## Mrs. Wilson's Lesson Tells What Harm Can Come From Faulty Dish Washing

Careful Storage of Food Will Prevent Waste and Spoiling. Measurements Should Always Be Level and Accurate

By MRS. M. A. WILSON

THE care of the silver, china and sink. Food storage. Measurements.

retain its finish and high polish. Remove all discolorations from teaspoons daily: teaspoons discolor when Level measurements are determined used for eating boiled eggs, and look as follows: Sift all flours into a bowl

The china used for table service will permit; price does not necessarily control the appearance of the dishes you buy for your table. I have seen dainty attractive china reasonably priced, in fact less than some of the flaring loud patterns the housewife often feels comciled to purchase.

The care of the china used to serve your daily bread is necessary. Chipped and cracked dishes when used upon the table show a luck of real housewifely pride, and aside from the danger of using dishes of this character, cracked or chipped dishes destroy the appearce of the best food.

ies washed in warm, soany water and dried on a towel are anything but canitary and are really dangerous. Many serious intestinal disturbances can be traced to unsanitary dishwash-

rants must cleanes all dishes and silver by sterilizing with boiling water. Many epidemics in home communi-ties can be traced to various social affairs where refreshments are served and the dishes are washed in manner explained above. Complete sterilizing is the only safeguard for the housewife. Frequently in some homes a cold will neally every member of the family and they will be at loss to account for this epidemic, as it were. If you were to fficiency, preventing waste and loss of look to the method used in washing time.

Three level teaspoons equal one level

medium of lukewarm dish water the and table spoon and wish to divide contents of spoon in half, first make 'evel, then divide down the center of the spoon in half again and discard the mamodern home this point is cared for in the white porcelain sink. Water stains and other discolorations can easily be removed with powdered pumice and kerosene, scouring and then washing that lie above the rim of the spoon in half, first make 'evel, then divide down the center of the spoon. For the quarter divide the half spoon in half again and discard the material on the tim of the spoon and wish to divide contents of spoon in half, first make 'evel, then divide down the center of the spoon in half, first make 'evel, then divide down the center of the spoon in half, first make 'evel, then divide down the center of the spoon in half, first make 'evel, then divide down the center of the spoon in half, first make 'evel, then divide down the center of the spoon in half, first make 'evel, then divide down the center of the spoon in half, first make 'evel, then divide down the center of the spoon in half, first make 'evel, then divide down the center of the spoon in half again and discard the material on the tim of the spoon and wish to divide contents of spoon. For the quarter divide the half spoon in half again and discard the material on the tim of the spoon and wish to divide contents of spoon in half, first make 'evel, then divide down the center of the spoon in half again and discard the material on the tim of the spoon in half again and discard the material on the tim of the spoon and wish to divide the half spoon in half again and discard the material on the tim of the spoon and use the sp

standard measurements. Level measwright, 1933, by Mrs. M A. Wilson. All uring means that you can make every day in the year the same dish and obtain the same result. Heaping measurement really means nothing; the The average home uses for table cut-ery plated ware. If the selection is human eye is not constituted so that it made of a conservative pattern and may accurately gauge proportions. Often wen re: sonable care this ware will last vou will hear an old and experienced housewife express herself as follows: "I don't know just what is the matter ah and then sea'ded with boiling water with this cake; I usually make it spiendried with a soft cloth; it then will didly." The time that her cake fails is in its finish and high polish. the time she has failed in gauging balanced proportions.

very bad if permitted to remain this and fill into cup, using tablespoon. Do not shake or pack. The cup measured this way will contain just four ounces the clina used for table service of four. After measuring make the still permit; price does not necessarily following tests. First. Place the cup of flour meas

ured as directed on table and shake the cup by jouncing the cup against the table. What result do you obtain? You will find that this packs the flour in the cup and that it will now require additional flour if you were to say the cup is full. Tests of this kind frequently show that nearly one-quarte f a cup more flour is required to fill

the flour bin or bag. Now sift, and fill this flour back into the cup, using a tablespoon, taking care not to shake or pack. You will find that you will have from two to five tablespoons of

did success with all his dishes. All measuring cups are the standard half-pint cups, and may be purchased in either glass or tin, and should be kept for the purpose of measuring. Graduated measuring spoons can be found in all house-furnishing shops moderately priced, and make for real

hate in Velma's voice which imparted

a sting to her words, and her prom-inent eyes were filled with a green light.

as they looked into Carol's wide blue

Velma did not make a good enemy.

