

Mrs. Wilson's Lesson Tells What Harm Can Come From Faulty Dish Washing

Careful Storage of Food Will Prevent Waste and Spoiling. Measurements Should Always Be Level and Accurate

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THE care of the silver, china and glass is a matter of importance to every housewife. Food storage, measurements, the average home uses for table cutlery, plated ware, if the selection is made of a conservative pattern, will last many years. This silver should have a weekly cleaning with a good silver polish and then washed with boiling water and dried with soft paper. Then will retain its finish and high polish.

Remove all discolorations from teaspoons daily; teaspoons discolored when used for eating boiled eggs, and look very bad if permitted to remain this way. The china used for table service should be of good quality as the purse will permit; price does not necessarily control the appearance of the dishes you give for your table. The most attractive china reasonably priced, in fact less than some of the flaring loud patterns the housewife often feels compelled to purchase.

The care of the china used to serve your daily bread is necessary. Chipped and cracked dishes when used upon the table show a lack of real housewifely pride, as the use of the danger of using dishes of this character, cracked or chipped dishes destroy the appearance of the best food.

Dishes washed in warm, soapy water and dried on a towel, anything but sanitary and are really dangerous. Many serious intestinal disturbances can be traced to unsanitary dishwashing.

It is a well-known fact that many dangerous bacteria develop in a warm, moist temperature, and when a mixture of soap is added to the warm water and dishes washed in this way, germs or bacteria that have developed by the contact of the dishes and the person are very apt to become active. This method leaves a thin coating of soap on the surface of the dish washed, and has been condemned by health authorities, and for this reason all hotels and restaurants must cleanse all dishes and silver by sterilizing in water.

Many epidemics in home communities can be traced to various social affairs where refreshments are served and dishes are washed in manner explained above. Complete sterilizing is the only safeguard for the housewife. Frequently in some homes a cold will invade every member of the family and cause a thin coating of soap on the surface of the dish washed, and has been condemned by health authorities, and for this reason all hotels and restaurants must cleanse all dishes and silver by sterilizing in water.

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The sink in the kitchen needs to be kept in a sanitary manner. In the modern home this point is cared for in the white porcelain, and the sink and other discolored can easily be removed with powdered pumice and kerosene, scouring and then washing with hot soapy water. The iron sink should have a daily scouring with soft soap and sand, using a stiff-bristled brush.

The food storage. Food storage is a matter of importance to every housewife. Careful storage of food will prevent waste and spoiling. Measurements should always be level and accurate.

Practical Work. Before deciding to follow this course determine if you can afford to ignore "The Marriage Gambler"

By HAZEL DEVO BATCHELOR Copyright, 1922, by Public Ledger Company

Carol Rathbone, after having refused Nick Tracy twice, changes her mind when she hears that he has become infatuated with Daisy Castleton. "The Marriage Gambler"

CHAPTER XXV The Play CAROL was so unhappy after the incident of Nick's having tea with Daisy Castleton that she habitually searched her face in the mirror each day to see if there were any change in her features.

But in spite of the emotion that racked her heart, her face continued to keep its cold, calm purity. Her emotion was after all, of a kind that does not show itself, for although it made her miserable, it was rather an uncomfortable surface sensation than anything that went very deep. She did not love Nick, therefore she did not suffer too much.

She was feverishly active, she wanted to be doing something every minute, and when she was asked by the girls in her set to take the leading part in a play that were getting up for charity, Carol hesitated with alacrity.

Her first thought was of Nick. Was he going to be in it too, would he by any chance be asked to take the leading part with her? That would be too awful!

Carol was having tea in the library of Grace Marriott's old-fashioned town house when the subject was first mentioned to her, and they were all eagerly discussing details.

"If we could get Jervis Britton to play the leading part opposite Carol, would it be splendid?" some one suggested excitedly.

"Who is Jervis Britton?" Carol asked quickly. The name was strange to her and the sound of it was curiously interesting. She wondered who he was and why she had never heard of him before.

"He came from South America while we were on our wedding trip," Grace explained. "We were all quite mad about him. He was quite a fascination

THE DAILY MORNING EXERCISE



The brace you need to tone you up for the day costs you no more than a little pleasant effort as soon as you wake up. The good it does is worth more than that.

CALL it by any other name, a fresh air cocktail, if you will, and it will be as bracing. How do you make it? Of oxygen, as pure as you can get it, and use your lungs as the shaker. Fill your lungs to overflowing, as no damage will accrue if you do. Quaff slowly and heartily.

Now for the brace: We'll assume, of course, you have a good window open. Don't close it for a minute or two yet. Before you arise stretch your arms above the head, then stretch your legs one at a time until you actually feel them lengthen. Then stretch entire body, so the spinal column will get the benefit.

In spite of the fact that your own minister's son may be about to marry your daughter with your full consent and enthusiastic approval.

YOU don't mean to do it, and you would never willingly turn away from a friend because she was the daughter of a clergyman. In fact, you probably know of some "preachers' kids" who are among the finest men and women of your acquaintance.

Scorn the Handsome Souls Dear Cynthia—Just a few lines to the fellows who call themselves handsome. Well, let me tell them I have traveled through the world and seen a lot of handsome people being consorted, but I always thought they were only motion picture actors.

Says Foreigners Are Best Dear Cynthia—A little line to XXXX. I want to say that I agree with you in your opinion of the United States. I am a girl of eighteen years, engaged to be married, and if I thought my father-in-law was like "Handsome," I'd give him the "air," as the girls say nowadays. PERKIE.

