

MRS. WILSON GIVES HER THIRD LESSON

A Garbage Can That Is Unclean Can Cause Damage Even to Good Foods

By MRS. M. A. WILSON. Copyright, 1922, by Mrs. M. A. Wilson. All rights reserved. Lesson No. 3

Garbage can. Refrigerator. Care of cooking utensils.

THE relation between the garbage can, the refrigerator and the cooking utensils is indeed very close, all three having a direct bearing upon one another; and if any one of them is neglected the results can be traced in the budget and the family health.

The garbage can should be of sufficient size to hold all the waste. This can should be kept sweet and clean by washing three times each week with boiling water and then leaving it to dry in the sun.

The refrigerator is the receptacle that holds in cold storage the foods that you eat, and it is of vital necessity that it be of the very best that you can possibly afford.

The Care of the Refrigerator. It is poor economy to purchase any but a porcelain-lined box, for this is the most easily kept clean and the one that you can wipe.

Never place food with the seal on it as it comes from the market. Cover meats with a piece of wax or paraffin paper and hang up. Wash and dry all vegetables.

The looks for the meat can be purchased at almost any hardware store for a few cents. Do not place meat on the ice; this causes the meat to discolor and does not keep it any colder.

Do not place foods in the ice chamber if they are not to be eaten immediately. The compartment directly under the ice chamber is the coldest and here all meats and the milk sealed in a bottle should be kept.

The dirty pipe of the refrigerator should be cleaned weekly by removing and thoroughly flushing with plenty of water; also the trap directly under this pipe will need to be wiped out with a cloth wrung from boiling water.

Dirty pots and pans not only destroy the flavor of the food, but they also make for waste, as the housewife, realizing their condition, does not scrape all the food from these pans as closely as she would as if they were nice and clean.

If you should have an accident and burn a net or pan, immediately remove the food and place the pan in cold water to soak, adding a little of some neutral bland soap powder.

Do not place foods in the ice chamber if they are not to be eaten immediately. The compartment directly under the ice chamber is the coldest and here all meats and the milk sealed in a bottle should be kept.

The dirty pipe of the refrigerator should be cleaned weekly by removing and thoroughly flushing with plenty of water; also the trap directly under this pipe will need to be wiped out with a cloth wrung from boiling water.

Dirty pots and pans not only destroy the flavor of the food, but they also make for waste, as the housewife, realizing their condition, does not scrape all the food from these pans as closely as she would as if they were nice and clean.

If you should have an accident and burn a net or pan, immediately remove the food and place the pan in cold water to soak, adding a little of some neutral bland soap powder.

Do not place foods in the ice chamber if they are not to be eaten immediately. The compartment directly under the ice chamber is the coldest and here all meats and the milk sealed in a bottle should be kept.

The dirty pipe of the refrigerator should be cleaned weekly by removing and thoroughly flushing with plenty of water; also the trap directly under this pipe will need to be wiped out with a cloth wrung from boiling water.

Dirty pots and pans not only destroy the flavor of the food, but they also make for waste, as the housewife, realizing their condition, does not scrape all the food from these pans as closely as she would as if they were nice and clean.

If you should have an accident and burn a net or pan, immediately remove the food and place the pan in cold water to soak, adding a little of some neutral bland soap powder.

Do not place foods in the ice chamber if they are not to be eaten immediately. The compartment directly under the ice chamber is the coldest and here all meats and the milk sealed in a bottle should be kept.

The dirty pipe of the refrigerator should be cleaned weekly by removing and thoroughly flushing with plenty of water; also the trap directly under this pipe will need to be wiped out with a cloth wrung from boiling water.

Dirty pots and pans not only destroy the flavor of the food, but they also make for waste, as the housewife, realizing their condition, does not scrape all the food from these pans as closely as she would as if they were nice and clean.

If you should have an accident and burn a net or pan, immediately remove the food and place the pan in cold water to soak, adding a little of some neutral bland soap powder.