She was furious that Carol had been

Grace Marriott saw the look exbetween the two girls and

be safe to ask Jervis Britton to take

Carol responded laughingly. The en-

play. At every move Carol beat her, and To

understood the reason for it. "Of course, Carol is immune; she's

take the leading part in the

## "The Marriage Gambler"

By HAZEL DEVO BATCHELOR . Copyright, 1922, by Public Ledger Company

refused Nick Tracy twice, changes her mind when she hears that he has become infatuated with Daisy Castleton, of "The Jolly Revelers." Howpart, Nick discovers the truth. He knows that there is a possibility of her learning to care for some one else, and the fear of that makes him doubly unhappy. Of course, Carol, berself, is miserable.

### CHAPTER XXV The Play

CAROL was so unhappy after the wisely confident of Nick's having ten with Daisy Castleton that she habitually a bride and too much in love with her searched her face in the mirror each husband to look at another man. day to see if there were any change in that's a very good reason why it would her features.

But in spite of the emotion that rack-the part with her. You're not afraid, ther heart, her face continued to keep are you, Carol?" its cold, calm purity. Her emotion was, ter all, of a kind that does not show No one there, least of all Carol herself. tiself, for although it made her miserhad the faintest idea that anything
would come of their idle chatter, and than anything that yet Carol wondered afterward when she

going to be in it too, would be by deadly fascination.

y chance be asked to take the lead- But would be p

ing details. looked we could get Jervis Britton to owner.

olay the leading part opposite Carol. Who is Jervis Britton?" Carol

taked quickly.

The name was strange to her and The name was strange to her and yet the sound of it was curiously intersting. She wondered who he was and the was and the came from South America while were on your wedding trip," Grace the came from South America while were on your wedding trip," Grace the old women of the village. Instead to facting a wedding ring the unfortiout him. He was quite a faccination tunate bride has her teeth knocked out.

therefore she did not suffer too much.

She was fevertship active, she wanted memory. Why had it given her such a be doing something every minute. and when she was asked by the garls heard it. She was rather curious to meet in ber set to take the leading part in a clay they were getting up for charity.

Carol assented with alacrity. arol assented with alacrity. him that all women were not the same, Her first thought was of Nick. Was and that she was quite safe from his

changed

But would be play the part? Carol part with ber? That would be too hoped so. She suddenly wished with all Carol was having ten in the library angrily for caring one way or another about it. What was the matter with use when the subject was first men-her; wasn't she being rather absurd? ened to her, and they were all eagerly And yet the name haunted her, and she looked forward excitedly to meeting its

Tomorrow-Exciting News

### Her Wedding Ring





The bracer you need to tone you up for the day costs you no more than a little pleasant effort as soon as you wake up. The good it does is worth more than that

CALL it by any other name, a fresh lungs are not developed; lassitude, sleeplessness, headaches, nervous instability, worry—are all curable with

Many serious intestinal disturbances can be traced to unsanitary dishwashing.

Now just so long as you cannot pile un water or other liquids you must moist temperature, and when a mixture of soan is added to the warm water and dishes washed in this any germs or bacteria that have developed by the contact of the dishes and the person are very and to become active. This method leaves a thin film of soap over the surface of the dish washed, and has been condemned by health authorities, and for this reason all hotels and restaurance of the dish washed, and has been condensed by health authorities, and if you are constructed in the fresh-air treatment?

How do you make it? Of oxygen, as modance with the fresh-air treatment?

How do you make it? Of oxygen, as modance with the fresh-air treatment?

We'll assume, of course, you have spept with window of the first of the fact hat you on an arising a street head, then street, be then let then lengthed. A might could have the fi

Did you ever stop to think that poor and you will feel the blood circulating circulation is mostly due to improper from head to toe.
breathing; that attacks of indigestion Take your shower or your plunge or

may be relieved by breathing away down to the bottom of the abdomen, so that the oxygen may burn the waste naterial and give the abdominal mus-office or other place of duty a happy. cles the energy to work with; that fat smiling creature with a capacity for may be burned off by internal combus- work and agreeable conversation not

you just stop taking second looks at the neighbor-ladies; ou hear?"
"But sho's a mystery," insisted Paul.

The Woman's Exchange

Her Hair is Bobbed

Dear Madam-I am a daily reader of

your column and find it very interesting, and as you have helped others solve their questions I think you can help me. I am a girl of fifteen and have had bobbed hair for almost four years, and I am undecided whether or not I should

have it cut again. Most all of my girl

Things You'll Love to Make

the Editor of Woman's Page:

Kiddys

Donnet

"Nonsense."
"Is it just her clothes, or—"
Virginia assumed an expression of order wisdom—although she was fond f Mrs. Downing.
"Partly clothes—partly a frame of the control of the contro of Mrs. Downing. for women; they can't seem to resist mind." Paul stared at her for a moment "A frame of mind wouldn't give her blank'y, then reached for her hand.

"Rut, of course, that needn't worry beautiful gray hair; or eyes like hers, carol in the least." put in Velma or—ah—a slender ankle."

