he Proper Dessert After a Heavy Meal' Things You'll Love to Make Balances Food in Mrs. Wilson's Menus

ome Recipes That Every Housewife Will Want to Try in the Effort to Have Variety-Cottage Pudding With Fruit Sauce

By MRS. M. A. WILSON agright, 1922, by Mrs. M. A. Wilson, All

THE question of just what to have THE question of just what to have to form dough, roll out one-eighth inch for dessert is frequently a puzzling thick and cut out in rounds with a problem to the busy housewife. I have bund it advisable to arrange the deserts so that sufficient could be made one time to answer for two or three

Plain desserts that do not centain many eggs and other rich protein foods minutes. re usually served with meat dishes, shile the rich protein dessert makes a plendid accompaniment for the meal then the main dish is lacking in suffint protein to properly balance the

Josppy Desserts for Serving With Meat Baked Apples a la Fosca

Place in a saucepan

One cup of sugar, One-half cup of water, One-half cup of white corn sirup. Bring to a boil and cook for five min-tes; now add eight medium-sized ap-les, which have been cored, and a drip of the skin, pared from the top and bottom of the apple. Cover closely

nd place where the apples will cookag. Just as soon as the apple is tenntes, adding one tablespoon of gelatin, he strup over the apples and cool. To

parshmallow whip, then sprinkle with mely chopped nuts and garnish with a spoonful of the apple jelly.

Make a plain lemon gelatin and turn a a shallow pan to mold. When firm, at with cookie cutter and lift to deader plate; place on the gelatin half of canned peach; mask with Caledonian care over with the left over season. ream, cover with the left-over parts of

Cut banana in half and then split two; lay on a dessert plate and place small spoonful of ice cream in the enter; cover with finely chopped nuts, spoonful of marshmallow whip and ben dot with a little jelly or home-

Fig Charlotte Russe

Wash one-half pound of figs and lace in a saucepan with just enough

Juice of one lemon, Grated rind of one-quarter lemon, One cup of sugar.

Cook very slowly until the sirup is slick; then cool. Now place a thin ice of sponge cake around a custard resherbet cup; fill the center with three; the prepared figs and garnish with aledonian cream piped through a pas-y bag, using the rose tube.

taked Apples, Bananas and Cranber-

Wash and cut red apples in quar-irs; remove the cores, place in baking isb, cut side up, and add Two bananas, cut in half, One cup of cranberries, One-half cup of scater,

One cup of sugar, One-half cup of raisins. Bake in a slow oven for forty-five

nful of whipped cream. Dust lightly

Prepare one cup of lemon jelly. Now bile the jelly is cooling, pure and dice

One apple.
One banana.
One-half cup of coconut,
Pulp of one grapefruit,
Add
One-third portion of Caledonian

ad pack in a mold, first rinsing the sold with cold water. Now pour over

sold with cold water. Now pour over iee prepared fruit the gelatin. Just is beginning to form, set away to cold. To serve, unmold, cut in slices and serve on crisp lettuce, garnished ith the balance of the Caledonian ream. Garnish with segment of oroge.

Banbury Tarts

Place in n bowl
One and one-half cups of flour,
Two teaspoons of baking powder,
One-half teaspoon of salt.
Sift to mix and then rub in to the

The Question Corner Today's Inquiries

What important educational advantege has been given to the girls of China? 2. If the weather is rainy or snowy, how should the baby get his airing so as to escape danger of catching

8. Describe an attractive new basket that would be pretty for flowers

4. How heavy should a boy of 52 inches be? What should be the weight of a girl of this height? In what interesting way are the upper ends of pointed draperies held at the waist so that they make added decoration?

When an evening gown has an opening all the way down the front, how is the edge of the opening used for a striking trim-

Yesterday's Answers

The unique distinction of being the first woman student to be named to a debating team of Miami University in the more than 100 years of that institution's existence has been accorded to Miss Helen Cabell, of Cleveland, O.

