

MRS. WILSON FINDS OLD PEPPER POT RECIPE

Remainder of Calf's Head Dish Is Made Of Provides Savory Cheese

By MRS. M. A. WILSON

THE early Colonial housewife had real difficulties to contend with. The men folk did the marketing, and they usually selected that which suited both their taste and pocketbook. The belief that the men were more capable of driving a better bargain than the women was really behind this custom. In the diary of Dame Stammers she notes that a new market is to be provided for those who live below Dock Creek, who at the present must travel to High and Water streets. High street is now called Market street.

Many capable housewives resided in this community, and they were famous for an old English dish called pepper pot and head cheese. Dame Stammers gives a new recipe from which she made this famous dish, together with other recipes that she was putting into use. They will be found to be of practical value today.

Planning a menu for three meals on Sunday to include some recipes from Dame Stammers' old cookbook. This book of recipes is written in back of her diary.

- SUNDAY Breakfast: Stewed Dried Apples and Raisins, Omelet With Butter and Molasses, Country Pork With Cream Gravy, Fried Potatoes, Bread, Dinner, Coffee, Dinner, Pepper Pot, Savory Roll, Brown Onion Gravy, Potatoes, Mashed Turnips, Buttered Beets, Dutch Cabbage Salad, Cranberry Tart, Coffee, TEA: Slices of Head Cheese, Dutch Potatoes, Dutch Cabbage, Sponge Cake, Tea

Have the butcher split a hog or calf head and take out the eyes, the brain, the tongue. Wash the head well and scrape to be sure that it is clean. Now place in a large pot or the preserving kettle covered with plenty of cold water and add: One pound of cooked tripe that has been washed well and cut in small pieces. It is best to put this tripe through the food-chopper. Three cups of thinly sliced onions. One and one-quarter cups of finely chopped carrots. One large root bone, cracked in several pieces. I find that one pound of veal bone and trimmings answer this purpose. One bunch of soup herbs, chopped fine.

Cook altogether slowly for five hours. If you will bring to boiling point and then place on the simmering burner it will cook nicely. Lift the meat and pass the broth through the colander, rubbing the vegetables through. Return this stock to the pot and add: Four cups of the meat from the head, chopped very fine. Salt and pepper to taste. One teaspoon of sweet marjoram. One-half teaspoon of sweet basil. One-half teaspoon of thyme. Three cups of diced potatoes. Cook for one-half hour, then add dumplings as follows: One and one-half cups of flour. One teaspoon of salt. One-half teaspoon of pepper. One-half teaspoon of thyme. One-half cup of well-sifted suet. Six tablespoons of water.

Form a dough; knead the dough well and then break off in pieces the size of a large pea. Add to the soup and cook for one-half hour. It is then ready to serve. This pot is made on Saturday and part served for the evening meal and the balance for the Sunday dinner. To utilize the balance of the head: Remove all the bones and cut the meat in two-inch pieces. Now add: One cup of the stock taken from the pot just before lifting the head. One and one-half teaspoons of salt. One teaspoon of pepper. One-half teaspoon of thyme. Great deal of one-half lemon. Three level tablespoons of protein dissolved in the hot stock after soaking for one-half hour in one-half cup of cold water.

Place a flat-bottomed bowl and turn in the mixture and set away to mold. This cheese is cut in thin slices and served. Savory Roll: Place in a bowl: One-quarter pound of cooked lean beef. One-half pound of finely chopped beef. Three cups of stale bread that has been soaked in cold water, and then turned in a piece of cheesecloth and pressed very dry. One-quarter pound of finely chopped beef. Two teaspoons of salt. One teaspoon of pepper. One-half teaspoon of poultry seasoning. One egg, beaten to mix in one-half cup of milk or water.

Mix and form into a loaf and place in a baking pan. Mix and form in a roll. Tie this roll in a pudding cloth, keeping the cloth in shape and plunge into a large pot of boiling water and cook for one hour. Lift and let stand in the cloth a few minutes; then gently take from cloth and turn on hot dish and serve with brown onion gravy.

