

Two Minutes of Optimism


THE WOMAN'S EXCHANGE

## fit



EVENING PUBLIO LEDGER-PFILLADELPHIA, MONDAY, MAY 16, 102I


## AT CUPID'S CALL

## $x+3$ +4



Please Tell Me
What to Do
W, coxvins
DON'T HUMOR THE GIRL WHO MUST BE MYSTERIOUS
"W" ane soon Recocerrsit You Refuse to "Bite"


$\qquad$ $\mathrm{B}_{0}^{\mathrm{r}}$ Than 5


## 

Building Boys with Books
It can't be done! Only rational exercise combined with simple, nourishing foods will build sturdy, robust youñsters.

## Shredded Wheat

is the best food for growing boys and girls because it is 100 per cent element needed for building every fect human body. A breakfast of Shredded Wheat with milk puts Johnny in fine fettle for study or play. It is ready-cooked, no kitchen TRISCUIT is the shredded wheat
cracker, a crisp whole-wheat toast, cracker. a crisp whole wheat toast,
eaten with butter or soft chese
$\qquad$

| The Question Corner Today's Inguiries What kind ne shield for the terler. Whion drann elemeryde $\qquad$ $\qquad$ $\qquad$ $\qquad$ $\qquad$ $\qquad$ <br>  on turned back hats is groeralls popular? <br> Saturday's Answers $\qquad$ $\qquad$ $\qquad$ $\qquad$ $\qquad$ $\qquad$ <br> 3. $\qquad$ <br> the kitchen Hoor quikkly after it <br> 4. A. charminus pillow for the sum. $\qquad$ $\qquad$ $\qquad$ $\qquad$ $\qquad$ <br> 6. A cons minent new rading glass tr made on a stand like an easel which can easily be adjusted. |
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LITTLE BENNY'<br>BENNY'S