When the bride's dining room is blue she can give it a charming

blue she can give it a charming touch in a manner which is quite inexpensive by getting a small cabinet of the sort used for medicines and painting it a soft shade of old blue, so that, when fin-ished, it can hold her china. For silver-finished candlesticks, black candles frosted with silver are unusual

are unusual and immensely attractive.

If a boy is 51 inches tall he should weigh 63.0 pounds; and, if a gir! is this height, her weight should be 61.0 pounds.

A little girl's blue taffeta dress is A little girl's blue taffeta dress is trimmed in a most unusual manner by a round-collared vest and puffy short sleeves of orange organdie with rows of narrow lace sewed close together all over it. In a good-looking way a serviceable pair of garters are made of dark blue ribbon, lined with Alice

Seven tablespoons of shortfulng And use his tablespoons of water

thick and cut out in rounds with a large cookie cutter; place a spoonful of banbury filling in the center, then wet the edges and lay over a second round of the pastry to cover, pressing the edges; cut three tiny gashes in the top and brush with the yolk of one egg and four tablespoons of milk beaten together. Bake in a moderate over twenty minutes.

Banbury Filling

One cup of seeded raisins,
One cup of seeded raisins,
One-third cup of nuts,
Grated rind of one-half lemon,
Juice of one lemon,
Sis tablespoons of thick preserve.
Mix well before using.

Ginger Pudding Cut squares of ginger bread, then split in three pieces, spread each piece first with marshmallow whip and then with jelly. Now place together and pour over some vanilla sauce; garnish with a little marshmallow whip, with a little jelly in the center of the marsh-

Cottage Pudding

One egg.
Two-thirds cup of sugar.
Three tablespoons of shortening. One and one-quarter cups of flour,

Two tenspoons of baking powder, One-half cup of milk. Grated rind of one-quarter lemon. Beat well to blend and turn into joak on him all rite. a moderate oven for twenty minutes. and do Fill the cups about one-half full of the mixture. Serve with fruit sauce.

Fruit Sauce

lace in saucepan One cup of water, Two-thirds cup of sugar,

Three tablespoons of cornstarch.

Three tablespoons of cornstarch.

Stir to dissolve the flour and sugar and then bring to a boil. Cook for five minutes. Then add

Two-thirds cup of raisins.

One-half cup of finely chopped nuts.

Grated rind of one-quarter lemon,
Juice of lemon.

Simmer slowly for five minutes.

Crusts a l'Aiglon Cut four-inch squares of bread one inch thick and dip in a batter of beaten yolk of egg and three-fourths cup of

milk; fry a golden brown in smoking-hot fat and lift on soft paper to drain. Now lay on a half of a canned peach, sprinkle with finely chopped nuts and mask with a meringue made as fol-Whip white of egg until stiff.

Sir tablespoons of sugar.

Place in moderate oven to set, and



RIBBON-SHELL ORNAMENTS add charm to a small velvet or duvetynetailored hat. Cut pieces of buckram the shape of shells. (About three and a half inches across the top is a good size.) Cut pleces of half-inch ribbon into strips. Point them at the tops. Cover the buckram with slik and fasten the point of each place of ribbon to the top of the buckram shell. Bring it down loosely and gather it in at the bottom; then fasten to the buckram continue till the buckram is covered. Join two of these RIBBON-SHELL OR NAMENTS together and place a group at each side of your hat. FLORA.

LITTLE BENNY'S NOTE BOOK By Lee Pape

Me and Puds Simkins was standing next to the lam post looking up the street and Puds sed, G heer comes Sam Cross up in back of us, good nite I bet he thinks he's sneeking up on us with-out us seeing him, haw haw thats a joak on him all rites

Lets pertend we're tawking about him and dont know he's enywares erround,

Wich we started to do jest wen Sam Wich we started to do jest wen Sam Cross came up in back of us wawking on his rubber heels me saying, Hay Puds wats, you know about that guy Sam Cross, I think he's one of the deceetfullest guys I ever heerd of. Me too, so do I, that guys so deceet-ful he never wares enything but rub-ber heels and thats the ony reason he wares them, you cant tell me, sed Puds.

