

Athletics Have Baseball in Them; All They Need Is Some One to Drag It Out at Proper Time

ROY MOORE PROVES THAT THE ATHLETICS CAN'T LOSE 'EM ALL

Mack's Southpaw Hurts Fine Brand of the Pastime in Opening Tilt With Washington—Hasty Does Very Well, but A's Haven't Punch in Ultimate Tilt

IT IS really true that the Athletics have baseball in them. But the problem is to get it out. Connie Mack found the combination yesterday while his A's were entertaining the Philadelphia hopefuls from Washington.

In the early part of the game there was nothing to it as far as the visiting team was concerned. Roy's work in the box yesterday was a pleasant reminder of the days when the A's had a baseball club.

The game was speedily pulled off and it looked like a very large afternoon until Washington began pinning one on the Athletics in the second inning.

OUT in Pittsburgh our Phillies stepped out and swallowed their usual defeat. Judge Landis was present to see Yastrow's triumph on Donovan's benches.

GOLF is like most other sports because you can never tell on the gridiron, the diamond or the links. But when one of the athletes gets the jump on the field the public isn't guilty of making a social error when it salutes.

Charlie is a Philadelphia. He was born here, learned his golf here, and has never had a professional berth outside the Philadelphia district.

HE WON the Pennsylvania open in 1919, has been runner-up in the Philadelphia open and attracted wide attention in the 1916 metropolitan open when he tied with Walter Hagen and Walter Hagen.

WHILE the public no doubt would be pleased to see Man o' War return to the turf, it is only for a few races, to give a renewed exhibition of his prowess, yet it is really for a longer time.

Man o' War will lose no prestige by the new marks claimed on the Belmont course. No one familiar with track records will fail to take into account the differences in the two courses.

MAN O' WAR was bred in Kentucky, yet comparatively few people in the country districts ever have seen him. To the demand for the exhibition of Man o' War for the good of breeding, and to get up a more elaborate stadium for racing, without which there would be no Man o' War, it is thought Mr. Riddle will lead a willing ear.

AMateur Sports. Dexter A. C. would like to arrange games with teams having grounds. H. Shore 1222 North Second street.

Runs Scored for Week in Three Big Leagues. NATIONAL LEAGUE. S M T W T F S. Philadelphia 9 5 2 7 9.

AMERICAN LEAGUE. S M T W T F S. New York 4 7 9 11 11. Athletics 4 9 8 8 8.

INTERNATIONAL LEAGUE. S M T W T F S. Baltimore 3 17 22 22. Rochester 3 17 17 17.

SPHAS A HOME TEAM. Downtown Club Secures Grounds at Broad and Bigler. The South Philadelphia Hebrew Association, for years the foremost traveling club in this locality, has at last secured home grounds at Broad and Bigler.

There's something about them you'll like. A full page ad could promise no more. Twenty to the package. Herbert areyton London Cigarettes.

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CLEARY IS VICTOR IN 15-ROUND BOUT

Defeats Judge for Manayunk "Title," Winning Eleven Sessions; Four Even

NEITHER SHOWS WALLOP

By LOUIS H. JAFFE

Neither Tommy Cleary nor Martin Judge showed much of a wallop last night in their fifteen-round set-to, the first of a series to be staged this summer at West Manayunk.

Judge weighed in at 128 pounds, while Cleary refused to step on the scales. Tommy, in addition to having a big advantage in height and reach, also appeared to be four or five pounds heavier than his stocky built opponent.

Throughout the contest Cleary was the aggressor, being forced to lead most of the time. Judge, however, flared up on several occasions and made Tommy cover up.

The eighth round also was a rough one for Judge. Several left hooks and one or two right crosses had Martin breaking ground, covering up and holding.

Martin's best punch was scored in the early part of the eleventh round. He let fly with a wild right-hand swing and the blow lodged in Cleary's chin.

The Marshall E. Smith baseball team will attempt to start another winning streak this evening, when the store boys engage Shanahan in a twilight contest at Forty-eighth and Brown streets.

