

# HIGH SCHOOL GIRLS, SOCKS WON'T DO!

You Must Not Show Your Knees, East Central Field Y. W. C. A. Council Rules

## BE CHARY OF PERFUME

No socks for high school girls! No powder for shiny noses—not in public.

No perfume.

These are a few of the recommendations of the High School Council, made public today by the East Central Field of the Y. W. C. A., in its list of "Personal Standards for High School Girls."

The council has compiled a code covering health, dress, fitness, conduct and honor.

Some of the health recommendations are:

- Get an average of eight hours sleep per night every week.
- Eat wholesome food three times a day at regular intervals.
- Drink six glasses of water or milk daily.
- Wear loose clothing and low-heeled, round-toed shoes.
- Remove damp clothing as soon as possible.
- Exercise one of hours at least one hour daily.
- Bathe once daily.
- Brush teeth properly twice daily.

Possibly more night-sweats will be interested in these clothes than in their health. The Council recommends as to dress:

- That because the adoption of a simple form of dress has proved satisfactory, we recommend its continuation.
- That the proper evening dress for girls at high school age be defined as one having some sleeves and a moderately low neck, back and front.

## Knees Must Not Show

That inasmuch as socks cannot be worn without the knee showing, we recommend that they be not worn by girls of high school age.

That we adopt a simple form of hairdress, following the general contour of the head, eliminating fancy combs for school, extreme spit curls, exaggerated puffs or extremely high-hair dress and putting.

That the use of perfume is not appropriate for a high school girl.

That powder, sufficient to remove the shine from the face, be permissible, but should not be applied in public.

The council is against excessive jewelry, believing that at school no girl should wear more jewelry than a wrist watch, school or coin pins or simple rings. Outside of school, however, she may wear in addition to these adornments a necklace, pins and two rings.

Fathers will perhaps be interested in the section on "Finance." It is recommended that each girl try to get an allowance and that she try to stay within its bounds by keeping a personal budget.

**Wallop for Dad**

Appended to these recommendations is a "note," however, which may make some fathers stare. It says, "An average, taken from answers, giving an approximation for the cost of food, clothing, laundry, rent, recreation, education, health, charities and sundries for one year for a high school girl living at home approximately \$1100."

There are some interesting recommendations also about conduct. Girls should bear themselves "in a quiet, dignified manner, so as not to attract attention."

It is recommended also that the girls follow the modest standard of dancing already set by the organizations and "make every effort to improve the standard for dancing in our schools."

The Girls' Council and its members stand for proper chaperonage at all affairs.

## Dead Leader



ABDUL BABA ABBAS

## BAHAIST LEADER DEAD

Abdul Baha Abbas Passes Away in Syria in 78th Year

London, Dec. 1.—Abdul Baha Abbas, leader of the Bahai movement, died at Hulla, Syria, Monday, according to a dispatch to the Times.

Abdul Baha was born in Teheran, Persia, in 1844. The movement of which he was leader has as its aim world religious unity. The Bahai belief is said to be that universal peace is possible only through harmony of all religions. The Bahais teach that all religions are basically one; that differences in them have arisen through the corruptions of theology and dogmas.

Abdul Baha visited the United States in 1912. He was the third of the leaders of Bahaiism. For many years because of his teachings Abdul Baha was a prisoner of the Turks and Persians.

## DREAMLAND ADVENTURES

### "The Four Nuts" BY DADDY

(Jack, Janet and Dame Instinct, seeking a summer bird that is singing spring songs in the autumn woods, want to search Hacked Chipmuck's burrow. Dame Instinct turns them and her basket into nuts, which Hacked Chipmuck stuffs into his hole.)

**CHAPTER IV**  
**In Hacked's Storehouse**

HOW does it feel to be a nut in the pouch of a busy chipmuck?

Well, Jack and Janet, who had been turned into nuts by Dame Instinct and who then had been gathered by Hacked Chipmuck into his pouch, found they didn't have any feelings at all. That is because they were nuts, and nuts do not have any nerves to carry pains and aches and discomforts to the brain.

They knew that it was dark in Hacked Chipmuck's pouch and that they were crowded close together, but they were not at all uncomfortable. Hacked Chipmuck carried them down

a twisting path and when he stopped and took them from his mouth, they found they were in a dark passageway. "Now he will eat us," thought Jack and Janet. "Hacked Chipmuck has brought us down into his hole where he can feast upon us at his ease."

But Hacked Chipmuck had no idea of feasting upon them then. He intended to store them away in his cellar where he could find them should he awaken from his winter snooze and want a little lunch before going back to sleep again. So he carried them one by one to the farther end of the dark passageway, and there he piled them upon other nuts and grains of wheat and

kernels of corn. Hacked Chipmuck was a thrifty animal and he had a big store of food upon which to live in comfort when Old Man Winter came sweeping over the land with his icy blizzards.

After he had put them on his pile, Hacked Chipmuck frisked away to gather more nuts among the fallen leaves.

When he was gone Jack and Janet felt their hearts sink lower than ever. It was very gloomy in the storehouse. Indeed, it was just like dungeons they had read about in their story books. Wouldn't it be awful if they had to stay there for weeks or months?

And supposing Hacked Chipmuck should never want to eat them—what would happen then? They were nuts and they knew nuts were the seeds of trees. Would they grow into trees? That might be better than being eaten by a chipmuck, but neither Jack nor Janet wanted to be a tree. They would much rather be children, and be able to play around and go where they pleased. They were sorry Dame Instinct had turned them into nuts.

While they were thinking this they heard a whispering voice speaking. It was saying:

"Hickory-nut, walnut, Hazel-nut, peanut, Chestnut, hicknut, Big nut, little nut, Presto! Change! Here is no nut!"

And when the whispering voice had finished saying this, the nut that had been Dame Instinct vanished, and in its place was a charming young fairy.

This charming young fairy repeated the same words over the wheel-less auto, and lo, the wheel-less auto turned into a long, round underground auto, shaped much like a submarine.

And the charming fairy repeated the

words over Jack and he turned into a chipmuck boy, and she repeated them over Janet and Janet became a chipmuck girl.

"That is another of my magical tricks," laughed the charming young fairy. Then as Jack and Janet stared at her she laughed again. "Yes," she said, "I am Dame Instinct, and I am not a little old woman. You know a fairy godmother can take any shape she wants to, and she can be just as old as she pleases. Come now, and we will give Hacked Chipmuck the surprise of his life."

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