Do not place foods in the ice chamber if they are not to be eaten immediately. The compartment directly under the ice chamber is the coldest and here all meats and the milk sealed in a bottle should be kept.

The dirty pipe of the refrigerator should be cleaned weekly by removing and thoroughly flushing with plenty of water; also the trap directly under this pipe will need to be wiped out with a cloth wrung from boiling water.

Dirty pots and pans not only destroy the flavor of the food, but they also make for waste, as the housewife, realizing their condition, does not scrape all the food from these pans as closely as she would as if they were nice and clean.

If you should have an accident and burn a net or pan, immediately remove the food and place the pan in cold water to soak, adding a little of some neutral bland soap powder.

Do not place foods in the ice chamber if they are not to be eaten immediately. The compartment directly under the ice chamber is the coldest and here all meats and the milk sealed in a bottle should be kept.

that we are human beings with human feelings. They order us around in the most insulting tones, and their language to us is something awful.

"I am a self-respecting girl, and I won't stand for that sort of treatment. I come from decent people, and I work at this because I can get good wages for it. When I find myself being treated like a low-down slave or something, I resent it, and I say that I'm not used to being treated that way and leave."

"I suppose the missus thinks then that she is having very hard luck with her servants."

In the same place a comfortable-looking woman, with a flat felt hat and an expansive smile, delivered herself of the following to me:

"Sure, and it's just as bad with the one as with 't' other. I've been workin' this many year and I know that some of the missus's are unreasonable, and as often as not 'tis the slip."

"Many's the time I've ached to slap the face of the young missus that get about the middle and as often as that I've longed to slap the missus herself."

"You'd be surprised at what some women expect you to do," she said. "I'm as willing as the next one, but I'm the nerve of some of them is astonishing."

"For instance, I was in a place not three months past, where there were two young children, two older children, about ten and fourteen, and the mister and missus."

"They lived almost outside the city, and I was the only one to do the housework. They had to do the cooking, and general work, and I took the job because they offered good wages, \$14."

"Well, let me tell you, the work there was never done. There was that much washing for them two kids you wouldn't believe, and all the time warming things for them, too."

"I had to do most of the ordering, and when things didn't come on account of being so distant, I had to do the explainin' to the missus. What with cookin' special things between meals, and washin' up and down stairs, and plannin' the meals, and all the time washin' this and that, I was wore to a shadow within the week, and I quit."

"Personal Business Fied Into. One girl, who did not appear to be more than sixteen years old, brought forward another aspect of the case."

"When you live in the house where you work," she said, "and you always do, almost, the lady has too much to say about what you do in her business, such as how you dress when you go out, and what hours you keep in your own time, and so on."

"One place I was in the lady saw me going out after I had finished work at night, and I had on some rouge. Well, I wish you could have heard her carry on."

"The funny thing is, I'm sure the missus used it herself sometimes when she was going out. Then she bawls me out for the same thing. That doesn't seem fair to me."

An interesting sidelight on the problem is furnished by the proprietors of employment agencies.

"A lot of trouble is caused in the wealthier homes by jealousy among the servants," said Mrs. Bertie Nicholls, 2308 South Twentieth street.

"Under the supervision of a leading scientist a remarkable feeding experiment was made. For one whole month men and women were given eggs, milk, cheese—all constipating foods—and yet they did not suffer from constipation because they added Fleischmann's Yeast to their diet."

When they ate the same constipating diet without Fleischmann's Yeast as corrective, all four were constipated.

anything to hurt any one who looks like a possible rival.

"I can tell you of one case of a butler (I won't tell you more about him) who is downright crooked. When any one is hired that has a good chance of being liked by the family he contrives to get them in wrong somehow so that they are forced to leave."

The Crooked Butler. "Would you believe it, that man has been known to drain the radiator of a car to discredit the chauffeur, so that he may get most of the gasoline, so that the poor man would be held up on the road and be blamed."

And once, to my certain knowledge, he went down in the cellar and opened all the faucets so that the whole cellar was flooded, just to get another of the servants in wrong.

