Is Best Used

The word vanilla is Spanish and is ived from the word vaynilla, meanithelia pod. The home of the vanilla in is Mexico, the land of the Aztecs. who are a superior race of Indians, in-labiting Mexico when America was abcovered. They built large cities, had accovered. They built large cities, had ared homes, good laws and drilled semies of fighting men. The Aztecs used semies of fighting men. the rehoco-the vanilla for flavoring their choco-late. Cortez, through his conquering late. Cortez, through his conquering Maxico, brought the vanilla bean to the Seanish who were delighted with its delightful delicate flavor. Quantities of the bean were then shipped to Europe and vanilla flavoring soon became the

and vanilla flavoring soon became the fashionable food flavor.

At the end of the seventeenth center, the fad for flavoring with the vanilla became so great that it was in great demand for flavoring the smoking tobacco, as well as the chocolate and tobacco, as well as the chocolate and other dishes. Vanilla is today culti-vated in nearly all tropical and semi-tropical countries, and is comparatively best vanilia still come from the slopes of dilleras, northwest of Vera Cruz, In Mexico, a large part of the vanilla grows wild, but these beans are smaller and less aromatic than the cultivated pudding in the custard cup and turn bean; the vine is a perennial climber, on dessert plate, and seree with attention with long, smooth, green stems, nu-merous branches and broad leaves. It grows abundantly in noist shady forests, climbing trees, clinging about the trunks of the trees, throwing out clinging aerial roots and is believed to be a member of the orchid family.

The flowers are large greenish white, shading to a faint pink, having spike-

like petals and a delicious perfume.

The plant produces fruit in the third year of its growth, and will continue producing for about thirty or more sea-sens. Toward the end of March, in the third year of their growth, the pods will arrive at their full size. They are s thick as your finger, smooth, fleshy and quite plump. Six months after, the pods are ready to harvest; gathered ust as soon as they begin to turn yel-

dightly when pinched The harvesting of the vanilla bean extends over a period of three months, harvesting from day to day, as the beans reach the desired maturity. If permitted to become over-ripe the bean splits in the drying process, while au under-ripe bean would produce inferior

olor and fragrance. The Mexican process of curing the manilla bean requires great care and ing the bean to the rays of the sun, or by gentle artificial heat, alternately were single. gentle artificial heat, alternately aving them uncovered, and then wrapping in woolen blankets to sweat. The Aztees have claimed this method

process of curing. This process consists of drawing the

bean through the hand, this natural oil der came in the "atmosphere" about being worked back into the bean so that her—"they are married—and done for." bean can be bent without breaking. They are then tied in bundles of uni-form length and are now ready for the The effect of the vanilla is pleasant, stimulating and exhibitanting. The Span-ish and Mexicans claim that vanilla in-

creases the muscular energy and helps to digest the starchy and fatty foods. In the seventeenth century it was common and popular belief that the vanilla was a remedy for many ills, but this was found later, upon investigation, to versally acknowledged to be a pleasing amounting sometimes to lack of com-and satisfying food flavor for daily use mon courtesy. and it is natural that the housewife desires to obtain the best grade for her use. This will also be found more eco-

somical and produce the finest flavor. Some Vanilla Dishes Spanish Chocolate Place in a saucepan

One-half cup of cocoa, Two cups of water. Heat slowly, stirring with a wire whip all the while, until the mixture comes to boiling point. Now add two cups of heated milk and whip up hard. Bring to boiling point again. Take from the fire and add One teaspoon of vanilla, Pinch of cinnamon.

Whip up and pour in cubs and gar-alsh with whipped cream or the marsh-mallow whip flavored with vanilla.

Vanilla Sauce

lace in a saucepan One cup of water,

Three quarters cup of sugar.
Two level tablespaons of cornstarch.
Stir to dissolve the starch and sugar,
then bring to a boil and cook for five
minutes slowly. Remove from the fire

Two teaspoons of vanilla. Vanilla Sugar

Vanilla sirup

Vanilla sirup

Vanilla sirup is used to pour over ice steam, for home-made driuks, over of courtesy. For the one crime that lovers, husbands, wives, will not forgive its indifference.

Place in a saucenage.

WHAT'S WHAT



ser of its cultivation and the process of manufacture necessary to prepare it for the market are indeed interesting.

The grandmother of long ago knew sething of the vanilla flavoring as we knew it today, yet she produced a splendid vanilla flavor through the use of the vanilla bean itself. This method today would not only be expensive, but would also require time.

Vanilla is obtained from the vanilla bean, which is a long black bean resubling in shape the improved species of string beans, known as the Kentucky senders, growing from six to twelve inches in length, flat, about half an iach thick, and very glossy, of a black, brownish color. The bean is filled with a brown fragrant pulp, containing the seeds, which are flat and quite black.