YESTERDAY'S RESULTS. NATIONAL LEAGUE. Pittsburgh 8, New York 7. Boston 10, Philadelphia 1.

AMERICAN LEAGUE. Cleveland 10, Detroit 1. Washington 10, St. Louis 1. Boston 10, Philadelphia 1.

INTERNATIONAL LEAGUE. Buffalo 10, Rochester 1. Baltimore 10, Newark 1.

Quaker City Professionals can be booked for this Saturday. They were scheduled with St. Louis, but the game has been advanced to July.

White Sox Have New Hurler. Chicago June 21.—The Chicago White Sox are back from the East with a new recruit added to the staff of pitchers.

Beaumont Hurler to Join Cards. Beaumont, Tex., June 21.—Bill Bailey, right-handed pitcher, for the local club of the Texas League, left here today to report to the St. Louis club of the National League.

Scrap About Scrapers. Battling Murray has returned from his recent tour of the States. Although he is a well-known name, he is not a well-known man.

Herman Butchin, 118, issues a deft to Martin Judge and Marty Kane. At Gordon, of the Fulton Boys' Club, wants to meet Marty Leubler, Little Bear and Bobby Weisner.

Young Joe Borrell will go to the post in the future under the management of "Pat" Kelly. Kelly is open to meet any of the well-known names.

Harry Sanson, who has been in the boxing game in Philadelphia for a number of years, left here today to report to the St. Louis club of the National League.

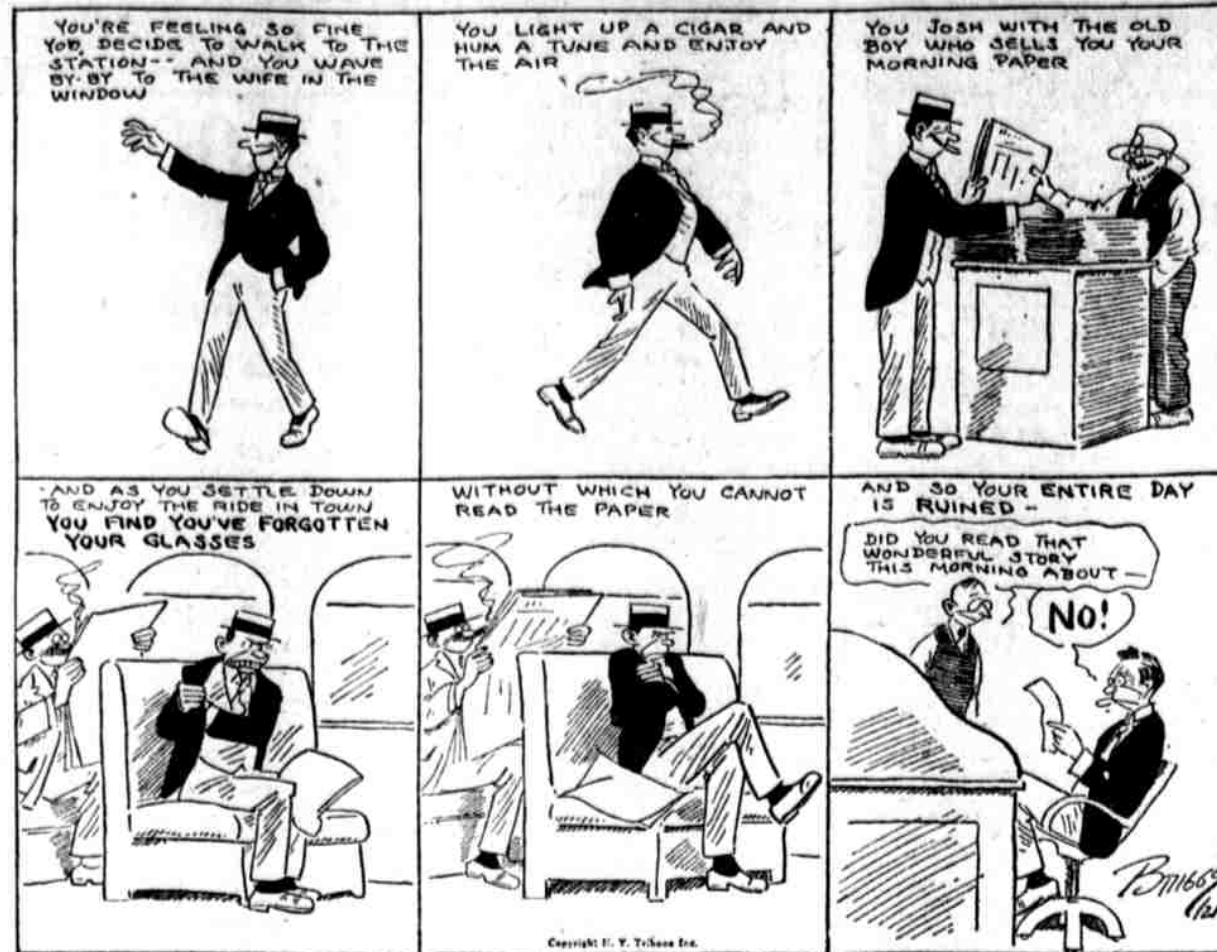
Jackie McCarthy has his stable in fine fettle. His boxers are Barney Bell, 124, Ducker Kelly, 136, and Charley Eggert, 124.