Sure, you can't tell me. Sam Gross is a big hunk of cheese, and enybody says he aint, jest refer them to me, I sed. Wich jest then I quick terned erround, saying, O, is that you, Sam? Holey smoaks, was you heer all the time sed Puds, and Sam sed. I certeny know wat you guys think of me. And he took a big candy cane out of his inside pockit and started to bite hunks off of one end, saying, I'd like to offer you guys some, ony I know you wouldent take it off a deceetfull guy like me, I wouldent insult you by asking you to take it off of a big hunk of cheese

like mc. Aw heck, Sam, wats the matter, we when ready to serve just crush the was ony kidding, wats the matter, we meringue slightly and pour over a lit- knew you was there all the time, we was jest fooling, wats the matter, sed

me and Puds. Wich the more we told him we was ony pertending the more finished eating the candy cane by him-ne acted as if like heck we was, and he self without me and Puds asking him for a hunk on account of being too proud and knowing he would ony say

Proving you awt never say enything bad about a persin behind their back speshilly if they are neer enuff to heer

Read Your Character By Digby Phillips

To know whether or not a man has the element of cruelty in his make-up all you have to do is make him a bit angry—and watch his eyes. See if they

But though it would take skill to portray the difference with pencil. pen or brush, it is not at all difficult to distinguish between them when you see them. Both are partially closed eyes, but there is a tenseness about the eye of cruelty that is lacking in the eye of cruelty that is lacking in the eye of cruelty that is lacking in the eye of cruelty. In the former the eyelids actually seem to be held tense and rigid. This is always reflected in the expression of the eyes by a sort of hardness and fiereness which you don't have to be a character analyst to have to be a character analyst to

recognize.

But the only eye of cruelty which you need "vicw with alarm" (providing your conscience is clear) is the one which is habitually cruel.

Temorrow-The "Bay Window"

You'll taste the difference!



At all our Stores

One third of your life is allotted to sleep. Do you get your share?

The most important period in the | results in insomnia, depression, and a process of applying nutrition to the repair of the body is while you are asleep. For the most favorable transformation of digested food into nerve and cell tissue, so doctors tell us, sleep is absolutely essential.

Is it any wonder that those who suffer from lack of proper sleep are weak, pale and lacking in energy or ambition?

One of the causes of insomnia is nerve-irritation from tea and coffee drinking. Tea and

coffee both contain caffeine, which has a tendency to cause undue stimulation. The irritating effect of caffeine often weakened nervous system.

You can easily overcome these troubles by drinking Postum instead of tea or coffee. Postum is a delicious. satisfying cereal beverage, and it is absolutely free from caffeine, or any other harmful substance.

Ask your grocer for Postum. Drink this delicious, refreshing beverage for ten days. Then see if you do not feel better and more clear headed, and if you do not sleep better at night-as so many other people have proved for themselves.

Postum comes in two forms: Instant Postum (in tine) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being proposed) made by boiling for 20 minutes. pared) made by boiling for 20 minutes.

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Made by Postum Cereal Co., Inc., Battle Creek, Mich.



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The Convenient Kind of Coffee

Mr. Washington's refining process removes all waste matter and leaves just the goodness of pure coffee. Always delicious.

You merely add hot water. No . waste. No coffee pot.

Every can guaranteed to give satisfaction. Never varies.

G. WASHINGTON COFFEE REFINING COMPANY, 522 Fifth Avenue. New York



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Wanamaker's Down Stairs Store

All-silk White Broadcloth \$1.85 a Yard Is a Favorite in the Silk Sale

Everyone has commented upon its quality. The plain white makes durable, as well as pretty, underclothes and blouses. The self stripes are best for shirts. 33 inches wide.

