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MRS. WILSON'S LORE OF OLDEN MARKETS

Gives Recipes for Braised Liver and Onions and Other **Colonial** Dishes

By MRS. M. A. WILSON Copyright, 1933, by Mrs. M A. Wilson, All

THE young and thriving Quaker city I on the banks of the Delaware was sware that improvements were sadly needed to facilitate the marketing of polstuffs, and to this end, an addition was built on the Second street narket, thus extending the market sheds to Cedar street; which is now South street. Scharf and Westcott, the History of Philadelphia, tell us the western molety of this market The New Bell was ready to hang stry in August, 1819. Mistress So-Price tells in her diary of the pecial celebration prepared for this scasion. Also she tells of a special Thanksgiving Dinner that was given his year in one of the famous city averns, as a befitting token of the dty's gratitude for the bountiful har-

est and prosperity. As was the custom in the Early Colonial days, this dinner was for the men folks. Local slaughter houses were established and city-dressed meat could be purchased. Miss Price tells of purchasing a quarter of beef and putting it down in pickle. Today 1 have ber recipe for preparing an old-fashloned boiled dinner which I will use for the Sunday noon meal, plan-ning a meau for Sunday featuring the old-time Colonial dishes.

Sunday Breakfast

Simmered Prones Hominy Grits with Cream Oniver Liver Smothered With Onions Bacon Garnish Fried Potatoes Bread Butter Coffee

Sunday Dinner Bean Soup Boiled Beef Boiled Pointoes Braised Cabbage Sweet Spiced Beets Coleslaw Vanilla Sauce Apple Float

Coffee

Sunday Evening Tea Cold Cuts of Corn Beef Potato and Celery Saind Apple and Prune Mold Tea

The market basket for this menu In require : Beans, praues, hominy grits, calves'

Her, bacon, corn beef, onlons, pota-tes, cabhars, celery, beets, app'es, mgar, gelatin and the usual weekly Select a rolled brisket of corned beef.

wash the meat and place in deep sauce-pin, cover with cold water and bring slowly to a boil; cook slowly, allowing forty minutes to the pound. If you are a fireless cooker you will find it will cook this ment to perfection.

If you feel that the calf's liver is too cipensive, you may use lamb's liver, and if you cook it nicely your family cannot tell the difference. Beef liver may also be used if you cannot pur-chase either the calf's or lamb's liver.

Braised Liver Smothered with Onions Wipe the liver with a damp cloth and cut in thin slices; if you use either the lamb or beef liver, remove the skin

Dip each slice in flour and brown quickly in a skillet, with plenty of smoking hot fat; lift the slices as fast be liver is all browned, drain off the fat, leaving about three tablespoons of the fat in the pan and add four table-spoons of flour and brown, then add one and one-half cups of cold water and stir mull it comes to boiling point. Cook for a few minutes then add the browned liver and



(Gallery, Market

This Is the Time of Year When All

One teaspoon of sait. One-half teaspoon of pepper, Tiny pinch of thyme. Three tablespoons of vinegar.

Cover and place where it will just timmer for forty minutes. To smother the onions :

Peel and slice twelve large onions. Peel and slice twelve large onions. New place in a skillet one-half cup of thortcoing and when hot add the onions. slic, and just as they begin to brown add one cup boiling water. Cover close-ly and let simmer for fifteen minutes. then remove the cover and turn and toss until the onions are nicely browned; use to search the liver. use to garnish the liver.

Braised Cabbage

Purchase two heads of cabbage and Purchase two heads of cabhage and the the heart for the slaw. Cook the balance in boiling water, and when ten-der, drain and chop fine. Now mince one-quarter pound of salt pork fine (the Colonial housewife used corned pork). Brown the pork in a skillet and add one-half cup of finely chopped onlons. Cook slowly for a few minutes, then add the anthere minor well and then add the cabbage, senson well, and tons and turn slowly, adding three ta-Meepoons of vinegar. Cook for fifteen minutes slowly. Turn into a hot dish.

Sweet Pickled Beets

shapes in brown, light or dark blue, black, green and other Wash and cook the beets in the skins. and when tender place under the cold water to cool. Remove the skins and wanted colors. One especially pretty model is cut in pieces. Place in a saucepan of black taffeta silk and has a

One cup of water in which the beets were coaled, One-half cup of sharp eider vinegar, They tablespoons of flour.

Stir to dissolve the flour and bring to boil. Cook for five minutes, then add Three tablespoons of bacon fat,

Two tranpoons of salt. Three-quarter teaspoon of pepper, And the beets.