The word vanilla is Spanish and is served from the word vaynilla, mean-partititle poid. The home of the vanilla their characteristics are indeed interesting.

"Cant" has many legitimate meanings, mechanical and musical, and even in its once slangy significance it is now a regular dictionary word, defined thus in the Webster revision: "Cant"—Affectation of religion or philanthropy; use of religious phraseology without understanding or sincerity; empty, solemn speech, implying what is not felt; hypoorisy."

The last word sums up all the adverse meanings of cant. During Lent, or at any other time, gerfuinely religious people do not advertise their self-denial, their church attendance, etc. Nor do really well-bred people ever speak of their good works or their private devotions. Cant is a violation of social as of spiritual ethics. With keen insight. Dickens made Chadband and Pecksniff as vulgar as they were insincere. Whether Christian or Jew, Mussulman or Buddhist, the man or woman who talks too often, too familiarly and too publicly about the Deity is Adjudged at once ill-bred and hypocritical.

then remove from the fire, and when cold add Six tablespoons of best grade anilla extract.

Stir well to blend and then fill into a pint fruit jar and seal securely until needed. Keep in a cool place. Use two tablespoons over puddings or ice cream.

Vanilla Pudding Place in a saucepan

One and one-half cups of milk, One-half cup of sugar. Five level tablespoons of flour. Stir to dissolve the flour and bring a boil. Cook for three minutes, then Yolks of two eggs.

Two teaspoons of vanilla extract. Two tablespoons of butter. Beaf well and turn in well-buttered custard cups. Set the custard cups, after filling with the pudding, in a baking pan and fill the pan half full of warm water. Bake in a slow oven for thirty minutes. Let stand until cool. then run a knife about the edge of the on dessert plate, and serve with either

Vanilla Cream Pie Line a deep pie plate with plain pasry. Now place in a saucepan One and one half cups of milk. Seven tablespoons of sugar.
Five tablespoons of flour.
Two tablespoons of butter.

vanilla sauce or the vanilla sirup.

Stir to dissolve the flour and sugar and bring to a bell. Cook for five min-utes. Add the yolks of two eggs, two teaspoons of vanilla and turn in the prepared pie plate. Bake in a slow oven for twenty-five minutes. When with the whites of the two eggs flavored with vanilla.

Add six level teaspoons of sugar to

the whites of the eggs while beating.

Through a Woman's Eyes By JEAN NEWTON

Married, but Not Done For The pods are dried by expos- playing the old game of distinguishing

"See them over there." pointing to a couple who seemed interested, atwill develop the delicate aroma, which tentive to each other, and altogether is mored in the inner lining of the pod. is stored in the inner lineng of the party alive and jony, they are and see and in the pulpy flesh, which contains at least, not to each other!" "And see The sweating brings to the surface of them," he continued, indicating a the pod a perfumed natural oil, which is couple at another table where the man used in softening the bean during the was buried in his newspaper while his partner found diversion until their or-

> The pity of it is that this is only too often true. Yet the fact that some husbands and wives so insult each other does not always indicate that they have censed to care for one another. When it comes to the point most of them really have not. They are simply married, and, as the joker said—done for. It seems almost inexplicable, but perhaps some light was shed by the

woman, who said:
, "Why should I stand on ceremony was found later, upon investigation, to be false. Since that time it has been used for flavoring and also in the manufacture of certain perfumes only. The essential flavoring element in the vanilla bean is the vanillin, and the chemist can manufacture an inferior article from substitutes; vanilla is universally acknowledged to be a pleasing amounting semetimes to lack of com-

mon courtesy.

One of the ugliest sayings in our language, and one of the greatest re-flections on us humans, is, "Famili-arity breeds contempt." And it probably had its origin with a man or woman who felt that way about not "stand-ing on ceremony" with these who are

not strangers.

The trouble is that these people never did get the right idea of courtesy and consideration. For they are not supposed to be a veneer—a Sunday-go-to-meetin' best to be put on for those who mean nothing to us, thrown off in the presence of those we care most for. They are deep, vital things to which the people who are close to us-mother.

the chance acquaintance.

Not only are those who are close to
us more entitled to the amenities, but with them the amenities are even more necessary. All intimacy requires cour-tesy and restraint if respect is to sur-vive. No matter how much we care for vive. No matter how much we care for people, living with them—the constant close association and intimacy—is a problem. The closer we get to each other, the less space there is for our little bristles, the strangenesses we all have—and the more likely these are to scratch against each other. So, it is intimacy more than formality that remarkers effort to sustain mutual regard.

dutres effort to sustain mutual regard. But love? The love between a man This is an old-time Spanish dainty.
The vanilla sugar is served for sweetbe acquired, made permanent and inbe acquired, made permanent and in-The vanilla sugar is served for sweetming dishes at the table.

