

**This Is the Proper School Lunch,
According to Mrs. Wilson's Ideas**

Just Sandwiches and Cake Get Tiresome and the Little Boy or Girl Likes to Find Something Different

By MRS. M. A. WILSON
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THE mid-winter school lunch is often a problem to the busy mother; the child by this time is usually tired of the lunch containing the sandwich and longs for something different.

The mother who waits until the family is at breakfast and then rushes to throw together a few sandwiches cannot but wonder and realize the justice of the child's complaint. I have known children to be hungry and yet unable to eat the lunch packed, and either give or throw it away. Plan the school lunch the day before and you will find that most of it may be prepared at this time.

Packing the lunch and its appearance when opened are usually the determining factors as to the child's desire to eat; so for this reason the wise mother will plan and pack the school lunch so it will look appetizing and interesting. Then, too, personal pride in the child often prevents him from opening a mummy packed lunch. I have seen children's eyes fairly bulge when a particularly nicely packed lunch was spread out, and the child who displayed the lunch felt very important, indeed. Very attractive paper napkins and paper cups may be purchased and are quite inexpensive, and add so much to the appearance of the lunch. Bread and butter form a staple part of the lunch, but need not necessarily be in sandwich form. I have buttered whole-wheat bread on the loaf, and cut in thin slices, putting two slices together and then cutting into finger-width strips. Wrap in wax paper.

- Suggestive School Lunches**
- No. 1
Hot Soup or Thermos
Egg Bread and Butter Fingers
Cup Custard Apple
Cookies
Home-Made Candies
- No. 2
Potato Salad
Whole-Wheat Bread and Butter
Tapioca Pudding Orange
Ginger Bread
Fruit Cuddles
- No. 3
Nut Bread and Cheese Sandwiches
Celery Salad Individual Pie
Buttered Rolls Candies
- No. 4
Meat Pie
Fruit Salad
Thin Slices of Bread and Butter
Cut of Cake
- No. 5
Nest Salad
Celery Stuffed With Cheese
Baked Apple Cake
Egg Bread and Butter
Banana

Other suggestions can be used:
Baked beans with cooled salad dressing.
Cream cheese and nut salad.
Diced egg salad with celery.
Minced ham and celery.
Minced ham and celery with nuts.
Vegetable and meat salad.
Roast pork or veal salad, with string beans.
For desserts you can use
Chocolate pudding.
Individual butter-torch pies.
Individual lemon pies.
Jelly tarts.
Doughnuts.
Baked rice puddings.

The average child likes a bit of candy when the noon meal is finished, and rather than give money, make a little candy twice a week. The fruit candies are also wholesome and delicious.

Try This Garamond Candy
Rub a square pan liberally with salad oil and spread with nuts; now place in a saucepan
One cup of New Orleans molasses,
One cup of sugar,
Three tablespoons of butter,
One-half cup of good salad oil.
Heat slowly and cook until the mixture forms a firm ball when tried in cold water. 250 degree Fahrenheit, using the candy thermometer. Pour at once on prepared nuts and let cool. Cut in blocks.

Fruit Cakes
Two cups of sugar,
One-half cup of syrup,
One-half cup of evaporated milk,
Three tablespoons of butter,
One-half cup of cocoa.
Cook until the mixture forms a firm ball when tried in cold water. Then remove from the fire and add
One-half pint of marshmallow whip, and beat just enough to mix. Pour in a well-oiled pan and let cool. Cut in squares while warm.

Fruit Candies
Place through the food chopper
One cup of coconut,

The Question Corner
Today's Inquiries
1. What interesting Government position is Mrs. Mary Peard Riddle to hold in Indianapolis?
2. In what extremely attractive way can outside window boxes be kept filled in winter time?
3. How is a quaint and unique fruit dish fashioned?
4. What is the correct weight for a boy forty-five inches tall; for a girl the same height?
5. Describe a fascinating combination of colors in a silk sports coat.
6. Of what material is a good-looking handbag made?