Two onions grated.

Simmer slowly for twenty minutes.

Apple Float Pare four apples and cut in quar-

One cup of sugar, Three-quarter cup of water.

Bring to a boil and cook for five minutes, then add the prepared apples and place where they will simular slowly, until clear and transparent.

You may shake the saucepan occasion-Ally, but do not stir or disturb. Make an old-fashioned bread pudding a follows: Sonk stale bread in cold water until soft, turn in a piece of thesecloth and press dry, rub through a size. Measure one of this preared bread. Place the bread in a bowl and add

Two cups of milk. Que-half cup of sugar, Two cous.

Beat with the egg beater to blend; rub custard cups with maited butter and fill with the pudding mixture; bake ing fill with the pudding mixture; base is a slow oven until set. Let cool and then run a knife about the e-ge of the pudding and turn on a saucer and gar-nish with the prepared apples. Serve with vanilla sauce.

A Wise Decision

Women clerks are more conscientious then their male colleagues, is the verdict of the head of one targe New York

Women's Flannelet Week-End Nightgowns, 85c and \$1 **Opportunities**

\$25

Warm, ficeced gowns are made with long sleeves, double yokes and plain high round necks or with collars. Trimmed with satin, hemstitching or featherstitching. Pink or blue stripes at 85c; plain white or stripes at \$1.

\$23.50

(Market)

Bloomers, 50c

Plain white or striped fiannelet with elastic at the waist and knees

Extra-Size Batiste Bloomers, 75c

Women's Fabric Gloves \$1 to \$1.50

\$13.50

\$25

tumes.

Central Aisle

Corsage Bouquets, 25c

these clusters of fruit, flowers and foliage in pretty lavender boxes. A dainty touch of color that amazingly brightens Winter cos-

season's popular shades.

Lowest price of the season for

Strap-wrist, eight, twelve and

sixteen button lengths, priced ac-

cording to length. Champagne,

sand, white, cafe, grouse, mode, black and brown in the lot, though perhaps not in every style.

Charming New Hats

Are \$3.85

Mostly in close-fitting turban

Pink or white, cut full enough for comfort and well reinforced. Chamois lisle so firmly woven that it looks like succe and in the (Central)

\$3.85 for Extra-Good Uniforms for Maids

Materials are of unusual quality and, as the uniforms were made in our own workrooms, we can youch for the workmanship. They are in the regulation belted style in plain blue, pink or lav-ender chambray and black-and-white or blue-and-white stripes. 35c for fine percale aprons in slip-over bib effect.

(Central)

brim faced with white straw, fin-ished with an audacious "dangly" ornament of black and white beads directly in front. Children's Stockings, 25c

Black ribbed cotton ones in medium weight-first quality. Sizes 612 to 10.

Collar and Cuff Sets, 50c Round or straight collars with matching cuffs in white leathcrette stitched in red or black, also embroidered linene and pique, eyelet embroidery and combina-tions of net and imitation Venise

lace. Brassieres and Bandeaux,

35c and 50c Odds and ends of poplin, web cloth, satin and other materials in many different styles.

13th Street Aisle

Jewelry Novelties, 10c to \$1 Wide range of attractive novelties, including wooden bead girdles, necklaces of beads or beads combined with metal links, cuff links, hatpins and ornaments, fancy combs and earrings in many pretty styles and color combinations.

Linene Scarfs, 25c 17x50-inch scarfs of white linene scalloped in white, rose or

Corsets, \$1.50 and \$2 Pink coutil ones in topless style

for slender figures or longer more heavily boned style for average figures, \$1.50. Pink cotton broche corsets in topless style, \$2.

\$47.50

Spring Blouses, \$1.15 Amazingly fresh and pretty for

Another, with an old-fashioned surplice bodice, has a fluffy skirt, corded over the hips and made with a scalloped flounce and hem. \$25.

the small price! Striped voiles in the colors of the crocuslavender, pink, yellow; crisp organdles in peach color, plain white voiles and white blouses touched with color-such are the refreshing new things.

All have long sleeves and are made with tapes at the waist, as so many women like them. Collars are particularly attractive. Altogether there is a refreshing air of Spring about them.

9

(Market)

Women's Sweaters At Average Half Price

A great variety of sweaters of wool, mohair and silk in a wide range of colorings, but not all colors in any one style or size. In the collection are plenty of browns and tans as well as navy blue, black, white, green, orange and pink. \$1.50 for sleaveless wool slip-ons and tuxado wool sweaters.