Craven, "She's quite above anything of that sort." There was an insidious "Why, you terrible old polygamist. Tomorrow—A Pertrait of John Sherman

No, indeed, you are not too old to have

your hair bobbed. In fact, you are just at the age at which it looks well. If all your friends have theirs bobbed and you are accustomed to it, why don't you have it done once-more? Hairdrensers

The Wedding Anniversaries

Dear Madam—Please put in your paper the different wedding anniver-saries from one to fifty. MRS. R.

The wedding anniversaries are as follows: First, cotton; second pages

the Editor of Women's Page:

should weigh 128.

## Preachers' Kids" Have Joined Against the Old Libel About Them Storm Durant Touring Car FOR LARGEST NUMBER OF SALADA TRA PACRAGE PRICE ENDS. FOOD EXHIBIT. S. E. COR. 19TH & CHESTNUT STS. 2D FLOOR. "Nowadays" "Nowadays" The "Preachers' Kids" Have Joined

They Are Tired of Fighting Against the Tradition Which Says That Ministers' Children Are Bad Lots-Organization Will Tell

The daughter of a clergyman in Chicago has been put at the head of a new organization that has a rather wanting to assert themselves and prove

It is called "P. K."

nd cackling hens. Nobody ever takes it seriously. Nobody ever distrusts a "preacher's kid," he goes on thinking.

But, is that true? When you hear the saying, don't you come involuntarily think of all the families. Your sons and daughters of clergymen whom know. sons and daughters of clergymen whom know.

You know or of whom you have heard?

And when any one of them does turn out to be a bad lot, doesn't your mind just automatically look over all the others you know of who have come short of their fathers' hopes and prayers?

You would never be able to be sure of yourself in any position because you would feel that sooner or later it would come out that your father was a clergy-man, and then everybody would start watching you and waiting for you to make that "inevitable" break.

amusing but very worth-while purpose, their immunity from that old, old say

And "P. K." stands for "Preachers' IT WOULD be very annoying, you know, if you were a law-abiding citizen. as good as the average person. ove the old story that "preachers" better, perhaps, than some you know of, striving to live the kind of life that It seems funny to an outsider to bear of a thing like this.

That old saying, the layman thinks.

That old saying, the layman thinks, is just like the one about whistling girls derers and other criminals just because your father happened to be in the same profession that their fathers are in. It is easy even for the outsider to imagine how more than annoying, how worrying and injurious this might become if allowed to go on and on.

Your honor would be in danger, you honor

YOU don't mean to do it, and you twould never willingly turn away from a friend because she was the laughter of a clergyman.

In fact, you probably know of some "preachers' kids" who are among the finest men and women of your acquaintance.

In fact, you probably know of some preachers' kids" who are among the finest men and women of your acquaintance.

Dear Cynthia-Just a few lines to the fellows who call themselves handsome.
Well, let me tell them I have traveled
through most of the United States and
I've heard of people being concetted, but
I always thought they were only motion

Paul and Virginia

By HELENA HOYT GRANT

By HELENA HOYT GRANT

"Toward Autumn

"SAY, honey—" he began tentablisque, "how old 4s Mrs. Downing?"

Virginia stared.
"How old?"

"Sometimes she

"How old?"

"Sometimes she

"How old?"

"Sometimes she

"How old?"

"Sometimes she

"Toward Autumn

"Talways thought they were only motion picture actors.
I'd just like to get a glance at you boys, and left me give you my opinion. I guess you know the old saying, "If conceit was consumption you'd be dead long ago." Well, you should be around our house, and, believe me, that conceit would wear away within two days.

Dear Cynthia, I am sorry to take up so much room, but I just had to tell them what I thought, I am a girl of eighteen years, engaged to be married, and if I thought my future husband was like "Handsome" I'd give him the "air," as the girls say nowadays.

Paul winked solemnly.

"Sometimes she

Says Foreigners Are Beat."

The fishes you would find that if the fishes are would find that the country again, and the fishes are would find that if the fishes are would find that the country again, and the fishes are fished as a fishe fishes are fished as a fishes are

There's a lot to that, I guess, after all." he said, with the suspicion of huskiness.

Tomorrow—A Pertrait of John Sherman

SExchange

Telends have bobbed hair and are urging me to have it cut again. Do you think in the style?

Which is a becoming way for me to fix it? I have dark hair and have a dark complexion, and I am five feet five and and one-half inches. How much should I weigh?

