Our Lives and Hearts

SOME weeks ago in this place I wrote power of an infinite love bends over to that mourn," and what there was to be so to of death besides pain. And now I am going to print a short, rather covert from the tempest; as rivers of one who had read the article. I print this letter rather than one or more of the others that came in response to the others that came in response to the others that came in response to the others. the others that came in response to through the broken and shattered barwhat I said, because this asked for an rier that pain has thrown down, blessed

know but what you have hit the nail on the head when you say that our dead can speak to us in ways of their own, and that, too, without the help of mediums, but I don't "get Where do you think He helps, since nothing can bring back what was or take away the pain of wanting what ence was, back once more in the old good way? What is your idea of Comforter"? Yours very sineerely.

What I shall now write is an answer as by a new vision.

to Mr. J. B. It is what I think, and "When He, the Spirit of Truth, is what I feel, too—for I have been accome. He will guide you into all truth, quainted with grief—on the whole sub-He shall glorify me, for He shall feedire feet of pain and what tied does for a of mine and shall show it anto you. human in pain, physical or mental,

AGREE heartily with J. B. The said unto you. pain that death brings, the shame that disgrace 'ufficis, and the very memory of original suffering tento. For disposessed of dear companionship and grief there is no companional to the debarred of intercourse—what we call Suffering is suffering and leaver ioneliness, sei mark. Pain can darken the But thi a cruei mark.

sence, and no consolution that Is offered touches the loss, what, then, I that death did not separate them, but that touches the loss, what, then, I that they netually grew in knowledge soming to these that mound, can under them blessen.

Be went to His execution and I look first at their troubled, perpiezed, almost angry (nees—for His talk of death instead of an eartily triumph over His and their national foes, alarmen and baffled them, and I haten to H's eager of we get together it must be "in Him." and I am struck by that always recur- net of lote.

It is a beautiful, surrounding word kin to drag on him rather than back that—Comforter: And it immediately him up, he could yet go about like a man with a great hand a second relief to the breast of one strong and universely to the breast of the brea of one strong and understanding, and have a said he from we like of being encouraged to tell our fright and live of laying street and hurt in the shelter of laying street. arms, of being scothed and reassured by wise and tender words, of being hearten-ed to go back to bed or play or little task steadled with the knowledge of the heart of love that has never failed on of love that has never failed us.

As one whom his mother comforce so will I comfort you.

TT IS our first memory and remains onys in the background minds as our test of loving kindness. It seemed strange to me at the time, but I have understood it since that any anen an old frail lady that I knew lay dving and was unaware which of her children or grandchildren came near her fielt; every time the nurse leaned over to adjust her more comfortably on her follows, or hold her stendy in the rest. lessness of great fatigue, she entire back out of the far-off horizons toward which the was drifting to say some word of thought it was her mother who was bending over her. She was seventy rears and more when she died, and her mother had been dead since she was a many for baskets, aushions, ste-child of nine, and she had had a loving BALL TRIMMING, Get the white

those that mourn, not for their grief, but that they have found God.

Thank God there are other was at finding God, but mercifully to those who mourn He comes.

And so it would be well for all writers of letters of consolation and all ministers officiating at graves and visiting parishioners in affliction to bear in that Christ did not promise that the Spirit who would come in His name -the Comforter-would divert the disciples or would arge them to take up new interests. On the contrary, they were to be helped by the Spirit of Truth to "think back" and see their Master

of mine and shall show it unto you.

But this, Christ promised His dis Since our dead are not ours after barrier of death was not to separate and we mourn them with outstretched them. And any one observing John or and emptied hands, and there is nothing. Peter or the rest for the remainder of that compensates us for their abstract hereigned in the remainder of that death did not separate them, but

FIX my mind on that last night A has a transcendent possibility for us Christ event with His release motor all. He reveals Hiruself to us and why Christ spent with His triends before through that vision is there are a reversity of His execution and I look intion of these whom we "have loved intion of these whom we "have loved into the control of these whom we "have loved in the control of these whom we "have loved in the control of these whom we "have loved in the control of these whom we have the control of these whom we have been also become a control of these whom we have the control of these whom we have been also become a control of the control of t of we get together it must be "by Him." One hesitates to put this much into future was to be without Him in one words. Even the followers of Christ sense, and yet with Him in another did not put it into words. They put it

and I am struck by that always recurring word—Comforter!

