

About Baked Beans

This is Done Differently in North and South—Both Ways Are Given

By Mrs. M. A. Wilson

The early colonial families of the New England communities found playing and watching the bean and sausage on the fire. The beans were quick to eat, the sausage was quick to eat, the beans were a community dish and they will find that the Boston or New England method of cooking beans are to be found on the menu in every country on the globe.

As a nation we have adapted the bean in various recipes to suit our taste and give variety to the diet. In the New England communities you will find that the baked beans and brown bread form the Saturday night supper, and the Sunday morning breakfast, while in the Southern States you will find beans and corn the popular dish.

To the thrifty housewife the navy or marrowfat bean will be a real factor in helping to promote and feature economical diets. Our forefathers found this humble bean a means of satisfying their hunger and appeasing their appetite, as well as a satisfying stand-in when other meats failed.

Brown bread is the usual accompaniment of the baked beans and forms an ideal combination when some succulent green vegetables are added to the menu to form a balance.

How to Bake the Beans

Wash one pound of navy or marrowfat beans well and then look over carefully; place in deep bowl or pan and cover with plenty of water. Be sure to save the water at least six inches over the top of the beans. Failure to do this is usually the cause of the beans being hard and difficult to cook.

In the morning remove the beans to a saucepan or kettle with plenty of water to cover and place on the fire. Heat slowly to boiling point, then turn in the colander in the sink and let plenty of cold water run over the beans; return to the kettle, cover with cold water and heat slowly to boiling point, then turn again in the colander and let the cold water run over the beans. Return to the third time to the kettle, cover with boiling water and cook slowly for one hour. Now turn in the bean pot or a deep baking dish and add:

One and one-half pounds of salt pork
One teaspoon of mustard
One-half cup of molasses
One teaspoon of poultry seasoning
One teaspoon of pepper
One tablespoon of salt
Two cups of thick tomato pulp
One-half cup of catsup

and sufficient water to cover. Place in a deep covered pan for three hours. In the New England community the housewife usually bakes the beans in an old-fashioned brick oven, or else buried in the ashes and embers of the fire in a wooden or iron barrel. There are many open fireplaces or hearths still to be found in New England communities.

If you intend baking the beans in the modern oven you will need to remember that the beans require a slow, steady, even heat, and not the quick, intense flame of the gas range. So adjust the flame to maintain this temperature.

Canadian Baked Beans

Prepare and cook the beans as for baked beans, and when they are ready to turn in the bean pot for baking add:

Three-quarter cup of chopped onion
Bit of garlic, the size of a small pea
Two cups of thick tomato pulp
One-half teaspoon of thyme
One-half teaspoon of sweet marjoram
One teaspoon of mustard
Two level tablespoons of brown sugar
One pound of salt pork, cut in small pieces
One-quarter cup of maple syrup
One-half cup of corned beef

and sufficient water to cover the beans about two inches. Bake slowly until the beans are nearly dry. This usually requires about four hours in a very slow oven.

The fat from the pork is discarded, and one cup of bacon drippings is used in place of the pork.

Brown Bread

Place in thick bowl:

One cup of corn meal
One cup of rye meal
One cup of whole-wheat flour
One teaspoon of salt
Two level tablespoons of baking powder

Rub between the hands to mix and then add:

Three-quarter cup of molasses
Two and one-half cups of sour milk

Beat with spoon to blend and mold in a well-greased and floured tin, filling it nearly about two-thirds full. Cover and steam for two hours. The one pound coffee can with its tight-fitting lid can be used in place of a mold. Use the regular steamer or a deep kettle, placing a wire stand under the mold. If you use the kettle, having the water about half the depth of the molds. After steaming, remove the lids of the molds and place the mold in a moderate oven for twenty minutes to dry it.