Danny Ferguson will meet Young Jack O'Brien in a fifteen-round bout at West Manayunk last night. Danny Greives did likewise.

Terry McLaughlin has been matched to meet Babe Johnson at Atlantic City Saturday night.

Joe Smith and Frank Carbone are to clash in a seven-rounder at New Orleans next Monday.

HOW TO START THE DAY WRONG



M. E. SMITH NINE PLAYS SHANAHAN

Cressona Tigers Meet Bridesburg and Sharpless Tackles Stetson in Twilight Tilts

MADISON AT NATIVITY

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What May Happen In Baseball Today

Table with columns: Club, Won, Lost, P.C., Win, Loss. Includes Pittsburgh, Boston, Philadelphia, Cleveland, Detroit, Washington, St. Louis, New York, Chicago, Philadelphia, Athletics.

LANDIS DEPLORES BETTING AT GAMES

Judge K. M. Landis, commissioner of organized baseball, deplored open betting by "cheap shoestring gamblers," and criticized the police for permitting it.

CRITICIZES POLICE FOR ACTIVITY OF "CHEAP, SHOESTRING GAMBLERS"

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PITCHING MORE EFFECTIVE

Only four games were played in the major baseball leagues yesterday, but the outstanding feature of the day's play was the return to better pitching.

RETURN TO BETTER PITCHING

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DOUBLE PLAY MARK GAME

Three double plays were made by the Phillies' infield of Parkison, Rawlings and Lee, while the league leaders had two double killings to their credit.

STAR SHOOT TOPPED THE SIREN IN WINNING PITCH

Fair Play, Oden, Wrack and Rock won the other leaders.

SAM McKEEN IS ON TRIAL TODAY FOR THE LAST TIME

Sam McKee is on trial today for the last time. If he delays the start or refuses to work at the barrier he will be carried off the turf for life.

MARSHALL E. SMITH & BRO. BASE BALL TEAM

Schedule for This Week. Tues.—Shanahan at 4th & Brown. Wed. Sharpless at West Chester. Pa. Thurs.—American Club at York, Pa. Sat.—No. Phila. at 4th & Westhooking

Golf SUITS \$27.00. Golf JACKETS, pure worsted 8.00. KNICKERBOCKERS, all-wool 6.50. Golf HOSE, pure worsted 2.50. Golf SHOES 10.50. Buhke BAGS, metal bottom 8.50. MacGregor CLUBS \$5.00 & 6.00.