Yesterday's Answers
1. A member of the British Parliament proposes a national referendum on the question of women's suffrage in view of the fact that women were not consulted before being rendered liable to jury service, nor was there any expressed desire on their part for such service.
2. In a charming way a new glass perfume holder befits itself with a golden butterfly that poises on every tiny flower.
3. To combine cleverly with another pretty ornament, a small lamp, with shade of shirred pink chiffon over old blue silk, has sprays of fascinatingly realistic glass flowers about the stand that supports it and carries the idea still further by standing in a painted tin flower pot.
4. When a boy is forty-five inches tall he should weigh 47.5 pounds; the right weight for a girl of this height is 46.5 pounds.
5. Black is at the present time more popular than ever for afternoon dresses.
6. An exquisitely elaborate hat for a young girl is made of dark brown stitched mesh, with a turn-up brim around which filmy brown lace is wound, so that it falls over the shoulder on one side.

Three level tablespoons of baking powder,
Three-quarters cup of black coffee,
Beat hard and then add
One cup of seeded raisins,
Two-thirds cup of finely chopped nuts.
Beat to blend in the fruit and bake in oblong pan, having the cake batter about one and one-quarter inches high in pan before baking. Bake in a slow oven for forty minutes, and when cool ice with water icing.
Usually a soup or hot cup of cocoa can be purchased in most schools.

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Hand-Printed Breakfast Cloths \$1 Scarfs to Match 50c

Delightful breakfast or luncheon cloths of unbleached muslin have charming old-fashioned designs hand-printed, in clear colors, greatly resembling stencil work. They are in rose, blue or yellow with a scalloped edge to match. The colors wash successfully and are wonderfully effective.

Round or square cloths, 54 inches across, \$1.
Scarfs or table runners, 18x54 inches, 50c.
(Central)

Imported Gingham in Clear Checks, 45c a Yard

So beautifully fine that they feel almost like silk; so clear in color that one anticipates the way they'll launder; so cheery and pretty that the planning of frocks is a joy!

Checks vary all the way from pin checks to half-inch blocks—in brown, red, green, blue, lavender, black and pink.
32 inches wide, and this is a very low price for such quality.
(Central Alaska)

Silk Frocks and Cloth Frocks in Dozens of Delightful Styles
\$10 \$15 \$16.50

Nearly any kind of frock mothers, sisters, aunts and daughters may want will be found here.

All of the frocks have a jaunty air of newness, and there are some gay new taffetas that speak decidedly of Spring.

Wool Jersey and Tricotine at \$10
Wool jersey dresses are made in simple one-piece styles and come in practical colors.
Tricotine frocks are navy blue, adorned with beads or embroidery.

Twill, Tricotine, Taffeta and Silk Crepes at \$15 and \$16.50
The twill frock that is sketched is decidedly new. The skirt is composed of narrow panels, embroidered with steel beads, swinging jauntily over an underskirt of black satin. \$16.50.
The crepe de chine dress is in navy blue or black with dear little red rosebuds for trimming. \$15.
Taffeta dresses are in navy blue and brown, have bouffant skirts, frills, tucks and braid used with great charm. \$15 and \$16.50.
(Market)



Central Aisle Opportunities

Flesh-Pink Envelope Chemises, 50c
Last lot sold out in a few hours! Flesh-colored batiste trimmed with lace insertion around the top and down the front or pretty tones of white nainsook with built-up tops and embroidery edging.

Colorful Blouses, \$1.15
Women who are judges of value are amazed at these unexpectedly superior waists for such small cost.
Peach, rose, blue and other colors as well as plain white in voile, dimity, organdie and other materials. Both Peter Pan and roll-collar styles and all attractively original in design.

Women's Stockings 65c and \$1.50
65c for silk and fiber stockings, shaped with mock seams in black, cordovan and tan. Good "seconds."
\$1.50 for artificial silk-and-wool stockings in green or gray heather mixtures made with seamed backs and in drop-stitch effect. First quality.

