

**Mrs. Wilson Gives Tempting Recipes  
Using Old-Fashioned Corn Meal**

*New England and the South This Grain Forms Principal Flour for Making Hot Breads and Biscuits*

By MRS. M. A. WILSON  
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CLOSELY associated with our early Colonial history is the story of corn. Early settlers found the Indian corn in a coarse meal, and gave it the name of Indian meal, to distinguish it from the wheat meal which they brought with them.

At the same time the settlers along the Virginia Coast had also discovered many fine qualities, and at once adapted it as all their own. To really enjoy cornmeal, its best one needs to visit the New England housewife, in the old Puritan communities, as well as the mamies on the plantations. Both know its possibilities, and both consider it indispensable to their daily diet.

Cornmeal has also the special attractive feature that it is now very reasonably priced, and therefore with reach of all. Learn to have a tasty dish of cornmeal on your table daily. Its health-giving qualities are just as valuable for the human family as for the animal kingdom. The old-fashioned meal milled in the old stone burr mill, or ground as they do in the great mills, is really the best meal, and it is little more expensive, but it contains all of the grain. This meal does not have the keeping qualities of the modern ground meal, so for this reason it should be bought in small quantities.

Cornmeal is a rich food product, and when it is served you should cut down sharply on all other starchy foods, using abundant green fruits and vegetables with plenty of milk. I have just returned from a visit to the New England States, and I brought back some good recipes that are really worth while trying. This is particularly true of the Rhode Island Johnny cake.

**Rhode Island Johnny Cake**  
The meal used for this cake is the old-fashioned water-ground white corn. Place in saucepan two cups of boiling water and add:  
One teaspoon of salt.  
Three-quarter cup of white cornmeal.  
Stir well and cook until it is quite thick like mush, turn in a bowl and cool so that you can handle it. Form into cakes and brown in hot drippings, turning the cake once while cooking in a skillet.  
This cake may be placed in large baking pan when the drippings are hot, and place in the oven. Turn the cakes so brown both sides.  
Served for breakfast, with maple syrup, they are delicious.

**Corn Griddle Cakes**  
Place in saucepan:  
One cup of corn meal,  
Two cups of boiling water,  
One teaspoon of salt,  
One tablespoon of sirup,  
Two tablespoons of shortening.  
Stir and cook until thick. Then turn in a mixing bowl and let cool. Now add:  
One and one-half cups of buttermilk  
Two cups of flour,  
Two level tablespoons of baking powder.  
Beat to a smooth batter and bake on a hot griddle.

**New England Indian Pudding**  
Place in saucepan:  
Two cups of water,  
One teaspoon of salt,  
Three-quarter cup of molasses,  
One-quarter cup of butter.  
Bring to a boil and cook for three minutes. Then add:  
One and one-quarter cups of yellow cornmeal.  
Bring to a boil and cook slowly for fifteen minutes. Now turn in the baking dish and add:  
Three cups of milk,  
One teaspoon of nutmeg,  
One cup of sugar.

Stir to blend and bake in moderate oven for forty-five minutes, stirring the pudding twice during this time. Serve with fruit sauce, or as the old Colonial housewives did, with a thin sauce made from apples.

**Kentucky Dodgers**  
Place in saucepan:  
Two cups of water,  
One teaspoon of salt,  
Two tablespoons of shortening,  
Two tablespoons of sirup.  
Bring to a boil and add:  
Three-quarter cup of corn meal.  
Stir while cooking until the mixture will hold the spoon upright. Turn in a bowl and let cool, then sprinkle with four and form in long sticks about one and a half inches thick and five inches long. Place in baking pan, containing about one cup of shortening, and place in hot oven, shaking the pan a few times so that the dodgers will brown evenly. In many parts of the South the dodgers are just fried in the skillet with plenty of fat.

**Hoo Cakes**  
Place two cups of cornmeal in mixing bowl and pour over the meal three cups of boiling water. Stir until cool and add:  
One and one-half cups of sour milk,  
One teaspoon of salt,  
Two level tablespoons of baking powder,  
One-half cup of sirup,  
One-half cup of melted shortening,  
One cup of white flour.

