

Tried and True Pudding and Jumbles From Old Kentucky Given by Mrs. Wilson

Aunt Dinah Herself Tells of Recipes "Befo' de Wah" and Bemoans Cooking of Today—Her Delicious Recipes Never Fail

By MRS. M. A. WILSON

ABOUT four hours' ride along a fine road out from Louisville, Ky. I visited an old-time plantation. The place is famous for its beautiful woman, its fine horses and good cooking. Here, as in few other places in the South, cooking is a real art.

Our host entertained with a wonderful old-time chicken dinner, and after the meal was finished, I visited the kitchen to pay my respects and praise cooking to my marvelous cook, Aunt Dinah for her delicious cooking.

Aunt Dinah was born in slavery and is now nearly eighty years of age; yet she is just as spry as a kitten; after bemoaning the fact that the younger generation were so unappreciative as to not read her old recipes, she gave me many delicious recipes which I am bringing to you today.

My mammy cooked for General Lee, and she was above, chile, then sure was some days. "Thar war great bustin' and bustin' in dem times. Company fur breakfast, dinah and soppah, fur breakfast, everybody who was anybody had dinah at high noon. But, Ah d'clare, 'cause me a minit please—dat good fur nuffin! Ah ha'n't brought in no kind'n's. I jes' allus had beaten biscuit fo' tea and I aims to start them to once, so ef you've a mind to not a while, I'll give you a minit more."

Place in a mixing bowl. Three-fourths cup of buttermilk, One teaspoon of salt, One-half level teaspoon of baking soda.

Stir with a spoon to dissolve thoroughly and then add three cups of sifted flour and work to a dough-like mass in four minutes. Fold and turn the dough and then put it through the food chopper five times. Beat again for three minutes. Beat with a rolling pin for five minutes. Fold and turn the dough and then put it through the food chopper five times.

Place two cups of flour in a saucpan and add. Six tablespoons of sugar, Six tablespoons of cornstarch. Dissolve the starch, bring to a boil and cook slowly for ten minutes.

Whites of two eggs. Beat with a wire spoon until stiff and then add. Four tablespoons of thick, rich preserves, Three tablespoons of sugar.

Whip until this meringue will hold its shape. Pile high on the cold custard and dust very lightly with cinnamon and dot with tiny bits of preserves here and there. Serve with sponge cake.

Dinah's Recipe for Puff Pudding. Rub seven custard cups well with butter and dust with sugar, and then set in a baking pan. Now place in a bowl.

One and three-fourths cups of milk, Two tablespoons of melted butter, Three level tablespoons of flour, Four level tablespoons of sugar.

Beat with egg beater until a smooth batter. Now put in yolks of two eggs and beat again. Whip the white of two eggs until very stiff and fold into the batter. Fill into the prepared cups about two-thirds full. Bake in a quick, must be served hot with butter, and hot oven for twenty minutes. They are Fairy Butter.

Place in a bowl. Six tablespoons of butter or three ounces, One-half cup of powdered sugar, Pinch of nutmeg.

Beat white of egg stiff, and just before you remove the egg beater add two tablespoons of sugar and beat again until the mixture will hold its shape. Now add two tablespoons of powdered sugar and beat again until this powdered sugar, keeping in mind the fact that the moment you stir a meringue in any way you break down the tiny air cells and it then becomes tough and leathery when cold. Place meringue by the spoonful over the pudding and brown quickly in hot oven and let cool slowly.

FLOWING ORGANDIES RETAIN QUIANT CHARM



By CORINNE LOWE. The more one looks like an old-fashioned wallpaper these days the less are one's chances of being a wall flower. Take, for example, the delightfully quaint organdie model shown today. At first glimpse you are reminded of nothing so much as the oldtime wallpaper which hung in your grandmother's house.

Cretonne curtains are attractive when made with an intricate ruffle of taffeta gathered in the middle. The same effect is carried in the valance, the valance being straight and fitted to the window, with the ruffle at top and bottom and up the ends.

One and one-fourth cups of corn meal, either white or yellow meal, One cup of flour, Two level tablespoons of baking powder.

One teaspoon of salt, Two tablespoons of sirup, sorghum molasses, if you have it, One egg, One and one-fourth cups of sour milk, Three tablespoons of melted shortening.

Beat hard for five minutes and then heat the baking pan until smoking hot. Turn in the mixture so that it will be about three-quarters of an inch thick. Place at once in a hot oven and bake for thirty minutes. Cut with a knife into squares on a plate covered with a napkin and send to table at once.

Sweet Potato Pudding. Rub a pudding dish with butter. Now pare and grate four medium-sized sweet potatoes into a mixing bowl and add.