All popular brand Golf Balls. For Visitors. TROPICAL WORSTEDS BUILT TO MEASURE IN GREAT DEMAND. \$50.00. It is an unusual figure for quality so fine.

WILLIAM H. WANAMAKER 1217-19 Chestnut Street. OTTO EISENLOHR & BROS., INC. ESTABLISHED 1850.

TRY DEEP BREATHING AS A NERVE SOOTHER

London Neurologist Tells Grantland Rice of the Benefits to Be Derived From Proper Respiration—Orientals Practice It Regularly—Requires Concentration

By GRANTLAND RICE. CLOSE observation of many collapses and upsets in recent international competitions has brought out a number of important points.

One is that an upset or a collapse rarely comes from lack of physical condition. Another is that it rarely comes from any inherent lack of skill.

There is no lack of courage, but the collapse, as a rule, attacks the nervous system and produces dire results. The most courageous of men may easily have one of the nerve collapses, where, in spite of the will to get along, he finds it impossible any longer to control his game.

WE KNOW of one instance where, in spite of an outwardly calm demeanor the player was red-faced with rage. Rage, wrath, anger—whatever you care to call it—happens to be a poison that attacks the nerves first.

Straining himself outwardly merely expands the inward pressure. The player who insists upon boiling over is up against a big handicap when meeting an opponent who takes the game as it comes, and in this stoical aspect bordering upon an even-tempered serenity the average British athlete has no equal.

It is the product of the Orient, and the occultists lay great stress upon its constant and regular practice.

"We of the Occident and orthodox have paid too little heed, perhaps, to the importance of correct respiration, and still less to the undoubted helpful effects of deep breathing."

"The Western physician has looked at the matter mainly from the chemical constituents point of view—it is an affair of oxygen only."

"The Eastern philosophers, however, have for centuries taught that the mental powers, self-control, clear vision, happiness, and even the morals of mankind, may be improved and enhanced through the practice of deep breathing."

"It is generally contended by physicians in the West that any possible benefits are derived from the act of mental concentration necessary; you cannot breathe deeply without focusing the attention, whereas our ordinary modified breathing goes on automatically."

"Also it must not be forgotten that deep breathing promotes a sort of massage of the internal organs, which is of great service if regularly practiced. And it has even been allowed that a series of deep breaths seems to produce a gently sedative effect upon the nervous system."

"But this is as far as we go. THE Yogis, however, claim that, in addition to the known chemical constituents of atmospheric air, there is contained in it a vital force which they name 'Prana.'"

"This is in the air, but it is not the air itself, nor one of its chemical ingredients; it is, therefore, something apart from the physiological functioning. It is said that by properly controlled breathing, or, in other words, by extracting a larger quantity of 'Prana,' which is stored away in the nervous system, the same way may as a storage battery across away electricity. Thus it explained the vigor and vitality that some people appear to diffuse around them."

"Deep breathing includes the play of the whole respiratory apparatus—every part of the lungs, every artery and every respiratory muscle. These muscles are utilized to their full extent, whereas they are only partly employed in the modified breathing."

"The method of practice is as follows: 'Stand erect and inhale steadily through the nostrils. First, fill the lower part of the lungs, then the middle part by pushing out the lower ribs and heaving up the chest, and finally the higher part, by lifting up the chest, as it were.'"

"The breath is then held for a few seconds, an exhalation is slowly accomplished through the mouth. 'Be the explanation what it may, there is no doubt that the assiduous practice of exercises in this form of breathing does carry a certain amount of calm and relief to any state of nervous tension, promotes circulation and healthy body changes, and stimulates the liver and digestive organs.'"

Copyright, 1921. All rights reserved. CHANGE CLUB NAME. Cressona Tigers Will Be Known as Pottsville in the Future.

The board of directors of the Cressona baseball team has decided to change the name of the team to Pottsville, although all home games will continue to be played at Cressona.

Considerable difficulty has been experienced through the practice of deep breathing. The importance of correct respiration, and still less to the undoubted helpful effects of deep breathing."

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