Mout three weeks ago I met a certain hand. About three weeks ago I met a certain man at a girl friend's house. Dear man at a girl friend's house thin the tendency itself is not necessarily a malicious one. It is the minute I saw him, but I don't know whether or not he cares for me. I have with the same as those whether or not he cares for me. I have him since our first meeting and would like very much to see him again. My girl friend does not know him well and I don't know any one that does him since our first meeting and would like very much to see him again. My girl friend does not know him well and I don't know any one that does him again. My girl friend does not know him well and I don't know whether or not he cares for me. I have him since our first meeting and would like very much to see him again. My girl friend does not know him well and I don't know any one that does him since our first meeting and would like very much to see him again. My girl friend does not know him well and I don't know whether or not he cares for me. I have minute I saw him, but I don't know whether or not he cares for me. I have minute I saw him, but I don't know whether or not he cares for me. I have minute I saw him, but I don't know whether or not he cares for me. I have meets and in the cessarily a malicious one. It is the minute I saw him, but I don't know whether or not he cares for me. I have dark him and are urging in the don't know any one that does not know him well and I don't know any one that does not him and I will never meet this in style?

Which is a becoming way for me to know here his office is. Now, what I want to know is how ca

WHAT'S WHAT By HELEN DECIE



What could be nicer for keeping baby's bonnet spick-and-span than a KIDDY'S BONNET BOX? Use any heavy cardboard or wooden box of a convenient size for the foundation. Pad it ouside with cotton, (Glue a layer of sheet cotton on each side.) Cover it with silk or dainty cutton material, which has been embroidered as shown; or use a pretty cretaine. Line the inside with quilted material, silk or cotton. Join on the covered top before lining the box. Stitch a piece of ribbon to each side, like a hinge, to keep the cover from falling back too far. Stitch a piece of silk, elastic across the hisde of the cover. You will find it convenient for holding baby's gloves. Glue a small wooden or pasteboard stand to the bottom of your KIDDY'S BON.

WITH BOX. This makes a wonderful to give to a small child.

FLORA.

The wedding anniversaries are as follows: First, cotton; second, paper; third, leather; fifth, wooden; seventh, tin; twelfth, silk and fine lines; twentisth, silk and fine lines; third, leather; fifth, wooden; seventh, twentist, it wentist, silk and fine lines; fifteenth, crystal; twentisth, silk an

men and can't seem to fall for any.
As I told you before, I am very anxious
to meet this man, but, at the same time,
would not like to seem too forward.
AMORE.

You could not be in love with this man you do not know. Better not think about him any more. Objects to Early Marriages

Do Not Try to Meet Him

Dear Cynthia—I have been reading your wonderful column for the last two years and find it very helpful, and now I am a girl of eighteen, with curly, brown bobbed hair and am considered being blunt, flat and broad at the ends. It is these very flat, broad fingertips that reveal the tyrannical tendency in man. The tendency itself is not

# It's Nourishing

There's health in every

Victor Bread

Sold only in our Stores

It is "SALADA" for

100 Per-Cent breakfast, for dinner, Pure

## for supper and five o'clock Tea the Continent wide

TREDICTA

**ASCO** 

## A pretty watch that won't keep time

A loaf of bread whose "looks" have been improved at the expense of its nutritive value is like a pretty watch that won't keep time. Neither lives up to its first and most important

The first requisite of a watch is that it keep time accurately, and the first requisite of bread is that it nourish the human body.

There is more nutrition-more good health-building nourishment in Victor Bread because we do not sacrifice its food value for the sake of adding to the appearance of the loaf. Victor Bread is bread-pure and wholesome.

## Victor Bread



"There's health in every crumb"

Sold only in Asco Stores, located all over Phila. and throughout Pennsylvania, New Jersey, Delaware and Maryland.

ASCO

Drawn from actual photograph of John Hamilton Rosenberg- "blaying on the banks of the fam Yukon River."



## Thousands of Miles from a Cow—

CARMACKS, Yukon is a long way from home. Would you like to risk bringing up your children in the far, frozen north—with the inevitable handisap of climate and lack of variety John Hamilton Rosenberg has spent all of his short life there and is as splendidly healthy as any boy could be. "His cheeks are as red as roscs" and he is "a picture of health", for Borden's Eagle Brand Milk has always been his

Eagle Brand has been the standard infant food for three generations. Don't experiment with your baby by giving him foods of which you are doubtful. "Eagle Brand Milk has certainly been a boon to mothers in such isolated districts as this" says Mrs. Rosenberg. And thousands of other mothers from all over the country agree with her, for it has brought vigor and good health with her, for it has brought vigor and good health to thousands of children. Doctors recommend it in stubborn feeding cases-for it is very easily digested.

Borden's Eagle Brand Milk is not a "prepared" food at all. It is milk—just pure milk and sugar, the natural food when mother's milk fails.

THE BORDEN COMPANY Borden Building New York Makers also of Borden's Evaporated Milk, Borden's

Chocolate Malted Milk and Borden's Confectionery Bordens



