



## All gain- <br> no penalty

 Fishes and strengthens without taxing the stomach or Grape:Nuts
has been famous these many years because of its splendid nourishment and the quick ness and ease with which it is digested.
Delightful to taste, and ready to eat from the package
"Theresa aReason"forGmpeNLus


The Woman's Exchange


Enamel All Through the Kitchen