"But because I have said these things into you, sorrow bath filled your heart.

"Neverthelest, I tell you the truth: it is expedient for you that I go away; for if I go not away, the Conforter will not come unto you, but if I depart I will send Him unto you.

"These things have I spoken unto you being yer present with you. But the Comforter, which is the Holy Spirit whom the Father will send in My name. He shall teach you all things and bring that I have a send way.

He shall teach you all things and bring why, ill as he was, and with worries why.

He shall teach you all things and bring why, ill as he was, and with scorries to your remembrance all things that I of one sort or another, and kith and of one sort or another, and kith and



You can make very effective thin and cared-for life and had been herself trimining by the gard. Let the white ball a devoted wife and mother. Yet out of any bright colors you was tirrent them all her memories of love, that first is an embreidered or appliqued heaker knowledge of its comforting strength and solicitude remained with her to the end.

This, then, is the olessedness: not that we cease to mourn, but that there has come to us one who understant and purposed that it is one turns and purposed that it is of leading by the strength of that wisdom and the

Paul and Virginia

By HELENA HOYT GRANT

The Theorist

good consentar, foo; had, and a read-t's home-made not smekel hams and a

He almost shorted

"Baked salmon." How many car taken ories, I ask you, has baked salmon." Well And to serve it with a thin soup; who, the implication of the property of the pro green leaves of letrace forming a pic

ruresque background to the chopped pimento and scarler paprika dressing This mollified him

Well, that's better. ' He devoured the salad hungrils. And after a few table desultory attempts managed to make t a good dinner. . . "There's a lot to it," he sighed, as out a good dinner.

They're always grouchy and nervous and irritable. They need solvents. He paused. "I think it's solvents they need; you know, dear—stuff like fresh

and people cat too much foolish magazine on the way home from the ofit. I mean stuff that has no subit. People don't eat enough

the canned kind.

He tasted the some gingerly and then sate back and regarded her with serious even.

"Got any idea of the protein content?"

"Introduction of the protein content."

"It is protein content."

"It is plently of warm water of thought.

"We could one spice. That's way plant of noricers. Cover with a plant of noricers. The proper was the proper who live in expensive hotels have thus pasty complex. Now with through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away lean look, I'll let a proper through a sieve and addition and far away, lean look, I'll let a proper through a sieve and addition and far away lean look, I'll let a proper through a sieve and addition and far away.

He tonianes man

night?" he asked experiantly. She handed him the salad—the crisp green leaves of letruce forming a picturesque background to the chopped pitants and scarler paprika dressing want any, and I guess I'll not hive scalding not.

mine now She moved as if the rise and leave the

"There's a lot to it," he signed.

he reached for the matches.

"Of course," agreed Virginin.

"I mean to a balanced ration. Size it this afternoon and i plunged recklessly what it will do for a man.

She nodded.

"Same people eat nothing but starches at 'em' but I know you don't.



Two February Parties

are all ready-made for any one who wants them enough to send a self-addressed, stamped envelope to the Editor of Woman's Page with this notice. One is a "Hearts and Flowers Party" for Valentine's Imy, and it tells you, among other things, how to go a-picking flow-"Truth Party" for Wishington's Birthday, and in one of the games that are part of it you have a chance to tell the real truth about yourself at last. Invitations, decorations and refreshments are included.

By MRS. M. A. WILSON

The deled fruits can be made up into

telazed Peaches

encies in plenty of warm water, place an bowl and cover with one quart of

willing water and stand away to soak or

soften evernight. In the morning, turn in a sieve to drain and then place

the water drained from the penches in sancepan and add one and a half cups

of segret, bringing to a boil and cook ten infinites, then add the prepared penches and set back on the stove and let sim-mer slowly for one hour, adding

two teaspoons of sharp elder vine-

This fruit will plump up and be de-

Spiced Peach Butter

Wash and sonk one pound of evap-orated penches overnight; in morning cook until very soft and rub through a

Tico-thirds cup of sugar for every

The the spices in a prece of cheeseoth before adding to the peaches. Add

Two reaspoons of sharp eider einegar

and cook slowly until the mixture is

Pour in sterlized glasses and cover with melted paraffin.