Brown Onion Gravy: Place in a skillet: One-half cup of shortening (bacon drippings are very good). One-half cup of flour. Cook until a deep mahogany brown, then add: Four cups of cold water. Stir to blend and bring to a boil. Now add: Two cups of chopped onions. Two teaspoons of salt. One teaspoon of pepper. One-half teaspoon of thyme. Cook slowly until the gravy is quite thick, then serve. Dutch cabbage is the cabbage shredded for slaw and dressed with the following: Place in the saucepan: Three tablespoons of bacon drippings. One tablespoon of vinegar. One and one-half teaspoons of salt. One teaspoon of sugar. One-half teaspoon of mustard. Stir slowly to dissolve the flour and spices. Then bring to a boil and cook for three minutes and pour over the cabbage while hot. Cranberry tart is made from the cranberries. The early Colonial folks gave the name cranberry to this little red berry because the cranberries and other wild berries feed on them in the early winter. Make a cranberry jelly by the usual method and then line a pie plate with jelly and place in the strips of pastry in lattice fashion across the top of the tart.

"A PARENTHOOD A LOST ART" Read the startling facts presented by nationally prominent persons in the Magazine section of next Sunday's Evening Ledger.

Organ Plays at 9, 11 and 4:50 Chimes at Noon

WANAMAKER'S

DOWN STAIRS STORE

WANAMAKER'S

WEATHER Light Snow

Wanamaker's Down Stairs Store

The Dress Sale Starts Off With 10 Different Styles Special at \$5—All New



Corduroy Breakfast Coats \$3

Another lot of the embossed corduroy coats that went out in a jiffy. They can be used instead of bathrobes. American Beauty, Copenhagen and grape.

Women's Blanket Bathrobes, \$3

These bathrobes have been marked higher. They are in good colors and patterns and are soft and warm.

English Gingham 60c and 75c

As fresh as Springtime are the fine new gingham in glowing colors. Checks and plaids—little and big checks in one color, delightful two-tone checks and checks within plaids. Brown, blue, green, red, yellow, pink, lavender, etc. One especially pretty check combines violet and green.



\$8.65 \$5

Boys' Shoes, Special at \$4.75

Splendid value in these shoes! They are tan leather shoes in English or medium-toe shapes, in straight-lace or blucher style. The welted soles are of double thickness for double service. Sizes 1 to 6. Just 200 pair of these shoes!

School and Play Shoes, Special at \$2.90

Tan leather shoes with rounded toes are sturdy enough for hard winter wear. Sizes 9 to 2.

(Gallery, Market)

New French Gloves

\$1.50

For Women

Of fine French glace lambskin in white, black, brown and tan; the two-clasp gloves are overseam sewn and have Paris-point stitching on the backs. All sizes.

\$1.90 a pair for full pique-sewn gloves of French glace lambskin with attractive two-tone embroidery on the backs and contrasting hems. The gloves are in tan, brown, gray, black and white. All sizes.

Silk-Lined Mocha Gloves, \$1.35

A small lot of silk-lined gray mocha gloves with one clasp. These are worth coming early for!

South African Capeskin Strap-Wrist Gloves, \$2.65 a Pair

So soft and pliable that it is a pleasure to touch them. They seem warm and friendly, somehow. They are in a good shade of brown and are washable. The cuffs are 5 inches long and the gloves are pique sewn.

Also at \$2.65 there are ten capeskin gloves, overseam sewn, strap wrist with 4-inch cuffs.

Light Brown Mocha Gloves at \$2.85

Strap-wrist gloves of good Arabian mocha have 5-inch cuffs.

Sale of Children's Gloves

25c a pair for fleece-lined jersey gauntlets in gray or brown. 35c a pair for little children's knitted wool gloves in gray or brown and white wool mittens, some without thumbs and some with pink or blue borders. For larger children, there are gray or brown fleece-lined jersey gloves with imitation leather gauntlet cuffs.

50c a pair for tan or brown leather fleece-lined gauntlets. Fleece-lined jersey gauntlets with leather palms are in sizes 12 to 16 years.

