Grand Bouillon Is Made of Shin of Beef With Veal Bones. Bohemian Butter Adds a Tasty Flavor to Steak

By MRS. M. A. WILSON

Copyright, 1991, by Mrs. M. A. Wilson. "DO DAILY soups your dinners introduce ?-- " Gay. Soup has little food value; rather, it

stimulates the digestive juices and thus for cometes a good digestion. DINNER

Piccalilli Salted Nuts Bouillon

Teasted Fingers of Bread Individual Steaks Paprika Potatoes Bohemian Butter Cauliflower Spanish Dressing l'rincess Pudding Coffee

To the epicure nothing can replace the cup of real home-made bouillon. The steaming fragrance brings visions beyond the ken of the average mortal. This recipe will make sufficient for days and it may be used with added variations.

Grand Bouillon

One and one-half pounds of shin of Two and one-half pounds of beef dressing.

one; One pound of veal bones. the well-cracked bones and Beat hard to blend. Heat slowly to the quarts of water. Also

One clove. One correct diced. One turnip, diced.
One stalk of celery diced. Bring slowly to a boil and then cook slowly for three and one-half hours, Now line a columber with two thick-nesses of paper napkins and turn in the stock. Let filter through and then re-turn the stock to the kettle and add

One teaspoon of kitchen bouquet, White of one egg and shell.

Beat for a few minutes and then heat for ten minutes and then filter clear, sparkling liquid that may be heated as desired. Will keep three or four days in cold place in winter.

Cut the steak into individual portions for serving and then place in the dish and cover with highly seasoned French dressing. Let marinate for one Broil. Have the butcher cut the steak two inches thick.

Bohemian Butter Three branches of paraley.

Mince very fine and then add Four tablespoons of butter, One-half teaspoon of paprika, Juste of one lemon, One-half teaspoon of salt. Work until smooth with a spatula and then spread on the steaks.

Princess Pudding Place in a bowl One-half cup of sirup. One-half cup of milk, the level tenspoon of baking soda, One and one-half cups of flour,

One teaspoon of cinnamon, One teaspoon of nuimeg. Two tablespoons of melted shorten-One teaspoon of baking powder.

Dissolve the baking soda in the milk. Beat the mixture to blend thoroughly and then turn into a well-greased and foured turk's head pan and bake in a slow oven for one-half hour. Serve

Princess Sauce

Folk of one egg.

Rosst Chicken

авісяровня to thirds cup of powdered sugar. are in a bowl and cream well and

gr and serve Oyster Cocktail elery Salted Nuts of Cod Breton Sauce Potato Balls

ast Chicken Bread Filling Preamed Carrots and Peas

Old-fashioned Apple Tarts Coffee

The serving of an entree with the dinner savors of delicate and refined dining. It is also a real economy. A pound of sliced cod can be purchased for about twenty-five cents and this will make six fillets. Wipe the fish with a damp cloth and then season and dip in flour. Dip in beaten egg and milk and roll in fine breadcrumb Fry until golden brown in hot fat.

Breton Sauce

Three branches of parsley, Handful of green tops of celery. Put through the food chopper and then place in a saucepan and add two tablespoons of butter. Cook slowly for three minutes and add one cup of cream sauce, prepared as follows: Place in sauceran

Three tablespoons of flour. Dissolve flour and bring to a boil repared berbs.

One teaspoon of salt One-Ralf teaspoon of pepper, One-quarter teaspoon of mustard. Two tablespoons of mayonnaise

shin of beef in a saucepan and add four boiling point.

To prepare the potato balls: Pare the potatbes and then scoop out the balls.

Drop in cold water and cook for ten
minutes in boiling water. Drain and
cover with a napkin for a few minutes to absorb the moisture. Roll in finel chopped parsley and serve with fish Cook balance of potatoes, mash and

DREAMLAND ADVENTURES

Elfish the Elf By DADDY

SMILING TEACHER was giving a pienic and Peggy and Billy were going to it.
They had awakened at dawn and had

hurried early to Smiling Teacher's home, where the children were to gather. They were so early, in fact, that they were the first to arrive. So they sat down in Smiling Teacher's hammock to wait for the others. As they waited they talked of the jolly time they expected to have playing and feasting.
"Hello, Peggy! Hello, Billy!" said
the other children as they came one by

Twenty-three children were going on the picnic, and at last all arrived except two.

"We will be ready to start when these two come," said Smiling Teacher.

"What boys are going to help with the

baskets?"

Billy was ready to jump to take a basket, when Hurry-Up Harry stopped him with a whisper.

"Huh! It is too hot to carry those big baskets," said Hurry-Up Harry.
"Come on! Let us go ahead to the pienic grounds. We will get out of working, and will have first chance at the swings." Hurry Up Harry got his name be-

cause he was always trying to get ahead of other folks. Neither Peggy nor Billy liked him particularly well, and ordinarily would not have listened to him But the morning was hot and the pic nic lunch baskets did look heavy. "We ought to help Smiling Teacher, said Billy doubtfully. At that moment they were surprised to see an odd-looking elf bob up on Hurry-Up Harry's shoulder. The elf had a big

head, a round, fat body, and legs as thin as lead pencils.
"Gracious." Who are you?" gasped Beat the mixture until smooth and an fold in the stiffly beaten white of others can't see me, but they might others can't see me, but they might

hear you talking to me. Hide around the corner of the house and I'll tell you

Peggy and Billy hid around the cor-ner of the house with Hurry-Up Harry, and the clf whispered to them: "Part of my name is Elfish the Elf."