Apricot Preserve

What one pound of drien approach in plenty of warm water and place to soften in sufficient warm water to cover and let stand avernight; in the morning

Cook slowly until thick like ann.

This recipe comes from an Oriental usehold. It is splendid and adds a maing variety to the preserve closet

Wash in plenty of warm water one and of apricoss. Cover with two

pints of boiling water and place where ther will simmer slowly until soft.

Two thirds cup of sugar for every cap of aprical pulp, One-half cup of crystalliced ginger.

One package of raisins.
One medium size buttle of warahim observes out in pieces, adding

Cook slowly until like Jam. Then

ful into all glass lars and (ea) while scalding not.

Roman Beauty Fruit Butter

Italy line for years been the gathering

thorough fine.

next slowly to boiling point and add time payand of sugar, time package of seeded raisins,

time traspoon of common.

One teaspoon of natures, time helf teaspoon of allspice time half teaspoon of cloves.

oun of maln.

talek like jam.

atil very soft and rub through a Measure and add

one pound of exaporated

and Dainty Spices-An Old Roman Beauty

Recipe Is Included

water the following dried fruits:

One-half pound of apricots.

Three plats of boiling water.

honey

me cun of

dried fruits

pench butter.

jelly or jam.

Sir apples.

Tico pounds of sugar.

Three-quarters pound of peaches. Place in a large saucepan and add

One-half pound of candied ginger. Two packages of seeded raisins. Three-quarters teaspoon of nutmeg.

Wash in warm water the following

One pound of patted cherries. One pound of pears. Place in saucepan and add

One quart of boiling water. One and one-half pounds of sugar

Rumanian Fruit Butter

Cook slowly until soft enough to rub

through a sieve; then return to the saucepan, after measuring, and add

Cook until thick and then store as for

Russian Fruit Paste

Add two cups of water and cook un-

One quarter pound pitted cherries

One-half teaspoon of nutmes, One-quarter leaspoon of mace. Two tablespoons of sharp reice

Two pounds of sugar,

Pare and cut in slices

Now add

five cups of water to sonk the fruit

store in giass jars as for the spice

One package of seeded raisins, Grated rind of one-half lemon.

One-half teaspoon of allapice. Cook very slowly until very thick, stir to prevent burning, then fill in all

One-half pound of prunes.

"The Marriage Gambler"

Carol Rathbourne marries Nick Tracy without loving him for the reason that she cannot bear to see him ruin his life through infatuation for Daisy Castleton, of "The Jolly Revelers." Nick learns the truth, and is fearful that another man may awaken here the in attail the awaken hemlore. He is afraid that Carol has met this man in Jervis Britton, 1cho is to play opposite her in a drama given for charity. Carol herself is strongly attracted by Jervis, a feeling that is brought about by their forced intimacy in the

what her station in life may be, when with the modes of cooking peculiar to THE mid-winter month of January her own community.

Shows a fast emptying of the preserve closet, and the housewife realizes the fact that the sweet touth of the receipes handed down from these good folks, it has stories of its wonderful beautifying nower. Wash in warm

> Cook very slowly, until the fruit is Gook very slowly, until the fruit is in her eyes, an artificiality about her offt and thick, now rub through a fine manner. It troubled Mrs. Rathbourne sleve in to a clean saucepan and add more than Carol's coldness ever had.

> She leaned forward suddenly.
> "Carol, are you and Nick happy?" One pound of walnuts, chopped fine, One-half pound of candied citron, chopped fine. But Carol was on her guard. "Whatever makes you ask that ques-on?" she queried lightly. "Of course, One quarter pound of candied orange

we're happy, as much so as the average couple."

"I asked because I've never been he'll be willing to wait five veary you would marry Nick unless you loved him."

No, dear, don't run off to Elkt Do not marry without your purer been he'll be willing to wait five veary you, and to prove himself worthy that time.

stir to prevent burning, then fill in all larger, filling the jars while butter is hot. When cold, cover with a thick hat people talk about. Of course, I have of melted paraffin, seal and care for Nick; that's why I married

"You don't love him as he loves you; This recipe can be cut in half for the small family.
Old folklore tales give this butter the

"You don't love him as he loves you; you're breaking his heart," the words were on the tip of Mrs. Rathbourne's tongue, but she did not speak them. It would not do any good, for since her mother, Carol had grown further articularly in the late winter and early spring.

