MRS. WILLSON CONTINUES
DELICIOUS PUDDING RECIPE There Are Several Different Ways of Making This Tem
Dish Which Is Served at an Old English Inn


A Ten-Cent Meal
A meal that is rich in muscle-making, brainbuilding material, ready-cooked and easily digested, supplying all the strength needed for work or play:
Shredded Wheat
with milk, sliced bananas, berries or other fruits. If you don't like milk pour hot salted water over the biscuits, drain off quickly and eat with butter. A nourishing,
satisfying meal for not over ten satisfying meal for not over ten
cents. The richest man in the cents. The richest man in the
world could not buy anything more wholesome or nutritious.

Puritan Worsted Mills

## 5 <br> HOW TO REMOVE SKIN BLEMISHES

SKIN BLEMISHES





Even Better After.Washing


## Fruit of the Loom <br> Muslin <br> -




and