"Of course he gets advantage out of all this by the contrast between all the servants coming and going, and him, the steady reliable and faithful old dependable."

Another proprietor of an employment agency gave the following opinion: "The servant problem, it seems to me, is one in which you have to treat every case on its individual merits."

"Every employer of domestic help has a different amount of work to be done, and a different attitude toward her servants. I think that a lot of the present difficulties could be avoided if both sides would not fly off the handle so quickly. They should try to get the point of view of the other side."

"Many women expect their help to do the cooking and dirty work, and at the same time always look spruce and clean and neat, ready to wait on the table, answer the doorbell or appear before their guests."

"It simply can't be done. Girls expected to wear caps and look nice all the time should not have to do work that will spoil their appearance."

And another thing I've noticed, with young ladies who are starting out on a modest scale to keep house. These girls often have been used to having a good many servants about, and have lived in their parents' home where everything has run smoothly and everything that was to be done was done, without any effort on their part."

The Newlyweds. "When they face the problem of running a house themselves, with one servant, the difference is different. They can't seem to understand that one maid, without the expert direction that their mothers used to provide, can't get up more than a few simple meals."

"What's the result? They blame the poor girl of all work when things go wrong and tell their friends that the servant problem is simply terrible."

A third opinion was obtained from an employment agency head in the northwestern section of the city.

"The chief trouble," she began, "seems to be to find a satisfactory girl to do general housework. There isn't so much trouble with the more specialized lines of domestic services, such as butlers, parlor maids, chambermaids, and so forth."

"People that can afford only one servant and at the same time wish to keep up a certain amount of appearance."

Thousands of men and women all over the country have found that eating Fleischmann's Yeast daily gives them normal and regular elimination. Fresh yeast is rich in the elements which increase the action of the intestines and keep the body clean of poisons.

Add 2 to 3 cakes of Fleischmann's Yeast to your own daily diet. You'll soon find that laxatives are unnecessary. Be sure it's Fleischmann's Yeast—the familiar tin-foil package with the yellow label. Place a standing order with your grocer.

Meals that demanded laxatives—yet no need for laxatives

One Reason why Louella Butter is so exquisite in purity, so delicious in taste, is that every pound contains the pure, rich cream from 10 quarts of milk! Yet, because of our Producer-to-Consumer Plan, we are able to sell this most unusual butter at the low price of 47c per lb.

ances in their help would do well, it seems to me, to take a Japanese or Filipino houseman.

"You have to pay these men \$60 a month and up, according to their ability, but they are versatile, being able to cook and clean with the best of them and at the same time they always have a neat and impressive appearance with their white coats."

"Wages as a whole will have to come down before long, and I think that will help the situation, for the girls will see then that the old war days are over and that they are no longer masters of the situation."

Wise Mothers Serve PUDDING Desserts

The Beauty Spot of Philadelphia

Watch for the Opening

QUILTS MADE FROM OLD FEATHER BEDS

Quilt Recovering a Specialty

Everywoman's Shop

Like New, Clean RUGS, AREA SHAMPOO PROCESS

Anton Dornier & Sons CLEANERS & DYERS

One Reason

why Louella Butter is so exquisite in purity, so delicious in taste, is that every pound contains the pure, rich cream from 10 quarts of milk!

AMERICAN STORE CO. AMERICAN

WANAMAKER'S WANAMAKER'S WANAMAKER'S

Wanamaker's Down Stairs Store

Men's Big Warm All-Wool Overcoats, \$21.50

Brr! Feels good to button yourself into one of these warm double-breasted ulsterettes of thick all-wool overcoatings. Look good, too, when you get buttoned in! There are various wintry brown and gray mixtures and the overcoats are properly tailored.

