

Mrs. Wilson Receives Suggestions on Providing an Economical, Good Meal

And Also Adds Some Recipes of Her Own—The Coffee That Is Left Over Will Help Make a Tempting Custard

By MRS. M. A. WILSON

THE housewife, of an economical turn of mind, frequently has an opportunity to prepare a meal that is very tempting at a very low cost.

Many housewives have, of necessity, been very limited in their food budget and have put forth strenuous efforts to give the family good, palatable and nourishing food, and if, in their efforts to give the sisters a suggestion for a good meal, they are criticized, but rather than get angry, they should be glad to receive such criticism.

Dear Mrs. Wilson—I have a very meager budget to cover the feeding of five in my family. I take three quarts of milk each day and two loaves of bread.

- Beef Loaf, With Country Sausage and Sour Milk Gravy
Stewed Tomatoes, Creamed Onions, Mashed Potatoes
Baked Apples With Raisin Centers and Cream
Bread and Butter, Tea

Demmons' For big Gifts and little! The simple touch that makes the Christmas gifts twice welcome—the charm of a bright Demmons wrapping for every Christmas gift.

Spatt Pumps High or low French heels You will need a pair of these for street wear or without spatts for indoors.

Ultimate Economy There are two phases in the practice of shoe economy. One lies in paying the very lowest price possible and getting the very lowest quality possible.

smoked in their skin and cut in thin slices. Now place four tablespoons shortening, in skillet—bacon or sausage drippings are best and cook potatoes chopping. Do not let brown too much; now white potatoes are cooking, mince very fine two ounces of country pork or bacon, brown in separate skillet; when nicely browned, leave about four tablespoons of shortening in pan with the browned country pork and add six level tablespoons flour—stir to blend flour and then add:

One and one-half cups milk. Stir to blend well and bring slowly to a boil and cook for five minutes—now pour over the potatoes and cook five minutes longer, season with salt and pepper and finely minced parsley.

GREY HAIR GOLDMAN'S "La Natural" Hair Color Restorer The most perfect coloring for faded and grey hair. In all colors, blonde to black. Price \$2 with full instructions.

Stieff UPRIGHT—GRAND—PLAYER We make the unequalled statement that the Stieff Piano has no superior in tone quality or action.

Permanently Spoiled? No Indeed! Not at All! Take it to Barg's. They will remove that spot by an efficient process which will not damage the fabric nor injure the color.

Women's Silk Vests, \$1.85 That means an immense amount of satisfaction for very little money, for women who have worn them know how very delightful are silk vests.

Women's Hand-Embroidered Handkerchiefs at 50c One such handkerchief makes a nice little token of remembrance to send to a distant friend and a half dozen or a dozen is a present, indeed.

A Touch of Jade for the Wrist Interesting ornaments that are not really jade but look very much like it. The wrist cords are of black silk with little adjustable slides. \$1.

WANAMAKER'S DOWN STAIRS STORE WANAMAKER'S

Starting December With New Merchandise That Is More Than Merchandise Since It Has Been Touched by the Spirit of Christmas

Wanamaker's Down Stairs Store A Christmas Sale of the Very Prettiest Dresses We Have Ever Seen for \$16.50



(Savings Range From \$8.50 to \$18.50) A frock of glistening crepe-back satin is elaborately embroidered with tiny steel beads. Another, of heavy Canton crepe in wood brown, is heavily embroidered with silk thread, pointed with bronze beads.



Santa Claus Loves to Bring These Things to Baby Silk quilts, because they are so soft. Lovely hand-quilted ones, some exquisitely embroidered by hand, are \$2.50 to \$7.

A Cedar Chest Is a Real Gift A vast peaceful army of chests of handsomely marked red cedar brings a sweet clean fragrance to the Upholstery Store.

Women's Silk Stockings, \$1.25 Always sure-fire gifts. The silk is good quality and the stockings have seamed backs and reinforced mercerized tops and soles.

Women's Hand-Embroidered Handkerchiefs at 50c One such handkerchief makes a nice little token of remembrance to send to a distant friend and a half dozen or a dozen is a present, indeed.

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A Good Choice of Winter Coats for Women \$16.50 to \$29 Many are priced a third less than usual! A remarkable collection of fine, fashionable coats, trimmed with fur or plain.

Duplex and Silk-Lined Chamois-Lisle Gloves \$1.25 They are of fine appearance and quite warm, so it's no wonder that so many women like them.

Sample Blouses \$2.25 Delightful new blouses of French voile and novelty materials, very lacy, frilly and altogether charming.

Handsome Tailored Blouses of Heavy Silks It's a pleasure to touch these beautiful waists of heavy tub silk, crepe de chine and broadcloth silk.

Christmas Opportunities Central Aisle Sale of Women's Cotton Waists, 85c All have been at least double this price and some three and four times as much.

Men's Silk-Striped Madras Shirts Special at \$2.65 Shirts of this character do not occur often at this price.

For Miss Bobbed Hair Barrettes and little combs known as "tucks" are set with bright imitations of precious stones. 50c, 75c and \$1.

Girls' Rain Capes and Coats Arrive in Holly Boxes Really practical gifts for little girls who must brave wet weather on the way to school.

Flashing With a Hundred Lights these new necklaces of crystal-clear beads, with what is known as diamond cutting, are a delight.

50c for Enough Linen for 3 Handkerchiefs All the pretty colors and white are here in strips 12x36 inches. Time to get to work in earnest so that they may be finished by Christmas!

