

SUMMER SAUSAGE IS GOOD, ACCORDING TO MRS. WILSON

There Are a Number of Different Ways to Make This Delicacy. Casings Made From Unbleached Muslin

By MRS. M. A. WILSON

THE early colonial farm housewife was a real adept in making many delicious sausages that were enjoyed not only by the family, but were sent to market. The modern highways today are outlets for the foods of this character, and as many of the farmers still intend killing right along until late spring, it is a good plan to use the by-products for this purpose.

To this end I have prepared some recipes that came to me from the descendants of the early pioneer housewives. Casings are easily made from string unbleached muslin. Wash the muslin and hang out to dry. Now cut into pieces 6 by 12 inches and make a bag, leaving both ends open. Use a filled seam for the closing of the bag. Use a handle of a wooden potato masher for filling these prepared casings and fill from both ends, packing fairly tight. The both ends securely, plunge into a large preserving kettle and boil rapidly for the entire length of time given in the recipe.

Remove from the kettle and then hang up to dry, and cool in a cool, airy place. It is well to place a loop sufficiently large on one end of the sausage when tying, so that it may be hung up when cold and finished as directed. Hang in a cool cellar. Just half of these recipes may be made for small families.

Devonshire Summer Sausage. Cook one and one-half pounds of lean or other cheap cut of veal. The tail's head and feet may be used if desired and

Two pounds of lean pork in just enough water to cover. When the meat is tender, cool, remove and then put through the food chopper, adding

One pound of fat pork. One-quarter ounce of cloves. Four onions. Bit of garlic. One and one-half ounce of salt. One ounce of pepper. One teaspoon of nutmeg. One-half teaspoon of mace.

Use a wooden paddle to mix the chopped meat and the seasoning. Remove the stock to two one-half cupfuls and then add three-quarters of a cup of rolled oats and cook until a thick, dry porridge. Add this to the meat and mix to blend until the cereal is thoroughly incorporated into the mixture. Now fill into the casing and boil for three hours. Remove the sausage and let cool. Roll with lard and then roll in the following mixture to coat the sausage well. Hang up to cool and in this condition they will keep until June.

One-half cup of cheap black pepper. One ounce of salt. One-half ounce of cloves. One cup of bran.

Oxford Sausage. Chop very fine. Two pounds of lean beef. Two pounds of lean pork. One pound of fat.

using the finest knife. Now cook one cup of rice in four and one-half cups of water until the rice is soft and the water absorbed. Mix the rice and meat together and add

One-half ounce of whole pepper. One-quarter ounce of mace. One-eighth ounce of sage. One teaspoon of sweet basil. One teaspoon of sweet marjoram. One teaspoon of thyme. Bit of garlic.

Put through the food chopper again and turn into a large wooden bowl. Add

One-quarter teaspoon of salt peter. One ounce of salt. One-quarter ounce of paprika.

Mix and then turn over the meat so as to blend well. Store in a cold place for two days. Turn twice a day and then fill into the casing and boil for three hours. Finish as for Devonshire sausage.

Andover Sausage. Use the head, feet and trimmings and cover with water and cook until tender. Remove the meat and strain the stock through a sieve. Pick the meat from the bones and cut into pieces about one and one-half inches thick. Boil the stock for one hour and then add the meat and two and one-half tablepoons

of salt and the following spices tied in a piece of cheesecloth: One tablespoon of pepper. One teaspoon of cloves. One teaspoon of nutmeg. Two teaspoons of paprika. Bit of garlic.

Cook for one hour and then remove the spices and fill into pint jars. Divide the meat evenly and then adjust the rubber and lid and partially seal. Place the jar in hot-water bath and process for one and one-half hours. Seal securely and when cool dip the top of the jar in melted paraffin. It is best to use all-glass jars for this purpose. This will keep until used; it is a delicious and tasty dish and it finds ready sale. Directions may be made into a label and pasted on the jars as follows: Remove lid and then boil for thirty minutes. Rinse pan or bowl with cold water and turn in; fine for cheese or sauce.