Russian Cherry Preserve

Wash in warm water the following

confide in any one, and, as usual, she treated her mother like the most casual outsider. She left her that afternoon filled with irritation at her mother's

Juice of one lemon, cook slowly until



She lesitated

The awfully worth dear, but it is a freedom and I plunged resk it this afternoon and I plunged resk it this One-half pound of pitted dates, cut

Please Tell Me What to Do

By CYNTHIA

No, "Handsome," you've laid enough claim to beauty already. No further news of your charms will be published. The column cannot be devoted to claims for or against beauty after this week.

Write to Him, Girls Dear Cynthia-It is to suggest a no

Dear Cynthia—It is to suggest a new topic for discussion in your column that I write to you. 'Here's the "dope": What is a girl's feeling in regard to her first love? Does it mean much or little to her? I am much interested in this question for reasons which I will disclose after hearing some of the replies which I hope this question will bring about. Let's go now, young ladies (old ones, too), and let us hear your opinion regard to the above question. in regard to the above question. "GOULASH."

Be Nice to Him

Be Nice to Him

Dear Cynthia—I have known a boy about a year and though he has made saveral advances. I have discouraged him because—well, there is another girl who runs to places he frequents in order that he might take her home He has often denounced this girl in front of my brother and, in fact, the whole crowd, but still I feel that it is not my place to interfere.

Lately I discovered that he wrote to some paper claiming be liked us both, but admired one more than the other. Now as I have not seen him for the last three months and am giving an informal party soon at which he will be present, shall I be indifferent or shall I encourage him? Also how shall I go about inviting him to call, as I am positive that he is only waiting for some excuse and I do really like him. Please, Cynthia, don't think me foolish, but I am so—so—well, I don't know, do you? Will you try to help me so I can once more be A HAPPY AND CONTENTED GIRL. Of course, be nice to the young man. If you like him and he likes you what Of course, be nice to the young man. If you like him and he likes you what do you care about another girl trying to attract him? He'll probably ask to

Adventures With a Purse

You will addre the perfame bottles.
You will addre the perfame bottles.
You will addre the perfame bottles.
They are about the daintiest, most feminine-booking things I think I ever have seen. The little gliss bottle estable lists as well as the bound of the bound of the bound of the stoppers for the bottle. The lowers come in the stoppers for the bottles. The bottles made the tillowers in the stoppers at the collect and have perfume droppers at the collect them, as do sail the news with length of the bound of them, as do sail the news with length of the bound of them, as do sail the news with length of the bound of the bo

"Oh, I hardly think so, raother. Nick was never overconscientlous concerning his work." Carol's voice was hard. She was deliberately stifling her conscience, which at her mother's words had stung her with a knowledge of her treatment of Nick. Now that Mrs. Rathbourne had spoken of it, Carol remembered suddenly that Nick had been anusually quiet of late, that his face were a strained expression, and that he had not been sleeping. She had been awakened often in the middle of the night by the sound of him moving around in his bedroom. She knew that he often pulled on the light by his bed, and read and smoked till dawn; but, because she felt there was nothing she could do about it, she had tried to forget it as soon as possible.

Mrs. Rathbourne was studying her daughter's face. She found it as inscrutable as ever, and yet there had been something strange about Carol of late, something that she had never nother that is my parents' opposition. They there had been something strange about Carol of late, something that she had never nother was a new brilliance. late, something that she had never noticed before. There was a new brilliance in her eyes, an artificiality about her manner. It troubled Mrs. Rathbourne more than Carol's coldness ever had.

She leaned forward suddenly.

and get married. Shall I do it, Cynthia I would do it tomorrow if you would only suggest it. My heart in aimos broken, as I love every piece of his head No. dear, don't run off to Elictor

The Woman's

Exchange

To the Editor of Woman's Page!

Dear Madam-Will you be and enough to give me a little information? I have discovered some meetiline with alled with irritation at her mother's questions, and when she reached home she flung off her things impatiently and began to pace the living-room floor restlessly.

The telephone interrupted her and she went to answer it, but the sound of the voice across the wire set her heart to beating wildly. This was the first time that Britton had done so personal a thing as to call her up on the telephone, and she forgot everything but the pleasure of talking to him.