(Central)

Sale of Men's Gloves, 25c to \$1.85

Coltskin work gloves are 25c and 50c a pair. Coltskin work gloves with black gauntlet or knitted cuffs and fleece linings are 65c a pair. Fleece-lined tan capeskin gloves are \$1.35 a pair. Also, mohair-lined suede gloves in gray and tan are \$1.35. Tan capeskin gloves with knitted wool linings are \$1.65.

(Gallery, Market and Central)

Special Corsets, Bandeaux and Brassieres 35c, 75c, \$1, \$1.50, \$2

Many of the brassieres and bandeaux are half price and less. 35c for pink mesh, silk-and-cotton and other bandeaux. 75c for brassieres of satin, silk, lace and net, embroidery and durable cotton with heavy lace. Not every size in each style, but sizes 36 to 48 in both groups.

Corsets a Fourth to Half Less

75c, \$1 and \$1.50 corsets are on the Central Aisle—and wonderfully good. Most of these are the popular topless corsets for young girls and slender and medium women. \$2 corsets are in the Corset Salon; these are designed for larger women and are reinforced over the abdomen, have wide steels and come in pink or white.

(Central)

1500 Pair of Women's Shoes at \$3

Savings Average a Half

Some specially purchased, others taken from our own stock and lowered. In the lot are tan and black leather lace shoes in Winter weight. All have welted soles—a rare thing in shoes at such a low price—and the desirable medium or low heels. There is an almost complete range of sizes in the high shoes, though not all sizes in each style.

It is well worth while making sure of your size early in the day.

A Little Lot of 300 Low Shoes in Broken Sizes

Among them are oxfords, pumps and moccasin pumps, a few of a style, at \$3 a pair.

(Chestnut)

Canton Crepe Dresses, \$10

The simplest, prettiest dresses, hanging straight from the shoulders and made with narrow belts and wide sleeves. In henna, navy, Copenhagen and black—mostly small sizes. Navy and brown illama cloth dresses have elaborate scrolls worked out in narrow pleated ribbon, put on with heavy contrasting thread.

Navy tricot dresses are embroidered with red silk. Three delightful taffeta dresses are in navy and brown with ruffled and corded skirts.

Wool jersey dresses, one-piece style, are trimmed only with silk fagotting and collars and cuffs of crepe de chine. Navy, brown and henna.

18 Different Styles at \$15 and \$16.50

Navy and brown taffeta dresses with pointed tunics adorned with velvet roses are \$15. Canton crepe dresses in navy, gray, Copenhagen and beige have colorful Chinese embroidery and tight wristbands or flowing sleeves. \$15. Poiret twill dresses have puff sleeves and front panels of braided Canton crepe. In brown with tan or tan with orange or fuchsia. \$16.50.

Another Poiret twill frock is in navy blue with a scalloped skirt and quite elaborate embroidery done in steel beads. \$16.50. Sizes 42 to 52 in some coat dresses of serge at \$15 and \$16.50. Also an interesting group of sample dresses at \$16.50.

A Bewildering Array of Lovely New Frocks at \$20 to \$25

A navy blue crepe de chine dress has gray roses applied along the top of the sleeves.

Pleated panels adorn dresses of crepe de chine in jade, gray, Copenhagen and brown. \$20. Wool embroidery trims a Canton crepe frock, and steel beads are used on another. \$23.50.

A really wonderful collection of beautiful colorings—cornflower, twilight, jade, fuchsia, flame, silver and so on.

(Market)

Special—Boys' All-Wool Mackinaws, \$8.75

Sizes 8 to 18 Years

Thick, warm mackinaws—every thread all wool, so that every ounce means warmth—in a wide variety of woodsmen's plaids.

(Gallery, Market)

Annual Sale of All Fur Coats and Fur Neckpieces One-Fourth Less



Embroidered Pieces

Half Price—\$1 to \$6.50

Samples of finished fancy work, including centerpieces, sears, pillow tops, card table covers, bibs and aprons of many kinds. Just one or two of a kind.