Beat until smooth, then grease a baking pan liberally with shortening and add three tablespoons extra of shortening to the pan. Make smoking hot, pour in the prepared batter. The batter should be about one inch thick. Bake in a hot oven thirty minutes. Cut in squares and serve at once. This mixture can be baked on a well-greased griddle in form of round cake.

**Cornmeal Gingerbread**  
Place in saucepan:  
One and one-half cups of water,  
Three-quarter cup of corn meal,  
Bring to boil and cook for five minutes. Turn in the mixing bowl and add:  
One cup of molasses,  
One-half cup of brown sugar,  
One teaspoon of ginger,  
One teaspoon of nutmeg,  
One teaspoon of cinnamon,  
One-half teaspoon of allspice,  
One cup of black coffee,  
One-half cup of melted shortening.  
Beat to blend, then add:  
Four cups of flour,  
Two tablespoons of baking powder.

Beat to mix and bake in well-greased baking pan in moderate oven for thirty-five minutes. Lift the batter about one inch deep in the baking pan.

**Cornbread**  
There is a delicious bread, that will cut in slices when one day old and can be toasted.  
Place in the mixing bowl:  
One and one-half cups of flour,  
One cup of cornmeal,  
One teaspoon of salt,  
One-quarter cup of sirup,  
One-quarter cup of shortening,  
Two level tablespoons of baking powder.

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**Things You'll Love to Make**



**Spring Hat Flower**

How chic is this SPRING HAT WITH FLOWER CHIN BAND! Any shape with a turned-up front brim may be used. Stitch a row of small flowers to the inner side of the brim. Cover the crown with them also. Measure a band of narrow velvet ribbon long enough to reach from one side of your hat, under your chin, and over to the other side. Stitch flowers along this band. Finish on one side with loops of the velvet ribbon. This SPRING HAT WITH FLOWER CHIN BAND gives a becomingly quaint effect to the face.

meal in the daily menu but once each day. It will not only add real variety, but bring you health as well. While talking to the New England housewife and comparing notes I found that I had more than fifty recipes for using cornmeal, gathered from the South and West, North, as well as the

**MRS. WILSON'S ANSWERS**  
My dear Mrs. Wilson: Will you kindly give a recipe for button-down pie?  
MRS. N. D. L.

Place in a saucepan:  
One and one-quarter cups of milk,  
One cup of brown sugar,  
Five tablespoons of butter,  
Five level tablespoons of cornstarch.

Beat to dissolve and bring to a boil: cook for five minutes, then take from the fire and let cool, adding:  
One teaspoon of vanilla,  
Yolks of two eggs.

Beat to blend and turn in a pie plate lined with plain pastry, and bake in a slow oven for twenty-five minutes. Use the whites for making a meringue and place on top of pie. Brown the meringue in hot oven.

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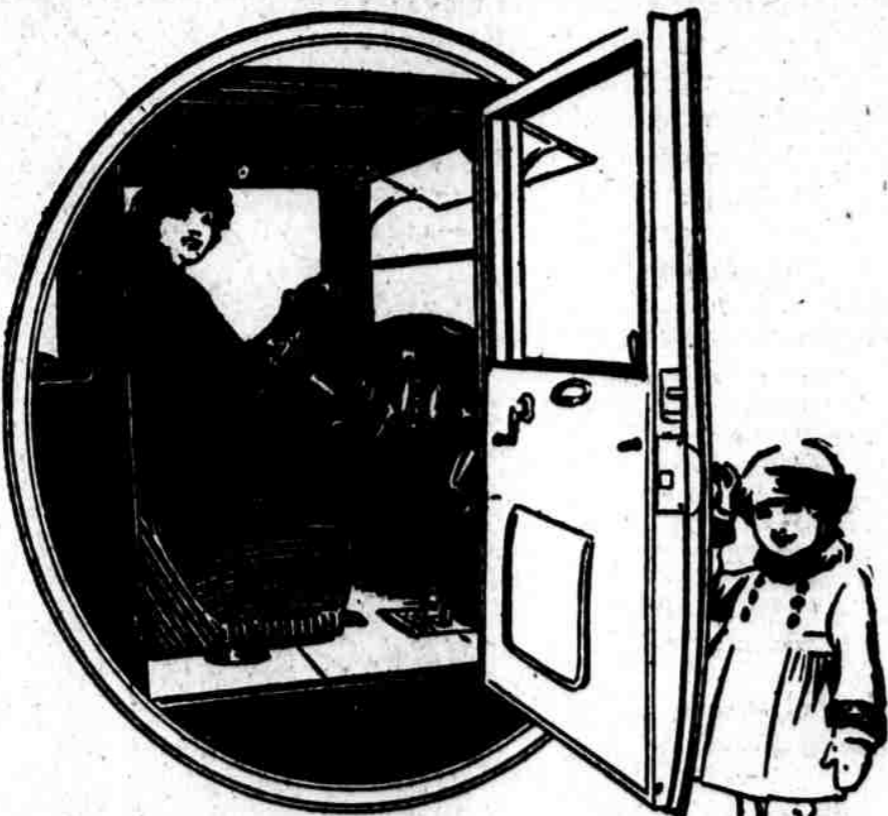
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March 27, 1923