Left-over beans may be made into croquettes or sausages, then rolled in flour, then dipped in beaten egg and milk, and then rolled in the bread crumbs and fried in smoking-hot fat. Or made into a soufflé as follows:

Bean Soufflé

Rub two cups of baked beans through a sieve into a bowl and add:

One and one-half cups of thick cream sauce
Three tablespoons of finely minced parsley
Three tablespoons of grated onion
Yolks of two eggs
One-half teaspoon of thyme

Beat to mix and then fold in the stiffly beaten whites of two eggs and turn in a well-buttered baking dish and bake thirty-five minutes in a slow oven. Dust top with paprika and serve. This dish may be cooked in the custard cup for individual service.

Beans Baked in Cream

This is an old New England recipe far from the beaten paths of modern commerce. The rural farm community in Northern New Hampshire has large herds of cattle and consequently big dairies. Plenty of milk and cream is to be had, and the housewife in this community bakes the beans in cream. Prepare the beans as for the regular baked beans, and when ready to place in the crock turn in a baking dish that has a lid to cover. After placing the beans in the baking dish add:

One teaspoon of salt
One-half teaspoon of pepper
One onion, chopped fine
One-half cup of parsley, chopped fine
One-half cup of butter

And sufficient water to cover the beans. Bake in a slow oven for one hour, then add:

One cup of sour cream
One cup of thick tomato pulp

Cover and bake for one hour longer; then remove the cover of the baking dish, increase the heat of the oven to a hot oven and bake thirty minutes longer.

Things You Love to Make

Felt Flower Trimming

On the next bag you make, whether it is a sewing, laundry, shoe or shoe-lining bag, make a variety of this FELT FLOWER TRIMMING. Cut the irregular flower shapes out of differently colored felt; larger pieces for the outer rings, smaller ones for the centers of the flowers. Make two small holes in the center of each flower. Stick wool, black in the nearest, through the holes to fasten the flowers to the bag. (Diagram A.) The green felt of green silk stitching for the leaves. Black patent leather combined with the colored felt is lovely, too. Few ornaments are more charming than this FELT FLOWER TRIMMING. FLORA.

Two Minutes of Optimism

"Reverse English" and the Salesman

"Salesmanship," said the chief, as he lit up and leaned back, "may be compared to playing billiards. When you give the cue ball a heavy side-spin, it is called 'putting English' on the ball. According to the side on which the stroke is delivered, the ball responds in a certain fashion when it strikes a cushion or one of the object balls. If it is desired to have the ball go on as far as possible, describing wide angles, direct English is given. If it is wished to 'hold' the ball in a certain direction and to check (but not stop) its forward motion, the opposite or 'reverse' English is given. Both strokes have their value, it remaining to the discretion of the player which to use, as the balls shift from one position to another."

"So, the game of life, which is in the long run nothing more or less than salesmanship, is played with equal advantage both by direct methods and indirect methods. Some apply the first, which is like using direct English, and some the latter or 'reverse' English. Both courses will win, but as the game of billiards, it is necessary for the players to exercise judgment as to which will give the better results at different times."

"The salesman especially, undoubtedly has many, if not more opportunities to develop his judgment along these lines than any in the field of business. His daily contacts with men, which to some are known as 'leads' (and many hundreds), make it necessary for him to shift continually from one stroke to the other, his discrimination telling him when to employ direct tactics with one man or indirect with another."

"But as in the game of billiards, it takes steady application and long years of practice to acquire accuracy of stroke and nicety of judgment. One prospect is easy to approach; another, however, one will be impatient if you delay in coming to the point, another can only be reached in a roundabout fashion. These are the salesman's facts, of course, facts known and readily recognized by every salesman, and more especially by those who have been long in the field."

"But although this is true, the novice salesman will admit (and should do so with equal readiness) that his experience is too limited to permit of ripened judgment in the selection of methods of approach. He is dependent on inspirations or 'hunches' and while these may win for him in many cases, they are not fully effective until seasoned by the spice of experience."

