## Woman's Life and Love






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THE WOMAN'S EXCHANGE

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"Back to Normalcy The President pleads for a return to" normalcy." Nature also pleads for a return to normal living -for a return to simple, nourishing foods. All the food elements you need are supplied in
Shredded Wheat
It is 100 per cent whole wheat in a
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racker, a crisp whole-wheat toast,



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