the slices of apple in the prepared sirup and sinner slowly until the apples are clear. The apples must be laid in single layer in the saucepan. While cooking cover to keep in the steam. Now place in a mixing

baking sheet and bake in hot oven for not in the party

dance, inasmuch as he had no assurance of how the young lady who accom-panied him to the hotel would be enter-tained during his absence? I also would like to know how, if this young man wished to dance with the acquaintance, it could be arranged so as to be strictly good etiquette? styles and costumes, or the ice-cream delicacies, or the motion pictures every evening. Your husband will not wear picture-que costumes and dash up on IN DOUBT bowl . Three and one-quarter cups of flour. One teaspoon of sait. Two tablespoons of baking powder. Fire tablespoons of sugar. Sift to mix and then rub into the flour. Three tablespoons of sugar. Sift to mix and then rub into the flour. Three tablespoons of sugar. Sift to mix and then rub into the flour. Three tablespoons of sugar. Sift to mix and then rub into the flour. Three tablespoons of sugar. Th Arabian steeds, his throat encased in a

rents-if one is willing to work. Of course, you will not get the fancy

Citles offer us in enormous amount of pleasure and education. It must be a matter of much sacrifice for a city-Paul and Virginia By HELENA HOVT GRANT bred girl, avid for the metropolitan delights, sophisticated and accustomed to showy hotels and magnificent dance

as it were, and pioneer in the far country districts, being obliged to labor physically, and endure real hardship.

puckered his brows, haced his fingers and pursed his lips, all be-ling the outward signs of deep thought. "Ethics? Oh, they are the rules of the game. Why?" Virginia signed.

everybody recognized right from wrong and then there'd be no wrong in the world at all?"

Paul snickered rudely. "That's a fine original thought right, he suid.

pouted resentfully that,

where everything is so perfect?"

peaceful and just about perfect, I guess,

peaceful and just about perfect, i guess, if everybody thought just the same about everything, but it would be ter-ribly monotonous, don't you think?" And suddenly Virginia remembered that she simply loathed parsnips, pe-tunias, the odor of musk and the color f magenta. Life has its complexes. of

"And if one code of ethics was uni- halls and orchestras, and elaborate versal there'd be no divorce courts, cooking, to step back a half century, would there, dear, and there'd only he

But all Western life is not a matter of such extreme sacrifice as the latter picture. To one who loves nature, and who first finds the romance and glory of mountains, the magnificence of sunsets, and moonlight, and flowers, and the sweep of the plain, and the exhilar-ation of swimming and horseback riding. civilized life" is tame and meaning-

THEN there is the difference between L love and home and mutual interests and activities, and the monotonous, non-creative life of the unmarried and lonely woman. If a girl be happily married she never will sigh for the un-

attached state. Nowadays, too, the country is pretty

She pouted resentfully. "Well, there's no harm in thinking up to date. Farms have their automo-at. And right thinking will bring biles and telephones and music machines. "You mean, dear, that nobody can be third, And right conditions. That's easily and magazines. It is possible to read understood. If everybedy had the same own choice?" Everything would be just lovely." A and to keep abreast of the times, and happy thought struck her. "Why, join' women's clubs and Grange meet-"Something like that. But it's not happy thought struck her. "Why, join' women's clubs and Grange meet-a question of choice. It's a matter of Paul, it would be just like living in one of those South Sea Islands, wouldn't have much to offer the girl in the have much to offer the girl in the have much to offer the girl in the convided towns, who perhaps to working crowded towns, who perhaps is working Paul stiffed a tremendous yawn, "I guess so: it would be awfully and living in a hall bedroom, and cook. ten hours a day in a department store. ing her frugal meals on an oil stove her trunk:

If there were some all-wise go-between to bring these young folk tobetween to bring these young folk to-gether how many happy homes there might be founded! As in wartime, ro-mantic acquaintances begin with notes slipped in packages, how fine if Cupid could establish some communication be-tween city girls and Western lonely backages!

to do. Queen street, you can have your volce trained by good music teachers, and if it shows promise, they will give you training. But the only way you can when he so advised he was enjoying the big city of New York, and editing a newspaper, affit showed no signs of de-siring Western farm life for himself! NOWADAYS the opportunities for making fortunes are not so great a few minutes, and while away one of the young men asked a lady friend ot his at another table to dance with him. In the meantime his lady friend re-turned to their table and was obliged to sit with the other couple until her gentleman friend finished dancing with honesteading. of staking claims. Still, You your IN making fortunes are not so great on the Far Western prairies. It is a long, hard pull, even if folks get their land free from the Government, by homestending, of staking claims. Still, there are some chances of a happy, else in the world Tomorrow-Judy Is Stubborn.

haps not happily married, but neverthe-less married. She had no desire to hurt the woman who was his wife, and it would be better for all three of them if she walked out of Rand's life forever. Put, woman like, she felt herself capable of managing the situation, of keep ing her emotions throttled so that sh and Rand could remain friends. wanted him for a friend, she liked him better than any man who had ever come into her life, and she felt that her friendship could mean something to Rand just now when he needed help SWIMMING & GYMRASIUM FOR WOMEN AND GIRLS æ and understanding more than anything

you think it is. It's something entirely different. If you really want to know what it is send a self-addressed, stamped envelope to the editor of the woman's page. It doesn't need preparations; you can use the stunts as soon as you get them:

-Send for inform

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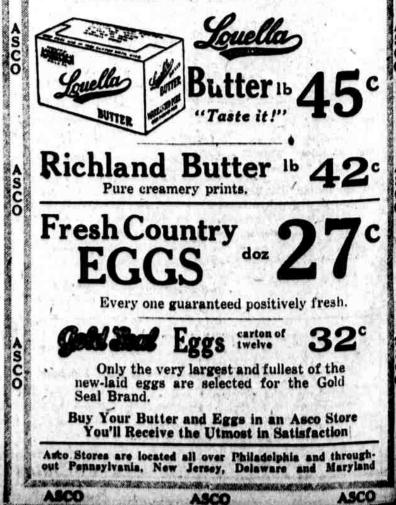
That Trick Party

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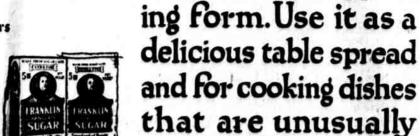


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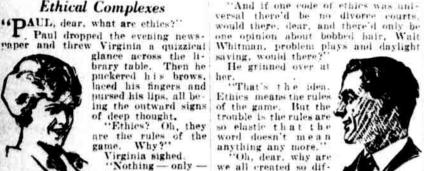
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appreciated.

A Franklin Cane Sugar for every use" ulated, Dainty Lumps, Powdered, Confectioners, Brown, Golden Syrup Gr



"Nothing - only -only I've been wondering just how one

dering just how one goes about it to decide upon one's own individual ethics." Paul smiled gravely. "Honey, that's something that's been engaging the attention of mightier minds than yours and mine-and it's been an open subject for about 2000 years

Toice.

ie nodded gravely

one's conscience." Virginia grimaced, "It's hard to understand, isn't it.

Very. If we all had the same ethical standard life would be relieved of million complexes and I'm afraid million complexes and I'm afraid there'd not be much spiritual excite-ment left. Politicians would be robbed af their favorite pastime; viewers-with-alarm would have nothing to view, and pointers-with-pride would wear their fingers out within a week



ferently-in our way of thinking, I mean? Wouldn't it be nice if

She caught the sober note in his

darlin'?'

pointers-with-pride . would fingers out within a week

He grinned over at

we all created so dif-