I have discovered some meedline with which I can cure any cough such as bron-chills. I have cured a few as a trial and at the present time I can curing and at the present time I can curing and at the present time I can curing and at the present time I can cure any cough such as bron-chills. I have cured a few as a trial and at the present time I can cure any cough such as bron-chills. I have cured a few as a trial and at the present time I can curing and at the present time I can cure any cough such as bron-chills. I have cured as few as a trial and at the present time I can cure any cough such as bron-chills. I have cured as few as a trial and at the present time I can cure any cough such as bron-chills. I have cured a few as a trial and at the present time I can cure any cough such as bron-childs.

I have discovered some meedline with which I can cure any cough such as bron-childs.

Wash and soak in warm water, using the telephone, and she forgot every-thing but the pleasure of talking to him.

One-half pound of apricots.

One-half pound of pitted cheeries.

Place in saucepan and add

Six medium-size apples, pared and cored, then cut in slices.

One-half pound of pitted cheeries.

By HELEN DECIE

Is this a medicine which you have concounted yourself or is it something that you buy? If it is your own in-vention you could not make much money without getting a patent from the Patent Office. Washington, D. C. for without that anybody would be free to take your medicine and sell it as his own. Of course, it would be wiser to gell the medicine than to give it away, if you want to make some thoney on it: f you want to make some money on and if you have cured persons, it surely must have some value. Write to the Patent Office for a copy of the Rules of Practice, which tells you just how to get your patent. I hope you will be very managed.

A Turkish Party

A Turkish Party

To the Enter of Woman's Page:

Dear Madam—Your daily suggestions are a constant source of interest.

If you were entertaining a small company and wanted hangings, cushions, etc., to make a Turkish atmosphere, how would you entertain? What simple refreshment would you have? The party would include intimate friends about twenty years of age. Would be a senior this sort of entertainment?

What do you think of fortune-tiling?

I want every one to have a good time.

AUDIEY.

The Children of the Present Age Can Take Care of Thems

One Little Girl Took Herself on a Personally Conducted to the City Without Any Fear or Self-Consciousness

sight and she wasn't very big for even that age.

She wore a loose cont without any belt, and it was just long enough to belt, and it was just long enough to just as little fuss as her stylish taking herself into town with the schanged both.

Whatever the reason, it is placed to see a self-sufficient young dressed with just as little fuss as her stylish taking herself into town with the schange of either fright or self-sufficient young dressed with just as little fuss as her stylish taking herself into town with the schange both.



WHAT a difference from the child of her age in years gone by—the child who had to be seen and not heard. In the first place those bare knees! They would have been covered with sev-

Yes, last time you came through. she replied, with a cheery smile,

SHE came slip-slopping along the street in her big rubbers carrying a huge umbrella over her head.

And it was a case of "Hello, Umbrella, where are you going with that little girl?"

For she couldn't have been more than eight and she wasn't very big for even.

Or it may be the lack of any but just what is necessary to kee warm and comfortable which brought about their ability to take of themselves.

Or perhaps to independence the independence to the strength of themselves and the independence to the strength of themselves.

It was a nasty, cold, rainy day, but she tripped along as unconcernedly as if it had been a sunny day in June.

Reaching the railroad station she sat down placidly on a damp bench to wait the coming of the train, and when it arrived she got about trailing her um-

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Nice fat

for Sunday dinner We have an unusually choice selection Fancy Fatted Geese 30c per lb.

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BLACK-GREEN-MIXED

ASCO

The Jury Decides

The Judge: Ladies and gentlemen of the jury, you have tested the wellknown Asco Coffee. Tell us your

decision as to its merits.

The Jury (composed of hundreds of thousands of discriminating coffee lovers in Pennsylvania, New Jersey, Delaware and Maryland) We have tried Asco Coffee and find it to be the most delicious coffee it has ever been our pleasure !! drink.

> Our unanimous decision is that it is justly entitled to its indorsement as "the best coffee at any price." It is astonishing that such a highgrade coffee can be sold for only 25c per lb.

It has a rich, rare aroma that arouses the appetite and a most delicious flavor, as mellow as the tone of an old violin. Our advice to anyone seeking a real treat in coffee is to try a cup of Asco Coffee-today.



You'll taste the difference!"

Sold only in Asco Stores located all over Phila, and throughout Pennsylvania, New Jersey, Delaware and Maryland.

ASCO