**DOWN STAIRS STORE**

**Wanamaker's Down Stairs Store**

**Now It Is Earrings!**  
50c to \$2

Variety is certainly the spice of life to earrings! Earrings in good imitations of pearl, jet and jade lead the array and after them come all the colors of the rainbow, including the fashionable lip-stick red.



**The Fitted Veils**

Arrive in Colors  
The smartest and newest veil of the season.

It's different from any other kind of veil, for it is made to fit. Instead of standing out in the annoying way so many veils have it fits under the chin most agreeably.

Of plain Shetland mesh in black, brown, navy and taupe at 55c.

Dotted in black, brown or navy, 75c.

Two-tone dotted effects in henna-and-black, orchid-and-black, tan-and-brown, red-and-brown, Copenhagen-and-black, red-and-black, orange-and-brown or in jade-and-black. 75c.

Note—the first shipment disappeared in a single day!

**Men's and Women's Umbrellas at \$1**

Get in ahead of April! Her showers are just around the corner! Good black cotton umbrellas that will keep out the rain are made over strong frames. The men's have crooked or L handles and the women's have wrist cords.

**White-Trimmed Umbrellas at \$2**

Women's umbrellas have white stub ends, white tips and mission or white bakelite handles with bakelite rings or leather side straps. The black cotton is fine quality, closely woven.

Men's umbrellas are plain black and ready for long service.

**Jersey Pantalettes, \$5**

Women's silk jersey pantalettes with double elastic below the knees are in purple, navy, black, brown, green, Copenhagen and henna.

**Overalls and Overall Suits Are the Best Play Clothes**

for little boys and girls of 2 to 10 years. And now that they can get outdoors to play they will need them.

Overalls in brown cotton twill or blue denim are 75c to \$1. Overall suits, the sturdy little suits that cover youngsters from top to toe, are of heavy brown or blue materials at \$1.15 to \$2 a suit.

**Checks, Stripes and Plain Colors in Gingham at 18c a Yard**

How little it costs to make a cunning little bloomer dress for a small girl when good gingham is as low as this in price! It is in checks, stripes and plain colors in a good range of shades. 28 inches wide.

22c a yard for 32-inch gingham in checks of many colors, some in two tones.

**New Tailored Cloth Frocks**  
\$16.50 and \$25



\$23.50 \$12

**Taffeta, Tweed and Wool Jersey**

form a trio of popularity this Spring and each is desirable from many standpoints.  
Wool jersey frocks are designed for both women and young girls. Various colors and many, many styles at \$10, \$12 and \$13.50. One at \$12 is sketched.

Navy, brown and black taffetas, some combined with Georgette, are in pretty ruffled and beaded models. \$10 to \$25.

Tweed frocks are new and smart, and many have capes. \$10 to \$25.

**Straight-Line Satin Petticoats, \$5**

How well they wear! In orchid, black, navy, sand, American Beauty, etc., finished with hemstitched hems.

**A New Two-Tone Sports Oxford for Women at \$6.25**

"Tippy looking," commented one woman who knows smart shoes. It is undoubtedly good looking, this oxford of light smoked leather, with a black leather wing tip, waistband and back seam covering. Goes so well with the light creamy tan stockings being worn so much!