Taffeta at \$1.75 a Yard

Beautiful colors. Bright blue, beaver, Sevres, Burgundy, midnight, marine, black, Concord, seal, navy, old rose, tan, brown, taupe, gray, sapphire, white, fuchsia and nickel. 35 inches wide, and good quality.

Glistening Tricolette, \$1.10 a Yard

Plain and drop-stitch effects in fiber tricolette, 36 inches wide, in black, Copenhagen, navy, henna, flesh, gray, white, tan, brown, jade, midnight, gold and carmine.

Taffeta Frocks With a Foretaste of Spring— Many Models at \$16.50

So charming, so Springlike and delightful that we are sure that Spring, herself, had a hand in their planning! Most certainly they are the best encouragement for the last Winter days.

What woman doesn't feel the brighter and better for slipping



One Pretty Style Is Sketched

The collar line is particularly becoming and the dress is trimmed with braid fagoting through which contrasting color shows. In navy or brown.

Another model with a longer odice uses a touch of narrow red velvet ribbon around the waist and a bunch of red cherries. Ruffles and tucks, full sleeves of silk in bright Paisley designs and

interesting braids are cleverly used. Navy, brown and black predominate. All are \$16.50. Wool-Jersey Frocks

at \$10 Women in business and girls at school will find these frocks particularly useful and satisfactory. needing but little pressing and responding to it very well.

A straight-line style and the model sketched have over-collars and cuffs of cafe au lait crepe de chine. The wool jersey is of excellent firm quality, in brown, navy and henna. (Market)

Sale of Women's Silk Umbrellas at \$3.90

It is only by looking away back before the war that we can recall ever having women's silk umbrellas as low as this-and

then they weren't nearly so interesting. Stub ferrules of white bakelite or wood; white or ambercolored tips; interesting wood or bakelite handles; bakelite rings or leather straps-imagine these umbrellas with covers of good taffeta! Mostly satin or tape borders. A few are hemmed. Colors are navy, brown, garnet, red, green, purple and

The imperfections are but slight irregularities in the weave of the silk, unnoticeable for the most part. (Market)

Women's New Sports Oxfords Only \$7.25!

They are going to be worn almost exclusively this Spring, and women who like to wear the new things first are wearing them now. Everyone admits their good looks. Of light camel's-hair tan leather, trimmed with brown, they have brown tongues and brown laces. The new plain vamps have soft

toes-no boxing. The welted soles are of rubber-like composition, with hollow cups to give a light firm tread. Heels are very low. Wear them now with smart wool stockings. Sizes for everyone. (Chestnut)



81x90 Inch Seamless Sheets, \$1.35

Firm, fully bleached white muslin in these splendid sheets. Sounds like old times, doesn't it?

3 Groups From the Rug Sale Chock-Full of **Opportunity**

The homekeepers who want good new rugs and yet want to save money will do well to take advantage of any one of the three unusual lots.

Inexpensive Axminsters 6x9 feet......\$16.50 8.3x10.6 feet......\$27.50 9x12 feet......\$30

Hit-or-miss Rag Rugs Savings of a Third Bright and cheery, made of clean new factory rags and 4x7 feet\$2.65 8x10 feet\$7.50 6x9 feet\$4.85 9x12 feet\$8.50 Axminster Hall Runners Rare Good News

at These Prices 27 inches wide

All-Wool Overcoats for 100 Lucky Men **-\$27.50**

The overcoats that men and young men want right

Ulsterettes of thick, allwool coatings with plaid or contrasting backs. Substantial enough to stand all the rough Winter storms the weather-man can send.

Double breasted, with with convertible collars, deer warm pockets and belts across the back or all

Not every size in every pattern, but every one of a hundred men will feel that he's made a "good buy" when he gets one of these. (Gallery, Market)



Scissors, Scissors, Scissors!