Do Not Try to Meet Him Dear Cynthia—I have been reading your wonderful column for the last two years and find it very helpful, and now I am writing to you for advice. I am a girl of eighteen, with curly brown bobbed hair and am considered attractive.

What's What BY HELEN DECIE The wedding anniversaries are as follows: First, cotton; second, paper; third, leather; fifth, wood; seventh, woolen; tenth, tin; twelfth, silk and fine linen; fifteenth, crystal; twentieth, china; twenty-fifth, silver; thirtieth, pearl; fortieth, ruby; fiftieth, gold.

Black Going Out The rogue for black, which look Paris by storm several years ago, and continued to hold it for so long, is rolling away like the clouds of a thunderstorm. You seldom see black now except for mourning. Of course, in New York and Philadelphia we must be a bit slower to give up our black, just as we were a bit slower in accepting it as a "color." But it is going, gradually, giving place to more of the pastel shades.

Her Hair is Bobbed To the Editor of Women's Page: Your column and find it very interesting, and as you have helped others solve their quibbles, I think you can help me. I am a girl of fifteen and have had bobbed hair for almost four years and am wondering whether or not I should have it cut again. Most of all my girlfriends have bobbed hair and are urging me to have it cut again. Is it still in style?

Things You'll Love to Make Kiddy's Bonnet Box To the Editor of Women's Page: I have a piece of ribbon to each side, like a hinge, to keep the cover from falling back too far. Stitch a piece of silk elastic across the inside of the cover. You will find it convenient for holding baby's gloves. Give the old wooden or painted board to the bottom of your KIDDY'S BONNET BOX. This makes a wonderful gift to a small child. FLORA.

The Wedding Anniversaries To the Editor of Women's Page: Dear Madam—Please put in your paper the different wedding anniversaries from one to fifty. MISS B.

Her Wedding Ring Most of the married women in Malekula, one of the largest islands of the New Hebrides, have two front teeth missing. They have been removed by the old women of the village, as a strange custom of getting rid of the front teeth is a wedding ring, the unfortunate bride has her teeth knocked out.

The "Preachers' Kids" Have Joined Against the Old Libel About Them

They Are Tired of Fighting Against the Tradition Which Says That Ministers' Children Are Bad Lots—Organization Will Tell

THE daughter of a clergyman in Chicago has been put at the head of a new organization that has a rather amusing but very worthwhile purpose. It is called "P. K."

And "P. K." stands for "Preachers' Kids." The purpose of the organization is to disprove the old story that "preachers' kids" are a bad lot.

It seems funny to an outsider to hear of a thing like this, but it is not. That old saying, the layman thinks, is just like the one about whistling girls and cackling hens.

Nobody ever distrusts a "preacher's kid," he goes on thinking. But, is that true? When you hear the saying, don't you involuntarily think of all the families, sons and daughters of clergymen whom you know or of whom you have heard?

And when any one of them does turn out to be a bad lot, doesn't your mind just automatically look over all the others you know of who have come short of their fathers' hopes and prayers?

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100 Per-Cent Pure "SALADA" It is "SALADA" for breakfast, for dinner, for supper and five o'clock Tea the Continent wide

AMERICAN STORES CO. ASCO A pretty watch that won't keep time

A loaf of bread whose "looks" have been improved at the expense of its nutritive value is like a pretty watch that won't keep time. Neither lives up to its first and most important duty.

The first requisite of a watch is that it keep time accurately, and the first requisite of bread is that it nourish the human body.

There is more nutrition—more good health-building nourishment in Victor Bread because we do not sacrifice its food value for the sake of adding to the appearance of the loaf. Victor Bread is bread—pure and wholesome.

Victor Bread 6c Big Loaf "There's health in every crumb"

Sold only in Asco Stores, located all over Phila. and throughout Pennsylvania, New Jersey, Delaware and Maryland.

Read Your Character By Digby Phillips The Hand of Tyranny Many a tyrannical man is soft-spoken—at first. You can't always judge people by their words. And when you're busy "selling" yourself to a prospective boss, he may be just as busy trying to make you believe he's found the fellow to work for. The tyrannical, if it's present in his character, will creep out later in some crisis, or when he feels your wedded to your job.

Thousands of Miles from a Cow— CARMACKS, Yukon is a long way from home. Would you like to risk bringing up your children in the far, frozen north—with the inevitable handicap of climate and lack of variety in foods?

John Hamilton Rosenberg has spent all of his short life there and is as splendidly healthy as any boy could be. "His cheeks are as red as roses" and he is "a picture of health," for Borden's Eagle Brand Milk has always been his food.

Eagle Brand has been the standard infant food for three generations. Don't experiment with your baby by giving him foods of which you are doubtful. "Eagle Brand Milk has certainly been a boon to mothers in such isolated districts as this," says Mrs. Rosenberg. And thousands of other mothers from all over the country agree with her, for it has brought vigor and good health to thousands of children. Doctors recommend it in stubborn feeding cases—for it is very easily digested.

Borden's Eagle Brand Milk is not a "prepared" food at all. It is milk—just pure milk and sugar, the natural food when mother's milk fails.

THE BORDEN COMPANY Borden Building New York Makers also of Borden's Evaporated Milk, Borden's Chocolate Malted Milk and Borden's Confectionery

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