Flannelet Underclothes 50c and \$1
50c for bloomers of white or striped flannelet, cut full and well made. Also for gray or striped flannelet petticoats with drawing tops and knee flounces.
\$1 for EXTRA-SIZE flannelet nightgowns in pink-and-white or blue-and-white stripes. High turn-over collar or V-neck styles, plain or with braid trimming. Remarkable at \$1!

Artificial Silk Sports Scarfs \$3 to \$5.50
Aside from being pretty themselves, they protect slinky frocks and blouses from Winter coat collars.
Plain or fancy weaves in plain colors or Roman stripes. Tan, navy, black, Mohawk and other wanted shades.

Pin-Seal Handbags \$2.50 and \$3
Square or envelope shapes with tabs that fasten over or deep flaps. Equipped with change purse and mirror.

13th Street Aisle Opportunities

Stamped Kitchen Towels, 15c
Towels of striped linene stamped for a bit of embroidery in outline stitch. Size 16x27 inches.

Fashionable Earrings 50c and \$1
Hoop and pendant styles of effective imitation jade, jet, pearl and other kinds. Almost everybody is wearing them.

Corsets Low Priced at \$1 and \$1.25
\$1 for average length corsets of white coutil.
\$1.25 for topless style in pink broche with elastic at the top.

Wool Jersey Bloomers for Outdoor Activities
For skating, coasting, golf, horseback riding and Winter walks, these bloomers would be decidedly warm and comfortable. In reindeer, brown, black and navy. Short ones are \$3, a longer length is \$3.85.
(Central)

Extra-Size Nightgowns, \$1.50
Slip-over nightgowns of soft white nainsook, trimmed with lace. Sizes 18, 19 and 20—and cut generously full.
(Central)

Blankets to Keep Baby Snug
Cozy little pink or blue figured blankets for carriage or crib. \$1.25 for size 30x40, with scalloped edge.
\$2.25 for size 36x50, bound with satin.
\$4.25 for size 36x54, bound with satin.
(Central)

Babies' Dresses 50c and 60c
Snowy little frocks of nainsook will prove a boon to mothers. There are long and short dresses among them. Sizes up to 2 years.
(Central)

Sateen Petticoats Lined With Flannelet
About the warmest thing a woman can wear. They are in black, with the upper part of the skirt lined with striped flannelet. \$1.50 in regular sizes; \$2 in extra sizes.
(Central)

Special Cretonnes 20c, 30c, 40c
Cretonnes for all cretonne uses—and how varied they are! About a hundred different patterns and color combinations from which to select. 24 and 36 inches wide.
(Chestnut)

Reversible Terry Cloth for Draperies \$1.10 a Yard
Showing one color on one side and another color on the other, it can thus be used in the doorway of rooms with different color schemes. For instance, some designs show blue on one side and brown on the other, rose and gray, etc.
(Chestnut)

White Dresses for Mid-Year Graduations
Feminine members of mid-year graduation classes who have been coming to the Junior Store for frocks are most enthusiastic about these pretty dresses of net, chiffon, Georgette and crepe de chine. Most of the dresses are simple as to line and lovely as to material. Prices start at \$8.75 for net, \$11.25 for French Voile, \$12.75 for Georgette and so on, up to \$29 for fine silk dresses. Sizes 12 to 16 years.
(Market)

Clearaway Sale of Young Women's Coats at \$20

Sports coats in several models, and fully lined coats of the type that can be worn everywhere—altogether splendid warm coats!

One of the leather polo coats is sketched, and there are others of this adaptable and useful type. Most of them have inverted pleats in back, raglan shoulders and yoke and sleeve linings. The coating is thick and double-faced, with contrasting color inside. Various tones of brown and gray predominate.

Also in this group, a few fully lined chinchilla coats, whose original prices were twice \$20 and more.

Many Few-of-a-Kind Coats Fully Lined at \$20

Among them are dark velours, Bolivians, and closely woven navy chevrons. Some double-breasted, with collars that button high. A few are handsomely trimmed with embroidery; others are severely tailored. All are worth more than their present price and are good-looking warm coats.

Women who wear small sizes, and who, therefore, often have difficulty in getting coats, will find this a worthwhile opportunity.

\$20 \$20