"Experience, however, need not be gained only by individual and personal endeavor. The men who have successfully biased the trail before a ripe experience, and whether they are among the living or the dead, a study of their lives will reveal an abundance of proof of the wisdom they acquired. And this wisdom, the fruit of their industry and experience, can be picked, ripened and mellow, to be used by the beginner. And no shame can be attached to the man who profits by the experience of others. Rather the fact that he is willing to study and take advantage of another's knowledge indicates already he is gaining in knowledge."

Adventures With a Pencil

YOU know those "hour-glass" chairs made of a kind of straw or wicker that are so comfortable for the porch in summer? Well, I have found some that fit little people's chubby legs. You things you most ever saw. They are exactly like the grown-up ones, only they are smaller. The inventor says they can get them for \$8. I feel sure you will want one, so that your little girl can have her very own chair on the porch.

Here is the newest pencil, one that you may want for yourself, or one that you might like to give as a prize at a party. It is known as the 'Eraser' pencil. It is black, and decorated, and on the top is a wooden five-sided block. On each of the sides, in color, is a symbol—a heart, a square, a club and a diamond, with a circle on the fifth side, denoting no trump. During the card game, one lays the pencil down, with the side showing the trump turned up. This will prevent any of the usual 'trump' questions, 'What's a trump,' but it also holds the pencil on the table, so that it cannot roll to the floor. In fact, this bridge pencil, which costs seventy-five cents, is both useful and ornamental.

Ask Them Now

Then get the plans for this informal sort of party, complete ones with enough games for a whole evening of fun and frolicness, with decorations and refreshments, too. In fact, you won't have to think up a thing for this April Fool party. You'll wait for the stamped, addressed envelope you've sent the Editor of Woman's Page to come back to you as quick as it can and when you open it you will find it all fixed for you.

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WANAMAKER'S March 20, 1923 **DOWN STAIRS STORE**

Wanamaker's Down Stairs Store

Youthline Corsets at \$5

Youthline corsets are designed to give better lines to women who are a little stouter than they wish to be. One model for short stout figures is of pink coutil. It is heavily but shapely boned and has a medium skirt and low bust. Another model has a medium bust and is for taller figures. Sizes 24 to 36 in both of these.

The third is topless in front, where it is finished with elastic, and rises slightly higher in back.

All three are of pink coutil of good quality and have eyelets and elastic lacers below the broad front steels.

(Central)

March Sales—Central Aisle

Nightgowns, Chemises, Bloomers, All at 50c

Pink crepe envelope chemises will save laundry this Summer—and certainly at 50c they are inexpensive.

Good nainsook nightgowns at 50c, too—white with pink or blue dots and stitching.

Pink nainsook and embossed crepe bloomers at 50c are other garments that would be difficult to duplicate.

Brassieres and Bandeaux, Half Price at 75c

Maker's clearaway of samples and discontinued styles. Silk jersey, brocade, satin, lace and ribbon, all-over lace, all-over embroidery and many other kinds. Pink or white. Fastened in back or front. Sizes 32 to 48.

Taffeta Silk Bags, \$2 to \$3

New frocks and wraps are not complete without pretty new silk bags as an accompanying note!

Navy and black in striped or moire taffeta silk. Plain or metal tops, well lined and with unusually attractive accessories.

Breakfast Sets and Tea Sets—To Be Embroidered—65c, 85c, \$1

A breakfast set of unbleached muslin has a bowl of fruit in one corner of the cloth, while each of the four napkins has an apple or a plum. The set, with colored material to applique, is 85c. A tea set of unbleached muslin, to be done in cross-stitch, is 65c. \$1 a set of bleached muslin with teapots and cups to be applied in blue.

New Spring Suits for Only \$12

Little enough, indeed, for a smart new suit!

It's of rough diagonal or herringbone suiting in soft heather mixtures with brown or green as the predominating tone. The jacket has four patch pockets, is belted and pleated down the back. Really a wonderful suit for such a small sum.