The liver and kidneys and tongues may be made into sausages or canned after the manner of the soup.

Liver Pudding. Wash the liver and cover with cold water. The kidneys, heart and tongue may be added if desired. Cook until tender. Chop very fine; prepare rice as for Oxford sausage and then add. Put the rice and meat again through the food-chopper and then turn into a large bowl and add

One and one-quarter pounds of fat pork chopped with coarse knife. Three ounces of salt. One-quarter ounce of black pepper. One ounce of paprika. One teaspoon of nutmeg. One teaspoon of cloves. One teaspoon of allspice. Clove of garlic.

Mix and then fill into the casing. Boil for three and one-half hours and finish as for Oxford sausage.

For summer automobile highway trade they are splendid. The family will also enjoy them for lunches, late suppers, etc.

Rabbit Sausage. Use rabbits and marrowfat beans in place of the chicken and peas and then follow the recipe. The preparation of these sausages is easy and much of the cooking can be done while other cooking is being done at the time.

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Farm Kitchens. The commonest and most generally satisfactory material for the walls and

ceiling of the farm kitchen is plaster. The mortar must be properly mixed and applied to prevent the development of cracks and blisters and injury to the surface finish. For the same reason, freshly-plastered walls should be allowed to dry thoroughly before the finishing surface is applied. Instead of plaster, some of the composition boards that do not warp may be used. They may be painted or papered and varnished, but before this is done nail-holes should be filled with plastic filler made for the purpose. Steel wall and ceiling coverings are durable when they are kept well painted to prevent rusting by steam. Tile and vitrified brick, well glazed and matched, afford an excellent wall surface, but they are costly. Metal tiles are cheaper and nearly as satisfactory.

WHAT'S WHAT

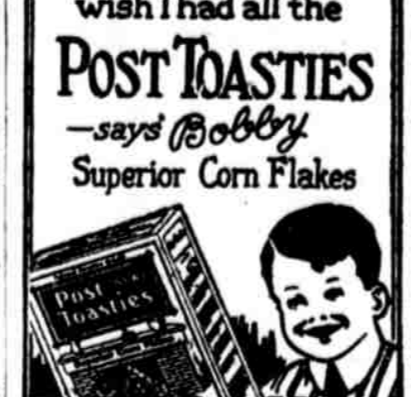
By HELEN DEWIS



Properly trained young girls always rise to greet an older woman and remain standing until she is seated. Now, while the majority of women appreciate this respectful courtesy, there are some women—generally, single women—of uncertain age who dislike to be reminded that their years have advanced to the point when a debutante feels it incumbent on her youth to be deferential to them. Their sensitiveness makes it difficult for a very young girl to avoid giving offense. What she must learn is to "size up" the women she meets and to judge their attitude toward the right of time by their clothes and their manner of talking.

one-half hours. Finish as for Oxford sausage. Old pigeons, ducks, geese, chickens may be used in a similar manner.

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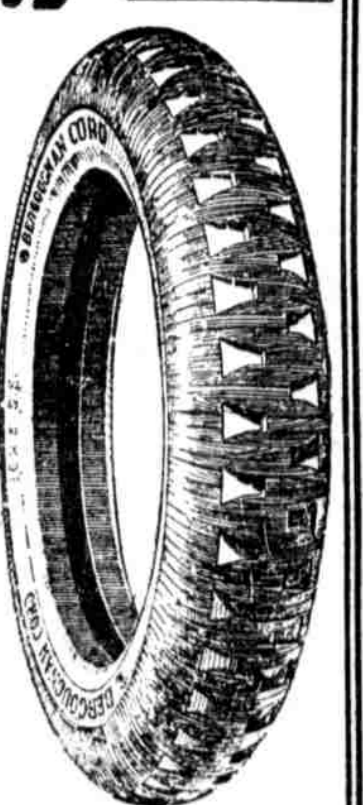
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