Two Minutes of Optimism By HERMAN J. STICH

"Get Angry Aright"

Every once in a while a man tries to find out whether a third rail is "alive." In spite of the invariable, inevitable and sad result, nobody has ever suggested prohibiting the use of electricity; nobody has, in fact, ever thought of elec tricity as other than a most vital factor in the forward march of civilization.

Now, there is an emotional third rail quite as beneficent as the electrical third rail-and as dangerous-that most of us brave altogether too frequently. This emotional third rail is ANGER, which, when you analyze it, is simply remendously concentrated, high-powered, explosive ENERGY. Yet, nobody inveighs against Energy, nobody tirades about it; rather, the

whole world turns to song in pacans of praise of Energy, and swells the Anvil Chorus in dirges of Miserere over Anger. And this is because we often fail to realize that every power, no matter how

potent it may be for good, when misused is fairly sure to have regretable con-And it is misuse of Anger, as when a man flies into a temper over trifles-

or over anything else for that matter-that constitutes experimenting with a Properly directed. Anger's influence for good is immeasurable Controlled and held in leash, Anger is like the steam pent up in the mech-

anism of a steam engine—a source of energy, power and usefulness. Teachers have observed that criticizing the work of students so as to arouse their resentment frequently stimulates to more determined and intensified and

Competition-the desire to emulate and "go one better"-are but manifestations of Anger.

Anger is responsible for almost every step of progress. Most of us are sluggish. If let alone, we might die of natural inertia. We have to be stirred up, get severely and constantly joited, before we wake up or sense situations. And oftener than not, Anger serves as the great Awakener. It was because men became angry that they abolished slavery.

Anger freed the colonies. Anger stopped the shame of the Kongo.

Anger throttled militarism. Anger has always been the world's dynamic arouser and reformer, the unquerable force behind every concerted movement for improvement.

Anger is the quintessence of physical and mental force. And this brings us to the meat of the nut-that a man, in fairness to himself and his nearest and dearest, should not waste his anger or, what is the same thing, his energy, on considerations that do not count

Use your anger to drive you in the direction of the worth while Hitch anger to your ambition and to your efforts.

Get "fighting mad" over your obstacles and weaknesses-your temper, for stance-and they will soon disappear. Set anger to work crystallizing New Year's resolutions. Some of the greatest characters in history have been men of strong temper-

but of equally strong determination to hold their most precious motive power under strict regulation and control. Harness anger-"GET ANGRY ARIGHT"-and you will think, work and plan harder, longer and more productively.

"If part of your name is Elfish, what silken cords. is the other part?" asked Peggy.

"That is for you to guess, and until and get to the picnic grounds first withyou guess right you shall be my slaves." With that Elfish bounded to leggy's shoulder and slipped a tiny golden hook into her ear. To this hook was fastened a silken cord. Elfish then the street toward the picnic grounds. And as he went he grew larger and larger. bounded to Billy's shoulder and hooked him the same way, and did likewise to

"Now we will creep away quietly

he said. "I am going to be your guide Hurry-Up Harry. In a fiffy he had all at the picnic."

grounds. And as he went he grew larger and larger. "We will take a short cut over the

hills to get to the picnic grounds so you will have first chance at the swings!" The way over the hills was hard to

travel, taking them up steep banks and down deep ravines, and through tangled brier patches. It was long, too, and they were hot and tired before they reached the spot where the picnic was to be held. Peggy and Billy were sorry they had not waited for Smiling Teacher, for it would not have been any harder work carrying the baskets than

it had been climbing the hills.
"Hurrah! We can have the swings as long as we like." cried Hurry-Up Harry. Elfish grinned as he led the three children to the three swings, fassilken cord.

"The other children will be sorry they didn't have me to guide them!" be

But the other children were not sorry. No sooner had Peggy, Billy and Hurry-Up Harry seated themselves in the swings than they heard a loud rumbling. It was a motortruck coming up the hill loaded with Smiting Teacher's picnic party.

"Why didn't you wait for us?" cried Smiling Teacher to Peggy. Billy and Hurry-Up Harry. "Didn't you know we were coming by truck so we would be fresh for our picnic fun?"

Peggy, Billy and Hurry-Up Harry felt very sheepish when they heard that. Elfish Elf grinned. "But you got here first and grabbed the swings," he whispered. "Swing! Swing!"

What happened when they swung will

pered. "Swing! Swing!"
What happened when they swung will be told temorrow.

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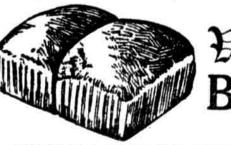
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