Grated rind of one-half lemon, Pinch of nutmeg, Seven tablespoons of melted butter, Three-fourths cup of sugar, Yolks of three eggs.

Cream well together and then add. Two cups of milk, One teaspoon of vanilla extract.

Beat whites of two eggs and then beat them into the potato mixture, using the egg beater. Bake in a slow oven, wiring the pudding twice. Bake for thirty-five minutes. When the pudding is cold cover with meringue.

Beat white of egg stiff, and just before you remove the egg beater add two tablespoons of sugar and beat again until the mixture will hold its shape. Now add two tablespoons of powdered sugar and beat again until this powdered sugar, keeping in mind the fact that the moment you stir a meringue in any way you break down the tiny air cells and it then becomes tough and leathery when cold. Place meringue by the spoonful over the pudding and brown quickly in hot oven and let cool slowly.

Making More Money With Handkerchiefs

"Le Mar" is the name of an enterprising young woman of Chicago—or at least the pseudonym under which she prefers to hide her identity—who has capitalized her artistic bent and has achieved a niche in the gallery of the Nation's successful business women. And it isn't through "art" as we generally understand it, either. For the designing and making of what might be termed a "handkerchief de luxe" is the business which has brought her a good-sized net income as well as an income which makes it necessary for her to send a good-sized check to the Collector of Internal Revenue every three months.

The Question Corner

- Today's Inquiries. 1. What astonishing punctuality is shown by the record of Miss Marguerite Sherar, of Topeka, Kan., who has just gone through college? 2. Describe an exquisite taffeta pillow for the pink bedroom. 3. In framing or reframing a picture at home, what can be used in place of the tiny nails needed, if the supply has run out? 4. With what flowers is the message, "Farewell! Give me your good wishes. Forget me not." 5. In case of a burn, while cooking or working in the kitchen, what convenient remedy is quick and easy to apply? 6. Two very different effects be acquired with one dress which has a pleated skirt and long basque waist?

Yesterday's Answers

- 1. Mrs. Lydia Spofford, of Lewiston, Me., has in her possession four solid silver spoons made out of the knee buckles of her grandfather, who was a soldier of the Revolution. 2. A portable windshield, made to fit into the back of the collar and protect the neck has been invented for the comfort of the driver who is susceptible to drafts. 3. Drop a stone into a glass of water. If you can still see the outline it is a diamond, if not it is glass. 4. "Let the bonds of marriage unite us," can be said by means of the blue convolvulus, "bonds," the ivy, "marriage," and a few whole straws, "unite us." 5. Finish off the ends of a ruffled stole collar with little ruffled pockets of the same material and embroidery in red and white silk, which form the final touch of quaintness on a full skirted model that might have been lifted direct from a Godey's Lady Book of Civil War days. Collar and flowing sleeves are faced with cherry colored organdie, and plaited sections of the white are arranged in interesting variety. White pearl buttons traverse the center panel.

Making Curtains

Cretonne curtains are attractive when made with an intricate ruffle of taffeta gathered in the middle. The same effect is carried in the valance, the valance being straight and fitted to the window, with the ruffle at top and bottom and up the ends. The bottom of the valance can be shaped like a paper pattern should be fitted to the window and the scallops carefully planned. A simpler valance would be to box plait it and sew a tape in the back through which the rods run. Between the box plait the valance can be cut up into a shape. This should be edged with the ruffle.—Deinetor.



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COURTESY SERVICE

Advertisement for SUPPLEE-WILLS-JONES Cream Buttermilk. Includes text: "Just try our Cream Buttermilk. It has that rich, delicious, creamy flavor—and just tart enough to take away the thirst. So different from just ordinary buttermilk. You'll like it immensely. Order by phone or ask your driver." and "SPECIAL NOTICE: The recent extension of our milk delivery service to cover Frankford, Tacony, Bridesburg, West-Philadelphia, Kensington, Hicewood, Cheltenham, Fox Chase, Rockledge and Leverage now enables the milk to secure Supplee-Wills-Jones Gold Medal in any section of the city."

Advertisement for COLGATE'S FAB. Includes text: "COLGATE'S FAB. For Washing Fine Fabrics. Because FAB is Thin it dissolves instantly and completely. It makes silky, abundant suds in any temperature of water. And it dissolves completely, even in hard water. A Test is Your Proof. FAB—a new soap-flake—made by Colgate & Co.—safely washes fine FABrics." and an illustration of a woman washing clothes.