Unbleached Muslin Bedspreads to Be Embroidered With French Knots, \$2.75

Unbleached muslin bedspreads that are undoubtedly the most fashionable of the moment. These are stamped in a delightful basket pattern and enough for a bolster roll is included. They are to be embroidered with large French knots and the work goes surprisingly fast.

Fringe to finish them, 20c a yard. In the new Fancy Goods Store, Thirtieth Street side, Central Section.

(Central)

Real Winter Has Emphasized the Need for Warm Coats

No light-weight affair was warm enough for the weather we have recently been having. Every woman found that only a really warm coat would do. Hundreds of good, thick winter coats at low prices are to be had in the Down Stairs Store.

Polo Coats, \$16.50

Heavy-weight sports coats are of excellent materials in heather mixtures of brown or gray tone. Some are double-faced with plaids or stripes on the inside.

A Wide Choice at \$20

If you want a fur collar there is a bloused model of velour, collared with beaverette and silk lined. Without fur there are some interesting new herringbones and salt-and-pepper mixtures, cut on loose, English lines, belted and lined throughout with plain color silk. These are almost half price.

Youthful Chinchilla Coats

Special at \$25

Usually such coats are marked half as much again. They are in navy blue and brown in two models, a full-length model lined with silk and a shorter sports coat with muff pockets, which is lined with the material called moleskin.

At \$25 to \$39

There is nearly every fashionable kind of winter coat that any woman could want. Mostly of velour, suede and bolivia, in navy blue, brown, reindeer and black. Every coat is lined with silk and there are coats with or without fur. Choice of beaverette, nutria, Australian opossum, skunk-opossum and wolf, the latter so soft that many people would think it fox.



\$25

\$20

\$25

At \$55, \$65 to \$125

—a gathering of luxurious winter wraps and coats of many kinds. A great many have glossy collars of beaver or nutria, others are trimmed with mole, squirrel, Australian opossum and fox. All are of the most fashionable coating materials, beautifully lined.

(Market)



New Hats of Satin and Taffeta, \$5

A whole room full of them! A jaunty little red turban is perfectly round and quite delightful in its Winter-defying aspect.

Brown, navy and black are the favorites among the smart tailored hats that use straw braid, beads and embroidery in charming manner. Glittering cellophane makes fascinating brims on interesting small hats.

Representative of the lighter hats is one of French blue taffeta quantity trimmed with little square brims in green, yellow and orange.

(Market)

Week-End Opportunities Central Aisle

Ear Rings and Bead Necklaces, 50c and \$1

Necklaces with or without tassels in clear brilliant beads of many colors and combinations. Plenty of red; plenty of black—two kinds usually almost impossible to obtain. Some have metal links in wavy designs. Some are of light or dark blue or black and white beads braided and finished with a tassel.

Ear rings in pendant or hoop style are effective in imitation jade, jet or pearl beads, blue, red and other colors.

Made Veils More Than a Third Under Price 35c and 55c

Shetland veils in large or small mesh, 1 1/4 yards long; black, brown, navy or taupe, 35c.

Plain mesh veils with lace borders in many attractive patterns in brown, brown-and-henna, taupe, navy, black and navy-and-gray, 55c.

Women's Underclothes, \$1

Extra-size bloomers of the pink or white batiste with hand-featherstitching. Nightgowns and envelope chemises of white nainsook with embroidery, hemstitching, lace, and even a touch of hand-embroidery. Novelty nightgowns of delicate blue or lavender figured batiste of sheer fine quality.

Cotton Damask Tablecloths \$2.25

Tablecloths are 70x70 inches in many wanted patterns. Napkins to match are 22x22 inches at \$2.25 dozen.

13th Street Aisle

Wooden Bead Girdles 50c to \$1

First we've had for weeks at this low price! Wooden beads in many colors, combinations and patterns.

Wear them with sweaters, over-blouses, one-piece dresses or coats.

Fiannellet Petticoats, 50c

Gray or striped flannellet in short petticoats that are so generously long that they are equal to ordinary long ones!