A New Tweed With Buckles Is \$23.50

Small metal buckles give a smart touch to the sleeves and belt of this tweed suit in tan or Copenhagen. It is sketched.

Other interesting tweed suits are in herringbones and plain weaves in orchid, rose, tan, gray, Copenhagen and two-tone colorings at \$25, \$27.50 to \$32.50.

(Market)

\$23.50 \$12

New Sets of Underwear in Lovely Colors

Step-in Bloomers, \$2 Vests, \$2

The material is a gleaming silk-and-cotton fabric of superior quality, about the weight of radium. The step-ins and vests are in orchid, light blue and flesh pink.

(Central)

Georgette Crepe
More Than 25 Fashionable Colors \$1.75 a Yard

An excellent quality, 40 inches wide, in shell or deep pink, dull rose, orchid, pale blue or turquoise, Egypt or navy blue, henna, bonfire, apricot, silver, orange or burnt orange, periwinkle, jade, smoke, cinder, fuchsia, gold, creamy tan, African or lighter brown, white and black.

(Central)

Sports Colors in Cotton Suitings

Orange, brown, rose, green, Copenhagen, tan, lilac, pink, violet, navy and yellow are some of the good tones in substantial cotton materials for making women's and children's dresses and little boys' suits.

32-inch materials at 35c
36-inch materials at 40c to 55c.

(Central)

A Special Sale of Easter Hats—\$3.85

Brand-new hats, just out of their boxes, and very exceptional at this price.

Many are in the smart, flaring shapes now in vogue, and there are hats with brims that roll softly from the face, large hats and small hats.

A number are of Batavia cloth and have wide bows of moire ribbon. Others are embroidered all over and adorned with flowers. Some are faced with taffeta or crepe de chine.

They're in bright greens, blues and henna, as well as navy, black and the darker colors.

All at one low price—\$3.85.

(Market)

A Springtime World of Frocks at \$10 and \$16.50

Taffeta and ruffles at \$10—how youthful is that combination!

Cape dresses of tweed may be worn with or without the capes and the dresses have sleeves. \$10. Pebble, tan, gray, rose and Copenhagen among them.

Jersey frocks in three models at \$10! The quality of the jersey makes them exceedingly good value. Henna, navy or tan, piped with contrasting color.

Almost a Hundred Styles at \$16.50

Taffeta with embroidered Georgette sleeves.
Beaded Canton crepe frocks.
Dresses of crepe de chine with bright wool embroidery.
Tweed dresses with fringed capes, skirts and sleeves.
Plenty of navy blue and black, as well as light and bright colors.

(Market)

Good Little White Towels, 10c Each

Closely woven, absorbent white cotton towels, with hemmed ends, are splendid quality for doctors, dentists, manicures, etc. 14x21 or 15x20 inches.

(Central)

Men's Oxfords \$5

The one that is sketched is a favorite brogue for Spring. Of tan leather with welted sole, stitched in white. There are five other styles, mostly of mahogany leather, with straight and wing tips, blucher and straight lace. All have welted soles and are good looking. Some have rubber heels.

(Gallery, Market)

This Boy's Shoe at \$2.90

is especially good value.

It is but one of four kinds in sizes 10 to 13½. Among them are black and tan leather shoes in blucher and straight-lace styles. Soles are made for hard wear.

The same styles in sizes 1 to 5½ are \$4 a pair.

(Gallery, Market)

Children's Shoes, \$2.90

These are the shoes for little girls who wear sizes 6 to 2, especially if they are inclined to be little tomboys, for the shoes are extra sturdy. The style sketched is in black or tan; toes are wide enough for comfort and health, and soles are heavy enough for many Springtime runs and romps.

(Chestnut)

Women's Oxfords, \$5

Think what an oxford like this would have been priced a little while ago! Of black or medium tan leather, it has a straight tip, welted sole, outlined with white stitching, and a low heel. Several other styles of oxfords and new Spring pumps at \$5.

(Chestnut)