Place one cup of granulated sugar in
a pint fruit jar, and add two tenspoons
of vanilla. Close the jar and set in
sugar free from lumps and keep in a
closed jar until needed.

Vanilla Sirup

Vanilla sirup is used to pour over ice

Place in a saucepan one half cups of sugar, site to dissolve the sugar and bring to a boil cook for eight minutes and one for.

She had a blue suit and she couldn't afford to get a blue scarf to match it. So, taking a long breath, she put on the makeshift that she had concocted out of some black-and-white checked material that was left over from an old suit. It didn't look well that's all there was to it. And then she got the idea.

Remember The Name

ITS STRENGTH, PURITY AND FRAGRANCE ARE UNEQUALED

The Sealed Packet is your safeguard



Darby Meat Bargains! Steak Meats RUMP 19c lb.

	ROASTS Best Cuts 16	ROASTS Best Cuts 12	Fresh Ground	ROAST Lean 10	STEWING BEEF Loan Brisket 7	CROSS-C ROAS Lean 20
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Doneless Dacon Pieces SLICED 43 27 egs Yearling ....

BREAST YEARLING STEWING YEARLING YEARLING French 25 CHOPS 25 35-42

4 to 5 lb. Pieces Rib End 18c lb. FRESH FRESH CHOPS SCRAPPLE SAUSAGE

Stewing Chickens -3 to 4 lb. 3216

# The Price to You is no Higher

-but special Borden precautions doubly insure its safety

GENERAL sanitary regulations in producing Evaporated Milk are established by law. In addition to the observance of these we establish our own specific and rigid inspection to make our milk absolutely pure and of fine quality. No single batch of Borden's Evaporated Milk is allowed to leave the condensary until it has passed a final laboratory test.

Though this elaborate inspection may make it cost more to the grocer, he sells Borden's at the price of other standard brands. For he relies on it to please his most particular customers.

THE BORDEN COMPANY Borden Building New York Makers also of Borden's Eagle Brand Milk, Borden's Malted Milk and Borden's Confectionery.

This week is Canned Foods Week at your grocer's. He will make a special display of these products and you will find it an excellent plan to look them over carefully and order an attractive assortment. It is so delightful and convenient to have these delicious foods right in your pantry all the time.





# DOWN STAIRS STOP

# Wanamaker's Down Stairs Store



The Joy of a New Spring Hat

Fresh from the Opening Exhibition

Spring is here, as far as hats are concerned, and women who wear them will feel more of Spring in their hearts and look more blithe and prettier than

Becomingness is the only mode that all of these hats adhere to, for all lines, shapes, trimmings and shades of color are represented. Hats do not even cleave to one material, but bloom forth in straw, haircloth, new straw cloths, silks, etc. A fascinating collection at \$8.

(Market)

### Springtime **Blouses** Priced Low \$1.65

The kind that one would expect to pay almost double for! Among them are fine striped dimities, with Peter Pan or roll collars; barred voiles; plain voiles with dotted Swiss collars, and charming voiles with checked gingham Peter Pan collars and cuffs with tiny frills. And the best of it is that each

model is in all sizes!



This Pretty Apron Set, \$1

The apron looks like a slip-over dress; the cap is a pretty style, both made of gingham in two-tone checks, edged with snowy rickrack braid.

Dress, \$2

Billie Burke House

Gingham in green, lavender, blue, pink and black and white checks makes them, and they are finished with white pique cellars Extra-Size House Dresses

Surprisingly nice, too! Made of good gingham (in tiny black, lavender, pink and blue and white checks) with Tuxedo front, and pockets piped with white. Sizes

Young Women's Pink Pajamas \$1.50

Two-piece affairs of batiste with pretty little slip-on tops that are trimmed with blue hem-stitching, shirring and a touch of hand embroidery.

New Nightgowns, \$1.50 Two styles are of very sheer, soft white nainsook, one trimmed with linen lace, the other with points over the shoulders and lattice-work done in lace. A third is of striped pink voile made with wide shoulder straps.

A chemise to match is \$1.25. Flannellet Nightgowns, 85c Of pink or blue striped flan-nellet, made with long sleeves and double yokes.
(Central)

# Men's All-Wool Trousers Special at \$5

Good durable worsteds as well as cheviots and cassimeres among the fine all-wool materials in this uncommonly good lot of trousers for men. A variety of patterns. (Gallery, Market)

### Boys' Heavy **Black Stockings** at 25c, 30c

Of heavy-ribbed two-thread cot-ton, they are fast black, with feet reinforced to stand the hard wear boys will give them. Sizes 7 to 9, 25c pair; sizes 91/2 to 111/2, 30c pair.

A dozen for the boy will sim-plify the darning problem for mother.