\$2.50 for tuxedo wool sweaters of a very soft quality in navy blue. \$2.75 for surplice tic-back sweaters of light-weight mohair and

\$13.50 for pure silk tuxedo sweaters in navy blue and black.

Brushed wool scarfs in a wide variety, an average half price at \$1.50 to \$5.

(Central)

Any Number of Good Winter Coats For Women and Young Women at \$20, \$25 and \$29

Low prices, indeed, for practical Winter coats that are not afraid of rough wear and rough weather. Every coat is lined with silk and most of them are interlined.

Special at \$20

A group of coats which have been several dollars more in our own stocks. We now have but a few of a kind and in sizea 16 to 38 only, so they have all been gathered together at \$20. Mostly velours and Bolivias.

Chinchilla Coats, \$25

Fine new chinchilla coats in navy blue and cinnamon brown with plain color silk linings. They are strictly tailored and just the sort of coats that young women like.

Fur-Collared Coats, \$25

Blue and brown velour and cut Bolivia coats with figured silk linings and cape collars of beaverette.

Conservative Coats, \$29

Many women like coats of this type. They are of good suede velours, without trimmings, but well made and well cut. In navy blue and brown, silk lined.

Fur-Trimmed Coats, \$39 to \$65

Soft, luxurious coats with collars of skunk-oposaum, Aus-tralian oposaum, raccoon, nutria, wolf, beaver and squirrel. The finest and most fashionable coating materials are used, and the linings are of pretty silks.

The coat sketched, at \$47.50, is of brown Bolivia with a collar of nutria fur.

(Market)

\$25



(Market)

It seems the tag-end of everything. Last Winter's coat is shabby, dresses all seem to be giving out at once. There aren't enough middles to be sure of a clean one for gym and, quite likely, there's the graduation frock to think of! The Junior Store is prepared for just such an emer-gency with inexpensive clothes made especially to fill girls' present needs.

Coats in the Style Sketched, \$17.50

The material is a fine dark blue overcoating, warm and durable and nicely tailored. The costs are lined throughout. Sizes 15 and 17 years. Other coats for junior girls are \$10.75 to \$20.

Girls' Jersey Frocks at \$5.75 Fine for school! Henna jersey dresses with white linen collars and

cuffs are in sizes 12 to 16 years.

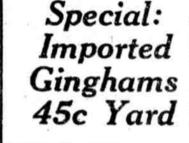
Velveteen Frocks Lowered in Price

\$7.50 for velveteen frocks in sizes 10 to 14 years. They are in blue and brown, prettily trimmed. One is sketched. \$12.50 and \$16.50 for velveteen frocks in sizes 14 and 16 years. Most

of them are on the straight youthful lines that are so becoming to girls of these ages. (Market)



WEATHER



Think of it! Beautiful silky dress gingham of the quality for which you'd expect to pay a great deal more, marked only 45c. Colors are lovely-brown, green, pink, light blue, navy, black, red and lavender checks. 32 inches wide.

Those traveling southward will want it for frocks, hats, etc. And foresighted women will want it for Summer frocks, blouses and hats; and fashion whispers that the newest handkerchiefs are being made of it. (Central)

New Oxfords of Exactly the Kinds That Women Want

Most of them will be worn with wool stockings for the rest of the Winter. Soles are heavy enough for everyday wear and the lines are excellent.

\$5.25

for black kidskin Oxfords on slender lasts with simulated wing tips, welted soles and medium

\$6

for sports Oxfords of tan grained leather with full wing tips with decorative cutting and perforations and brass eyelets. The thick weited soles are outlined with white stitching and the heels are very low.

for two kinds of tan calfskin Oxfords. Both have low heels and welted soles. One has a straight tip and the other a simulated saddle stran with perforations.

Good Choosing Among Women's High Shoes at \$3

Both black and tan leather shoes are here in conservative styles with welted soles and medium or low heels. Not all sizes in every kind.

Dark Brown Leather Shoes Special at \$4.75

Some have applied straight tips and others have simulated square wing tips with perforations. The medium heels are finished with rubber and the welted soles are outlined with white stitching.

Children's Sturdy Brown Shoes Special at \$2.90

Sizes 6 to 2 in high brown leather shoes with square toes, finished with tips, and thick soles. (Chestnut)



brand featured elsewhere in the city at a considerably higher price. Closely woven sheer thread silk-not fiber-and with mercerized cotton tops and soles to make them durable. Seamed backs. All sizes, 8% to 10. Plenty of navy and cordovan as well as black. (Central)

\$6.40