Advertisement for WANAMAKER'S Down Stairs Store. Includes text: "WANAMAKER'S WANAMAKER'S Wanamaker's Down Stairs Store A Whole Village Full of the Prettiest Frocks All at \$5. 643 Summer hot-weather frocks at this one price ready Thursday. Sizes from 14 to 44 and from 48 to 53 1/2, according to the model. White and colored organdie, white and colored plain voile, foulard printed voile in light and dark colors, checked gingham in black and white and light colors, spotted voiles, checked organdie tissues and others. Surplised, sashed and ruffled styles, some with vestees, a few with pique straps. All amazingly pretty at the price—that's partly because many of them were more expensive a few days ago. They will be chosen rapidly we know!"

Advertisement for A Special Crepe de Chine at \$1.25. Includes text: "A Special Crepe de Chine at \$1.25. Added to the Silk Sale. 38 inches wide, in white, navy, black, turquoise, flesh, brown, Pekin, emerald, gray and rose. 40-inch Wash Satin, \$2 Yard. Lustrous and lovely, a good quality for skirts, it is in pink, flesh and white. It has been scarce and is greatly in demand. Taffeta at \$1.85. Foulard at \$1.50. If Mother has a birthday soon, she would appreciate a dress length of this soft silk. 35 inches wide, with navy, black, brown or blue grounds and interesting designs." and an illustration of a shoe.

Advertisement for Center Aisle Opportunities. Includes text: "Center Aisle Opportunities. Women's Summer Vests, 20c. Regular and Extra Sizes. Fine white ribbed cotton with bodice tops or low neck, sleeveless style. 'Seconds,' but the imperfections are neatly mended and often too slight to notice. 1000 Wanamaker Special Corsets, \$1. Typical Summer corsets, durably made but lightly boned. Topless and low bust styles for slight to average women. There are three especially good models that women will like. Summer Nightgowns 85c, \$1. Fresh and cool for hot Summer nights. Two styles at 85c are of white nainsook, hemstitched or trimmed with embroidery. Three styles at \$1—the pajamas and middie nightgown of nainsook, trimmed with bands of pink or trimmed with embroidery. Prices Down on Bathing Shoes, Tights, Caps. Women's bathing shoes, both low and high, are 50c to \$1. Cotton bathing tights are 50c and 85c. Rubber caps in diver or tam o'shanter shapes are 25c to 55c. Many of the fancy affairs were a great deal higher. Dresses for Miss 7 to 14 Marked Down to \$2.45. Pretty affairs that she can wear for 'best.' Flowered lawn, plain organdie and checked voile in pink, blue or maize. The organdie has the fashionable 'point' trimming in white; the flowered lawn is trimmed with plain color and the checked voile is finished with organdie collar and cuffs. 250 Splendid Fiber Rugs \$1.25. Close to Half Price. As durable and good-looking Summer rugs as could be found for porches, halls and, in fact, anywhere that light rugs are needed. Good browns, blues and greens in woven patterns that wear so well. 36x63 inches." and an illustration of a woman in a dress.

Advertisement for Fiber Rugs a Third Less. Includes text: "Fiber Rugs a Third Less. 9 x 12 feet, \$9. 7.6 x 10.6 feet, \$8. 6 x 9 feet, \$5.85. The patterns are woven. The rugs are reversible. Two things that make for long and satisfactory service! The assortment of patterns and colorings is good." and an illustration of a rug.

Advertisement for Sample Silk Bags Luxuriously Framed at \$5. Includes text: "Sample Silk Bags Luxuriously Framed at \$5. Beautiful silks, lined with charming colors and having uncommonly rich-looking frames of plain, carved and iridescent celluloid shell or plain and ornate metal. Black, navy, taupe and brown. Large and small sizes. Usually only one of a kind—each one attractive." and an illustration of a silk bag.

Advertisement for Girls' Delightful New Frocks, \$7.75. Includes text: "Girls' Delightful New Frocks, \$7.75. The material is a dotted voile that greatly resembles Swiss. The dots are in red or blue and the frocks have many tiny ruffles, deep hems and bows of narrow blue or red velvet at the necks. Sizes 12 to 16 years." and an illustration of a girl in a dress.

Advertisement for Linen, Jersey, Pongee and Tricolette Suits Less. Includes text: "Linen, Jersey, Pongee and Tricolette Suits Less. \$12 is the new low price for white, pink and blue country club suits of wool jersey. \$8.75 is the surprisingly small price for a handful of dark wool jersey suits. \$10 is equally inexpensive for crisp linen suits in white, natural, blue, brown and rose. \$18 is the newly reduced price for natural pongee and the navy blue tricolette suits which have such distinction. Not all sizes in every style, but nearly all sizes for women and young girls in the collection." and an illustration of a woman in a suit.