#### Cheery Colored Handkerchiefs Special at 20c

Women's linen handkerchiefs are in the most delightful shades of canary, yellowstone, beige, rose, strawberry, lilac, tan, pink, red, green, two blues and tangerine. Men's Initial

Handkerchiefs, 35c Big, true squares of linen, hem-itched, have embroidered

# **Practical Tub Suits**

for Small Son \$1.50 and \$2 Sturdiness is the outstanding quality of these excellent little suits. Materials are firm of tex-

ture and in colors that won't mind tubbing in the least. Mostly in regulation and button-on styles, all in sizes 2 to 6 years. Sailor suits of unbleached drill with black braid and lacings, \$1.50 and \$2.

Button-on suits in tan, green or blue or with white tops, \$1.50. Dark blue regulation suits with white braid, \$2. Green, blue or tan chambray

suits, some touched with hand embroidery, \$1.50 and \$2.



**SPECIAL** PEARL BEAD **NECKLACES, \$2** 

-All 24-Inch Length If a woman could have only one string of beads to wear with all her frocks, she would undoubtedly choose pearls. Nothing is quite so becoming. Nothing harmonizes so well with all costumes.

These are beautifully lustrous, white or cream, and are evenly graduated. Each necklace is finished with a 10-karat gold clasp. The necklaces are all 24 inches long, which is by far the most desirable length. The last lot we had at \$2 was gone early in the

day, so early choosing is advisable.

# March Sales On the Central Aisle

A Third to a Half Less for Fine Sample Capeskin Strap Gloves at \$1.90

An event especially planned for women who wear sizes 6 % and 6 %. 660 pairs only-every pair marked much less than the standard price. This is the semi-annual clearaway of samples

by one of the best glovers in America. Exquisite quality capeskin and a few of mocha -generally in cafe au lait and the rich brown tones so much wanted.

Gloves with straps all around. With contrasting colored gores. With contrasting turn-over cuff's With double fringe of leather at the sides

With contrasting pinked turn-over edges. With two-tone novelty embroidery. Eight-button length gloves without straps. Beautiful gloves for Easter wear and for all Spring! Usually only one pair of a kind and, of course, we cannot duplicate them.

(Central Aisle)

## Fast-Color, Good Shirts for Men. \$1

Many a dealer would be glad to take them off our hands at such a price. All are a third less than the established retail price. All are fast color, generously full, well-cut shirts of durable mate-

Percales and printed madras mostly in good black-and-white stripes.

Sizes 14 to 17. Shirts such as men are buying by twos, threes

(Market Street Gallery

and half dozens.

## Vests, 25c Regular and extra sizes in the favorite straightacross vests with tape shoulder straps.

720 just out of the boxes. Women will like the careful way in which they are made-and their soft finish. Remarkably good at 25c. (Central Aisle)

**Women's Ribbed Cotton** 

Changeable Taffeta \$1.25 Yard

Green-and-tan and blue-and-tan changeable taffeta silk of a good quality is marked at the lowest price in many seasons. A splendid quality for petticoats, linings, hats, dresses and breakfast coats. 35 inches wide.

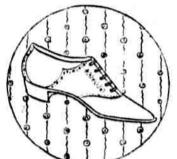
## White Toilet Articles 25c to \$3.50

All heavy, creamy white and grained like ivory, they are the high-grade toilet articles that every discriminating woman likes to have on her dressing table. Because there are very slight flaws in some of them, the prices are considerably lower. Some are rimmed with pink, blue or black.

Among them are puff boxes, hair receivers, hat brushes, trays, jewel boxes, frames, etc. At 25c-manicure pieces, buttonhooks, files, salve boxes and napkin rings.

Particularly Noteworthy are hairbrushes and mirrors at \$1.25 to \$3.50.

# Spring Trips In On Well-Shod Feet It's Decidedly a Season of Practical



First Consideration A season of tweeds and sports clothes brings with it a vogue for sturdy footwear of harmonious lines. This season it's oxfords and pumps with low heels and stout soles.

Footwear With Comfort as a

It's pleasant to imagine either the pump or oxford sketched with a smart tweed suit, stepping out on a bright Spring

\$4.25, \$5, \$6.75, \$7.25

afford a wide choice of fashionable Spring footwear of this type. All of the shoes are Wanamaker quality and low heels, \$5; carefully made. Among the season's best things are: -tan grained leather Oxfords with brass eyelets and low heels at \$4.25;

-tan Mary Jane pumps with low heels, \$5; -black kidskin Oxfords with indicated wing tips and medium heels, \$5:

-tan one-strap pumps with indicated straight tips and low heels, \$5: -brown Oxfords with medium heels finished with rubber, \$5;

-conservative brown Oxfords with straight tips and

-black leather Oxfords with wing tips and low or medium heels, \$6.75; -black grained leather Oxfords with straight tips

or perfectly plain vamps, both with low heels, \$7.25; -brown calfskin Oxfords with plain vamps and low

-brown calfskin Oxfords with conservative straight tips and low heels, \$7.25.