The soles and flat heels are of rubber-like composition with little pads that make the oxfords good for sports wear.

Every woman and young girl wants at least one pair of oxfords of this type.

**Wonderful Choosing Among Spring Topcoats and Capes for Women**

Among coats the sports coat is undoubtedly the most popular. It is made of tweeds, herringbones, Scotch mixtures and creamy coatings and, in every instance, is severely tailored.

More than twenty-five models between \$15 and \$45.

**Capes Are of Light and Dark Materials**

Tweeds, herringbones and velours represent the light ones. Tricotines, serges and Poiret twills, the dark ones. Bolivia capes are in all colors.

Many of the more sporting capes are reversible. \$10, \$15, \$18.75 to \$38.50.

**More Women Are Wearing Girdles Instead of Corsets**  
10 Models at \$1.50 to \$5

More and more women, from young girls to women of medium-stout figures, are wearing corset girdles. And girdles are coming out in more models and materials every day.

Among these ten at moderate prices are:  
Pretty pink satin girdles;  
All-elastic girdles;  
Coutil-and-elastic girdles;  
And various others.



**Charm Counts Most in a Woman's Hat**

Almost every woman knows it, too. The indefinite something that means genuine becomingness—the perfect attunement of lines and color—these a hat must have to lift it out of the commonplace.

Charm is to be more desired in the Easter bonnet than in any other.

It is this charm that marks the hats in the Little Gray Room. Each hat is individual—no two alike—and charming. There is something for each face.

Lovely wide-brimmed hats and smart small hats take many forms and clothe themselves in many shades of color.

Navy and red have formed a fast friendship and the result is hats that sparkle with vivacity.

Brown is again in favor and periwinkle, lavender, all the tints and shades of green and blue. Plenty of blacks, too.

Flowers are appearing, as they usually do near Easter, on wide-brimmed hats. Among them, some very fine Milans and hats of haircloth.

But whatever the straw or silk, whatever the shape, whatever the color, it is charm that recommends these hats to women who know how to look their best.

Good choosing around \$9.50 and \$10.

**March Sales—Central Aisle**

**Easter Shipment of Fine Silk Gloves, \$1.25 to \$1.85**

Made of lustrous Milanese silk in Spring's favorite shades—mode, mastic, gray, black and white.

2-clasp style, with three rows of effective black embroidery, \$1.25. Heavier ones have five rows of embroidery, \$1.50.

12 and 16 button styles have Paris point stitched backs; priced according to length, \$1.50 and \$1.85.

All are Wanamaker quality, made specially for our customers, and they have the double fingertips whose wearing qualities are guaranteed.

**Dress Goods Remnants Half Price, 5c to 75c Yard**

Gingham, chambray, ratine, voile, linene, crepe, dimity, percale, Swiss and plain white fabrics all at just half of their earlier selling price.

Lengths range from a half-yard to five and six yards.

**Bandeaux Just Unpacked, 35c**

Extremely good ones for such a small price! Mostly in pink in sizes 32 to 44. Web cloth, brocade, poplin and other materials.

**Cap or Fringe Style Hair Nets, 50c Dozen**

Such good ones that we have daily a stream of customers who will have no other kind!

Blonde, light, medium or dark brown, auburn and black.

**Girls Are Wearing Capes**

Here are polo capes and tweed capes, jaunty as you please!

Imagine how pretty they are in rose, Copenhagen, tan or lilac. Some have little vest fronts, others have roll collars and still others are trimmed with buttons.

Capes for girls of 6 to 10 are \$3 to \$12.

Capes for girls of 12 to 16 are \$5.50 to \$25.

**Of Course, a Silk Dress for Easter**

Many a little girl is counting on it and will be most woefully disappointed if she doesn't get it. New taffetas are made in bewitching ways. Usually in brown, Copenhagen or navy, they are ruffled or hand-embroidered. Sizes 8 to 12 years at \$11.25 to \$16.50.

Dresses of taffeta, crepe de chine and Canton crepe for Junior girls are \$13.50 to \$25.