Good ones in six different styles, ranging from slender embroidery scissors with fine points and slender blades to longer and heavier ones for general use. Lengths, 4 to 6 inches Chamois-Lisle Gloves in

Longer Lengths \$1 to \$1.50 \$1 is the new low price for strap-wrist style in covert, white,

chamois, cafe and gray. Also for eight-button length in white, cafe, covert, brown and French gray. \$1.25 for eight-button-length strap-wrist gloves in white, cafe and two shades of gray. Also for twelve-button length in white,

cafe, brown, two shades of gray and black. \$1.50 for sixteen-button length in white, cafe, gray, biscuit and

Clearaway of Boudoir Caps, 15c Dutch or round styles in pink or white voile trimmed with lace.

Slightly soiled or mussed from

handling, but exceedingly good

Cotton Taffeta Petticoats

Extra good petticoats of flowered cotton taffeta with tucked flounces and elastic at the waist. Navy, black or purple grounds. Novelty Blouses, \$1.65

Smart ones of fine white voile, with Peter Pan collar and cuffs of green, blue or brown cl, cked gingham, edged with narrow pleating. Button-in-the-back style that young girls particularly like!

Brassieres and Bandeaux

Many styles and kinds of bras-sieres and bandeaux, marked down from our own stocks because sizes are broken or because they are a bit soiled. All sizes in the lot, though not in every style.

Bloomers of Crepe or Batiste, 50c Of pink "block" crepe, with lace-trimmed ruffles, or pink or

white batiste. Children's Stockings, 25c Finely ribbed black cotton with fashioned feet. All perfect quality. Sizes 6½ to 10.

Warm Clothes for Baby

25c for cunning little handcrocheted bootees of white wool, trimmed with pink or blue. Any

number of styles. \$1 for hand-crocheted sacques that match. Just about 100 of these. 50c and 55c for warm sacques of white flannelet, finished with pink or blue stitching. Bound with taffeta ribbon, they are 60c.

White flannelet Gertrude petticoats for infants are 85c. Scalloped Blankets at \$1.25 Reversible blankets, in pink or

14 years among them.

blue, are pretty as well as warm. Baby's fingers will like to play with the teddies, bunnies or kittens. 30x40 inches 350 Babies' White Dresses, Special at 60c

Both long and short dresses, in sizes up to 2 years, are of white nainsook, in Bishop style, trimmed with wee lace. Clearaway of Sleeping Garments, 75c to \$1.25 Savings of nearly a half on most of these nightgowns, pajamas

Women's Handsome Fur-Collared Coats Special at \$39 and \$42.50

Beautiful furs, lovely coats and special priceswho can resist such a combination!

Among the furs are wolf, nutria, Australian opossum, mole and raccoon. Materials are some of the finest bolivias and good velour. Coats are all fully and beautifully lined. Luxurious coats, that is what they are! They will not be here long.

Delightful Negligees—\$3.85

Lovely misty light blue, Copenhagen, rose, pink, orchid and grape are the colors in box-loom crepe of very soft, silky texture, made in the graceful style pictured. Negligees like these take surprisingly little space in traveling bags.

Business-Like Apron Dresses, House Dresses, Bungalow Aprons Priced Low

Extra-size bungalow apron dresses are in pink, white, green or lavender chambray, clear checked ginghams of the same colors or tiny plaids. Finished with snowy rickrack. Sizes 48 to 52. \$2. Regular size (36 to 46) apron dress in

the same style are \$1.50. Billie Burke house dresses in pink, blue or green chambray or pink, blue, black and lavender tiny checked gingham are \$1.50. Finished with white pique collars, cuffs and pocket trimmings.

At \$1 Blue-and-white checked gingham bunga-low aprons, bound with white, fasten down the back.



and nightshirts, because they are slightly mussed or soiled. Sizes 2 to