A Special Lot of Men's All-Wool Trousers at \$5

Men's Oxfords Special at \$5.25

Boys' Shoes, Special at \$2.75

Practical Skirts of Silvertone or Plaid, \$3

Warm Thick Coats for These Cold Days—\$20 to \$39

Remarkable 18c Ginghams

Delightful Frocks at \$10

Central Aisle Opportunities

Noting the New Neckwear

Durable Wash Material for Kiddies' Clothes

Women's Bathrobes Trimmed With Satin, \$3.85

Children's Princess Slips, 50c

Umbrellas, \$1

Women's Underclothes 50c to \$1

Hand-Woven Rugs, \$1.50

Duvetyn Handbags, \$1.50

Servant Is Human, Employers Are Told

Continued from Page One

holes way up under the roof, with a crooked little window to let in the light, though precious little daylight you see when you're up there.

Shoes—Success and Happiness

Shoes that irritate, end by making a woman herself irritable. You've met and done business with irritable women—you know their unconscionable rage and of achieving success and happiness.

Escape that irritation which impulsively produces short answers, and causes people to form a wrong impression of you. Every Cantilever Shoe is made, like your own foot, with a scalloped arch, lined with a natural inner sole line, also with the firm rounded toe and the lower heel in style today.

Semi-Annual Sale

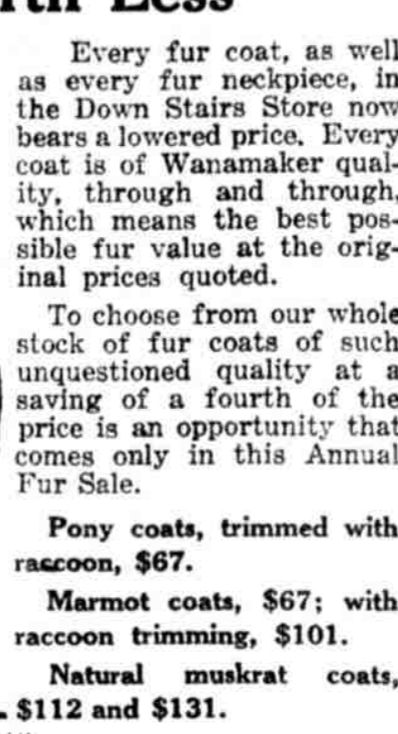
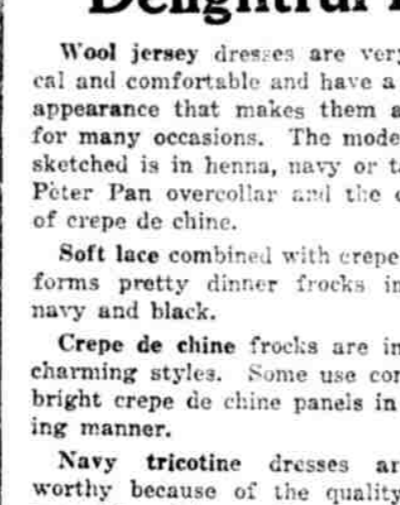
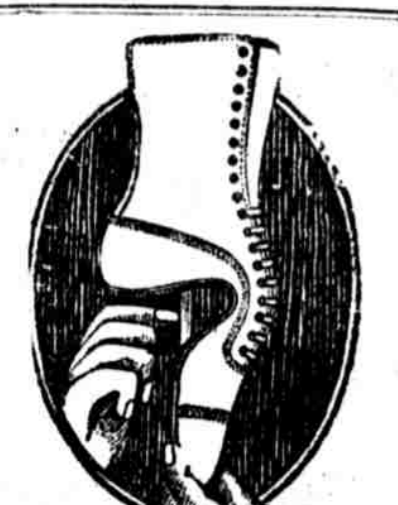
Broken Lines of Fine Pumps Reduced to \$8.75

CLAFLIN, 1107 Chestnut

These Long Winter Nights

Comfort and coziness in the home are provided by Incandescent Gas Light—clear, mellow, restful.

THE UNITED GAS IMPROVEMENT CO.



CANTILEVER SHOE SHOP

1300 Walnut Street

CLAFLIN, 1107 Chestnut

Fine Footwear Since 1868

THE UNITED GAS IMPROVEMENT CO.

Our display of Lights, Fixtures and Shades is in keeping with the needs of this time of year.